

HEALTH MATTERS

FALL 2018

COMMUNITY
REPORT
EDITION



MAURY REGIONAL
HEALTH

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*Health Matters is published by the Maury Regional
Medical Center Marketing Department.*

Graphic design:
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Photography:
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Message from the CEO



With each passing year, I remain proud of the advancements at Maury Regional Health. It is the commitment of our board, senior leadership team, employees, physicians and volunteers that make our organization a strong health care provider dedicated to clinical excellence and compassionate care.

In this community report edition of *Health Matters*, I want to share with you some of the advancements we have made in the past fiscal year. A few of these advancements include our fifth recognition as 15 Top Health System, a growing medical staff, new services and the impact of the Maury Regional Health Care Foundation in our region.

I hope you find this report informative and that it serves as a testament of our commitment to caring for our community.

A handwritten signature in black ink that reads "H. Alan Watson". The signature is written in a cursive, flowing style.

H. Alan Watson, FACHE
CEO, Maury Regional Health

Fiscal Year In Review



Maury Regional Health is a not-for-profit regional health system serving southern Middle Tennessee through its hospitals, clinics, surgery centers, outpatient facilities and physician practice group. The organization is committed to providing innovative service by combining convenient and affordable access with skilled and compassionate care. The following are a few of the accomplishments that took place in the past fiscal year:

15 Top Health System

Maury Regional Health is the only system in Tennessee to be named one of the nation's 15 Top Health Systems by IBM Watson Health in 2018. This independent study spotlights best-performing health systems in the U.S., based on a balanced scorecard of measures derived from publicly available clinical, operational and patient satisfaction data. Top health systems outperformed their peer groups in the areas of mortality, complications and infections, length of stay, cost and patient satisfaction. The study has been conducted annually since 2008 and this is the fifth time that MRH has been recognized.

Ranked #1 in Tennessee

CareChex®, an information service of Quantros, Inc., ranked Maury Regional Medical Center (MRMC) number one in Tennessee for overall hospital care and overall surgical care in the areas of medical excellence and patient safety for 2018. CareChex® evaluates the performance of more than 4,000 hospitals across the nation, with awards based on cumulative performance across the most recent three years of public data. Medical quality evaluated includes process of care, outcomes of care and patient experiences in two primary areas—medical excellence and patient safety. MRMC ranked number one in the state in medical excellence for several specific areas of care or procedures, including:

- Overall Hospital Care
- Overall Surgical Care
- Gastrointestinal Care
- General Surgery
- Joint Replacement
- Orthopedic Care
- Major Orthopedic Surgery

For additional 2018 awards and rankings and to see how MRMC ranks in the nation, region, state and market, visit MauryRegional.com. Compare MRMC to other providers at CareChex.com.

Fiscal Year In Review



Mobile Medical Unit

In February 2018, Maury Regional Health launched the mobile medical unit, a 38-foot wheelchair accessible recreational vehicle customized with two exam rooms and a laboratory area. The unit is staffed by clinical professionals who provide services including general primary care, routine screenings, education on health and disease management and referral services. This project was made possible by the generosity of donors through a fundraising campaign conducted by the Maury Regional Health Care Foundation. From February to June of 2018, the mobile unit touched nearly 1,400 lives in our community.

Gynecologic Oncology Specialty Added

In January 2018, Brenda M. May, D.O., FACOOG, joined the medical staff. She is the first gynecologic oncology specialist on the medical staff and is associated with Maury Regional Medical Group. A gynecologic oncologist is a physician specializing in the diagnosis and treatment of cancers affecting the female reproductive system and advanced gynecologic surgeries. Dr. May is the only gynecologic oncologist between Nashville and Huntsville.

Robotic-Assisted Surgery

In the past year, MRMC has continued to expand its robotic-assisted surgery program. Implemented in 2016 with the da Vinci Xi for urologic surgery, the da Vinci is now being used in the areas of general surgery, gynecologic surgery and gynecologic oncology as well. The medical center also added the Mako system in October 2017 for total knee, partial knee and total hip replacement. Both systems are designed to help minimize tissue damage and increase recovery time. For more information on this technology and the surgeons performing robotic-assisted surgery, visit MauryRegional.com.

Blog

Maury Regional Health has launched its HEALTHfeed blog on MauryRegional.com. The blog provides timely content about health topics that are meaningful to community members, along with recipes and wellness information. Find HEALTHfeed at MauryRegional.com/health-feed. For the latest blog posts and other news, follow us on Facebook, Instagram, LinkedIn and Twitter.

Fiscal Year In Review



Childbirth Services

MRMC became one of only five hospitals in the state to be designated as Baby-Friendly for our commitment to breastfeeding. Baby-Friendly USA, Inc. is the U.S. authority for the implementation of the Baby-Friendly Hospital Initiative, a global program sponsored by the World Health Organization (WHO) and the United Nations Children's Fund (UNICEF). The initiative encourages and recognizes hospitals and birthing centers that offer an optimal level of care for breastfeeding mothers and their babies. We offer extensive breastfeeding education and support for our mothers, including certified lactation consultants to provide assistance to new mothers even after they are home following delivery. In addition, MRMC serves as a milk bank depot for donated breast milk to support premature infants. We partner with the Mothers' Milk Bank of Tennessee to serve as a donation site with breast milk processed by the Mothers' Milk Bank of Austin, Texas.

Maury Regional Medical Group

An affiliate of Maury Regional Health, Maury Regional Medical Group is a network of physician practices that includes family medicine physicians and a vast array of physician specialists. With 21 locations and more than 130 providers, these practices offer a variety of services including walk-in clinics, disease management, immunizations, wellness exams and much more. In the past fiscal year, Maury Regional Medical Group has added 17 new physicians. New practices include the gynecologic oncology practice of Brenda May, D.O., FACOOG, and the plastic surgery practice of K. Dwayne Fulks, M.D., and Matthew R. Endara, M.D. For a complete list of new physicians joining the Maury Regional Health medical staff, see page 6.

Federally Qualified Health Centers

Maury Regional Health encourages everyone to have a primary care provider. These physicians and practitioners specialize in diagnosing, treating and preventing a wide variety of conditions and work with physician specialists as needed to manage your care. Because you cannot always control life's circumstances, we realize that there are times that an individual's finances may result in him/her delaying needed care. For this reason, we have primary care practices that are also Federally Qualified Health Centers. This designation allows these practices to offer discounts to those who qualify financially. This year, our fifth practice received this designation. We now have practices in Columbia, Lewisburg, Hohenwald and Waynesboro who offer this service.

Facilities

Maury Regional Health is a system of facilities located throughout southern Middle Tennessee to serve our communities. Facilities include:

- Maury Regional Medical Center - 255 bed acute care hospital
- Marshall Medical Center - 25 bed critical access hospital
- Wayne Medical Center - 80 bed hospital
- Lewis Health Center - primary care, walk-in clinic, physical therapy, laboratory and imaging
- Maury Regional Spring Hill - medical office building
- Satellite services in Lawrenceburg (sleep center), Pulaski (physical therapy) and Chapel Hill (physical therapy)
- Maury Regional Medical Group - 21 physician practices in Maury, Lewis, Marshall and Wayne counties

Utilization

Combined Discharges.....	21,315
Emergency Department Visits.....	69,467
Urgent Care Clinic Visits.....	11,629
Federally Qualified Health Centers Visits.....	49,979
Births.....	1,493
Surgeries.....	13,275
Cardiac Catheterizations.....	1,920
EMS Runs.....	12,891
Maury Regional Medical Group Encounters.....	269,252

Economic Impact

Employees.....	3,125
Payroll.....	\$165,888,292
Benefits.....	\$41,732,057
Charity Care & Bad Debt (unreimbursed care).....	\$12,545,189
Community Services (free screenings, etc.).....	\$344,833

In a study released by the Tennessee Hospital Association in July 2018, it was estimated that the overall economic impact of health care in Maury County alone was nearly \$324 million.

Sources: Tennessee Hospital Association; 2016 Joint Annual Report of Hospitals

Contributions to Maury County

Annual Contribution in Lieu of Taxes.....	\$900,000
Health Services for Inmates.....	\$426,617
School Athletic Trainers.....	\$190,758

Medical staff exceeds 225

Maury Regional Health is the largest health system between Nashville, Tennessee and Huntsville, Alabama. The organization has a medical staff of more than 225 physicians with expertise in more than 35 medical specialties. In the past 14 months, the following 20 physicians have joined the medical staff. To learn more about these physicians and the entire medical staff, visit MauryRegional.com.



BILL BAILEY, M.D.
Rheumatology



PATRICK THOMAS DAVIS, M.D.
Surgery



MATTHEW R. ENDARA, M.D.
Reconstructive Plastic Surgery



TONY S. FARIS, D.O.
Hospital Medicine



DAVID A. FARNEN, D.P.M.
Podiatry



ANTHONY D. HAASE III, M.D.
Hospital Medicine



JENNIFER LANE, M.D.
Family Medicine



LOUISE YOUNGER LEDBETTER, M.D.
Sleep Medicine



BRENDA M. MAY, D.O., FACOOG
Gynecologic Oncology



THU MINH NGUYEN, M.D.
Hospital Medicine



ANDREW KARL NIELSEN, M.D.
Internal Medicine/
Pediatrics



BRETT C. NORMAN, M.D.
Pulmonary & Critical Care Medicine



CHRISTIAN W. PETRAUSKIS, M.D.
Hospital Medicine



MATTHEW R. PRATER, M.D.
Radiology



MANISHA RAJ, M.D.
Hospital Medicine



GIORGI SIRBILADZE, M.D.
Neurology



CHRISTOPHER P. TURNER, M.D.
Hospital Medicine



CYRILYN A. WALTERS, M.D.
Hospital Medicine



LEONARD G. WEBSTER, M.D.
Internal Medicine



DEANNA R. WHITE, M.D.
Hospital Medicine



Looking for a physician?

With more than 225 physicians, Maury Regional Health can help.

MAURY REGIONAL HEALTH CARE FOUNDATION

The Maury Regional Health Care Foundation has provided more than \$2.3 million in programs and services throughout our region since its formation in 2006. In the 2017-2018 fiscal year, the Foundation provided \$483,567 in assistance.

Every dollar donated to the Foundation directly benefits the community because all administrative expenses are covered by the medical center.

There are a variety of Foundation funds dedicated to assisting the needs of specified individuals and groups, ranging from those facing cancer to those needing food pantry assistance. The following are some of the ways in which we have helped our patients and community during the past fiscal year.

General Fund - \$59,627

Columbia Parks & Recreation Summer Youth
Enrichment Scholarships
Cooperative Student Externship for Ten Students
COPD Harmonica Program
Lewis Health Center Training & Education Room
Narcan Funding for First Responders
Perioperative Internship Program for One Student
Sutter Scholarship Donation to Columbia State
Community College

Cancer Fund - \$14,395

Gas Cards for Cancer Patients
Food for Cancer Patients
Dietary Consultations

Cardiology Fund - \$21,700

Cardiac Life Vests for Seven Patients

Community Health Fund - \$159,141

Community Health Nurse Salary
Crossroads to Home Coalition Expenses
Healthier Maury County Program Support
Maury Regional Health Mobile Clinic Purchase,
Expenses & Salaries

Diabetes Fund - \$3,205

Diabetic Supplies
Diabetes Education Classes for Nine Patients

Eslick Daniel Youth Health Initiatives Fund - \$20,000

Boys & Girls Club Triple Play Health & Wellness
Program Support

Family & Friends Nutrition Fund - \$7,304

Food for the Maury Regional Food Pantry
Meal Tickets for Personal Care Givers

NICU Fund - \$11,465

Books for Parker's Project
Car Seats for Babies at Discharge
Food for NICU Pantry
Nurses for Newborns of Maury County Program Support

Pediatric Fund - \$3,808

Stuffed Animals
Tootsie's Bears Program

Retreat Fund - \$6,796

Utilities
Landscaping

Special Needs Fund - \$62,579

Medication Assistance Programs for At-Risk Patients
for MRMC, LHC, MMC
The Family Center
The Hope Clinic
The Place of Hope
Room in the Inn
Transportation & Gas Card Assistance for At-Risk Patients
Minor Medical Equipment for At-Risk Patients
Remote Area Medical Clinic Support

Wayne Medical Center Fund - \$3,281

Employee Assistance – Two Employees
Meal Tickets
Medication Assistance
Transportation Assistance

William R. Walter Employee Assistance Fund - \$48,352

Employee Financial Assistance – 25 Employees
Continued Education Funding – 70 Employees

Women's Center Fund - \$9,664

Feeling Fabulous Program for Cancer Patients
Wigs, Camisoles and Scarves

Wellness & Aquatics Complex Healthy Living Endowment - \$52,250

Outdoor Fitness Facility at Fairview Park
Swimming Instruction for 10 Special Olympics
Participants

Special thanks 2017-2018 contributors

(Donations received July 1, 2017 through June 30, 2018)

FOUNDERS - \$10,000+

Anonymous
First Farmers & Merchants Bank
HFR Design
Lee Company
Listerhill Credit Union
Maury Regional Medical Center - Auxiliary
Maury Regional Medical Center
Mary & Con Vrailas

BENEFACTOR - \$5,000+

Butler Snow, LLP
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Eslick Daniel, MD
Land Uniforms
Lightbeam Health Solutions
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Medline Foundation
Morrison Healthcare
Reliant Bank
The Community Foundation of Middle Tennessee
The Kroger Foundation
Vanderbilt Health Affiliated Network, LLC
Vizient, Inc.
Alan & Michele Watson

PATRON - \$1,000+

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Stephanie Allred
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American Paper & Twine
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Farm Bureau Insurance of Tennessee
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Amy Vertrees
William R. Walter
Debbie Webster
Rita Williams

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Jenny Adcox
AirGas MidAmerica
Carey Albright

April Allen
Paige Barnes
Renee Barnett
Charles Beam
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Barbara Bishop
William Blackstone
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MAURY REGIONAL HEALTH CARE FOUNDATION
1224 Trotwood Avenue
Columbia, Tennessee 38401

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- Community Health Fund
- Eslick Daniel Youth Health Initiatives Fund
- Family & Friends Nutrition Fund
- Otwell Cancer Center Endowment
- Retreat Fund
- Service Area:
 - Cancer Fund
 - Cardiology Fund
 - Diabetes Fund
 - NICU Fund
 - Palliative Care
 - Pediatric Fund
 - Women's Center Fund
- Special Needs Fund
- Wayne Medical Center Fund
- William R. Walter Employee Assistance Fund
- Wellness & Aquatics Complex Healthy Living Endowment

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Spouse's Name _____

Address _____

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(Make checks payable to Maury Regional Health Care Foundation)

() \$100 () \$75 () \$50 () \$25 () Other \$ _____

*For a complete description of funds and to donate online, visit
MauryRegionalFoundation.com*

My gift is being given:

- In memory of _____
- In honor of _____
- Occasion _____
- Mr./Mrs./Ms. _____

Please notify:

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State _____ Zip Code _____
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