

HEALTH MATTERS

SPRING 2017

Maury Regional Health among 15 Top Health Systems in the U.S.

*Family Health Group becomes
Maury Regional Medical Group*

*Maury Regional Women's Center
earns accreditation*

*Health Care Foundation aids
in launching mobile clinic*

*Wound Center recognized
with national award*

Truven Health Analytics | IBM Watson Health

**15 TOP
HEALTH SYSTEMS**

2017



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MAURY REGIONAL
MEDICAL GROUP

Family Health Group becomes Maury Regional Medical Group

Need a physician?

MauryRegional.com offers a tool to locate physicians on our medical staff. All Maury Regional Medical Group practices have pages on the site that include information about services, providers and more. Visit our site or call our Physician Finder line at 1.800.840.5300 or 931.840.5300.

Family Health Group, Inc. (FHG), a network of physician practices serving southern Middle Tennessee, changed its name to Maury Regional Medical Group on May 1, according to CEO Mike Fecher.

In 1996, several health care providers joined forces to develop a group of primary care practices that would become known as FHG. As the organization evolved in scope and services over the years, Maury Regional Health became the sole owner. In an effort to more clearly define its alignment with Maury Regional Health, FHG is now Maury Regional Medical Group.

“While our name has changed, our patients will continue to see the same great physicians and staff at our locations throughout the region,” Fecher said. “We are proud to be associated with a health care provider nationally recognized in the areas of clinical quality, patient safety and value.”

According to Fecher, the name change will not affect participation in the organization’s existing insurance networks and insurance providers have been notified so no action is required by current patients.



Maury Regional Health among 15 Top Health Systems in the U.S.

Maury Regional Health (MRH) is the only system in Tennessee to be named one of the nation's 15 Top U.S. Health Systems by Truven Health Analytics®. This is the fourth time Maury Regional Health has been recognized during the nine years this study has been conducted. The study evaluated data for Maury Regional Medical Center in Columbia, Marshall Medical Center in Lewisburg and Wayne Medical Center in Waynesboro.

“This award is a direct result of the outstanding performance of the employees, physicians and volunteers at Maury Regional Health who dedicate their lives to caring for our patients. Truven Health Analytics conducts independent research based on publicly reported data for key performance metrics to select the top systems in the nation. Maury Regional Health was one of only five small health systems to achieve this performance threshold. I am immensely proud of the Maury Regional Health team,” said MRH CEO Alan Watson.

This year's 15 Top Health Systems study evaluated 337 health systems and 2,924 member hospitals to identify the 15 U.S. health systems with the highest overall achievement on a balanced scorecard. The scorecard is based on the 100 Top Hospitals national balanced scorecard methodologies

and focuses on five performance domains: inpatient outcomes, process of care, extended outcomes, efficiency and patient experience.

Based on the results of this year's study, winning health systems were able to achieve the following compared to non-winning peer systems:

- 17.5 percent shorter wait times in the emergency department.
- 13.4 percent fewer in-hospital deaths.
- 8.5 percent fewer complications.
- 10.2 percent shorter length of hospital stays.

“The study recognizes these 15 health systems that have proven it is possible to drive down expense while improving the quality of care,” said Jean Chenoweth, senior vice president for performance improvement and the 100 Top Hospitals® program at Truven Health Analytics. “More importantly, the leaders of these health systems are demonstrating the power of aligning best practices across multiple hospitals to achieve greater levels of efficiency while delivering higher overall standards of care.”

The winning hospitals were announced in the April 24 edition of *Modern Healthcare* magazine.

15 TOP HEALTH SYSTEMS

2017

“This award is a direct result of the outstanding performance of the employees, physicians and volunteers at Maury Regional Health who dedicate their lives to caring for our patients.”

—CEO Alan Watson

Maury Regional Health is a not-for-profit regional health system serving southern Middle Tennessee through hospitals, clinics, surgery centers, outpatient facilities and a physician practice group. The system includes:

- Maury Regional Medical Center in Columbia
- Marshall Medical Center in Lewisburg
- Wayne Medical Center in Waynesboro
- Lewis Health Center in Hohenwald
- Maury Regional Medical Group (formerly Family Health Group)

Maury Regional Women’s Center earns accreditation

Maury Regional Medical Center (MRMC) has been granted three-year full accreditation by the National Accreditation Program for Breast Centers (NAPBC). This is the second consecutive three-year accreditation for the Women’s Center.

“Our physicians, staff and volunteers provide outstanding care for women with breast disease across the full spectrum of the treatment process. It is their commitment to instituting best-practice treatment methods paired with outstanding support services that has resulted in this accreditation,” said Maury Regional Health CEO Alan Watson.



“I felt like I had the perfect team of people taking good care of me.”

—Celia Owens
Breast cancer survivor

Accreditation by the NAPBC is only given to centers that have voluntarily committed to provide the highest level of quality breast care and that undergo a rigorous evaluation process and review of their performance. During the survey process, the center must demonstrate compliance with standards established by the NAPBC for treating women who are diagnosed with the full spectrum of breast disease. The standards include proficiency in the areas of center leadership, clinical management, research, community outreach, professional education and quality improvement.

A breast center that achieves NAPBC accreditation has demonstrated a firm commitment to offer its patients every significant advantage in their battle against breast disease. Receiving care at a NAPBC-accredited center ensures that a patient will have access to:

- comprehensive care, including a full range of state-of-the-art services;
- a multidisciplinary team approach to coordinate the best treatment options;
- information about ongoing clinical trials and new treatment options; and
- quality breast care close to home.

The American Cancer Society (ACS) estimated that there would be 232,340 patients diagnosed with invasive breast cancer in the United States in 2013. In addition, hundreds of thousands of women who will deal with benign breast disease this year will require medical evaluation for treatment options.

MRMC provides an array of services to assist in the diagnosis and treatment of women’s health conditions. Services include 3D digital mammography, breast ultrasound, breast MRI, breast biopsy, breast surgery, breast cancer treatment, lymphedema management and bone density studies. In addition to diagnosis and treatment expertise, the organization provides services that include support groups and navigators who assist patients with clinical and financial expertise along the treatment journey.

Health Care Foundation aids in launching mobile clinic



Many individuals in southern Middle Tennessee have little to no access to health care due to a lack of transportation, limited financial resources or other barriers. Maury Regional Health, through the fundraising efforts of the Maury Regional Health Care Foundation, is establishing a mobile unit to help eliminate these barriers.

The mobile unit is a 38 ft. recreational vehicle (RV) customized with two exam rooms and a laboratory area, is wheelchair accessible and will be staffed by clinical specialists who will provide services including:

- General primary care services
- Routine screenings including glucose, cholesterol, lipid profile, height/weight (BMI) and blood pressure
- Education and outreach for preventable and manageable diseases
- Coordinating patient care through referrals to appropriate providers

“To purchase and operate this unit to provide better care to the underserved populations in our region is a significant financial commitment. The total purchase price, excluding ongoing operations costs, exceeds \$300,000. Through the generosity of several donors, we have secured significant financial commitments but we continue work to reach our fundraising goal,” said Foundation Executive Director Joe Kilgore.

According to Kilgore, the mobile unit is expected to be in operation by September 2017 and its management and scheduling will be coordinated by the Population Health Department at Maury Regional Health.

Since its formation in 2006, the Maury Regional Health Care Foundation has funded more than \$1.6 million in programs and services benefiting those in need throughout southern Middle Tennessee. These programs include medication assistance, wigs and other assistance for cancer patients, a food bank, transportation assistance, educational support, community health initiatives and much more.

Make A Difference

If you would like to assist in our continuing efforts to improve access to quality health care for all residents in southern Middle Tennessee, we encourage you to contribute. The Maury Regional Health Care Foundation is a 501(c)3 and all donations are tax deductible. All donations are appreciated, regardless of the amount. Donors will be recognized on signage at clinic locations, printed in the annual report and appear on the donor recognition wall in the lobby of the medical center in Columbia.

DONOR LEVELS:

Founder: \$100,000
Benefactor: \$50,000
Patron: \$25,000
Sponsor: \$10,000
Partner: \$5,000
Supporter: \$1,000
Friend: \$1-\$999

Donors can feel confident that their financial contributions help those in need. Administrative salaries and other expenses for the Foundation are funded by Maury Regional Health. To learn more about the Foundation, visit MauryRegionalFoundation.com or call 931.380.4075.



Wound Center recognized with national award for clinical excellence

Maury Regional Wound Center has been recognized with a national award for clinical excellence. Leaders, physicians and clinicians recently celebrated the Center of Distinction award, which was given by Healogics, the nation's leading and largest wound care management company.

Maury Regional Wound Center achieved outstanding clinical outcomes for 12 consecutive months, including patient satisfaction higher than 92 percent and a wound healing rate of at least 91 percent in less than 31 median days. Out of 630 centers eligible for the Center of Distinction award, 334 achieved this honor in 2017.

"I would like to commend the physicians and staff at the Maury Regional Wound Center on receiving this award for providing outstanding patient care," said Maury Regional Health CEO Alan Watson.

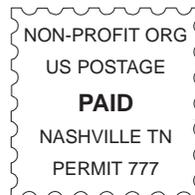
The Maury Regional Wound Center, established in 2008, is a member of the Healogics network of nearly 800 centers, with access to benchmarking data and proven experience treating approximately 2.5 million chronic wounds. The center offers highly

specialized wound care to patients suffering from diabetic ulcers, pressure ulcers, infections and other chronic wounds that have not healed in a reasonable amount of time. Some of the leading-edge treatments offered at the Maury Regional Wound Center include negative pressure wound therapy, debridement, application of cellular-based tissue or skin substitutes to the wound, offloading or total contact casts and hyperbaric oxygen therapy.

"Our patients needing wound care have complex, challenging problems. We are truly fortunate to have a dedicated and compassionate wound care team. Their professionalism is reflected in achieving this distinction," said Medical Director James Richardson, M.D.

Wound care is provided to patients with qualifying diagnoses and referral from a physician. The center is located at 1218 Trotwood Avenue in Columbia. Hours of operation are Monday through Friday from 8 a.m. until 4:30 p.m. To learn more about the Maury Regional Wound Center, call 931.490.7440 or visit MauryRegional.com.

MAURY REGIONAL MEDICAL CENTER
1224 Trotwood Avenue
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