

# THE VITAL LINK



October 2018 Vol. XXXVII, Issue 10

## New electronic medical record introduced

Maury Regional Health (MRH) will launch a new electronic medical record (EMR) system effective November 1, 2018. Benefits include one medical record that allows the Maury Regional Health team to provide better care coordination between providers and an enhanced patient portal.

“Maury Regional Health previously used multiple EMR software systems. By consolidating many of these systems, we will enhance our ability to serve patients across the continuum of care from medical group practices to inpatient and outpatient services,” said CEO Alan Watson.

Patients will have a medical record that reflects services received at the following entities:

- Maury Regional Medical Center
- Maury Regional Medical Group Practices
- Maury Regional Physical Therapy
- Maury Regional Urgent Care
- Maury Regional Federally Qualified Health Centers
- Lewis Health Center
- Marshall Medical Center
- Wayne Medical Center

*(See “New medical record” on page 8)*

## Watson receives THA service award

Maury Regional Health (MRH) CEO H. Alan Watson, FACHE, was awarded the Distinguished Service Award by the Tennessee Hospital Association (THA) at its annual meeting on October 18. The award—the highest honor presented by THA—recognizes leadership and service during an individual member’s career as well as achievements and contributions to the health care industry.

“Alan is a long-time supporter of THA and has had a stellar career in health care in Tennessee. As a member of the THA Board of Directors, he was a strong chairman and currently serves as immediate past chairman,” said Craig Becker, THA president and CEO. “With a focus on high quality patient care, his leadership and commitment to rural hospitals and health care in general are to be commended. He is well-deserving of this award.”

Watson has more than 35 years of experience in health care. He has served as CEO for MRH since 2012 and served as COO from 2010-2012. During his tenure, the organization has been awarded numerous recognitions for quality outcomes. In 2018, Maury Regional Health was named a 15 Top Health System by Watson Health, formerly Truven Health Analytics, for the fifth time in ten years for its performance on inpatient outcomes, process of care, extended outcomes, efficiency and patient experience. CareChex, an information service of Quantros, Inc., also ranked Maury Regional Medical Center (MRMC) number one in Tennessee for overall hospital care in the area of medical excellence in 2016, 2017 and 2018. The organization was also rated as the best in the state for several service line specific areas of care.

As a senior executive and fellow of the American College of Healthcare Executives, Watson has served in a variety of leadership roles in professional

associations, most notably past chair of the Tennessee Hospital Association (THA) and Hospital Alliance of Tennessee. Watson

*(See “THA award” on page 5)*



*Watson (right) is pictured with Marvin Eichorn, chairman of the THA board of directors.*

**NEW EMPLOYEES**

**MAURY REGIONAL MEDICAL CENTER**

**ADMINISTRATION**

Sherri Huff

**ADMITTING/REGISTRATION**

Hailee Walls

**CANCER CENTER**

Ellen Kemrite

**DIABETES SERVICES**

Lydia Fowler

**ENVIRONMENTAL SERVICES**

Tina Jones  
Adam Powell  
Elizabeth Rosa

**INFORMATION TECHNOLOGY**

William Roberts

**LABORATORY**

Brian Hubbard  
Michelle Knoepfel

**NURSING**

Dorina Jackson  
Sarah Rawlings  
Amanda Vaughan  
Tammy Wall

*(Continued on next page)*

# Ground broken for inpatient behavioral health hospital

Maury Regional Health (MRH) and TriStar Health held a groundbreaking for a new inpatient behavioral health hospital on October 1. The new 60-bed, 49,900 square foot facility will be located at 1001 North James Campbell Boulevard in Columbia.

The facility will serve both adult and adolescent patients. The project has an anticipated completion date of October 2019.



*Pictured at the groundbreaking are (l-r) HCA Corporate Behavioral Health President Eric Paul, MRH Board Member Scott Gaines, MRH Board Member Rodney Poling, M.D., MRH CEO Alan Watson and HCA TriStar Division President Heather J. Rohan.*

## Physician joins medical staff



**DR. CARDONA**

CÉSAR Y. CARDONA, M.D., a specialist in nephrology, has joined the MRMC medical staff. He is associated with Nephrology Associates.

Dr. Cardona received his medical degree from the University of Medicine & Dentistry of New Jersey – New Jersey Medical School in Newark, New Jersey. He completed an internship in internal medicine at Wake Forest University Baptist Medical Center in Winston-Salem, North Carolina, and a residency in internal medicine at Meharry Medical College in Nashville, Tennessee. Dr. Cardona also completed a fellowship in nephrology at Vanderbilt University Medical Center in Nashville, Tennessee. He is board certified in nephrology and

internal medicine.

Nephrology Associates is located at 854 West James Campbell Boulevard, Suite 101A. For more information, call 931.388.3209.



**MAURY REGIONAL HEALTH**

The VitaLink, designed by the Foreman Company, is published monthly for Maury Regional Health through the Marketing Department. Distribution is to employees, retirees, members of the medical staff, board of trustees, advisory board, Maury County Commission and volunteers.



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For address corrections, please contact the Human Resources Department.

1224 Trotwood Avenue  
Columbia, TN 38401

## NEW EMPLOYEES

*(Continued from previous page)*

### OUTCOMES MANAGEMENT

Lisa Pieper

### PRE-SERVICE

Madison Gordon

### PRIMECARE CLINIC

Kelly Tidwell

### TRANSPORTATION

Joshua Kincade

### MAURY REGIONAL MEDICAL GROUP

Vanessa Harvill

Amanda Love

Dr. Thu Nguyen

Shelley Shanks

Dr. Christopher Turner

## BIRTHS

Nicole Whitmire, Laboratory, and her family welcomed Kolter Douglas Whitmire on October 5. He weighed 7 lb. and 14 oz.

## PrimeCare relocates to medical plaza

PrimeCare Clinic, a Maury Regional Health practice in Columbia, has relocated to the Maury Regional Plaza at 854 West James Campbell Boulevard, Suite 301. Phone and fax numbers remain the same.

PrimeCare is one of five Maury Regional Health practices that are federally qualified to offer income-based discounts for primary care and certain related services. PrimeCare offers primary care and behavioral health services with providers:

- Brook Helmer, M.D., Family Medicine
- Loretta Davidson, NP
- Carolyn A. Hebel, PMHNP-BC
- Barbara Hinson, NP
- Leslie McBroom, FNP-BC
- Miranda Wood, PA-C
- Catherine Clanton, MSW, LCSW

The practice is open Monday-Friday from 7:30 a.m. until 6:30 p.m., Saturday from 8 a.m. until 2:30 p.m., and Sunday from 1 to 5 p.m. For more information, call 931.540.4140.

## MRMG Pain Management has new office

Maury Regional Medical Group (MRMG) Pain Management recently moved into a new location within the Medical Office Building on the MRMC campus. The practice is now located in Suite 108, in the former PrimeCare Clinic area. Providers with this practice are:

- John C. Welker, M.D.
- Reba McCoy, FNP-BC
- Gretchen Nelson, NP

The new phone number to reach MRMG Pain Management is 931.490.7372. Hours are offered by appointment.

## Research by surgeon presented at national conference

Matthew R. Endara, M.D., a specialist in plastic and reconstructive surgery, recently presented research findings to the American Society of Plastic Surgeons during their annual meeting in Chicago, Illinois.

The abstract presentation concerned breast reconstruction in patients undergoing radiation as part of their cancer treatment and was titled, "The Application of Autologous Lipotransfer to Irradiated Tissue Expanders to Achieve Successful Staged Implant Based Breast Reconstruction in the Setting of Radiotherapy." Specifically, the research by Dr. Endara examined the

use of fat grafting to achieve successful reconstruction in radiation therapy patients.

Dr. Endara is associated with Maury Regional Medical Group Plastic Surgery in Columbia. He has authored or co-authored a number of abstracts and peer reviewed publications on topics including breast reconstruction, minimally invasive peripheral nerve surgery and negative pressure wound therapy for at-risk surgical closures.



DR. ENDARA

# Organization represented by speakers

## **FLEMING, FOX AND SHORT ARE PRESENTERS**

MRMC Risk Management Director Beth Fleming, Volunteer Services Director Cindy Fox and Assistant Director Cindy Short led a session at the American Society for Health Care Risk Management annual conference in Nashville on October 8. Their presentation, "Handling Risks with Student Programs on Your Hospital Campus," shared experiences from the medical center's Medical Applications for Students in Health (MASH) program. The program brings more than two dozen high school students to campus each summer to provide hands-on exposure to careers in health care.

## **KIRSCHBAUM PRESENTS WEBINAR**

Vice President of Population Health Mark Kirschbaum, RN, Ph.D., presented a webinar for members of the American Medical Group Association on October 17. The presentation, "Building a Medicare Shared Savings Program (MSSP) Accountable Care Organization (ACO) Infrastructure from Scratch," focused on strategies for medical groups or health systems forming accountable care organizations. Josh Patten of Lightbeam Health Solutions joined Kirschbaum for the presentation.

ACOs are groups of providers who agree to be accountable for quality, cost and experience of care for Medicare patients. Maury Regional Health has been part of the MSSP since 2017.

## **WALDIE PARTICIPATES IN NATIONAL CONFERENCE**

Aaron Waldie, administrative director of revenue cycle for Maury Regional Health, was part of a panel discussion during the IT + Revenue Cycle Conference hosted by Becker's Hospital Review in Chicago.

The discussion, "Best Thoughts on Improving Revenue Cycle Today," also included representatives of Mary Rutan Hospital in Ohio, Greenville Health System in South Carolina and ECG Management Consultants.

## **PHYSICIANS PROVIDE EDUCATION**

Cardiologist Amit Keswani, M.D., and Neurologist Jeffrey Ruff, D.O., provided continuing education for regional first responders and emergency department team members on October 11.

Dr. Keswani addressed methods used to recognize ST segment elevation myocardial infarction (STEMI) in the field. Dr. Ruff addressed stroke, including how to assess for stroke in the field and when to call a pre-hospital stroke alert.

The program was organized by Chest Pain Center/Stroke Program Coordinator Brenda Bishop.

## **SALTERS SPEAKS IN SPRING HILL**

Administrative Director of Oncology Services Dana Salters presented to a women's luncheon at Southern Springs in Spring Hill on October 18.

Salters addressed the importance of obtaining a mammogram, advancements in technology and treatments for breast cancer. Attendees were encouraged to share the "Pinking of You" Facebook campaign to increase awareness that breast cancer may be detected early if women age 40 and older would have an annual mammogram.

## **STAFF PRESENT AT THA**

Several staff members represented the organization with presentations at the Tennessee Hospital Association (THA) annual meeting in Franklin in October.

Hannah Hogan, RN, CWOCN, Nursing Services Administration, provided a presentation titled "Under Pressure: Pushing Back on Hospital-Acquired Pressure Injuries." Hogan shared efforts of a workgroup formed to address rates of hospital-acquired pressure wounds. The group consists of service line leaders, nurse managers, frontline staff members, unit coordinators and respiratory therapists, as well as Wound Care and Quality Services team members. The group works to guide the care of nursing staff in their efforts to prevent pressure injuries to patients. There was a 48.8% decrease in pressure injures in FY18 as a result of the initiative.

Nurse Educator Andrea Hornal, MSN, RN, and Nursing Professional Development Director Sue MacArthur, Ed.D, MSN, RN-BC, presented a poster titled "Increasing Survival Rates: Implementation of Resuscitation Quality Improvement (RQI) Program at a Community Medical Center." The poster shared information about the April 2018 launch of the RQI training program used by staff to test and improve cardiopulmonary resuscitation skills. MRMC is the first hospital in Middle Tennessee to implement this technology, which includes training carts used by staff members to complete modules. Staff compliance rates for RQI have risen to 99% for the third quarter of 2018.

Clinical Educator Jamie Casteel, BSN, CMS-RN, and Nurse Manager Barbara Purcell, BSN, RN, presented a poster titled "Using Cross Training to Transform Medical Nurses to Pediatric Nurses." The poster outlined the educational and training process to implement a combined medical/pediatric unit. More than 30 nurses have completed the training and education program at MRMC.

## MRMC honors retirees



CIESLIKOWSKI

MARY CIESLIKOWSKI, a registered nurse at MRMC, retired on October 13. She worked in Nursing Services Administration and provided more than 31 years of service to the medical center.

“Mary has been a leader on weekends for a long time. Her knowledge and compassion for patient care will be missed. She has always gone above and beyond for her patients and our organization and she will be greatly missed in her retirement,” said Administrative Director Carey Albright.



HICKMAN

KATHY HICKMAN, an associate with MRMC Environmental Services, retired on September 27. She provided more than 15 years of service to the medical center.

“Kathy has been an integral part of the environmental services team at the Cancer Center since the facility opened. Her friendly personality and compassionate demeanor made her an ideal employee for this unique caregiving setting. She will be genuinely missed by her patients and the entire EVS and Cancer Center care team,” said Administrative Director Mike Short.



KELLEY

JANET KELLEY, a clerical assistant in Patient Accounts, retired on October 19. She had worked at the medical center since 2001.

“Janet has been a great asset to the medical center. I want to thank her for her hard work and dedication during her years of service. I wish her the very best with her retirement,” said Patient Accounts Customer Service Manager Candice Lynn.



PIERCE

KATHY PIERCE, a coding specialist in Coding at MRMC, retired on September 28. She had worked at the medical center since 1975, providing more than 43 years of service.

“Kathy was such a valuable part of the coding team. She always went above and beyond to get the work done. We will miss her,” said Coding Director Karen Kelly.



STUDEBAKER

SANDRA STUDEBAKER, RN, retired from MRMC on September 28. She was a team lead in Outcomes Management and had worked at the medical center for 11 years.

“Sandy will be missed from the Care Management Department. She has been with the organization since 2007, most recently building the excellent team that performs ambulatory care coordination for the organization. On behalf of the entire Population Health and Care Management Departments, we wish Sandy the happiest of retirements filled with enjoyment and relaxation,” said Population Health Director Jill Gaddes.

## MMC earns re-accreditation for mammography

Marshall Medical Center (MMC) has been granted re-accreditation for mammography services by the American College of Radiology (ACR), according to MMC Imaging Director Christa Crawford.

The ACR gold seal of accreditation represents the highest



level of image quality and patient safety.

It is awarded only to facilities meeting ACR standards after a peer-review evaluation by

board-certified

physicians and medical physicists who are experts in the field. Image quality, personnel qualifications, adequacy of facility equipment, quality control procedures and quality assurance programs are assessed.

## THA award

*(Continued from page 1)*

served as chairman of the THA board in 2017 and has been a member of the board since 2013. His service to THA dates back to 2003, including service on the Executive Committee, Strategic Planning Committee, Council on Government Affairs, Budget and Finance Committee and others.

“It has been a privilege to serve Maury Regional Health and the Tennessee Hospital Association as we strive to provide outstanding care in Tennessee and influence decision-makers across the nation,” said Watson. “I am honored to be presented with this award and will continue to work diligently to advance the initiatives that will sustain and enhance health care in our region.”

MAURY REGIONAL HEALTH CARE



FOUNDATION

News

**FOUNDATION UNMASKS THE NEED FOR SUPPORT**

The Maury Regional Health Care Foundation launched its annual campaign in early October at all Maury Regional Health facilities. Gifts and pledges support the Foundation’s mission to provide needed services to community members and employees throughout the year.

To view a video about the Foundation’s annual campaign and make an online donation, visit the intranet. Gifts and pledges may also be submitted with the donor card distributed to employees by each department’s campaign chair. Cards should be returned to the department chair or to Human Resources.

For additional information, call the Foundation office at 380.4075.



*Pictured at the MRMC kick-off event on October 5 are (l-r) Executive Director Joe Kilgore, Foundation Development Specialist Cambre Godwin, Pharmacy Department Support Coordinator Frances Holt and Food & Nutrition Director Jerry Coulter.*

**MULETOWN REVUE TO SUPPORT FOUNDATION**

The 2018 Muletown Revue—featuring talented musicians with performances ranging from pop to bluegrass—will take place on November 8 at 7 p.m. in the Cherry Theater on the campus of Columbia State Community College. The presenting sponsor is First Farmers and Merchants Bank and proceeds will benefit the Maury Regional Health Care Foundation. Tickets are \$25 per person available through Eventbrite. Admission for children 13 and under is free but they must be registered.



Established in 2002 by musicians and local physicians Steve Simmons, M.D., and Bob Thompson, M.D., this annual event brings together a diverse group of gifted musicians

who donate their time and talent to raise funds to help those less fortunate. Muletown Revue proceeds will be used by the Foundation to fund the varied programs and services that bridge the gap for individuals facing a health care crisis.

“I would like to thank Dr. Steve Simmons and Dr. Bob Thompson. From recruiting musicians to managing logistics, orchestrating an event of this size and scope is a challenging endeavor. Their love for music and for their community is evident in the time that they have invested over the past 17 years to make Muletown Revue a success,” said Foundation Executive Director Joe Kilgore. “I would also like to express my gratitude to our presenting sponsor First Farmers and Merchants Bank. They are committed to supporting their local communities and we are grateful for their generosity.”

The Maury Regional Health Care Foundation has funded more than \$2 million in programs and services for underserved and financially challenged populations. All donations directly benefit the community through the programs and services funded by the Foundation, a 501(c)(3) charitable organization. For more information about the Foundation, call 931.380.4075 or visit [MauryRegionalFoundation.com](http://MauryRegionalFoundation.com).



**2019 BENEFITS  
ENROLLMENT OPENS  
NOVEMBER 6**

The annual benefits open enrollment period will be held from November 6 to November 21. Benefit-eligible employees will receive an email from [noreply-cloudnotification@infor.com](mailto:noreply-cloudnotification@infor.com) with the subject "Annual Benefit Open Enrollment is Ready!" The email will contain a link to the Infor employee portal.

Benefit-eligible employees will not be required to re-elect benefits for 2019 in the employee portal. However, it is recommended that you complete the open enrollment process to ensure you are enrolled in desired benefits for the 2019 plan year and that accurate beneficiary information is on file for basic and supplemental life benefits.

Please note the following information:

- If you do not complete open enrollment, your 2018 benefits will default as your 2019 benefit elections for the following benefits: health, dental/vision, supplemental/dependent life, buy-up or voluntary disability, critical illness and accident benefits.
- Employees needing to enroll in new benefits, stop and/or make changes to existing benefits are required to complete open enrollment.
- Employees are required to complete open enrollment to continue contributions in the health or dependent care flexible spending accounts.

Benefit counselors from Cigna will also be available to assist employees with enrollment and beneficiary designations in the Infor employee portal at Maury Regional Medical Center, Marshall Medical Center, Wayne Medical Center, Lewis Health Center, MRMG-CPO, MRMG-CORE, and MRMG-Spring Hill. The November 6 email will contain a link to schedule an appointment with a benefit counselor.

**HOLIDAY EVENT SCHEDULE**

- November 12-19 – Holiday Hugs selection of names via intranet
- November 13 – "Reaching the Summit" food truck celebration
- November 22 – Thanksgiving meals for employees scheduled to work
- December 1-12 – Auxiliary Gift Shop "12 Days of Christmas" specials
- December 1 – Children's Christmas Party (9-11 a.m.)
- December 6 – Weekday Employee Christmas Parties (6-8 a.m., 2-4 p.m. or 9-11 p.m.)
- December 8 – Weekend Employee Christmas Party (5:30-8 p.m.)
- December 17 – Holiday Hugs return (7 a.m.-7 p.m.)
- December 25 – Christmas meals for employees scheduled to work

**NOVEMBER CALENDAR OF EVENTS**

**November 1-2**

SCRUB SALE: 7 a.m., Pavilion Lobby, call 380.4075

**November 1**

DIABETES EDUCATION GROUP: 11 a.m., Annex, call 540.4324

**November 3**

EXPECTANT PARENT CLASS – UNDERSTANDING BIRTH: 9 a.m.-3 p.m., call 490.7046

**November 6**

GRIEF SUPPORT GROUP: 5:30 p.m., Chapel, call 540.4243

**November 8**

GRIEF SUPPORT GROUP: Noon, Marshall Medical Center, call 540.4243

**November 8**

MULE TOWN REVUE: 7 p.m., Columbia Central High School, call 380.4075

**November 10**

EXPECTANT PARENT CLASS – NEWBORN CARE: 9 a.m., call 490.7046

**November 10**

EXPECTANT PARENT CLASS – INFANT CPR: Noon, call 490.7046

**November 12**

NEW EMPLOYEE ORIENTATION: 8 a.m., Annex, call 380.4017

**November 11-14**

AUXILIARY JEWELRY SALE: MRMC Main Lobby, call 380.4047

**November 13**

COPING WITH CANCER: 1 p.m., Cancer Center, call 381.1111, ext. 8177

**November 13**

SURGICAL WEIGHT LOSS SUPPORT GROUP: 6 p.m., MOB Conf. Room, call 381.1111, ext. 1748

**November 17**

EXPECTANT PARENT CLASS – BREASTFEEDING: 9 a.m., call 490.7046

**November 19**

BREAST CANCER SUPPORT GROUP: 5:30 p.m., Women's Center, call 540.4166

**November 22**

OSTOMY SUPPORT GROUP: 10 a.m., First Floor Conf. Room, call 490.4600

# KUDOS FOR CAREGIVERS

Jennifer Aldridge	Shannon Cothran	Jackie Hill	Randi McElhaney	Dr. James Richardson	Cassie Thomason
Natalie Anderson	David Couch	Leigh Ann Hill	Lori McGee	Sheila Ridner	Julianne Thomason
Belinda Andrews	Melissa Davidson	Jennifer Hirst	Sonya Melson	Kimberly Robinson	Laura Trammell
Dr. Charles Auer	Cindy Davis	Shelly Hobbs	Karen Miller	Suzanne Robinson	Lisa Trimble
Dr. Bill Bailey	Dr. Patrick Davis	Tina Holt	Amanda Moore	Dr. Andres Rodriguez	Dr. David Turner
Amber Bair	Sharla Deschaine	Brandi Horton	Fagan Moritz	Dr. Emilio Rodriguez	Dr. Harish Veeramachaneni
Cordelia Barber	Wes Donaldson	Morgan Ingram	Courtney Nutt	Dr. Jeffrey Ruff	Dr. Amy Vertrees
Dr. Stephen Barr	Cheryl Dudley	Dr. Jawaid Kamal	Nastashia Osborn	Morgan Self	Carmen Walker
Mike Bergman	Nicky Edwards	Dr. Michael Kelley	Sabrina Osborn	Paige Shepherd	Cassie Walker
Tamika Biffle	Molly Farmer	Kirill Khadzhi	Dr. D. Davidson Oxley	Rita Sherrill	Dr. Cyrilyn Walters
Justin Boren	Laiken Fuller	Michele Kimbrough	Tara Parham	Dr. Cason Shirley	Regina Walters
Donna Brackeen	Helen Garland	Layla Lee	April Patterson	Leah Skipworth	Spencer Warren
Sofia Braden	Dr. Shawn Gentry	Dena Levasseur	Art Peach	Hailey Smith	Derrick Wilburn
Sarah C. Brewer	Chase Glass	Monty Lewis	Alex Pope	Hannah K. Smith	Marion Williams
Hayley Brummit	Savannah Gordon	Dana Long	Teresa Potete	Sheila Staggs	June Witherspoon
Alison Carlisle	Katie Graham	Lynn Lott	Terri Redd	Danielle Stanley	Janet Wood
Brenda Clanton	Lisa Gray	Richard Lutey	Crystal Reed	Anne Still	Shawn Woodard
David Coats	Valerie Greene	Janice Martin	Dr. Shawn Reed	Kelly Thomas	Jenni Wright
Brian Cooley	Nikki Harlow				

THE VITAL **LINK**

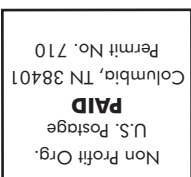
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## New medical record *(Continued from page 1)*

Along with the new EMR, Maury Regional Health has introduced a new patient portal that provides patients with convenient access to their personal health care information in a secure online environment. This portal, which will take the place of the existing MyMauryCare portal, is designed to help patients manage their health by creating a location for their medical history, lab results, visit summaries, prescriptions and other important health information. The

new portal is more user-friendly, easier to navigate and now offers patients the ability to request appointments and message providers at most Maury Regional Medical Group physician practices.

“This is a major transition, given the size of our organization and the number of services that we offer. We ask for patience from the public as we make this transition that will ultimately allow us to provide a greater level of care to the community,” said Watson.



MAURY REGIONAL MEDICAL CENTER  
1224 Trotwood Avenue  
Columbia, Tennessee 38401  
Return Service Requested