

THE VITAL LINK



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MRMC recognized for medical excellence

Maury Regional Medical Center (MRMC) has been recognized as number one in Tennessee for overall hospital care and overall surgical care in the areas of medical excellence and patient safety for 2019 by CareChex®, an information service of Quantros, Inc.

“Maury Regional is committed to utilizing best practices in patient care and to continually measuring our efforts against top performers across the nation. I am immensely proud of the work of our employees, physicians and volunteers whose dedication to medical excellence and patient safety is evidenced by these rankings,” said Maury Regional Health CEO Alan Watson.

CareChex® evaluates the performance of more than 4,700 hospitals across the nation, with awards based on cumulative performance across the most recent three years of public data. Medical quality evaluated includes process of care, outcomes of care and patient experiences in two primary areas—medical excellence and patient safety. The results enable health care organizations to compare their performance against providers in the nation, region, state and market.

MRMC ranked number one in the state in medical excellence for several specific areas of care or procedures, including:

- Overall Hospital Care
- Overall Surgical Care
- Gastrointestinal Care
- General Surgery
- Heart Failure Treatment
- Major Bowel Procedures
- Orthopedic Care



For additional 2019 awards and rankings and to see how MRMC ranks in the nation, region, state and market, visit MauryRegional.com. MRMC encourages those in the community to make an informed choice about health care decisions — compare MRMC to others at CareChex.com.



2019 medical staff officers announced

Medical staff officers for MRMC in 2019 are pictured. See page 2 for the MRMC Medical Staff Executive Committee and medical staff officers for our affiliate facilities.



DEBORAH L. GOLDSMITH, M.D.
Chief of Staff



SCOTT W. McCALL, M.D.
Vice Chief of Staff



STEVEN C. SMITH, M.D.
Past Chief of Staff



JAMES D. GRIPPO, M.D.
Secretary/Treasurer

NEW EMPLOYEES

MAURY REGIONAL MEDICAL CENTER

ACCOUNTING

Nicholas Smith

ENVIRONMENTAL SERVICES

Kristi Clark

FISCAL PLANNING

Ashlie Threet

LABORATORY

Ana Learn

NURSING

Sara Cheatwood

Karen Gordon

Christin Keeton

Cynthia Lukanec

Sara Ress

Stephanie Thomason

Tiffany Wall

Angelia White

PATIENT ACCOUNTS

Shelby Grooms

Tara Sargent

PHARMACY

Chanlier Knight

PRE-SERVICE

Susan Weaver

(Continued on next page)

MRMC 2019 MEDICAL STAFF EXECUTIVE COMMITTEE

Officers

Deborah L. Goldsmith, M.D. Chief of Staff

Scott W. McCall, M.D. Vice Chief of Staff

Steven C. Smith, M.D. Past Chief of Staff

James D. Grippo, M.D. Secretary/Treasurer

Diagnostic Services Department

(Pathology, Radiation Oncology & Radiology)

Danielle C. Gibson, M.D. Chair

Medicine Department

(All Medicine disciplines & Pediatrics)

Michael B. Kelley, M.D. Chair

Hany Nimr Rezk, M.D. Representative

Olivia Granillo-Johnson, M.D. Representative

Surgery Department

(All Surgery disciplines, Anesthesiology & OB/GYN)

Justin K. Kropf, M.D. Chair

Brian Kendrick, M.D. Representative

D. Davidson Oxley, M.D. Representative

MARSHALL MEDICAL CENTER 2019 MEDICAL STAFF OFFICERS



TIMOTHY NASH, M.D.
Chief of Staff



MICHAEL J. DAVIDSON, D.O.
Vice Chief of Staff



KANTHI C. NARRA, M.D., M.P.H.
Secretary/Treasurer

Member at Large
KELLY TENBRINK, M.D.

WAYNE MEDICAL CENTER 2019 MEDICAL STAFF OFFICERS



NANCY ARMETTA, M.D.
Chief of Staff



ESMERALDO HERRERA, M.D.
Vice Chief of Staff



JOE I. HALL, M.D.
Secretary/Credentials Chair

Executive Committee:
DAVID MAGAS, M.D., DONALD H. POLK, D.O., AND HARISH VEERAMACHANENI, M.D.



MAURY REGIONAL HEALTH

The VitaLink, designed by the Foreman Company, is published monthly for Maury Regional Health through the Marketing Department. Distribution is to employees, retirees, members of the medical staff, board of trustees, advisory board, Maury County Commission and volunteers.



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For address corrections, please contact the Human Resources Department.

1224 Trotwood Avenue
Columbia, TN 38401

NEW EMPLOYEES

(Continued from previous page)

SECURITY

Jordon Hodges

STERILE PROCESSING

Donna Bourne
Stacy Osborne

URGENT CARE

Jacinda Perry

AFFILIATES

MAURY REGIONAL MEDICAL GROUP

Tiffany Himes
Corrinne Reed

MARSHALL MEDICAL CENTER

Clara Buntley

WAYNE MEDICAL CENTER

Candace Hollis

BIRTHS

Chuck Hoelscher, MRMG, and his family welcomed Noah Charles Hoelscher on December 6. He weighed 7 lb. and 3 oz.

Ben Lyons, Plant Operations, and his family welcomed Logan Chase Lyons on November 24. He weighed 7 lb. and 9 oz.

Rural health care initiatives recognized

Maury Regional Health was recently recognized by the Rural Health Association of Tennessee (RHAT) for providing quality health care to rural areas through Lewis Health Center (LHC) in Hohenwald. RHAT presented its Exemplary Project Award based on LHC's designation as a Federally Qualified Health Center (FQHC).

"As the first Maury Regional Health-affiliated primary care practice to receive FQHC certification, Lewis Health Center has served as a guide for offering a unique health care model throughout the region we serve," said Maury Regional Health CEO Alan Watson. "We appreciate the quality care provided to the residents of Lewis County by the physicians, nurse practitioners and staff members at Lewis Health Center."

In 2014, primary care services at LHC obtained FQHC designation, which provides a patient-centered medical home approach and allows income-based discounts to be extended to patients. In February 2018, United States Senator Lamar Alexander visited LHC to examine its work to provide outpatient health care services in a rural community, calling the facility "a model for rural health care."

"More and more each day, people in our community see the benefits of Lewis Health Center and the FQHC designation," said Terry Bunch, who serves as chair of the FQHC board.

In addition to LHC in Hohenwald, FQHC services are offered at PrimeCare Clinic in Columbia, Primary Care-Waynesboro, Lewisburg Pediatrics and Lewisburg Family Practice. To learn more about FQHC services, visit MauryRegional.com/locations/community-health-centers.

MMC PT has new location

Marshall Medical Center (MMC) Physical Therapy in Lewisburg opened a new location at the medical center on December 17. Previously located in the MMC medical office building, the new therapy center offers a spacious gym area, private treatment rooms and a dedicated pediatric therapy space.

An open house will be held in the new location on January 17 from 4 until 6 p.m.

ORGANIZATIONAL ANNOUNCEMENT—

MMC names Buntley as CNO

Clara Buntley, MSN, RN, has joined Marshall Medical Center (MMC) as chief nursing officer, according to MMC CEO Phyllis Brown. In the role, Buntley will develop and approve nursing policies and procedures, oversee infection control, risk management, employee health, nursing departments and assist with quality activities.

Buntley has worked for Tennova Healthcare for 24 years in clinical and leadership roles. She most recently served as director of patient care services at Tennova's hospital in Tullahoma. Buntley earned a bachelor's degree in nursing and a master of science in nursing from Middle Tennessee State University.

"We are pleased to welcome Clara to Marshall Medical Center. Her experience in patient care and professional development will be valuable as she guides our nursing staff," said Brown.



BUNTLEY

Cardiovascular rehabilitation program is recertified

The cardiovascular rehabilitation program at MRMC has been recertified by the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR). Certification is valid for three years.

Cardiovascular rehabilitation programs are designed to help people with cardiovascular problems recover faster and improve their quality of life through exercise, education, counseling and support.

“We have a rehabilitation team committed to improving the health of our patients with heart conditions. Their dedication to providing comprehensive rehabilitation services, from clinical care to educational and support services has resulted in this certification,” said Administrative Director of Cardiopulmonary Services Cathy Malone, MMHC, BSN, RN.

In addition to this recent certification, the cardiology services at MRMC have been recognized for medical excellence and patient safety by CareChex®, an information service of Quantros, Inc., that compares publicly reported patient data for more than 4,700 hospitals. For 2019, MRMC has been ranked in the areas of cardiac care, heart failure treatment and interventional coronary care.

Nurses earn certifications



AZARCH



RANES

Two members of the nursing team on Third West recently earned new certifications. Deanna Azarch, RN, and Jennifer Ranes, RN, have each completed requirements for certification in medical/surgical nursing, according to Nurse Manager Barbara Purcell.

Azarch has worked at MRMC since 2017. Ranes has been employed for two years. The certifications are provided by the Medical-Surgical Nursing Certification Board.



New leaders complete orientation—*Anda James, Dianna Sanchez and Kevin Kimmel recently became the first Maury Regional Health leaders to successfully complete the new leader orientation program comprised of a series of classes and orientation guidebooks. The three are pictured (l-r) with People Development Director David Tresch, who oversees the program.*



Excellence Through Leadership—*Ten Maury Regional Health staff members recently completed Excellence Through Leadership training. The five-week program is coordinated by People Development, focusing on communication styles, strengths-based leadership, keys to building a successful team, conducting difficult conversations and other topics. Those completing the latest course are (l-r, seated) Jonathan Bain, Jennifer Campbell, Olivia Barrington; (standing) People Development Director David Tresch, Anda James, Dianna Sanchez, Shelley Shanks, Linda Oakley, Felicia Henley, Davena Hardison and Lisa Johns.*

Holiday cheer provided to area families

Maury Regional Health (MRH) employees, physicians and volunteers continued a tradition of providing gifts to area children to make the holiday a little brighter.

In 1999, MRMC began its Christmas Steps program, providing shoes to 354 children in Maury County. In 2001, the program became Holiday Hugs, providing coats and other clothing to school children. Each year, the MRMC Volunteer Services Department works with Maury County Schools to obtain names and clothing sizes of children in need at elementary schools across the county. Employees, physicians and volunteers select names, purchase gifts and wrap the packages. With the help of Supply Chain and Plant Operations, Volunteer Services delivers the gifts to schools.

In its twentieth year, a total of 607 children received gifts from Holiday Hugs, according to Director of Volunteer Services Cindy Fox who coordinates the annual drive.

“We have received numerous thank-you notes from teachers and school administrators who see the face of these children when they receive a gift. It is heartwarming to know that you are making a difference in the life of a

child and we look forward to this project each year,” said Fox.

Maury Regional Health CEO Alan Watson added, “The generosity of our employees, physicians and volunteers over the past 20 years is a testament to their giving spirit. We are blessed to have an outstanding team that not only impacts the lives of our patients, but touches the lives of children in need throughout the community.”

The giving spirit carries across the organization. Lewis Health Center continued its Holiday Hugs program this year, providing gifts of coats and warm clothing to approximately 40 children in Lewis County. Marshall Medical Center (MMC) once again collected items for gift bags for residents of NHC Oakwood and NHC Lewisburg. MMC also conducted a food drive for the local food bank and the Alternative Youth Services Foster Care Program in Columbia. Wayne Medical Center continued its Christmas outreach program, helping several families in the county with gifts for children, groceries for a Christmas meal and other special needs. Maury Regional Medical Group practices participated in campaigns such as Holiday Hugs and Toys for Tots to assist local families.



FUNDRAISING SUPPORTS FOUNDATION WORK

Maury Regional Women's Center Mammography Technologist Amandia Long and her husband, Chris, have donated nearly \$33,000 to the Maury Regional Health Care Foundation's Women's Center Fund since 2012. The couple hosts a Halloween-themed dance in Lawrenceburg each year, with proceeds supporting the Foundation's initiatives to assist local breast cancer patients.

"We are extremely grateful to Amandia and Chris for their continuing efforts to support women in need through our Women's Center Fund. Their dedication to helping others is inspiring," said Kilgore. "To put their efforts into perspective, the total donation could provide wigs for more than 400 cancer patients."

The Women's Center Fund provides wigs, camisoles and compression garments to women with cancer and funds mammograms for those in need. Since 2006, the Foundation has funded more than \$2 million in programs and services for underserved and financially challenged individuals. For more information about the Foundation or to make a gift, call 931.380.4075 or visit MauryRegionalFoundation.com.



Maury Regional Health Care Foundation Development Specialist Cambre Godwin (left) is pictured accepting proceeds from the 2018 event from Amandia and Chris Long.

WMC Laboratory earns accreditation

The laboratory at Wayne Medical Center (WMC) has been awarded accreditation by the Accreditation Committee of the College of American Pathologists (CAP). During the accreditation process, inspectors examined the laboratory's records and quality control of procedures for the preceding two years, as well as staff qualifications, equipment, facilities, safety program and record, and overall management.

"This accreditation is a reflection of the commitment to quality demonstrated by our laboratory staff, Laboratory Director Heather Gurley and Dr. John Olson, who serves as the laboratory's medical director," said WMC CEO Tyler Taylor.

Retirees honored



LENTZ

PATRICIA LENTZ, a cancer registry registrar for the Maury Regional Cancer Center, retired on December 12. She has worked at the medical center since 1977, providing more than 41 years of service.

"Patricia has been a vital member of our cancer team. Through Patricia's leadership and dedication, we were able to obtain accreditation for our cancer program through the American College of Surgeons and have maintained that accreditation for many years. Patricia has been a wealth of knowledge for all of us and she will be greatly missed," said Radiation Therapy Director David Thomas.

KAREN MARTIN, RN, retired from Marshall Medical Center (MMC) on December 3. She provided 18 years of service to MMC, serving as chief nursing officer since 2006.

"Karen has been a steady and compassionate leader of our nursing services at Marshall Medical Center. We value her many years of service to our hospital and wish her the very best during her retirement," said MMC CEO Phyllis Brown.



MARTIN



PAGE

JUNE PAGE, a programmer analyst II in Information Technology, retired on November 20. She began work at MRMC in 1986, providing more than 32 years of service.

"June has been a longtime co-worker in the IT Department. Over her 33 years, she experienced a great deal of change in health care information technology. She always embraced change and enjoyed learning and enhancing her skills. June was dedicated and very hard working. We are proud to have had June on our team. She has been a true asset to Maury Regional," said IT Director Russ Pothier.



**TEAMS
WALK
ACROSS
TENNESSEE**

Nine teams from Maury Regional Health completed the Walk Across Tennessee program sponsored by UT Extension in conjunction with Healthier Maury County. Participating teams were encouraged to walk the equivalent of the length of Tennessee—about 500 miles—over an 8-week period.

The Dashing Divas team from Maury Regional Medical Group came in first place among Maury Regional Health teams, logging 889.8 miles. Team members were Jamie Brewer, Tabitha Brewer, Crystle Chandler, Dana Lemay, Shavonne Morgan, NP, and Dr. Padma Narra. Together, Maury Regional Health teams walked 5,725 miles during the program.

BENEFIT AND PAY REMINDERS

BENEFIT ELECTIONS

Payroll deductions for benefit changes made during open enrollment will begin with the first payroll in January 2019. Employees are encouraged to carefully review their pay stub to ensure that the deductions accurately reflect new benefit elections.

W-2 TAX FORMS

In addition to receiving pay stubs electronically, employees may choose to receive their W-2 tax forms through the E-Stub system. For those who have completed user setup on E-Stub, electronic delivery of the W-2 may have already been selected. If you have not completed the E-Stub user setup, log in to E-Stub via the MRMC intranet and select “User Setup” at the top of the screen. In the “Online Usage Options” section, select yes to use E-Stub to receive your W-2 tax form.

W-2 forms for 2018 will be available on E-Stub by February 1, 2019, and will be mailed by January 31 to employees’ home addresses. If you moved during calendar year 2018, please verify that your current mailing address has been updated via the INFOR Employee Portal. In addition, please review the W-2 and notify the Payroll Department at extension 4461 of any discrepancies.

JANUARY CALENDAR OF EVENTS

January 3

DIABETES EDUCATION GROUP: 11 a.m., Annex, call 540.4324

January 3

GRIEF SUPPORT GROUP: Noon, Marshall Medical Center, call 540.4243

January 5

EXPECTANT PARENT CLASS – UNDERSTANDING BIRTH: 9 a.m.-3 p.m., call 490.7046

January 7

NEW EMPLOYEE ORIENTATION: 8 a.m., Auxiliary Conf. Room, call 381.1111, ext. 4017

January 7

FREE NICOTINE CESSATION PROGRAM: 6 p.m., Private Dining Room 1, call 381.1111, ext. 2445

January 8

CANCER SUPPORT GROUP: 1 p.m., Cancer Center, call 490.7192

January 8

CELIAC SUPPORT GROUP: 5 p.m., First Floor Conf. Room, call 931.381.1111, ext. 1275

January 8

GRIEF SUPPORT GROUP: 5:30 p.m., Chapel, call 540.4243

January 8

SURGICAL WEIGHT LOSS SUPPORT GROUP: 6 p.m., MOB Conf. Room, call 381.1111, ext. 1748

January 12

EXPECTANT PARENT CLASS – NEWBORN CARE: 9 a.m., call 490.7046

January 12

EXPECTANT PARENT CLASS – INFANT CPR: Noon, call 490.7046

January 17

OPEN HOUSE – MARSHALL MEDICAL CENTER PHYSICAL THERAPY: 4-6 p.m., call 359.6241

January 19

EXPECTANT PARENT CLASS – BREASTFEEDING: 9 a.m., call 490.7046

January 21

BREAST CANCER SUPPORT GROUP: 5:30 p.m., Women’s Center, call 540.4166

January 24

OSTOMY SUPPORT GROUP: 10 a.m., First Floor Conf. Room, call 490.4600

January 24

GRIEF SUPPORT GROUP: Noon, Marshall Medical Center, call 540.4243

January 24

STROKE SUPPORT GROUP: 6 p.m., Annex, call 840.4446

January 26

EXPECTANT PARENT CLASS – JUST FOR SIBLINGS: 9 a.m., call 490.7046

KUDOS FOR CAREGIVERS

Carroll Marie Blackwood
Cassie Bowling
Dr. Carol Broadway
Stacy Campbell
Henry Canaman
Josie Castaneda
Dr. Mark Cobb
Mindy Crossland
Victoria Cruz
Tom Daniel
Dr. Michael Davidson
Dr. James Dean

Sandra Demastus
Dr. Varun Dhulipala
Kim Dickinson
Lance Dooley
Tracie Dunn
Rebecca Haase
Shannon Hamlett
Robbie Haynes
Leslie Heinrich
Dr. Houston Jameson
Dr. Kelley Jefferson

Dr. Jawaid Kamal
Dr. Brian Kendrick
Dale Mason
Dr. Padma Narra
Heather Norris
Dr. Elizabeth Null
Valli Oliver
Mosam Patel
Dr. Jonathan Pettit
Felicia Potts
Donita Prentice

Dr. Shawn Reed
Dr. Andres Rodriguez
Dr. Cason Shirley
Hailey Smith
Kelly Tucker
Dr. David Turner
Tamara Turner
Dr. Freddie Wade
Joelie West
Dr. Terry Whitten
Shelli Woody

THE VITALINK

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MRMC celebrates 65 years



Celebrations began in December to mark the 65th anniversary of Maury Regional Medical Center (MRMC). The medical center opened its doors in December 1953. Events were held on December 13 to commemorate the hospital's dedication and on December 16 to mark its official opening.

Anniversary activities included a display featuring memories submitted by staff members. Employees who were born at MRMC submitted photos for display. There were also trivia and photo contests. The anniversary celebration will conclude with special meals and gifts in January.

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