

THE VITAL LINK

Maury Regional Medical Center

December 2015

Vol. XXXIV, Issue 12

Gifts support Foundation's mission

Employees, physicians, volunteers and board members donated or pledged more than \$136,000 to the Maury Regional Health Care Foundation during the 2016 annual campaign, according to Executive Director Joe Kilgore. These gifts will be used to meet the needs of patients,



community members and employees in the coming year.

“Support.Sustain.Share.” was the theme of the campaign

conducted at Maury Regional Medical Center (MRMC), Lewis Health Center, Marshall Medical Center, Wayne Medical Center and Family Health Group.

By mid-December, \$136,628 in donations or pledges had been received, with additional gifts still being made. According to Kilgore, 1,120 employees,

volunteers, physicians and board members supported this year's campaign. There was an increase in giving of approximately 7% from the previous year.

“Thanks to the generous support from donors, the Foundation is able to assist our patients, community members and employees in countless ways,” said Kilgore. “We are grateful to all who support the Foundation and its efforts during the annual campaign and throughout the year.”

Gifts to the Foundation may be designated for funds that assist cancer, diabetic, heart, neonatal intensive care and pediatric patients. Other funds support community health programs, the palliative care program, food pantry, special needs, youth health initiatives, employee assistance and The Retreat hospitality house. General Fund donations

(See “Foundation” on page 5)

MRMC announces 2016 medical staff officers

MRMC is pleased to announce the medical staff officers elected for 2016, pictured below, and the medical staff executive committee (see page 2).



KEVIN M.
MAQUILING, M.D.
Chief of Staff



MARTIN M.
CHANEY, M.D.
Vice Chief of Staff



MICHAEL J.
PELLETIER, M.D.
Past Chief of Staff



THOMAS E.
QUINN, JR., M.D.
Secretary/Treasurer

NEW EMPLOYEES

MAURY REGIONAL MEDICAL CENTER

ADMITTING/REGISTRATION

Felicia Warden

ENVIRONMENTAL SERVICES

Nicki Luna
Leah Powell

HOME SERVICES

Sabrina Osborn

LABORATORY

Jill Looney
Savannah Massey

NURSING

Nancy Banks
Rachael Cooke
Nancy Frierson
Maureen Joaquin
Angela Kimble
Jessica O'Neal
Jennifer Raney

PRIMECARE CLINIC

Rebecca Daniel

SURGICAL SERVICES

Deanna Azarch
Brohwnyn Bennett
Kaitlynn Boyd

SWITCHBOARD

Shanee Perry

(Continued on next page)

Cardiopulmonary rehab services earn certification

Cardiac rehabilitation services at MRMC recently earned three-year certification from the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR). MRMC was recognized for its commitment to improving the quality of life for patients by enhancing standards of care.



Cardiovascular and pulmonary rehabilitation programs are designed to help those with cardiovascular issues—including those who have had a heart attack or coronary artery bypass graft surgery—as well as pulmonary issues such as chronic obstructive pulmonary disease (COPD). Programs include exercise, education, counseling and support for patients and their families.

“Thanks to Manager Misti Jackson and staff members Alison Carlisle, Jackie Hill, Michele Kimbrough and Karen Miller for their efforts to help our program achieve this level of recognition,” said Administrative Director Cathy Malone.

AACVPR Program Certification is the only peer-review accreditation process designed to review individual programs for adherence to standards and guidelines developed and published by AACVPR and other professional societies.

MEDICAL STAFF EXECUTIVE COMMITTEE

Officers

Kevin M. Maquiling, M.D. Chief of Staff
Martin M. Chaney, M.D. Vice Chief of Staff
Michael J. Pelletier, M.D. Past Chief of Staff
Thomas E. Quinn, Jr., M.D. Secretary/Treasurer

Diagnostic Services Department

(Pathology, Radiation Oncology & Radiology)

James Blair Butler, M.D. Chair

Medicine Department

(All Medicine disciplines & Pediatrics)

Maura J. Lipp, M.D. Chair
Deborah L. Goldsmith, M.D. Representative
Steven C. Smith, M.D. Representative

Surgery Department

(All Surgery disciplines, Anesthesiology & OB/GYN)

Mark S. Hinson, M.D. Chair
Justin K. Kropf, M.D. Representative
Marco Chavarria, M.D. Representative



MAURY REGIONAL MEDICAL CENTER
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The VitaLink is published monthly for Maury Regional Medical Center through the Marketing Department. Distribution is to employees, retirees, members of the medical staff, board of trustees, advisory board, Maury County Commission and volunteers.

For address corrections, please contact the Human Resources Department.

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Columbia, TN 38401



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NEW EMPLOYEES

(Continued from previous page)

AFFILIATES

FAMILY HEALTH GROUP

Kimberly Daily
Casey Lawhon
Sandra Musgrove
Brittney Rowland
Darian Staggs
Taylor Willis
Tabitha Wiseman

MARSHALL MEDICAL CENTER

Tammy Ezell

BIRTHS

Jennifer Brak, Nursing,
and her family welcomed
Stella Claire Brak on November 19.
She weighed 8 lb. and 12 oz.

Nicole Thomason, Nursing,
and her family welcomed
Lily Grace Thomason on
November 23. She weighed
7 lb. and 14 oz.

Lacey Warf, Marshall Medical Center,
and her family welcomed Lathan Allen
Warf on November 30. He weighed
7 lb. and 15 oz.

Kayla Wright, Nursing,
and her family welcomed
Logan Ray Wright on December 1.
He weighed 8 lb. and 8 oz.

IN MEMORY

Cindy Woodard,
a financial
analyst in Fiscal
Planning,
passed away on
December 3.
She worked at
MRMC
for eight years.



Dr. Thompson honored for service

Robert G. Thompson, Jr., M.D., was honored at the December 10 meeting of the MRMC Board of Trustees for more than 24 years of service to the board. At the close of his current term as vice chair of the board in December, Dr. Thompson will retire.



Dr. Thompson is pictured with his wife, Sarah.

“Dr. Thompson’s leadership, dedication and commitment to supporting the advancement of health care for our region will be greatly missed,” said CEO Alan Watson. “Please join me in thanking Dr. Thompson for his service and valuable leadership to our organization and community.”

Dr. Thompson served as a pediatrician in Maury County for more than 32 years and generously donates his time to nonprofit organizations. During his tenure on the medical staff, he served in the roles of chief of staff, chairman of the Joint Conference Committee, chairman of the Physician/Board of Trustees Recruitment Committee and chairman of the Planning & Facilities Committee.

Dr. Thompson was recognized with a proclamation from Maury County Mayor Charlie Norman during the December meeting.

United Way campaign assists community

An annual campaign to support the United Way of Maury County recently concluded at MRMC. More than \$31,000 was raised during the drive.

United Way reaches thousands of Maury County residents each year with a variety of needs including counseling, domestic violence, emergency shelter, health care, substance abuse and crisis intervention. This year’s United Way campaign at MRMC was coordinated by Dana Salters and Cindy Short.

“Many thanks to everyone who supported the campaign to help the United Way assist members of our community,” said Short.

WMC recognized for immunizations

Wayne Medical Center (WMC) was recently named a Top Performer on Key Quality Measures® by The Joint Commission for excellence in accountability measure performance for immunizations, specifically influenza vaccines.

The Top Performer program recognizes hospitals for improving performance on evidence-based interventions that increase the chances of healthy outcomes for patients with certain conditions.

“Wayne Medical Center is pleased to be recognized in this manner,” said CEO Teresa Grimmatt. “Our staff is dedicated to improving patient outcomes through evidence-based care processes such as immunizations.”

Affiliates offer holiday cheer

Employees of Lewis Health Center (LHC), Marshall Medical Center (MMC) and Wayne Medical Center (WMC) continued a tradition of assisting community members during the month of December.

LHC employees and physicians donated coats that were distributed to individuals in need through a community coat drive.

At MMC, employees, physicians and volunteers held a food drive to collect items for the food bank in Marshall County. In addition, MMC collected gifts for patients of two local skilled nursing facilities.

WMC employees and physicians continued the annual Christmas Outreach Program to provide holiday cheer to several families in Wayne County. This year, the program provided three families—including five children—with gifts and food to make the season brighter after illness and hardship.

Sweeney recognized at MMC

Beth Sweeney, RN, director of Senior Life Solutions at Marshall Medical Center (MMC), received the Program Director of the Year Award on December 15.

The award was presented by PMC, which partners with MMC for the behavioral health program serving senior adults in Marshall, Maury and other counties. Sweeney (second from left) is pictured with (l-r) PMC President and CEO J.R. Greene, MMC CEO Phyllis Brown and PMC Regional Director Alex Gayle.



MASH applications due March 1

High school students interested in pursuing health care careers are encouraged to apply for the 2016 Maury Academy for Students in Health (MASH) program to be offered at MRMC in June. Applications will be accepted during the months of January and February.

MASH is a two-week camp coordinated by Volunteer Services for high school students interested in learning about health care professions. The program will take place June 6-17 and will involve a number of medical center departments and personnel.

Applicants for the MASH program must be a junior or senior for the 2016/17 school year and meet academic requirements. Applications are available on the medical center's website at mauryregional.com/volunteerservices.htm and must be completed and returned to Volunteer Services by March 1. For more information, call 931.380.4047 or email cshort@mauryregional.com.



NURSES COMPLETE RESIDENCY—Eighteen nurses at MRMC recently completed clinical nurse residency training. The program is coordinated by Nursing Professional Development and offered to recent graduates who are beginning employment at the medical center. Participants pictured (in alphabetical order) are Bethany Bradburn, Jenna Brewer, Hannah Currington, Kaci Exum, Elizabeth Haynes, Irina Hebert, Courtney Hollis, Lamonica Houston, Caitlin Ingram, Noel Jaworski, Jared Johnston, Sara Kelley, Emily Lawson, Daniel Patterson, Pamela Runions, Paige Shepherd, Samantha Smithson and Cassie Thomason.

Miles presents at conference

Jackie Miles, RN, Nursing Professional Development, was recently a presenter at the 8th Annual Tennessee Simulation Conference at Belmont University.



Miles presented on MRMC's use of simulation with the annual disaster drills held as part of the MASH program. Topics included the way staff members address planning, preparation, victim staging, response and identify opportunities for improvement following the exercises.

Stokes earns March of Dimes honor

Palliative Care Navigator Tammy Stokes, RN, was named Palliative Care Nurse of the Year for Middle Tennessee by the March of Dimes.



STOKES

The organization recognizes nurses in sixteen categories who demonstrate excellence in the nursing profession. Stokes, who was nominated by Nurse Manager Cheri Childress, was

honored during an event in Franklin on December 8.

Stokes has been employed at MRMC for nine years and has worked as a navigator for palliative care since September 2014.

Stokes recently shared information about the medical center's palliative care program at the Centers to Advance Palliative Care National Conference in San Antonio, Texas. The presentation focused on the integration of palliative care in rural areas of Middle Tennessee through a network led by MRMC.



Food pantry receives donation

Students at Columbia Academy recently conducted a drive to collect canned and nonperishable food items for community organizations, including the food pantry at MRMC. The medical center's food pantry has assisted more than 630 patients with care packages of food since the program began in 2012. Pictured with Columbia Academy students are (standing, far left) Food & Nutrition Assistant Director Jerry Coulter and Volunteer Adrianna Eastep.

Kennedy earns certification

Michelle Kennedy, RN, Nursing Professional Development, recently completed requirements for certification as a diabetes educator.

Kennedy, who has been employed at MRMC for six years, earned the certification from the National Certification Board for Diabetes Educators. Certified diabetes educators assist patients with prediabetes care, diabetes prevention and self-management of the disease.



KENNEDY

Foundation

(Continued from page 1)

are used in areas of greatest need. One hundred percent of donations to the Foundation are spent on programs and services.

Donations are accepted by the Foundation on a continuing basis and may be made in honor or memory of others. For more information, visit mauryregionalfoundation.com or call 931.380.4075.

RN recruitment program offered

As the economy changes and the current workforce ages, the state and nation face a shortage of registered nurses. To assist the medical center and its affiliates with recruitment of registered nurses, an incentive program is currently being offered.

Employees of MRMC and its affiliates who refer a registered nurse as a full-time employee at MRMC, Marshall Medical Center or Wayne Medical Center and are hired by February 29, 2016, can apply for the incentive, provided incentive eligibility guidelines are met. Program guidelines and required forms are available in the Human Resources Department and on the intranet under Departments/ Human Resources/RN Recruitment Incentive. Appropriate forms must be completed by both the referring employee and RN prior to the nurse's hire date in order to apply for the incentive. For more information, contact Human Resources Manager Tom White at extension 4452.

Celebrating together



The holiday season was celebrated in a number of ways by staff members, physicians and volunteers.

Christmas parties were held in the cafeteria on December 4 and 5. Employees enjoyed refreshments prepared by Food & Nutrition, a photo booth and other festivities. Children and grandchildren of employees attended the children's Christmas party on December 5. The event featured a magic show, games, balloons, refreshments and visits with Santa and Mrs. Claus.

MRMC hosted a brunch for retirees on November 20, with 95 retirees in attendance to reminisce with former coworkers while enjoying a meal provided by Food & Nutrition.

Employees and physicians participated in holiday gift drives to benefit patients and community members.

The Maury Regional Auxiliary added a special touch to the season, providing funding for new Christmas decorations in the medical center's lobby.



BENEFIT AND PAY REMINDERS FOR THE NEW YEAR

BENEFIT ELECTIONS

Payroll deductions for benefit changes made during open enrollment will begin with the first payroll on January 14, 2016. Employees are encouraged to carefully review their pay stub to ensure that the deductions accurately reflect new benefit elections.

W-2 TAX FORMS

In addition to receiving pay stubs electronically, employees may choose to receive their W-2 tax forms through the E-Stub system. For those who have completed user setup on E-Stub, electronic delivery of the W-2 may have already been selected. If you have not completed the E-Stub user setup, log in to E-Stub via the MRMC intranet and select “User Setup” at the top of the screen. In the “Online Usage Options” section, select yes to use E-Stub to receive your W-2 tax form.

W-2 forms for 2015 will be available on E-Stub by February 1, 2016, and will be mailed by January 31 to employees’ home addresses. If you moved during calendar year 2015, please verify that an employee status form with your current mailing address has been submitted to Human Resources. In addition, please review the social security number reported on your W-2 and notify the Payroll Department at ext. 1636 of any discrepancies.

JANUARY CALENDAR OF EVENTS

January 4

NEW EMPLOYEE ORIENTATION: 8 a.m., Auxiliary Conf. Room, call 381.1111, ext. 2334

January 6

DIABETES EDUCATION GROUP: 11 a.m., Auxiliary Conf. Room, call 540.4324

January 8

BREASTFEEDING SUPPORT GROUP: 1 p.m., Annex, call 490.7074

January 9

FREE CLASS - UNDERSTANDING BIRTH: 9 a.m.-3 p.m., call 490.7046

January 12

CELIAC SUPPORT GROUP: 5 p.m., First Floor Conf. Room, call 381.1111, 1275

January 12

COPING WITH CANCER: 5:30 p.m., Cancer Center, call 490.7192

January 16

FREE CLASS – NEWBORN CARE: 9 a.m., call 490.7046

January 16

FREE CLASS – INFANT CPR: Noon, call 490.7046

January 18

NEW EMPLOYEE ORIENTATION: 8 a.m., Auxiliary Conf. Room, call 381.1111, ext. 2334

January 18

BREAST CANCER SUPPORT GROUP: 5:30 p.m., Women’s Center, call 540.4166

January 20

FREE BLOOD PRESSURE CHECK: 9:30-10:30 a.m., Columbia Senior Center, call 490.4600

January 21

FREE BLOOD PRESSURE CHECK: 9:30-10:30 a.m., Hohenwald Senior Center, call 490.4600

January 23

FREE CLASS – BREASTFEEDING: 9 a.m., call 490.7046

January 27

BREASTFEEDING SUPPORT GROUP: 11 a.m., Annex, call 490.7074

January 28

OSTOMY SUPPORT GROUP: 10 a.m., First Floor Conf. Room, call 490.4600

January 30

FREE CLASS – JUST FOR SIBLINGS: 9 a.m., call 490.7046

KUDOS FOR CAREGIVERS

Matthew Alsup
Pamela Anderson

Casey Dawson
Eric DeLaBruere

Jackie Hill
Dr. Mark Hinson
Robert Hemmen
Sue Hooker
Mary Catherine Hooten
Lamonica Houston
Amy Hubbard
Alex Hughes
Nicki Jones

Michele Kimbrough
Parker Kincaid
Andrew Lewis
Angela Lowe
Donnie Lowe
Shirley Malone
Lori McGee
Beth McMillan
Deborah Melton

Lori Morton
Jillian Nixon
Paula North

Ann Skelton
Meredith Smith
Tammy Stokes

“My experience in labor and delivery was excellent and I couldn’t be happier with the care and concern of the nurses there.”

“In a time of such fear, the care and compassion we received was just amazing.”

Hazel Bales
Jewel Bedford
Rebecca Blevins
Cassie Bowling
Kristi Burklow
Jenny Carbaugh
Alison Carlisle
Margaret Cathey
Kenneth Church
Melissa Cothran

Teresa Dixon
Adrianna Eastep
Michele Edwards
Michelle Frierson
Aaron Gignilliat
Savannah Gignilliat
Chase Glass
Clarinda Griffin
Chandler Harlan
Edith Hill

“We are so fortunate to have this facility and these highly trained doctors and nurses right here in our hometown.”

Elizabeth Joyce
Shannon Kelley

Karen Miller
Fagan Moritz

Tara Owens
Vicky Pugh
Dr. Bhaskar Reddy
Whitney Ricketts
Joan Rochester
Amanda Roland
Joy Sanders
Jacob Scott
Patti Shelton

Corey Sullivan
Donna Thompson
Donna Thornton
Jamie Vandygriff
Kristi Vernon
Faye Walker
Leigh Ann Whitfield
Ashley Wilkinson
Mike Young

THE VITAL LINK

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Holiday Hugs makes season brighter—The Holiday Hugs program held at MRMC each year provides gifts of warm clothing to children in Maury County Public Schools. This year, a total of 790 elementary students received Christmas gifts through the generosity of our employees, physicians and volunteers. The Emergency Department provided gifts for 100 children. Volunteer Services coordinates the annual project. Staff members from Plant Operations and Supply Chain assist with delivering the gifts to schools. Pictured (l-r) with some of the gifts are volunteers Jim Browning, Judy Shackelford and Dale Mason, Groundskeeper Danny Grooms, Distribution Specialist Calvin Hoover, Groundskeeper James Caruthers, and volunteers Margaret Wells and Donald Allen.

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