

Foundation begins annual campaign in October

The Maury Regional Health Care Foundation will begin its annual giving campaign in October at all Maury Regional Health



(MRH) facilities with a goal of raising \$150,000 to help the Foundation meet health-related needs in the community for the coming year.

"The annual campaign is the single largest fundraising event the Foundation conducts each year," said Joe Kilgore, executive director of the Foundation. "By supporting the Foundation's work, our physicians, employees, volunteers, board members and community partners create a substantial impact in our community."

This year's campaign theme is "Peace, Love, Pumpkins" and will feature an array of fall and peace/love activities, including fall food treats, drinks and door prizes during the Foundation's campaign kick-off party October 4 in Maury Regional Medical Center's cafeteria. A pumpkin carving contest will also take place later in the month. More details about those activities and kick-off events at affiliate locations will be shared via employee email as they are made available.

See "Foundation campaign" on page 4

LHC hosts open house to commemorate completed renovations

Lewis Health Center (LHC) in Hohenwald hosted an open house August 8 to share newly completed improvements to the facility with the community.

The renovation project, which concluded in July, added approximately 2,500 square feet in the exam and laboratory areas as well as a new employee training space. The project also updated the registration area and expanded the lobby, which now serves patients during all hours of operation (Monday–Saturday from 8 a.m. to 8 p.m. and Sunday from 1 to 8 p.m.).

"We are thrilled to officially unveil the changes Lewis Health Center has undergone to further enhance our services for the Lewis County community," said FQHC Executive Director Nathan Miller. "We look forward to continuing to serve our community with quality and compassionate care within our newly renovated facility."

The renovation to LHC was made possible by a 2016 grant of \$1 million from the U.S. Department of Health and Human Services (HHS). The grant to LHC was a component of a larger HHS effort that provided more than \$260 million in funding to allow health centers across the country to increase patient capacity and to provide additional comprehensive primary and preventive health services to medically underserved populations.

See "LHC open house" on page 4



Pictured (l-r) during the open house are Joey Coker, senior project manager for HFR Design; FQHC board members Stan Smith and Jennifer Tiller; FQHC Board Chair Terry Bunch; FQHC Executive Director Nathan Miller; Maury Regional Health COO Kenny Boyd; LHC Operations Director Hugh Bennett; and Chris Stokes of Brad Slater Construction.

New Employees

MAURY REGIONAL MEDICAL CENTER

ENVIRONMENTAL SERVICES

Jerry Hawkins Emily Lindsey Connie Vandygriff

FISCAL PLANNING

Jackie Harding

FOOD & NUTRITION

Shannon Davis David Santiago

HOME SERVICES

Meredith Fleming Heather Vance

LEWISBURG FAMILY PRACTICE

Jennifer Lewter

MARKETING

Bethany Dowden

NURSING

Raleigh Chandler
Eric Cubberly
Blaze Fisher
Thelma Goodloe-Heads
Kaylee Goodwin
Justin Hamilton
Kristin Holley
Brianna Mealer
Linda Mefford
Lena Tran

NURSING ADMINISTRATION

Juleta Roby

PATIENT ACCOUNTS

Kristina Francis Dana Ladd

(Continued on next page)



The VitaLink, designed by the
Foreman Company, is published monthly for
Maury Regional Health through the
Marketing Department. Distribution is to
employees, retirees, members of the medical
staff, board of trustees,



Scan this QR code with your smart phone and visit our website.

For address corrections, please contact the Human Resources Department.

1224 Trotwood Avenue Columbia, TN 38401

advisory board, Maury County Commission and

volunteers.

Physicians join MRMC medical staff



DR. GENTRY

BRANDON M. GENTRY, M.D., a specialist in internal medicine and pediatrics, has joined the medical staff at Maury Regional Medical Center as a hospital medicine physician.

Dr. Gentry received his medical degree from the University of Texas Health Science Center at Houston in Houston, Texas, where he also completed an internship and residency in internal medicine and pediatrics.



DR. GRAHAM

OCTAVIA L. GRAHAM, M.D., M.P.H., a specialist in family medicine, has joined Lewisburg Family Practice, an affiliate of Maury Regional Health.

Dr. Graham received her medical degree from American University of Antigua in Antigua, West Indies. She completed a residency in family medicine at the Medical Center of Central Georgia. She also completed her internship at Mercer University School of Medicine in Macon, Georgia.

Lewisburg Family Practice is located at 1090 North Ellington Parkway, Suite 102, in Lewisburg. Hours are Monday–Friday from 8 a.m. to 6 p.m. and Saturday from 8 a.m. to 2 p.m. Call 931.359.0019 for more information.



DR. PRICE

SHAWN J. PRICE, M.D., a specialist in internal medicine and pediatrics, has joined the medical staff at MRMC as a hospital medicine physician.

Dr. Price received her medical degree from the University of Alabama School of Medicine in Birmingham. She completed an internship and residency in internal medicine and pediatrics at the University of Oklahoma at Tulsa.



DR. ROBERTS

JOHN R. ROBERTS, D.O., a specialist in family medicine, has joined the medical staff at MRMC. He is associated with Maury Regional Medical Group (MRMG) Primary Care & Rheumatology in Columbia.

Dr. Roberts received his medical degree from Lincoln Memorial University–DeBusk College of Osteopathic Medicine in Harrogate, Tennessee. He completed a residency in family

medicine at the University of Tennessee Nashville Family Medicine Residency location in Murfreesboro. He is board certified in family medicine.

MRMG Primary Care & Rheumatology is located at 1114 West 7th Street in Columbia. Hours are Monday–Friday from 7:30 a.m. to 4 p.m. with walk-in services available Monday–Saturday from 7 a.m. to 7 p.m. Call 931.388.9706 for more information.

NEW EMPLOYEES

(Continued from previous page)

PHARMACY

Jacqueline Horne

PRE-SERVICE

David Campbell Donna Nelson Sarah Scott Emily Tosh

TRANSPORTATION

Anthony Reyes Dalton Stefon

MAURY REGIONAL MEDICAL GROUP

Dr. Brandon Gentry Abby Gray Joette Hernandez Dr. Raymond Howard Staci Ramos

BIRTHS

Brittany Akers, 3W, and family welcomed Sariah Joy Akers on July 11. She weighed 7 pounds and 2 ounces.

Kaleigh Belew, ED, and family welcomed Baylor Knox Belew on August 12. He weighed 6 pounds and 6 ounces.

Miranda Goins, ICUSD, and family welcomed Jaxon Travis Goins on August 12. He weighed 9 pounds and 5 ounces.

Morgan Self, Cardiology, and family welcomed Sawyer Grant Perry on August 12. He weighed 7 pounds and 4 ounces.

Megan Smith, ED, and family welcomed Wrenley Rae Smith on July 24. She weighed 6 pounds and 15 ounces.

In Memory

Muriel Scroggins passed away August 12. She had worked at MRMC since 1998, most recently as nurse manager of Patient Management.



ORGANIZATIONAL ANNOUNCEMENTS —

Roby named clinical informatics director



JULETA ROBY has joined Maury Regional Medical Center (MRMC) as clinical informatics director.

Roby's responsibilities include data analysis as well as optimizing the usage of the electronic medical record (EMR) and facilitating collaborative EMR-related projects. Prior to joining MRMC, Roby served as clinical adoption director at LifePoint Health. She received her bachelor's degree in nursing, Master of Business Administration and Master of Public of Health from Saint Xavier University in Chicago, Illinois.

"We are thrilled to have Juleta in this vital leadership role at Maury Regional Medical Center," said Deborah Lumpkins, DNP, RN, NEA-BC, chief nursing officer for MRMC. "She brings a wealth of information that will continue to advance our work with the electronic medical record."

Ross named patient financial services director



ALEX ROSS has joined Maury Regional Medical Center (MRMC) as patient financial services director. He is responsible for patient accounting.

Prior to joining the MRMC team, Ross held management positions in revenue cycle for Ensemble Health Partners in North Carolina. Ross received his bachelor's degree from Clemson University in South Carolina and his Master of Business Administration from the University of Wisconsin.

"Please join me in welcoming Alex Ross to Maury Regional Health," said Aaron Waldie, administrative director of system revenue cycle.

"In the few short weeks he's been here, he's already forging relationships, discovering opportunities and working tirelessly to make Maury Regional a better place. I look for positive change as he applies his expertise to this vital role of patient accounting director."

Bravo Wellness screening information

Bravo Wellness screenings will occur September 10-27 for those who scheduled appointments during the month of August. Be sure to check your email confirmation for the date, time and location of your screening.

Employees are encouraged to arrive five minutes early to the screening site. Bring photo identification and a copy of the registration confirmation email.

Fasting for 10–12 hours prior to the screening is recommended. Take all medications as prescribed. Stay well hydrated the week before the screening and drink six to eight ounces of water the day of the screening. Do not smoke or use tobacco one hour before the screening. Avoid strenuous activity before and after your screening.

To change your appointment time, use the Bravo Wellness portal on the intranet or visit *BravoWellness.com/MauryRegional*. Watch for an email from Human Resources with specific location information.

The deadline to appeal wellness screening results will occur in early November. Specific instructions for appealing your results will be contained in your wellness screening report.

The Bravo program is voluntary; however, employees who do not participate in the biometric screenings will pay a significantly higher health insurance premium. Employees who change to a benefit-eligible status but do not participate in the screenings will default to the non-participant health insurance rate.

THE VITALIONIK

Deloy presents at MTHIMA meeting



DELOY

Christi Deloy, assistant director of Health Information Management (HIM) for Maury Regional Health, co-presented at Volunteer State Community College in Gallatin on July 18 during a meeting of the Middle Tennessee Health Information Management Association (MTHIMA).

During her presentation, Deloy discussed the Tennessee Health Information Management Association's

mentor program and its lasting impact on opportunities for HIM professionals. She also provided several resources for mentorship achievement and shared mentor and mentee success stories.

Foundation campaign

(Continued from page 1)

In early October, employees will receive a personalized donor form from their respective department champions. Pledges or donations to the annual campaign may be made using that form or donors may submit their gifts or pledges online via the campaign website (accessed via the homepage of the intranet beginning October 1). Each donor will receive a token of appreciation and will be entered into weekly prize drawings.

Since 2006, the Foundation has funded more than \$2.8 million in programs and services benefiting community members in need. Programs supported by the Foundation include the mobile medical unit, medication and transportation assistance, community health initiatives, a food bank for discharging patients, educational support, employee assistance and more. Gifts can also be designated to funds that assist cancer, diabetic, heart, neonatal intensive care and pediatric patients. All administrative expenses are covered by the medical center, allowing gifts to benefit the community directly.

"The generosity shown by donors during previous annual campaigns has changed countless lives for the better," Kilgore said.

Contact the Foundation at 931.380.4075 for more information.

MRH announces changes to PrimeCare Clinic

On September 1, Maury Regional Medical Group (MRMG) Primary Care in Columbia will become part of PrimeCare Clinic and its Federally Qualified Health Center (FQHC) designation.

The newly expanded practice includes 13 physicians and midlevel providers who see patients at the Maury Regional Medical Plaza located at 854 W. James Campbell Blvd. in Columbia. As a result, patients of Charles Ball, M.D., Thomas Farmer, M.D., Ben Gardner, M.D., Padma Narra, M.D., Andrew Nielsen, M.D., and Shavonne Morgan, FNP, are eligible to apply for FQHC-related benefits. The practice will continue to accept Medicare, Medicaid, TennCare and commercial insurance.

While its name will change to PrimeCare Clinic, the former MRMG Primary Care practice will remain in Suite 403 of the Maury Regional Medical Plaza and the phone number will remain 931.380.0075.

The original portion of PrimeCare Clinic — and its associated providers — will remain in Suite 301 of the Maury Regional Medical Plaza with a phone number of 931.540.4140.

Lunn speaks for Southern Springs community



LUNN

On August 21, Josh Lunn, PT, DPT, a physical therapist at Maury Regional Physical Therapy in Spring Hill, led a seminar for the Del Webb Southern Springs community in Spring Hill.

During his presentation, Lunn shared various methods for improving balance, including physical demonstrations of exercises participants could continue to perform at home.

LHC open house

(Continued from page 1)

"We would also like to give a special thank you to the Maury Regional Health Care Foundation for contributing the funds to create the facility's beautiful new employee training space," Miller said.

Maury Regional Health (MRH) has operated LHC for more than 20 years, providing a range of outpatient services that include primary care, imaging, physical therapy, laboratory testing and a physician specialist clinic.

LHC is part of a network of MRH-affiliated primary care practices designated as Federally Qualified Health Centers (FQHC). FQHC practices provide a patient-centered medical home approach to primary care and use a sliding fee schedule to calculate discounts for patients based on income and family size.

MMC offers educational clinic for coaches

Marshall Medical Center (MMC) Physical Therapy hosted the 10th annual Coaches Clinic in July for 38 middle and high school coaches and assistant coaches.

The day-long event covered an array of topics, including concussions, strength and conditioning training, asthmatic athletes, sports nutrition and the effects of vaping on athletes. Featured speakers included physicians, Marshall County Emergency Medical Services Air Evac team, strength/conditioning coaches and dieticians. Retired National Hockey League (NHL) Oilers Captain Ryan Smyth also shared his concussion testimony.



Pictured (l-r) during the MMC Coaches Clinic are athletic trainer Gregg Cloutier, retired NHL Oilers captain Ryan Smyth, MMC Physical Therapy Director Jamie Davis and athletic trainer Lindsay Vandever.

MRH celebrates retiree

JENNIFER MURKS, ambulance service supervisor, retired July 31 after 21 years of service.

"Jennifer retired from Maury Regional Emergency Medical Services (EMS) with 21 years of service as an



EMS professional and 32 years of service to the south central EMS region," said Amanda Schatz, assistant director of EMS. "She has been an asset to our service and will be greatly missed. We are thankful for the years she has dedicated to serving others as an EMT, dispatcher and communication supervisor."

ACR awards MMC term of accreditation

The American College of Radiology (ACR) recently awarded Marshall Medical Center (MMC) another three-year term of accreditation in computed tomography (CT), a noninvasive medical test that helps physicians diagnose and tailor treatments for various medical conditions.

The ACR gold seal of accreditation represents the



highest level of image quality and patient safety. It is only awarded to facilities meeting ACR practice parameters and technical standards following thorough reviews of image quality,

personnel qualifications, facility equipment, quality control procedures and quality assurance programs.

"The dedication to patient safety and image quality demonstrated by our imaging staff and radiologists is reflected in this accreditation award for our CT services," said MMC CEO Phyllis Brown.

Other imaging services available at MMC include magnetic resonance imaging (MRI), nuclear medicine, 3D mammography, ultrasound and bone densitometry. Call 931,270,3670 for more information.



Maury Regional Health's Compliance Department

recognized the four recipients of the Compliance Champion Award for FY19 during a luncheon celebration in July. The award is presented on a quarterly basis to employees who demonstrate excellence in ethics and compliance in their work. Pictured are two honorees, including (front, l-r) MMC Imaging Director Christa Crawford and Billing Manager for Patient Accounts Tunisia "Tee" Chaney, with the Compliance Department. Not pictured are WMC nurse Abby Davis and Application Analyst Hobrina Taylor.

MAURY REGIONAL HEALTH CARE (// FOUNDATION

News

MULE TOWN REVUE TO TAKE PLACE IN NOVEMBER

The 2019 Mule Town Revue sponsored by First Farmers & Merchants Bank will take place November 19 from 7 to 9 p.m. at Columbia State Community College's Cherry Theater.

Established in 2002 by musicians and local physicians Steve Simmons, M.D., and Bob Thompson, M.D.,



First Farmers executives deliver a check to the Maury Regional Health Care Foundation. Pictured (l-r) are First Farmers Chief Marketing Officer Felicia Y. Brown, First Farmers Chief Executive Officer T. Randy Stevens, Kilgore, First Farmers President Brian Williams and Maury Regional Health CEO Alan Watson.

this annual event brings together a diverse group of gifted musicians who donate their time and talents to raise funds to help those less fortunate. Proceeds from Mule Town Revue will be used by the Maury Regional Health Care Foundation to fund programs and services that bridge the gap for individuals facing health care crises.

"Dr. Steve Simmons and Dr. Bob
Thompson do an incredible job of putting
on the Mule Town Revue each year," said Joe
Kilgore, executive director of the Foundation.
"An event of this size is no small feat. We are
thankful that they are passionate enough about
music and our community to orchestrate it
again and again. We are also grateful for First
Farmers & Merchants Bank, our presenting
sponsor, for their continued support of this
community event."

Tickets cost \$20 and will be available in September on Eventbrite, which can be accessed from *MauryRegionalFoundation.com*, as well as at the Hatcher Lane branch of First Farmers & Merchants Bank in Columbia. Children 13 and under may attend at no charge but must register. Columbia State Community College is located at 1665 Hampshire Pike in Columbia.

Call 931.380.4075 or visit MauryRegionalFoundation.com for more information.

FOUNDATION PREPARES FOR ANNUAL GOLF TOURNAMENT

The Maury Regional Health Care Foundation will host the 20th annual Tony Starks Memorial Golf Tournament on Thursday, September 19, at Graymere Country Club in Columbia. A rain date of September 26 has been reserved.

Maury Regional Health is the tournament sponsor. Master's sponsors include BlueCross BlueSheild of Tennessee, HFR Design and Vizient, while Anchor Health Properties, Cerner, Medline Industries, Inc., Morrison's Healthcare and Team Health are the event's gold sponsors.

Proceeds from the Tony Starks Memorial Golf Tournament allow the Foundation to provide assistance in the form of community outreach initiatives, cancer patient services, transportation, medication assistance and more.

For more information about the golf tournament or about the Foundation's work in the community, call 931.380.4075 or visit *MauryRegionalFoundation.com*.

DID YOU KNOW?

The Maury Regional Health Care Foundation has relocated!

The Foundation's office is now in the Maury Regional Annex at 1223 Trotwood Ave., Suite 1 (facing Dairy Queen on the left side of the building). All contact information for staff members remains the same. Call 931.380.4075 with any questions.



MRMC TO OFFER EMPLOYEE CRAFT FAIR IN NOVEMBER

The Events and Recognition Committee is hosting an employee craft fair November 20 from 11 a.m. to 8 p.m. in the Auxiliary Conference Room at Maury Regional Medical Center (MRMC).

Employees wishing to sell their hand-crafted items and home-baked goods (no direct sales items) can do so by reserving a table during the fair for a \$20 fee, which will be donated to the Maury Regional Health Care Foundation. Participating employees, including sellers and buyers, must do so on non-working time.

Email *sgrossman@mauryregional.com* or call ext. 1073 by October 1 to reserve a table.

MRMC EMPLOYEES COLLECT SCHOOL SUPPLIES

Employees at Maury Regional Medical Center (MRMC) collected more than 30 boxes of items to provide to the Maury County School System for the start of the new school year. Collected items included scissors, markers, tissues, paper and notebooks, pens, backpacks, folders, pencils, erasers, crayons and more.



Lana Compton, administrative assistant for CMO Martin Chaney, M.D., stands with the collected items from the back-to-school supply drive.

SEPTEMBER CALENDAR OF EVENTS

September 5

DIABETES SUPPORT GROUP: 11 a.m., Annex, call 931.540.4324

September 7

UNDERSTANDING BIRTH: 9 a.m. to 3 p.m., MRMC, call 931.490.7046

September 10

CANCER SUPPORT GROUP: 1 p.m., Cancer Center, call 931.381.1111, ext. 8177

September 10

GRIEF SUPPORT GROUP: 5:30 p.m., MRMC Chapel, call 931.540.4243

September 10

SURGICAL WEIGHT LOSS SUPPORT GROUP: 6 p.m., MOB Conf. Room, call 931.381.1111, ext. 1276

September 12

DIABETES SELF-MANAGEMENT CLASS: 8:30 a.m. to 4:30 p.m., MRMC, call 931.540.4324

September 14

NEWBORN CARE: 9 to 11 a.m., MRMC, call 931.490.7046

September 14

INFANT CPR: Noon to 2 p.m., MRMC, call 931.490.7046

September 16

BREAST CANCER SUPPORT GROUP: 5:30 p.m., Women's Center, call 931.540.4166

September 17

WEIGHT LOSS SURGERY – SMALL GROUP DISCUSSION: 6 p.m., MRMC, call 931.381.9338

September 21

BREASTFEEDING: 9 a.m., MRMC, call 931.490.7046

September 24

DIABETES SELF-MANAGEMENT CLASS: 8:30 a.m. to 4:30 p.m., MRMC, call 931.540.4324

September 26

OSTOMY SUPPORT GROUP: 10 a.m., MRMC, call 931.490.4600

September 26

STROKE SUPPORT GROUP: 6 p.m., Maury Regional Annex, call 931.381.1111, ext. 4350

September 28

NICU REUNION: 2 to 4 p.m., RSVP at NICUReunion.MauryRegional.com

VOLUNTEERS NEEDED for a Medical Missions event in Hohenwald Saturday, September 28. Physicians and staff may sign up from the MRH intranet home page.

KUDOS FOR CAREGIVERS

Dr. Selorm Adzokpa Breanna Andrews Dr. Bill Bailey Dr. Charles Ball Lori Bergland Melissa Birdyshaw Dr. Chad Bowser Dr. Larry Britt Amanda Brown Henry Canaman Dr. Sean Cannady Dr. César Cardona Iosie Castaneda Lindsey Chapman Dr. Amit Choksi Paula Cole Danielle Corbin Dr. J. Cummins Couch Ashley Courtemanche Donna Daniel Dr. Karen Davis Dr. Patrick Davis Iawanda Davis

Dr. James Dean Mason Douglas Dr. Matthew Endara Dr. Nicole Falls Dr. Thomas Farmer Elizabeth Farrell Dr. Jessica Folger Kristie Fox Karen Frazier Dr. Jon Freels Jeanne Frve Dr. Dwayne Fulks Dr. Meghan Gannon Dr. Ben Gardner Carolyn Gee Chase Glass Allison Gullev Patrick Harlan Nikki Harlow Dr. Gavlon Harris Jennifer Hensley Sharlon Hensley Dr. Esmeraldo Herrera

Laura Hickman Barbara Hinson Shelly Hobbs Bailee Horton Brandi Horton Regina Horton Dr. C. Houston Jameson Michelle Jarrett Dr. Spencer Jensen Dr. Romany Johnpulle Dr. Iawaid Kamal Dr. Kelly Kays John Kennedy Amanda Kesterson Dr. Amit Keswani Kirill Khadzhi Dr. Ioel Kochanski Dr. Justin Kropf Dr. Nathanael Lafferty Dr. Jennifer Lane **Brittany Legg** Amandia Long Lynn Lott

Josh Lunn Ianis MacDonald Dr. Anuradha Mann Dr. James Marshall Kelsev Mathis Dr. Scott McCalll Dr. Robert McClure Dr. Linda Monroe Fagan Moritz Lori Morton Dr. Kanthi Narra Dr. Padma Narra Dr. Andrew Nielsen Paula North Dr. Elizabeth Null Dr. D. Davidson Oxley Dr. Michael Pelletier Kendra Prater-Holt Deona Price Donna Price Jov Prince Lyndall Propst

Dr. William Rasberry Dr. Srikar Reddy Whittney Rich Melissa Roberson Joan Rochester Dr. Emilio (Tony) Rodriguez Dr. Michael Sattasiri Dr. Giorgi Sirbiladze Leah Skipworth Rethea Sparks Dr. Kelly Tenbrink Ashlev Thomason Nicole Thomason Christi Thompson Dr. Emily Turner Dr. Harish Veeramachaneni Dr. Amy Vertrees Dr. John Welker Dr. Deanna White Dr. Kita Williams Terry Zimmer

Barbara Purcell

THE VITALIANK

Follow us on fin. V 🕒 🗿











Permit No. 710 Columbia, TN 38401 **QIA**9 U.S. Postage

Non Profit Org.

Keturn Service Requested