

# THE VITAL LINK



August 2018

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## Nurse residency program recognized

Maury Regional Medical Center (MRMC) has earned accreditation for a program that provides support to nurses who are entering practice. The American Nurses Credentialing Center (ANCC) awarded the nurse residency program at MRMC with its Practice Transition Accreditation Program designation with distinction.

The ANCC Practice Transition Accreditation Program sets the global standard for residency or fellowship programs that transition registered nurses and advanced

practice registered nurses into new practice settings. MRMC is one of only 35 hospitals worldwide to receive this designation and only the second hospital in Tennessee.

The nurse residency program has been offered by MRMC since 2013. The 11-month program combines classroom and clinical experiences to assist new nurse graduates in transitioning into their nursing roles within the health system.

Attributes of the program noted by ANCC surveyors included a positive culture for new employees, support by all levels of leadership and a chief medical officer who fosters relationships between nursing and the medical staff.

“It takes an entire organization to achieve this type of success. I especially want to congratulate Sue MacArthur for her leadership in driving the results to reach designation, along with Jackie Miles and Tracy Ferguson for their efforts to advance our residency program to achieve accreditation. Thanks also to the educators and preceptors who work diligently to ensure our new nurses move safely into practice,” said Chief Nursing Officer Deborah Lumpkins.



*Pictured (l-r) are MacArthur, Miles and Ferguson with Lumpkins.*

## Wound Center earns clinical excellence award

The Maury Regional Wound Center has been recognized with a national award for clinical excellence. The center has been honored with the 2017 Robert A. Warriner III Center of Excellence award from Healogics, the nation's largest wound care management company.

The award is given to wound care centers in the Healogics network that meet the highest level



*Pictured (l-r) are Shana Tanner, Natalie Grogan, Chief Nursing Officer Deborah Lumpkins, Deborah Goldsmith, M.D., Scott Hayes, David Daniels, M.D., Kelly Clifford, Brian Vance, Beverly Davenport, Allison Bridges, Wound Center Medical Director James Richardson, M.D., Brandy Miller, Autumn Carroll, Carol Aiken and CEO Alan Watson. Not pictured are Sheila Graham, Sydney Ingram and Beth Searle.*

*(See “Wound Center” on page 2)*

## NEW EMPLOYEES

### MAURY REGIONAL MEDICAL CENTER

#### CANCER CENTER

Joanne Ferebee

#### ENVIRONMENTAL SERVICES

Savanna Greggs  
Christopher King  
Christina Reilly  
Ashley Streeter

#### FOOD & NUTRITION

Constance Gardiner  
Leah Shrader

#### HOME SERVICES

Laura Hendricks

#### INFORMATION TECHNOLOGY

Anjanette Moore

#### LABORATORY

Lilliana Dawkins

#### LEWISBURG FAMILY PRACTICE

Sarah Barnes

#### LEWISBURG PEDIATRICS

Amy Allen

#### NURSING

Julia Diehl  
Amber Glass  
Marcia Gowen  
Amanda Hendrick  
Tyler Oliver  
Melinda Ray  
Faith Riggs  
Nicole Sams  
Amanda Stell  
Mallory Tidwell  
Angel Walker

*(Continued on next page)*

## Diabetes education program recognized by ADA

Diabetes self-management education offered by MRMC recently received continued recognition from the American Diabetes Association (ADA). The program has been recognized for more than ten years.

The ADA Education Recognition effort is a voluntary process that ensures approved education programs have met the national standards for diabetes self-management education programs. Programs that achieve recognition status have a staff of knowledgeable health professionals who can provide state-of-the-art information about diabetes management for participants.

“Self-management education is an essential component of diabetes treatment,” said Diabetes Educator Michelle Kennedy, RN, CDE. “Through increased knowledge and awareness of diabetes, a patient can better manage their condition, avoid unnecessary hospital admissions and prevent some of the acute and chronic complications of diabetes.”

Topics of education offered by MRMC include nutritional management, physical activity, medications and blood sugar monitoring, as well as preventing, detecting and treating complications. Education is also offered for those with gestational diabetes. Learn more about education and other services offered to those with diabetes at [MauryRegional.com](http://MauryRegional.com).

## Wound Center *(Continued from page one)*

of quality standards for a minimum of two consecutive years. The award recognizes outstanding clinical outcomes for 24 consecutive months, including patient satisfaction of at least 92 percent and a wound healing rate of at least 91 percent in less than 31 median days. Out of 340 eligible centers, only 268 earned the award this year. The Wound Center previously earned the company’s 2016 Center of Distinction Award.

“The physicians and staff who provide care to patients at the Maury Regional Wound Center are to be commended for their commitment to outstanding clinical outcomes as reflected by this award,” said Maury Regional Health CEO Alan Watson.

The Maury Regional Wound Center, established in 2008, offers specialized wound care to patients suffering from diabetic ulcers,

pressure ulcers, infections and other chronic wounds. Treatment methods include negative pressure wound therapy, debridement, application of cellular-based tissue or skin substitutes to the wound and hyperbaric oxygen therapy.

“Our team that cares for patients at the wound center is dedicated to meeting the highest standards related to quality care and patient satisfaction. We are pleased that their excellent care in providing specialized wound care has been recognized in this manner,” said Medical Director James W. Richardson Jr., M.D.

The center is located on the campus of Maury Regional Medical Center. Hours of operation are Monday through Friday from 8 a.m. until 4:30 p.m. To learn more, call 931.490.7440 or visit [MauryRegional.com](http://MauryRegional.com).



### MAURY REGIONAL HEALTH

The VitaLink, designed by the Foreman Company, is published monthly for Maury Regional Health through the Marketing Department. Distribution is to employees, retirees, members of the medical staff, board of trustees, advisory board, Maury County Commission and volunteers.



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For address corrections, please contact the Human Resources Department.

1224 Trotwood Avenue  
Columbia, TN 38401

## NEW EMPLOYEES

(Continued from previous page)

### PATIENT ACCOUNTS

Alison Poteete

### PHARMACY

Jonathan Bain  
Margeaux Embrey

### PRIMECARE CLINIC

Regina Shaw  
Briana Turner

### STERILE PROCESSING

Rebecca Kilgore  
Helena Kis

### SUPPLY CHAIN

Brandon Ginsberg

### SURGERY

Jennifer Neissen

### TRANSPORTATION

Dylan Turner

### MAURY REGIONAL MEDICAL GROUP

Crystal Henderson  
Ashton Myers  
Savannah Peters  
Anita Thomas

### WAYNE MEDICAL CENTER

Kambria Creasy  
Wes Donaldson  
Jordan Horton  
Candace Norris

## BIRTHS

Jessica Bowling, Nursing, and her family welcomed Anniston Blake Bowling on July 31. She weighed 7 lb. and 8 oz.

Lindsay Willis, Laboratory, and her family welcomed Ellasyn Ryan Renee Ragsdale on August 3. She weighed 7 lbs.

## IN MEMORY



Melissa Cothran, an endoscopy technician in Endoscopy, passed away on August 5. She had worked at MRMG since 1994.

## Retirees honored

CONNIE LENTZ, Human Resources, retired on August 10. She began work at the medical center in 1979, providing 39 years of service.



LENTZ

“Over the years, Connie has served the organization in a variety of roles, most recently as a human resource generalist supporting MRMG and our affiliate locations. Connie has built longstanding relationships with many throughout the organization and has provided excellent service and support as a valuable member of the Human Resources team,” said Human Resources Director Jim May.

ELAINE LIBERTO, a registered nurse on the Mother/Baby Unit (MBU) retired on August 8. She had worked at MRMG since 1999, providing 19 years of service.



LIBERTO

“Elaine was a great influence on the MBU staff. She always had a kind word to offer and treated her patients, their families and her co-workers with the utmost respect and compassion. Everyone who came in contact with her loved her,” said Nurse Manager Kim Morrow.

## Bravo Wellness screening information

Bravo Wellness screenings will occur September 11-28 for those who scheduled appointments during the month of August. Be sure to check your email confirmation for the date, time and location of your screening.

Employees are encouraged to arrive five minutes early to the screening site. Bring photo identification and a copy of the registration confirmation.

Fasting for 10-12 hours before the screening is recommended. Take all medications as prescribed. Stay well hydrated the week before the screening and drink six to eight ounces of water the day of the screening. Do not smoke or use tobacco one hour before the screening. Avoid strenuous activity before and after your screening.

To change your appointment time, use the Bravo Wellness portal on the intranet or visit [BravoWell.com/MauryRegional](http://BravoWell.com/MauryRegional). Watch for an email from Human Resources with specific location information.

The deadline to appeal wellness screening results will occur in early November. Specific instructions for appealing your results will be contained in your wellness screening report.

The Bravo program is voluntary, though employees who do not participate in the biometric screenings will pay a significantly higher health insurance premium. Employees who change to a benefit-eligible status but do not participate in the screenings will default to the non-participant health insurance rate.

# Physicians join MRMC medical staff



DR. FARIS

TONY S. FARIS, D.O., is a specialist in internal medicine associated with the Maury Regional Medical Group (MRMG) Hospital Medicine program.

Dr. Faris received his medical degree from Nova Southeastern University in Fort Lauderdale, Florida. He completed an internship in internal medicine at Nova Southeastern University – Largo Medical Center in Largo, Florida.

THU MINH NGUYEN, M.D., is a specialist in internal medicine associated with the MRMG Hospital Medicine program.

Dr. Nguyen received her medical degree from St. George's University School of Medicine in Grenada, West Indies. She completed a residency in internal medicine at Florida Atlantic University Internal Medicine Residency Program in Boca Raton, Florida.



DR. NGUYEN

ANDREW KARL NIELSEN, M.D., is a specialist in internal medicine and pediatrics associated with MRMG Primary Care in Columbia and will care for both adult and pediatric patients.

Dr. Nielsen received his medical degree from the University of Tennessee Health Science Center in Memphis, Tennessee. He completed a residency in internal medicine and pediatrics at the Medical University of South Carolina in Charleston, South Carolina.



DR. NIELSEN

Dr. Nielsen is board certified in pediatrics.

MRMG Primary Care Columbia is located in Suite 403 of the Maury Regional Medical Plaza at 854 West James Campbell Boulevard. For more information, call 931.380.0075.

CHRISTIAN W. PETRAUSKIS, M.D., is a specialist in internal medicine and pediatrics associated with the MRMG Hospital Medicine program.

Dr. Petruskis received his medical degree from Georgetown University School of Medicine in Washington, D.C. He completed an internship and residency in internal medicine and pediatrics at Jackson Memorial Hospital in Miami, Florida.



DR. PETRAUSKIS



DR. PRATER

MATTHEW R. PRATER, M.D., is a specialist in radiology associated with Southern Radiology Associates.

Dr. Prater received his medical degree from the University of Mississippi School of Medicine in Jackson, Mississippi. He completed a preliminary medicine internship at the University of Mississippi Medical Center

in Jackson, Mississippi, and a residency in diagnostic radiology at Vanderbilt University Medical Center in Nashville, Tennessee. Dr. Prater also completed a fellowship in neuroradiology at Vanderbilt University Medical Center.

GIORGI SIRBILADZE, M.D., is a specialist in neurology associated with MRMG Neurology.

Dr. Sirbiladze received his medical degree from David Tvildiani Medical University AIETI Medical School in Tbilisi, Georgia. He completed an internship in internal medicine at Danbury Hospital in Danbury, Connecticut, and a residency in adult neurology at Vanderbilt University Medical Center in Nashville, Tennessee. Dr. Sirbiladze also completed a fellowship in clinical neurophysiology at Vanderbilt University Medical Center. He is board certified in neurology.

MRMG Neurology is located in Suite 101 of the Medical Office Building at 1222 Trotwood Avenue in Columbia. For more information, call 931.490.7348.



DR. SIRBILADZE

## MRMG announces new practice

Maury Regional Medical Group (MRMG) has announced the formation of a new practice—MRMG Plastic Surgery, according to CEO Mike Fecher.

The practice will include K. Dwayne Fulks, M.D., and new medical staff member Matthew R. Endara, M.D.

Dr. Fulks has been a member of the medical staff at MRMC since 1991. He is board certified in plastic surgery.

Dr. Endara received his medical degree from Northwestern University's Feinberg School of

Medicine in Chicago, Illinois. He completed an internship in general surgery and a residency in plastic and reconstructive surgery at Medstar Georgetown University Hospital in Washington, D.C. He is board certified in plastic surgery.

"We are excited to welcome Dr. Fulks and Dr. Endara and the surgical expertise they bring to our organization," said Fecher.

MRMG Plastic Surgery is located at 1601 Hatcher Lane in Columbia. For more information, call 931.381.2802.



DR. FULKS



DR. ENDARA

## Stokes appointed to state advisory council

Palliative Care Director Tammy Stokes, BSN, CHPN, RN, has been appointed to the state's new Palliative Care and Quality of Life Advisory Council.

The council, which operates under the Commission on Aging and Disability, is tasked with assessing the current status of palliative care in Tennessee and to review barriers that prevent care from being obtained and utilized. The group is also responsible for overseeing submission of a yearly status report to the Tennessee General Assembly.



STOKES

Stokes, who has been employed at MRMC since 2007, oversees the palliative care program and chaplain services at MRMC. She will serve a

three-year term on the council.

## Long earns certification

Amy Long, RN, Critical Care, recently earned certification in critical care nursing, according to Critical Care Nurse Manager Ginger Dickens.

The certification was granted by the American Association of Critical Care Nurses. Long has worked at MRMC since 2013.



LONG

## Fluzaroo 2018 T-shirt Design Contest

Original designs for this year's Fluzaroo T-shirt will be accepted until September 15 in MRMC Infection Prevention. Designs must be black and white and use dinosaurs to tie in with this year's theme "Don't Go Extinct—Get Your Flu Shot!" The winning designer will receive a \$50 gift card.

## Emergency Department staff earn certifications

Several nursing staff members in the Emergency Department at MRMC have earned additional certifications in recent months.

Those earning certification in emergency nursing from the Board of Certification for Emergency Nursing are:

- Carroll Marie Blackwood, BSN, RN  
Blackwood has worked at MRMC since 2015.
- Makenzi Boyle, BSN, RN  
Boyle has worked at MRMC for more than five years.
- Morgan Kelso, RN  
Kelso has worked at the medical center since 2016.
- Lauren Long, BSN, RN  
Long joined MRMC in 2016.
- Ann Sahjian, BSN, RN  
Sahjian joined MRMC in 2017.
- Lisa Selbe, BSN, RN  
Selbe has worked at MRMC since 2016.

Emergency Department Nurse Manager Nick Harmon, BSN, RN, has earned certification as a nurse manager and leader from the American Organization of Nurse Executives. He has worked at MRMC for eleven years and has served as nurse manager in the Emergency Department since 2015.



*Pictured (l-r) are Kelso, Long, Selbe, Blackwood, Boyle and Harmon. Not pictured is Ann Sahjian.*



## ANNUAL CAMPAIGN TO SUPPORT FOUNDATION SERVICES

The Maury Regional Health Care Foundation will launch its annual giving campaign in October at all Maury Regional Health facilities, according to Foundation Executive Director Joe Kilgore. The campaign enables donors to make gifts and pledges to help the Foundation meet health-related needs of community members in the coming year.

“Unmask the Need” is the name of this year’s campaign, which will have a masquerade theme and focus on the role the Foundation and the health system have in meeting the community’s health needs. A goal of \$135,000 has been set for this year’s campaign—the single largest fundraising event the Foundation conducts each year.

“Our employees, physicians, volunteers, board members and community partners have a meaningful impact on our community

through gifts to the Foundation,” said Kilgore.

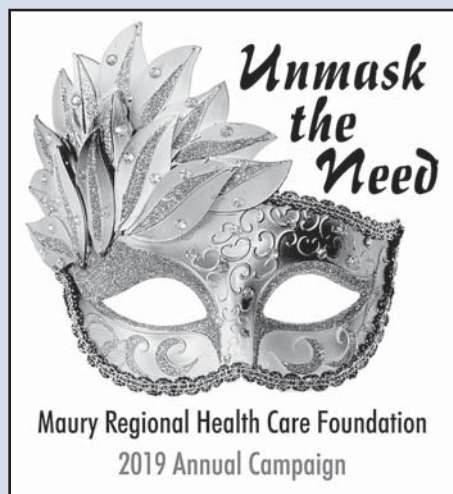
“Many lives have been improved and countless burdens have been eased as a result of the generosity shown by donors during the annual campaign.”

Since 2006, the Foundation has funded more than \$2 million in programs and services benefiting community members in need. Programs supported by Foundation gifts include medication and transportation assistance, community health initiatives, a

food bank for discharging patients, educational support, and employee assistance. In 2018, the Foundation led a campaign to fund a mobile medical unit to provide primary care services in area communities. All administrative expenses are covered by the medical center, allowing all gifts to directly benefit the community.

In early October, employees will receive a personalized donor form from their department champion. Pledges or donations to the annual campaign may be made using that form or donors may submit their gift or pledge online via the campaign website.

Each donor will receive a token of appreciation and will be entered into weekly prize drawings. For more information about the annual campaign, call extension 4075.



## Foundation tees up for golf tournament

Maury Regional Health Care Foundation will host the 19th annual Tony Starks Memorial Golf Tournament on Thursday, September 13, at King’s Creek Golf Club in Spring Hill. A rain date of Thursday, September 20 has been reserved.

The event is a four-player scramble divided into morning and afternoon rounds. Prizes are given for first and second place in three flights, closest to the hole, longest drive and a putting contest. In addition, there will be a hole-in-one grand prize and a variety of door prizes.

Tournament sponsors are ACI and Maury Regional Health. Masters Sponsors are Anchor Health Properties, BlueCross BlueShield of Tennessee and HFR Design Inc. Gold sponsors are Medline, Morrison Healthcare and Vizient.

Proceeds from the tournament allow the Foundation to provide assistance in the form of community health initiatives, cancer patient services, transportation, medication assistance and more.

Since 2006, the Foundation has funded more than \$2 million in programs and services for underserved and financially challenged populations. All donations directly benefit the community through the programs and services funded by the Foundation, a 501(c)(3) charitable organization. For more information about the Foundation, call 931.380.4075 or visit [MauryRegionalFoundation.com](http://MauryRegionalFoundation.com).

*Tony Starks*  
**MEMORIAL GOLF  
 TOURNAMENT**



## FOOD TRUCKS KICK OFF FOOTBALL SEASON

To kick off football season, the Events and Recognition Committee will host a tailgate party at MRMC on September 14. All are welcome to purchase food from a variety of food trucks including Cousins Maine Lobster, Et Voila Bistro and Bakery, Banjo's, MoeBetter BBQ, Yayo's Original Mexican Gourmet, Bubba Gandy's and Maggie Moos.

Whether you are rooting for your favorite NFL or college football team, staff members are invited to show spirit by wearing their favorite team's jersey/shirt on September 14. Watch your email for additional details about this event.

## NEW BOWLING LEAGUE TO START

A new bowling league begins September 11 for Maury Regional Health employees and families. Games will be played at Tenn Pin Alley on Mooresville Pike in Columbia. Teams of four to five players will play three games per night. The cost is \$12 per night.

To sign up for the league or learn more, send an email to [cmalone@mauryregional.com](mailto:cmalone@mauryregional.com).

# SEPTEMBER CALENDAR OF EVENTS

### September 4

GRIEF SUPPORT GROUP: 5:30 p.m., Chapel, call 540.4243

### September 6

DIABETES EDUCATION GROUP: 11 a.m., Auxiliary Conf. Room, call 540.4324

### September 6

GRIEF SUPPORT GROUP: Noon, Marshall Medical Center, call 540.4243

### September 8

LEWIS HEALTH CENTER HEALTH FAIR: 8-11 a.m., Blondy Church of God, call 796.6248

### September 8

EXPECTANT PARENT CLASS – UNDERSTANDING BIRTH: 9 a.m.-3 p.m., call 490.7046

### September 10

NEW EMPLOYEE ORIENTATION: 8 a.m., Auxiliary Conf. Room, call 380.4017

### September 10

FEELING FABULOUS: Noon, Cancer Center, advance reservation required at 490.7192

### September 11

SURGICAL WEIGHT LOSS SUPPORT GROUP: 6 p.m., Medical Office Bldg. call 381.1111, ext. 1748

### September 13

FOUNDATION GOLF TOURNAMENT: King's Creek Golf Club, call 380.4075

### September 14

FREE SEMINAR—ADVANCED CARE PLANNING, HOSPICE & PALLIATIVE CARE: 8 a.m., Annex, call 380.4090

### September 15

EXPECTANT PARENT CLASS – NEWBORN CARE: 9 a.m., call 490.7046

### September 15

EXPECTANT PARENT CLASS – INFANT CPR: Noon, call 490.7046

### September 15

NICU REUNION: 2-4 p.m., Pleasant Heights Baptist Church, call 540.4281

### September 17

BREAST CANCER SUPPORT GROUP: 5:30 p.m., Women's Center, call 540.4166

### September 22

EXPECTANT PARENT CLASS – BREASTFEEDING: 7 p.m., call 490.7046

### September 27

OSTOMY SUPPORT GROUP: 10 a.m., First Floor Conf. Room, call 490.4600

### September 27

STROKE SUPPORT GROUP: 6 p.m., Annex, call 840.4446

# KUDOS FOR CAREGIVERS

Massachusetts Atkins  
Michael Backues  
Dr. Charles Ball  
Dr. James Grant Barr  
Christi Beck  
Kathy Blade  
Dr. William Wesley Brewer  
Josie Castaneda  
Dr. Amit Choksi  
Dr. Cheryl Clayton  
Dr. John Coursey  
Laura Crockett  
Cindy Davis

Kenda Dial  
Pam Eicher  
Dr. Deborah Goldsmith  
Valerie Greene  
Dr. Anthony Haase  
Dr. Danielle Henson  
Dr. Mark Hinson  
Glenda Jimenez  
Dr. Romany Johnpulle  
Chastity Johnson  
Dr. Jawaid Kamal  
Dr. Anthony Khim  
Dr. Joel Kochanski

Sherry Ledbetter  
Cheryl Lombardini  
Dr. Brenda May  
Dr. Scott McCall  
Cailey McCann  
Ryan Mix  
Lanette Officer  
Dr. D. Davidson Oxley  
Jeff Pannell  
Dr. Dominic Papa  
Dawn Parker  
Shayla Pevahouse  
Dr. Lisa Phillips

Dr. Gabe Polk  
Gypsy Potete  
Tracey Putnam  
Malea Rich  
Amy Richardson  
Dr. Danny Robinson  
Dr. Andres Rodriguez  
Holly Runions  
Dr. Mark Seago  
Dr. Joanna Shepherd  
Beverly Sisk  
Leah Skipworth  
Jessica Spears

Dr. David Turner  
Dr. Emily Turner  
Dr. Amy Vertrees  
Dr. Freddie Wade  
Angela Walker  
Stephanie Watt  
Betty Wells  
Kim White  
Dr. Terry Whitten  
Angela Wilson  
Dr. George Wollas  
Miranda Wood

THE VITALINK

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## LHC offers concussion screenings

Lewis Health Center (LHC) Physical Therapy once again partnered with Lewis County High School to offer concussion baseline screenings for student athletes this year. The screenings help to evaluate players who sustain head impact incidents during a game.

The Immediate Post-Concussion Assessment and Cognitive Testing (IMPACT) diagnostic tool is used in the pre-season to measure a player's normal brain function. If an athlete sustains a head injury, another screening is performed and compared to the baseline. The results help

coaches and parents determine when a player may be able to return to the field. Screenings measure functions such as memory, reaction time and attention span.

LHC recently conducted baseline screenings for 58 students in partnership with the Coordinated School Health Department of the Lewis County School System. In addition, LHC participated in free sports physicals for middle and high school students in Lewis County. Nicky Edwards, FNP, and Physical Therapist Trent Lewis conducted physicals for 174 students.

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