

THE VITAL LINK



February 2018

Vol. XXXVII, Issue 2

Maury Regional announces board appointments

The Maury Regional Medical Center (MRMC) Board of Trustees recently announced annual appointments to the board of trustees and advisory board.

Houston Parks will serve as chair of the board of trustees for 2018. He has served as vice chair since 2016 and been a member of the board since 2009. He succeeds Doug Williamson who will remain on the board for his 15th year of service, having served the past nine years as chair. Parks is an attorney in private practice with the law firm of Parks, Bryant and Snyder, PLLC. He received his law degree from the University of Tennessee in Knoxville after completing his undergraduate degree at Rhodes College in Memphis.

Rodney Poling, M.D., has been elected vice chair. Dr. Poling has served on the board since 2016 and is a past member of the advisory board. He joined the MRMC medical staff in 1990 and is board certified in psychiatry and geriatric psychiatry. He received his medical degree from the University of Kansas in Kansas City and completed his residency at San Diego Naval Hospital Department



PARKS



DR. POLING



McKEEL



WILLIAMSON



BATTLES

of Psychiatry. He is a Distinguished Fellow of the American Psychiatric Association.

Jan McKeel is a newly appointed board member, filling the position vacated by Charlotte Battles who retired from the board

after 12 years of service. McKeel, who previously served as a member of the advisory board, is the executive director of the South Central Tennessee Workforce Alliance. She holds a bachelor's degree in finance from the University of Kentucky and a master's degree in business administration from Murray State University.

"We are grateful to Doug and Charlotte for their leadership. They have served as trusted advisors and helped to guide our organization as we continue to grow," said Maury Regional Health CEO Alan Watson. "We also look forward to working with Houston and Dr. Poling as they take on additional leadership responsibilities and Jan as she joins the outstanding group of community leaders who serve on our governing board."

See page 2 for information on new members of the MRMC Advisory Board.

LHC hosts senate visit

U.S. Senator Lamar Alexander visited Lewis Health Center (LHC) in Hohenwald on February 20. During the visit, he toured the facility and held a roundtable discussion to learn more about LHC's model used to provide primary care to rural communities as a Federally Qualified Health Center (FQHC). Alexander was complimentary of LHC and the care provided, describing LHC as a "model for rural health care."

LHC is one of five health centers operated by Maury Regional Health (MRH). The model used by MRH is one of the few in the nation to be associated with a medical center.

Terry Bunch and Bert Moore, who serve as chair and vice chair respectively on the LHC board, shared how health care services have evolved in Lewis County and expressed appreciation for the relationship

See "Senate visit" on page 6



Pictured (l-r) are LHC Director Hugh Bennett, Lewis County Mayor Bill Webb, Tennessee Hospital Association (THA) President and CEO Craig Becker, MRH CEO Alan Watson, Senator Lamar Alexander, MRH Vice President Mark Kirschbaum, MRH FQHC Executive Director Nathan Miller, THA Vice President Bill Jolley and MRH FQHC Medical Director Kanthi Narra, M.D.

NEW EMPLOYEES

MAURY REGIONAL MEDICAL CENTER

ACCOUNTING

Kylie Thompson

ENVIRONMENTAL SERVICES

Heather Burns Dennis Derryberry
Valerie Greene Bonita Valdez
Unique Washington Sparkle Williams

LABORATORY

Mark Ploutz

LEWIS HEALTH CENTER

Hunter Bastin

NURSING

Brittany Akers Nicole Bailey
Elizabeth Collins Diana Connelly
Alisha Dooley Elizabeth Estes
Jennifer Gagnier Christa Henson
Stacy Hildner Sarah Ingrum
Rachel Pafford

OUTCOMES MANAGEMENT

Mary Gilbert
Carla McCullough-Jones
Robin Riley
Kelly Tucker

PHARMACY

Samantha Hodson
Aaron Lancaster
Jeremy Poole

PRIMECARE

Cheryl Cook
Leigh Fletcher
Valerie Lovell

SECURITY

Nathan Bolton
Betty Myhan

(Continued on next page)

Advisory board welcomes new members

The MRMC Advisory Board recently welcomed new members. New advisory board members are Dr. Jeffrey Adams, Hendley Edwards, Beverly Horner, Bethany Lay, Chaz Molder and Willie Nelson.

JEFFREY ADAMS, M.D., an orthopedic surgeon, has been a member of the medical staff since 1991. He served as chief of staff in 2009 and has served on numerous medical staff committees. Dr. Adams received his medical degree from the University of Tennessee in Memphis and completed his residency at Carolinas Medical Center in Charlotte, North Carolina. He is board certified in orthopedic surgery.

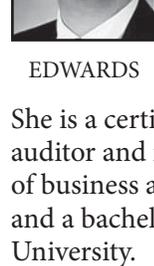


DR. ADAMS



EDWARDS

HENDLEY EDWARDS is Mt. Pleasant city president for Heritage Bank and Trust. He has more than 38 years of experience as a lender. Edwards' education includes the Graduate School of Banking of the South and a bachelor's degree from the University of Tennessee in Knoxville.



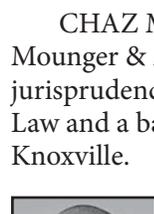
HORNER



LAY

BEVERLY HORNER is member-in-charge of the KraftCPAs assurance services department and Columbia office. She joined the firm in 1988. She is a certified public accountant, certified financial services auditor and registered qualified peer reviewer. She holds a master of business administration from East Tennessee State University and a bachelor's degree in chemistry from Middle Tennessee State University.

BETHANY LAY is the vice president for advancement and executive director of the foundation at Columbia State Community College. She has been employed at the college since 2010. Lay received an Education Specialist in Administration and Supervision degree from Tennessee State University, a master of arts in curriculum and instruction degree from Concordia University Chicago and a bachelor of science in education from Freed-Hardeman College.



NELSON

CHAZ MOLDER is an attorney and founding partner at Mounger & Molder, PLLC, in Columbia. He holds a doctor of jurisprudence degree from the University of Memphis School of Law and a bachelor of arts from the University of Tennessee at Knoxville.



MOLDER



WILLIE NELSON is a certified quality engineer whose experience includes 22 years as a quality engineer and quality engineer group leader for the General Motors Spring Hill Manufacturing facility. He received a bachelor's degree in mathematics from Claflin University and a master's degree in statistics from Wright State University.

Medical staff member Charles A. Bramlett Jr., M.D., PCA Southeast, has been reappointed to the advisory board. Advisory board members whose terms have expired were recently honored for their service and include Bill Alsup, Derek Church and Kae Fleming.



MAURY REGIONAL HEALTH

The VitaLink, designed by the Foreman Company, is published monthly for Maury Regional Health through the Marketing Department. Distribution is to employees, retirees, members of the medical staff, board of trustees, advisory board, Maury County Commission and volunteers.



Scan this QR code with your smart phone and visit our website.

For address corrections, please contact the Human Resources Department.

1224 Trotwood Avenue
Columbia, TN 38401

NEW EMPLOYEES

(Continued from previous page)

SUPPLY CHAIN

Alexandria Darrington

SURGERY

Jennifer Gilliam
Brittany Gray
Brody Hinson
Ashley Perry

TRANSPORTATION

Andrew Moore
Spenser Ryan

MARSHALL MEDICAL CENTER

Jessica Kelley

MAURY REGIONAL MEDICAL GROUP

Bethany Albright
Dr. Bill Bailey
Jennifer Concepcion
Dr. Anthony Haase

BIRTHS

Kaitlyn Hensley, MRMG, and her family welcomed Caroline Grace Etchison on February 1. She weighed 7 lb. and 11 oz.

Bailee Horton, Primary Care-Waynesboro, and Jordan Horton, Wayne Medical Center EMS, welcomed Jaxton Tyler Horton on February 14. He weighed 9 lb.

Jamile and Farrah Rogers, Pharmacy, and their family welcomed Felix Noble Rogers on February 13. He weighed 5 lb. and 8 oz.

Amanda Thomas, Surgery Center, and her family welcomed Henry Owen Thomas on February 9. He weighed 7 lb. and 15 oz.

IN MEMORY

Warren Cook passed away on January 25. He retired from MRMG Plant Operations in 1999 after 32 years of service.

Katherine "Kitty" Oakes Moore passed away on February 18. She was an RN who retired from MRMG in 2004 after 33 years of service. She worked in Endoscopy as a retired temporary employee until 2011.

Betty Smith passed away on January 22. She retired from the Mail Room at MRMG after 36 years of service. She had been a retired temporary employee since 2007.

Dr. Simmons retires from practice



DR. SIMMONS

Dr. John O. Simmons, M.P.H., a specialist in internal medicine, retired from the MRMG medical staff on January 31. He provided more than 28 years of service to the community as part of his 40-year career.

Dr. Simmons was associated with Maury Regional Medical Group CORE Physicians. He received his medical degree from the University of Alabama at Birmingham. He completed a residency at Tripler Army Medical Center in Honolulu, Hawaii, and a fellowship at Walter Reed Medical Center in Washington, D.C. He joined the medical staff at MRMG in 1989.

Dr. Simmons served as chief of staff in 1996 and served on numerous committees, including Joint Conference Committee, Medicine Committee, Quality Review Committee, Medical Staff Health Committee and Pharmacy and Therapeutics Committee.

"Since coming to Columbia 29 years ago, Dr. Simmons has provided excellent care to his many patients and to the community. We would like to thank him for his many years of service and wish him the very best in retirement," said MRMG CEO Mike Fecher.



DR. HAASE

Physician joins medical staff

Anthony D. Haase III, M.D., has joined the MRMG medical staff. He is associated with Maury Regional Medical Group Hospital Medicine.

Dr. Haase received his medical degree from Louisiana State University School of Medicine in New Orleans, Louisiana. He also completed an internship and residency in internal medicine and pediatrics at Louisiana State University School of Medicine in New Orleans. Dr. Haase is board certified in internal medicine.

Dr. Lannom earns CHCQM certification

Christina Lannom, D.O., MRMG medical director of care management, recently became certified in Health Care Quality and Management (CHCQM).

Physicians who earn the CHCQM designation demonstrate aptitude in knowledge that reduces medical errors, ensures patient safety, eliminates waste and unnecessary services, and delivery of timely care. The CHCQM exam is administered through the National Board of Medical Examiners and offers sub-specialty certification specifically for physician advisors seeking to improve their commitments to patient safety, health care quality and effective care.



DR. LANNOM

Dr. Lannom received her medical degree from Kirksville College of Osteopathic Medicine in Kirksville, Missouri, and completed her residency at South Pointe Hospital in Cleveland, Ohio. She is board certified in internal medicine. She joined Maury Regional Health in 2014.

MRMC earns echocardiography accreditation

MRMC has been granted a three-year term of accreditation by the Intersocietal Accreditation Commission (IAC) in echocardiography. An echocardiogram—sometimes called a cardiac ultrasound—is a test that assesses the heart through the use of ultrasound technology.

Echocardiography is used to assess different areas of the heart and can detect heart disease or signs of serious cardiovascular conditions. The accreditation granted to MRMC concerns echocardiography used in the areas of adult stress and adult transthoracic.

“This accreditation is the result of the commitment

to quality of the outpatient cardiology team,” said Outpatient Cardiology Manager Misti Tant. “We appreciate the role our lead cardiac sonographer Marc Jackson took on this project and Dr. Michael Kelley who provided support for our goal in his role as medical director.”

Accreditation by the IAC means that MRMC has undergone an intensive application and review process and is found to be compliant with the published standards thus demonstrating a commitment to quality patient care in echocardiography.

There are many factors that contribute to an accurate diagnosis based on echocardiography. The training and experience of the sonographer performing the procedure, the type of equipment used and the quality assessment metrics each facility is required to measure all contribute to a positive patient outcome. IAC accreditation is a seal of approval that patients can rely on as an indicator of consistent quality care and a dedication to continuous improvement.

Heart disease is the leading cause of death in the United States, followed closely by stroke as the fourth highest cause of death.

Retirees Honored for Service

Revrey Amey retired on February 17. She was a registered nurse who worked at MRMC for 31 years. She provided many years of service to patients in Critical Care and most recently on Cardiology.



AMEY

“Revrey was dedicated to her patients and co-workers. She has a gift for being able to touch the heart of patients and families to truly connect with them when they were at their most vulnerable. She will be greatly missed. We wish her happiness and enjoyment in her future”, said Critical Care Nurse Manager Ginger Dickens.

Jewel Bedford retired from MRMC on February 9. She was an operations supervisor in Health Information Management (HIM) and had worked at the medical center for more than 17 years.

“Jewel was an excellent operations supervisor and leader within HIM. Moreover, she exemplified the Maury culture and always attempted to treat her team members the way she would want to be treated. She will be greatly missed within the HIM department,” said HIM Director Neal Coke.



BEDFORD

The VitaLink Reader Survey

In order to ensure that *The VitaLink* newsletter continues to be an effective source of information, we are seeking your feedback. An online survey will be conducted between March 1 and March 31.

A drawing for a \$50 Visa gift card will be held after the close of the survey period. To be eligible for the drawing, the survey must be completed in full with a name and phone number listed so that the winner can be contacted.

To complete the survey from your desktop, tablet or phone, visit [surveymonkey.com/r/VitaLink2018](https://www.surveymonkey.com/r/VitaLink2018). Thank you for sharing your feedback!

Nurses earn new certifications

Two members of the Women's and Children's Services line recently earned new certifications, according to Nurse Manager Kim Morrow.



LISA COUCH, RN, earned certification in maternal/newborn nursing from the National Certification Corporation (NCC). Couch works on the Mother/Baby Unit and has been with MRMC for 11 years.



KACEY RICE, RN, earned certification in high-risk newborn care also from the NCC. Rice has been employed at the medical center since 2014 and works in the Neonatal Intensive Care Unit (NICU).

Teams focused on care management

Care management programs offered by MRMC have been restructured into teams that focus on distinct areas of patient care management, according to Population Health and Care Coordination Director Jill Gaddes. The department now includes the following teams:

Ambulatory Care Coordination Team

This new team will focus on specific high-risk patient populations and provide in-depth support to ambulatory patients through teaching, coordination of services, and disease and transition management. Sandy Studebaker, RN, serves as lead for a team consisting of ambulatory care coordinators, certified medical assistants and a social worker.

Health IT Team

This team is responsible for overseeing the care management and population health portion of Project eVEREST. Alisa Sentz, RN, serves as team lead. Her role is to ensure a successful transition to the new electronic health record and maintain systems related to navigation and care management.

Inpatient Care Management Team

This team is focused on care coordination, transition of care, durable medical equipment and post-acute placement. Kim Thomason, RN, leads the team of care managers and the post-acute care coordinators.

Social Work Team

This team helps patients and families address the impact of illness and treatment through psychosocial assessments, interventions that promote adaptation and well-being, and linking people to necessary resources. Debra Jacks, LCSW, is the lead for this team of social workers

Utilization Review Team

This team works behind the scenes to maximize the quality, appropriateness and cost efficiency of health care services by reviewing clinical information and ensuring accurate representation of a patient's clinical status in the health record. Terri Estes, RN, leads the team of utilization review and clinical documentation specialist nurses.

"These team lead positions are very valuable to the department structure and the individuals working in them are highly motivated to assist with all issues related to care management," said Gaddes.

Those who need assistance should reach out to the appropriate team lead or call 931.380.4043. Additional information is available on the intranet under Departments/Care Management.

In addition to these teams, specialized care coordination is offered as part of our participation in the Medicare Comprehensive Care for Joint Replacement (CJR) model. This team works through Population Health.

Shelli Woody, RN, serves as nurse navigator to guide patients through their care from admission to discharge and follow-up to avoid preventable readmissions. Cassie Bowling is the social services coordinator who works with Woody to ensure joint replacement patients have their social needs addressed.

FOUNDATION TO HOST MULE KICK 5K ON APRIL 7

Hosted by the Maury Regional Health Care Foundation and presented by Reliant Bank, the Mule Kick 5K and 1-Mile Trot will take place on Saturday, April 7, at Riverwalk Park in Columbia, according to Foundation Executive Director Joe Kilgore.

“We are pleased to continue hosting this event that coincides with the Foundation’s mission of improving the health of residents in our area,” said Kilgore. “In addition to the excitement of enjoying a fun environment on race day, we are thrilled that proceeds from the event will be returned to the community to help fund and maintain the Maury Regional Health mobile medical unit that serves residents in our region who may have little or no access to health care due to lack of transportation or other resources.”

In addition to supporting the new mobile medical unit, a portion of the event’s proceeds will be donated to the Wellness and Aquatic Center Healthy Living Endowment and the City of Columbia Parks and Recreation Department.

On Saturday, April 7, the course will begin at Riverwalk Park next to Riverside Elementary with an 8 a.m. start time for the 5K and a 9 a.m. start time for the 1-Mile Family Trot. Runners and walkers are encouraged to participate. Refreshments will be provided and awards will be given to the men’s and women’s overall finishers, men’s and women’s master overall finishers, as well as to the top three finishers in each age group by gender. The 1-Mile Trot will award the top three male and female overall finishers.



Jamie McKnight, Compliance, is pictured with Maury the Mule at the 2017 Mule Kick event.

Participants may register online at MuleKick5K.org. For additional information, contact the Foundation at 931.380.4075.

Show your support by liking and sharing the event “Mule Kick 5K and 1-Mile Trot” on Facebook.

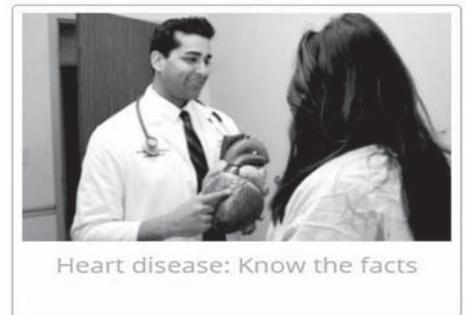
New HEALTHfeed blog launched

Maury Regional Health is excited to announce the recent launch of HEALTHfeed, a new health and wellness blog on MauryRegional.com.

The new blog provides timely content about health topics that are meaningful to community members, along with recipes and wellness information.

Find HEALTHfeed at MauryRegional.com/health-feed. For the latest blog posts and other news, follow us on Facebook, Instagram, LinkedIn and Twitter.

HEALTHfeed
 Your health and wellness refresh



Senate visit

Continued from page one

with MRH in enhancing care in the community. Tennessee Hospital Association President and CEO Craig Becker expressed support for the unique model and how it could benefit other communities across the state. Representatives of the Tennessee Department of Health were also part of the roundtable.

“We are pleased that Congress recently passed a bipartisan spending package that included an additional two years of funding for community health centers and hope that support for this FQHC model will continue, both financially and through legislative review regarding how these centers are designated and reimbursed for care,” said CEO Alan Watson.



FOOD TRUCK EVENT PLANNED

MRMC will welcome a new season with a special food truck event on the first day of spring. Several food trucks are scheduled to be on-site on Wednesday, March 21 between 11 a.m. and 2 p.m. for food sales. Vendors expected to participate include Cousins Maine Lobster, Et Voila Bistro and Bakery, Banjos, Kona Ice, Hoss Burgers and Maggie Moos.

Additional food trucks may be added to the schedule as planning continues. Trucks will be parked on the south end of the public parking lot near the intersection of Trotwood Avenue and James Campbell Boulevard.

BOOST YOUR SAVINGS

February 26-March 3 is America Saves Week. Make the most of your employer-sponsored retirement plan. Visit LincolnFinancial.com/Retirement and click on Save More to learn how to set goals and boost your savings through your retirement plan.

MARCH CALENDAR OF EVENTS

March 1

DIABETES EDUCATION GROUP:
11 a.m., Annex, call 540.4324

March 1-2

SCRUB SALE: 7 a.m., Auxiliary Conf.
Room, call 380.4075

March 3

EXPECTANT PARENT CLASS –
UNDERSTANDING BIRTH:
9 a.m.-3 p.m., call 490.7046

March 5

NEW EMPLOYEE ORIENTATION:
8 a.m., Auxiliary Conf. Room, call
380.4017

March 5

CANCER SUPPORT GROUP: 5:30 p.m.,
Cancer Center at Columbia Mall, call
490.7192

March 6

GRIEF SUPPORT GROUP: 5:30 p.m.,
Chapel, call 540.4243

March 7

LEWISBURG PEDIATRICS OPEN
HOUSE: 9-10:30 a.m., call 270.3655

March 8

GRIEF SUPPORT GROUP, Noon,
Marshall Medical Center, call 540.4243

March 9

BLOOD DRIVE: 10 a.m.-2 p.m., Wayne
Medical Center, call 722.2021

March 10

EXPECTANT PARENT CLASS –
NEWBORN CARE: 9-11 a.m., call
490.7046

March 10

EXPECTANT PARENT CLASS –
INFANT CPR: 12-2 p.m., call 490.7046

March 12

CANCER SUPPORT GROUP: 5:30 p.m.,
Cancer Center at Columbia Mall, call
490.7192

March 13

FREE SEMINAR: CHRONIC
HEADACHES: 6 p.m., Annex, call
840.4446

March 17

EXPECTANT PARENT CLASS –
BREASTFEEDING: 9 a.m., call 490.7046

March 19

BREAST CANCER SUPPORT GROUP:
5:30 p.m., Women's Center, call 540.4166

March 22

OSTOMY PARTNERS SUPPORT
GROUP: 10 a.m., First Floor Conf. Room,
call 698.7438

March 22

STROKE SUPPORT GROUP: 6 p.m.,
Annex, call 840.4446

March 26

NEW EMPLOYEE ORIENTATION:
8 a.m., Auxiliary Conf. Room, call
380.4017

KUDOS FOR CAREGIVERS

Rachel Allred
 Revrey Amey
 Dr. Charles Ball
 Dr. James Grant Barr
 Lori Bergland
 Kellie Blackwood
 Dr. Charles Bramlett
 Sarah Brewer
 Travis Brewer
 Dr. Larry Britt
 Christy Carroll

Dr. Martin Chaney
 Kim Creasey
 Dr. Karen Davis
 Shelley Everett
 Dr. Nicole Falls
 Nathan Fleming
 Dr. Meghan Gannon
 Dr. Shawn Gentry
 Dr. Jim Grippo
 Dr. Griffin Guice
 Jason Haislip

Janet Hayes
 Edith Hill
 Hannah Hillis
 Dr. Mark Hinson
 Jennifer Hirst
 Shelly Hobbs
 Dr. Kelley Jefferson
 Dr. Olivia
 Granillo Johnson
 Dr. Amit Keswani
 John Kirk

Dr. Nathan Lafferty
 Andy Lewis
 Lynn Lott
 Brett Martin
 Dana Martin
 Jason Martin
 Dr. Jeffrey Martin
 Tonya Poteete
 Dr. Erion Qamirani
 Dr. Danny Robinson
 Patricia Shelton

Dr. Cason Shirley
 Stacy Smith
 Shelia Staggs
 Sarah Thomason
 Kendra Tinin
 Dr. Emily Turner
 Dr. Amy Vertrees
 Dr. Freddie Wade
 Leigh Ann Whitfield
 Natalie Whittaker

THE VITAL *LINK*

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Youth leadership group visits

MRMC hosted a visit from Youth Leadership Maury participants on February 21. The program is offered through the Maury County Chamber and Economic Alliance to area high school students.

While at MRMC, the group heard from CEO Alan Watson, Administrative Director of Surgical Services Scott Hayes, Administrative Director of Cardiovascular Services Cathy Malone and Business Development Director Patrick Harlan before touring the Cardiac Catheterization Laboratory, Critical Care and the new mobile health unit. They also received hands-on demonstrations of the da Vinci Xi robotic surgical system.



Program participants are pictured with Eric DeLaBruere, RN, in the Cardiac Catheterization Laboratory.

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