

THE VITAL LINK



October 2017

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Maury Regional introduces robotic-arm assisted joint replacement

Maury Regional Medical Center (MRMC) now offers robotic-arm assisted total knee, partial knee and total hip replacements with Stryker's Mako System. This highly advanced robotic technology transforms the way joint replacement surgery is performed.

"With Mako, we can provide each patient with a personalized surgical experience based on their specific diagnosis and anatomy," said Orthopedic Surgeon Scott McCall, M.D. "Using a virtual 3D model, Mako allows surgeons to create each patient's surgical plan pre-operatively before entering the operating room."

Orthopedic Surgeon W. Cason Shirley, M.D., adds, "During surgery, we can validate that plan and make any necessary adjustments to tailor the surgery precisely to what the patient needs. It's exciting to be able to offer this transformative technology across the joint replacement service line to perform total knee, total hip and partial knee replacements."

The Total Knee application is a knee replacement treatment option designed to relieve the pain caused by joint degeneration due to osteoarthritis. Through CT-based 3D modeling of bone anatomy, surgeons can use the Mako System to create a personalized surgical plan and identify the implant size, orientation and alignment based on each patient's unique anatomy.

The Partial Knee application is a treatment option designed to treat joint degeneration due to osteoarthritis that

has not yet progressed to all three compartments of the knee. By selectively targeting only the part of the knee damaged by osteoarthritis, surgeons can resurface the diseased portion of the knee, while helping to spare the healthy bone and ligaments surrounding the knee joint.

The Total Hip application is a treatment option for adults who suffer from degenerative joint disease of the hip. During surgery, the surgeon guides the robotic-arm during

(See "Robotic Arm" on page 6)

Watson honored with ACHE award

Maury Regional Health CEO Alan Watson was the recipient of the 2017 Senior-Level Healthcare Executive Regent's Award presented by the American College of Healthcare Executives (ACHE) during the Tennessee Hospital Association annual meeting in Nashville on October 13.

The award recognizes an ACHE member who demonstrates leadership, innovation and creativity; contributes to the development of other health care professionals; and provides leadership in local and state health associations as well as civic and community activities.

Watson joined Maury Regional Health in 2010 and has served as CEO since 2012. He has more than 30 years of experience in health care and is a Fellow of ACHE. Watson recently completed a term as chairman of the Tennessee Hospital Association. He serves on boards of the Hospital Alliance of Tennessee, Tennessee Center for Performance Excellence, Maury Alliance and Columbia State Community College Foundation and is a member of Kiwanis Club.

The award was presented by Charlotte Burns, ACHE's Regent for Tennessee and vice president of network affiliates for HCA TriStar Health Division.



WATSON



Pictured (l-r) in the surgical suite with the new Mako system are Dr. Scott McCall and Dr. W. Cason Shirley.

NEW EMPLOYEES

MAURY REGIONAL MEDICAL CENTER

ADMITTING/REGISTRATION

Samantha Barron
Sarah Hines

ACCOUNTING

Carl Malom

ENVIRONMENTAL SERVICES

Laquaya Arms
Donna Hardy
Icis Jones
Daneshia Walker
Nathaniel Weldon

FISCAL PLANNING

Hansel Deen

FOOD & NUTRITION

Brett Kelley

HOME SERVICES

Danielle Corbin
Karri Jewell

LEWISBURG FAMILY PRACTICE

Alicia Prince

NURSING

Arlie Collins
Courtney Eichelberger
Donna Kinne
Richard Lutey
Tonia Lutey
Amber Mendez
Katherine Nave
Virgina Robbins
Rebecca Salnave
Bianca Smith
Joelie West

(Continued on next page)

ORGANIZATIONAL ANNOUNCEMENTS—

Chaney named CMO for MRMG

Martin M. Chaney, M.D., a specialist in internal medicine and pediatrics, recently rejoined Maury Regional Health as chief medical officer for Maury Regional Medical Group (MRMG).

Dr. Chaney received his medical degree from the University of South Alabama in Mobile, Alabama. He completed his internship and residency at University of South Alabama Hospitals and Clinics. He is board certified in internal medicine and pediatrics. Dr. Chaney was a member of the MRMC medical staff from 2002 to 2016 and previously served as director of the hospital medicine program associated with MRMG.

“Dr. Chaney is a well-respected physician leader. We are very pleased to welcome him back to Maury Regional Health in this new leadership role for the medical group,” said MRMG CEO Mike Fecher.

In addition to this leadership position, Dr. Chaney will see patients as a member of the hospital medicine team.



DR. CHANEY

Deen named reimbursement director



DEEN

Hansel Deen has joined the organization as director of reimbursement, according to CFO Nick Swift.

Deen has more than 20 years of experience in health care reimbursement, most recently serving as regional director of reimbursement for St. John Health System in Tulsa, Oklahoma. His expertise includes reimbursement, cost reports, decision support and chargemaster oversight.

Deen holds a bachelor's degree in accounting from Arkansas State University and a master of business administration from Tarleton State University. He is a certified net revenue analyst.

“Hansel has a demonstrated history of success in health care reimbursement. We are pleased to welcome him to Maury Regional Health and to the community,” said Swift.

Hurst to lead patient access for MRMG

Stephanie Hurst has accepted the new position of patient access manager for MRMG, according to Administrative Director of System Revenue Cycle Aaron Waldie. Her responsibilities include training and support for office managers and personnel involved in face-to-face scheduling of MRMG patients; building, testing and implementing components of the electronic medical record for ambulatory patients; and creating a centralized scheduling department for MRMG as part of the Cerner implementation.

Hurst has worked at MRMC since 2006, including eight years as a supervisor in Patient Access and most recently as a manager in Admitting/Registration.

“Stephanie has been an invaluable member of the Patient Access team as both a supervisor and manager for several years,” said Waldie. “Please join me in welcoming Stephanie to this new role that will support our ambulatory clinics and office managers more thoroughly and proactively.”



HURST



MAURY REGIONAL HEALTH

The VitaLink, designed by the Foreman Company, is published monthly for Maury Regional Health through the Marketing Department. Distribution is to employees, retirees, members of the medical



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staff, board of trustees, advisory board, Maury County Commission and volunteers.

For address corrections, please contact the Human Resources Department.

1224 Trotwood Avenue
Columbia, TN 38401

NEW EMPLOYEES

(Continued from previous page)

NURSING PROFESSIONAL DEVELOPMENT

Emmilyn Barton

PHARMACY

Benjamin White

PHYSICAL THERAPY

Katherin Elmore

PRE-SERVICE

Ashton Pardon
Stephanie Richardson

SURGERY

Chet Pickard

AFFILIATES

MARSHALL MEDICAL CENTER

Stacy Brown
Angela Cottrill
Rebecca Patterson
Tonya Poteete
Clyde Westmoreland
James Wray

MAURY REGIONAL MEDICAL GROUP

Kimberly Berry
Dr. Patrick Davis
Dr. Romany Johnpulle
Joy Richardson
Dr. Emily Turner

WAYNE MEDICAL CENTER

Greg Eaton

IN MEMORY



Pat Troope, retired security director at MRMC, passed away October 8. He served from 1998 to 2014.

ORGANIZATIONAL ANNOUNCEMENTS—

Johnson promoted to security director



JOHNSON

Mike Johnson has been promoted to director of security at MRMC, according to Administrative Director Mike Short.

Johnson has an extensive background in law enforcement and has served as a member of the medical center's security team since 2015. His background includes 23 years with the Columbia Police Department with experience in surveillance and service on the Maury County Drug Task Force as well as previous hospital security experience.

"We are very fortunate to have Mike assume this important leadership position. His background in both law enforcement and hospital security will strengthen our security efforts across the system," said Short. "Mike's resolve and determination to keep our patients, visitors, employees and medical staff safe will be evident in

how he leads and directs our officers on multiple security fronts. I am thrilled both for Mike and for our organization to have him lead the security team."

Malom named accounting manager

Carl Malom has been named manager of accounting at MRMC, according to Assistant Controller Beverly May. Malom will oversee the Accounting Department, ensure the accuracy of financial statements and maintain the month-end closing schedule.

Malom's experience includes eight years of service as a manager in the aviation industry including work as a financial analyst. He holds a bachelor's degree in sports management, marketing and speech/communications from the University of Minnesota. He holds a master's degree in accounting and financial management from the Keller Graduate School of Management.

"We are pleased that Carl has relocated to our community from the St. Louis area and look forward to the contributions he will make," said May.



MALOM

Stokes to lead palliative care



STOKES

Tammy Stokes, BSN, RN, CHPN, has been promoted to director of palliative care reporting to Vice President of Population Health Mark Kirschbaum. In this position, Stokes will oversee palliative care program development, nurse navigation and chaplain services.

Stokes has been employed at MRMC since 2007 and has served as a medical/surgical staff/charge nurse, clinical nurse educator and most recently as a nurse navigator in the palliative care program. She holds a bachelor's degree in nursing from American Sentinel University and is certified in hospice and palliative care.

"Tammy has done outstanding work developing the foundations for effective palliative care at MRMC and we are eager to support her leadership in taking the service to the next level," said Kirschbaum.

Carey Albright installed as TONE president

Carey Albright, administrative director of ortho/neuro/medical/surgical services at MRMC, has been elected president of the Tennessee Organization of Nurse Executives (TONE).

Albright was installed as TONE president during the organization's annual meeting in Nashville on October 12. She will lead the organization for 2018-19.



ALBRIGHT

Physician named to state panel

Gary T. Podgorski, M.D., FACR, a specialist in diagnostic radiology, was recently appointed to the Tennessee Radiologic Imaging and Radiation Therapy Board of Examiners. The board was established by the legislature to safeguard the health and well-being of the citizens of the State of Tennessee through regulation of the health care workforce, enforcement of radiologic imaging and radiation therapy practice laws and ensuring adequate levels of professional competence and standards of practice.

Dr. Podgorski was appointed by Speaker of the House of Representatives Beth Harwell to serve a two-year term. A past president of the Tennessee Radiological Society, he will be the first radiologist representative to the board.

Dr. Podgorski earned his medical degree from the University of North Carolina and completed his residency at Vanderbilt University. He is board certified in diagnostic radiology. He joined the MRMC medical staff in 1987, served as chief of staff in 2002 and has served as chair of the Joint Conference Committee, Credentials Committee and Medical Staff Bylaws Committee. He is a Fellow of the American College of Radiology, was named physician of the year at MRMC in 2008 and was awarded the Maury County Medical Society Community Service Award in 2013.

MRMC Advisory Board Member Kae Fleming, dean of health sciences at Columbia State Community College, has also been appointed as a member of the board of examiners.



DR. PODGORSKI

Malone is conference presenter

Administrative Director of Cardiopulmonary Services Cathy Malone was a presenter at the Planetree International Conference in Baltimore, Maryland in October.

Malone's presentation focused on how daily bed huddles implemented at MRMC through Lean principles have helped to improve key patient safety measures including pressure ulcers, falls, central line infections and urinary catheter infections.



MALONE



Support United Way in November

The annual campaign at MRMC to support the United Way of Maury County will be held during the month of November. The campaign theme is "We Are All In!"

The campaign assists the United Way in supporting local agencies that address issues such as hunger, struggling families, the homeless and the aging population.

Human Resources Manager Robbie Gadams and Chaplain Lyndall Propst will serve as campaign managers. This year's goal is \$35,243.

Pledges can be made on the intranet. A link will be available in mid-November. Donors will be eligible for weekly prizes, including gift cards and a secret grand prize! For more information about the campaign, contact Gadams at extension 1074.

NICU welcomes grads to reunion

The Neonatal Intensive Care Unit (NICU) at MRMC held its 11th annual reunion on September 30 in Columbia. More than 60 graduates of the NICU attended along with family members to reconnect with staff members and providers. Pictured right, NICU nursing staff members (l-r) Heather Bowen, Debra Thomas and Aimee Pilapil and Lactation Consultant Melissa Lynn visit with graduates Parker Martin and Wyatt Knoepfel.



Physicians speak to women's luncheon

The Maury Regional Women's Center hosted a Women Helping Women luncheon program on October 11. The program focused on surgical options for women facing a diagnosis of breast cancer.

Dr. John Brown, a breast surgeon with Maury Regional Medical Group Breast Surgery, and Dr. Dwayne Fulks, a specialist in plastic and reconstructive surgery, shared information about advancements in mastectomy surgery and reconstruction.

The Maury Regional Women's Center is accredited by the American College of Radiology and is recognized as a Breast Center of Excellence by the National Accreditation Program for Breast Centers. The Women's Center is also home to a monthly support group for women affected by breast cancer.



Pictured (l-r) are Dr. Brown, Administrative Director of Oncology Services Dana Salters and Dr. Fulks.

Staff members serve as performance examiners

Two MRMC staff members are serving as examiners for performance excellence awards on the state and national level.

Process and Systems Improvement Director Kristen Wayne serves on the 2017 board of examiners for the Malcom Baldrige National Quality Award, the nation's highest honor for organizational innovation and performance excellence.

The examiner board is composed of more than 350 leading experts from across the United States appointed by the National Institute of Standards and Technology.

Wayne and Lean Coordinator Joseph Castillo are also serving as examiners for the Tennessee Center for Performance Excellence (TNCPE) award. TNCPE uses Baldrige framework to assist organizations with assessment and feedback on opportunities for performance improvement.

Wayne has served as a Baldrige examiner for two years and as a TNCPE examiner for five years. This is the first year that Castillo has served in this capacity.



WAYNE



CASTILLO

CSCC SUPPORT IS RECOGNIZED

The Columbia State Community College Foundation has recognized Maury Regional Health and the Maury Regional Health Care Foundation for support provided to the institution.

During the annual President's Society award ceremony at the Williamson County campus of CSCC on October 17, Maury Regional Health was recognized as a President's Society honoree for support of CSCC exceeding \$1 million. Maury Regional Health CEO Alan Watson accepted the honor on behalf of the organization.

In addition, the Foundation was recognized as a Heritage Society honoree for the establishment of an endowment to support the William "Bill" Sutter Scholarship at CSCC. The Foundation was also named a member of the President's Society for providing more than \$50,000 in support to CSCC. This includes contributions to the Sutter Scholarship, the TN Promise of Nursing Grant internship program and other scholastic support. Executive Director Joe Kilgore accepted the recognition on behalf of the Foundation.

Since its formation in 1996, the Foundation has funded more than \$1.9 million in programs and services throughout the region. During the 2016-17 fiscal year alone, the Foundation provided \$280,000 in assistance. This funding includes gas cards, educational materials and medication assistance for patients, home medical equipment, community health programs, meal tickets for personal caregivers, a food pantry for discharging patients, operation of a hospitality house, nursing externships and internships and employee assistance.

To learn more about ways the Foundation provides help in our community, visit MauryRegionalFoundation.com.

Medicare Part D review available

Open enrollment for Medicare Part D prescription drug plan continues through December 7. MRMC volunteers Shirley Oakley and Deborah Sutton, both certified State Health Insurance Assistance Program volunteers, are available to review Part D options for employees, volunteers and members of the community.

Worksheets are available in the Volunteer Services office. The volunteers will use the worksheet to perform a drug plan comparison and contact the participant to discuss the results.

Donors save lives

A successful blood drive was conducted by Blood Assurance at MRMC on October 16. A total of 59 units were collected with the potential to save 177 lives.

The next blood drive at MRMC is scheduled for December 13. Blood donations are accepted on a regular basis at the Columbia Blood Assurance Donor Center located in Neely's Mill at 1412 Trotwood Avenue, Suite 69. The center is open weekdays from 8:30 a.m. until 5 p.m.

Robotic Arm *(Continued from page 1)*

bone preparation to prepare the hip socket and position the implant according to the pre-determined surgical plan

"We are proud to offer this highly advanced robotic technology in our area," said Maury Regional Health CEO Alan Watson. "The addition of two Mako systems to our orthopedic service line further demonstrates our commitment to provide the community with outstanding health care."

MRMC has consistently been recognized for quality care and patient outcomes. Most recently U.S. News & World Report recognized the medical center as a High Performing Hospital for 2017-2018 in the areas of hip and knee replacement. In addition, MRMC has attained Joint Commission certification for knee and hip replacement and has been recognized by CareChex.com[®],—an information service of Quantros, Inc., as the #1 hospital in Tennessee and in the top 10% of hospitals in the nation for Medical Excellence in Joint Replacement and Orthopedic Care for 2017. MRMC is also designated a Blue Distinction Center by BlueCross BlueShield of Tennessee for knee and hip replacement.

A free seminar on robotic-arm assisted joint replacement will be held on Thursday, November 16, at 6 p.m., in the Auxiliary Conference Room at MRMC. Register by email to RSVP@MauryRegional.com or at MauryRegional.com/Classes-and-Events.



2018 BENEFITS OPEN ENROLLMENT

The annual Benefits Open Enrollment period will be held from November 8 to November 22, 2017.

We are happy to announce the addition of a new medical benefit structure starting January 1, 2018 that will reduce the deductible and coinsurance at Maury Regional Health facilities and partners to \$0. Maury Regional Health facilities and partners include:

- Maury Regional Medical Center
- Marshall Medical Center
- Wayne Medical Center
- Lewis Health Center
- Maury Regional Home Services
- Maury Regional Medical Group
- Maury Regional EMS
- Wayne Medical EMS
- Spring Hill Imaging Center
- Spring Hill Surgery Center
- NHC-Maury Regional Transitional Care Center
- Vanderbilt-Maury Radiation Oncology at Spring Hill

Deductible is the amount you pay for health care services before your insurance plan starts to pay. Coinsurance is the percentage of cost of a covered

health service after the deductible has been met. Please note that the \$0 deductible and coinsurance for provider services only applies to those services performed by Maury Regional Medical Group providers.

To ensure employees are enrolled in their desired coverage and have accurate beneficiary information on basic and supplemental life benefits; benefit-eligible employees **must** complete open enrollment in one of two ways:

- Complete the open enrollment process online through the Infor Employee Portal, or
- Schedule an appointment and meet with a benefits counselor

You will receive an email with a link to the online enrollment instructions as well as a link to self-schedule an appointment with a benefit counselor. You must enroll during open enrollment using one of the above methods in order to have health, dental/vision and other insurance benefits in 2018.

HOLIDAY EVENT SCHEDULE

November 13-20 – Holiday Hugs selection of names via intranet

November 23 – Thanksgiving meals for employees scheduled to work

December 2 – Children's Christmas Party (9-11 a.m.)

December 7 – Weekday Employee Christmas Parties (6-8 a.m., 2-4 p.m. or 9-11 p.m.)

December 9 – Weekend Employee Christmas Party (5:30-8 p.m.)

December 11 – Holiday Hugs return (7 a.m.-5 p.m.)

December 12 – Holiday Hugs return (7 a.m.-noon)

December 25 – Christmas meals for employees scheduled to work

NOVEMBER CALENDAR OF EVENTS

November 1

DIABETES EDUCATION GROUP:
11 a.m., Auxiliary Conf. Room, call
540.4324

November 4

EXPECTANT PARENT CLASS –
UNDERSTANDING BIRTH: 9 a.m.-
3 p.m., call 490.7046

November 6

NEW EMPLOYEE ORIENTATION:
8 a.m., Auxiliary Conf. Room, call 380.4017

November 7

OPEN HOUSE – MRMG OB-GYN:
4-6 p.m., Maury Regional Spring Hill, call
840.4446

November 7

GRIEF SUPPORT GROUP: 5:30 p.m.,
Chapel, call 540.4243

November 8

TOWN HALL MEETINGS: 7:30 a.m.,
10 a.m., and 2 p.m., Auxiliary Conf. Room

November 9

GRIEF SUPPORT GROUP: Noon, Marshall
Medical Center, call 540.4243

November 9

NURSING HIRING EVENT: 6-8 p.m.,
Maury Regional Spring Hill, call 840.4477

November 10

BREASTFEEDING SUPPORT GROUP:
1 p.m., Annex, call 490.7074

November 11

EXPECTANT PARENT CLASS –
NEWBORN CARE: 9 a.m., call 490.7046

November 11

EXPECTANT PARENT CLASS – INFANT
CPR: Noon, call 490.7046

November 13-15

AUXILIARY JEWELRY SALE: Auxiliary
Conf. Room, call 380.4047

November 13

EXPECTANT PARENT CLASS –
BREASTFEEDING: 7 p.m., call 490.7046

November 14

COPING WITH CANCER: 2 p.m., Cancer
Center, call 490.7192

November 15

FREE BLOOD PRESSURE CHECK: 9:30
a.m., Columbia Senior Center, call 490.4600

November 16

FREE BLOOD PRESSURE CHECK:
9:30 a.m., Hohenwald Senior Center, call
490.4600

November 16

FREE SEMINAR – ROBOTIC-ASSISTED
KNEE & HIP SURGERY: 6 p.m., Auxiliary
Conf. Room, call 840.4446

November 18

EXPECTANT PARENT CLASS – BOOT
CAMP FOR DADS: 9 a.m., call 490.7046

November 20

BREAST CANCER SUPPORT GROUP:
5:30 p.m., Women's Center, call 540.4166

November 28

BREASTFEEDING SUPPORT GROUP: 6
p.m., Annex, call 490.7074

KUDOS FOR CAREGIVERS

Matt Alsup
Georgia Arms
Crystal Bottoms
Deb Brown
Terry Brus
Kayla Bullion
Dr. Amit Choksi
Dr. Kevin Chunn
Charity Compton
Dr. Minerva Covarrubias

Mary Jo Creecy
Brittney Crowell
Dr. Nicole Falls
Polly Floyd
Ragan Forrester
Chase Glass
Jason Griggs
Jessica Hargrove
Robbie Haynes
Leslie Heinrich

Angie Hunter
Shane Johnson
Patricia Karl
Dr. Christina Lannom
Monty Lewis
Trent Lewis
Kaylyn Lopp
Dylan Matney
Dr. Chad Moss
Heather Norris

Sabrina Osborn
Jeffrey Pannell
Deona Price
Lyndall Propst
Angie Pulley
Dr. Danny Robinson
Dr. Mark Seago
Dr. Joanna Shepherd
Jeff Smotherman
Melissa Spears

Marci Spicer
Kendall Stevenson
Julianne Thomason
Shelby Tiger
Charina Tijing
Dr. Amy Vertrees
Brian Walters
Kim Wanasek
Dr. Donna Whitney
Kara Willingham

THE VITALINK

Follow us on     

Critical care design earns award

Design of the new critical care floor at MRMC has earned the Person-Centered Care Innovation Award from Planetree International. The award, recognizing initiatives that improve the experience of care for patients, families, staff and communities, was presented during the Planetree International Conference in Baltimore, Maryland on October 18.

The new critical care floor, which opened in October 2016, is a 28,000 square foot space designed to be patient-centered with advanced equipment and amenities for visitors.

During the Planetree conference, MRMC representatives presented a poster "Designing a Person-Centered Critical Care Unit Using Lean Methodology," which outlined the way Lean principles were used to plan and design the space.



Pictured (l-r) accepting the award from Planetree President Susan Frampton (second from left) are Administrative Director of Cardiovascular Services Cathy Malone, Critical Care Unit Coordinator Natasha Holt, Respiratory Care Director Christy Wright, Process and Systems Improvement Director Kristen Wayne and Heather Yaple with HFR Design. Not pictured is Critical Care Nurse Manager Ginger Dickens.

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