Maury Regional Urgent Care opened a new location in July in the Neapolis area of north Columbia. The location at 2478 Nashville Highway, Suite A, is open Monday–Friday from 7 a.m. to 7 p.m. as well as Saturday and Sunday from 9 a.m. to 3 p.m. The urgent care location offers walk-in services for conditions such as common illnesses, minor cuts, muscle strains and other minor injuries.

Services at the Neapolis location are offered by Maury Regional Medical Group providers, allowing for cohesive care throughout the MRH system for both children and adults. Providers at the new urgent care in north Columbia include Nicole Grinnell, FNP-C, Chassie Harris, FNP-C, and Katelin Thompson, FNP.

“For those in the north Columbia area, our new urgent care location is a convenient and cost-effective option for non-emergency illnesses and injuries,” said Maury Regional Health (MRH) CEO Alan Watson.

This is the third Maury Regional Urgent Care location in southern Middle Tennessee. Other facilities are located on the Maury Regional Medical Center campus in Columbia and on Main Street in Spring Hill. Visit MauryRegional.com or call 931.398.6590 for more information.

Maury Regional Medical Center (MRMC) has again earned The Joint Commission’s Gold Seal of Approval® for Heart Failure Certification for a two-year period by demonstrating continuous compliance with The Joint Commission’s performance standards.

The Gold Seal is a symbol of quality that reflects a health care organization’s commitment to providing safe and quality patient care. The Joint Commission certification recognizes health care organizations that provide clinical programs across the continuum of care for heart failure. The certification evaluates how organizations use clinical outcomes and performance measures to identify opportunities to improve care as well as to educate and prepare patients and their caregivers for discharge.

“Our entire care team is dedicated to providing evidence-based care to patients with cardiovascular health concerns, including heart failure,” said Maury Regional Health CEO Alan Watson. “We are pleased that our commitment to care for heart failure patients has been recognized with this certification.”

MRMC underwent a rigorous onsite review in June. During the visit, a team of Joint Commission reviewers evaluated compliance with related certification standards, which are developed in consultation with health care experts and providers, measurement experts and patients. The reviewers also conducted onsite observations and interviews.

For more information about the certification process, visit JointCommission.org. Learn more about services available for patients with heart failure and other heart-related conditions at Heart.MauryRegional.com.
Family medicine specialist joins medical staff

Raymond J. Howard, M.D., a specialist in family medicine, has joined the medical staff at Maury Regional Medical Center. He is associated with Maury Regional Medical Group (MRMG) Primary Care in Mt. Pleasant.

Dr. Howard received his medical degree from the University of Tennessee Health Science Center in Memphis. He completed an internship and residency in family medicine at the University of Tennessee Health Science Center in Jackson. Dr. Howard is board certified in family medicine.

MRMG Mt. Pleasant is located at 200 S. Cross Bridges Road. Hours are Monday–Friday from 7:30 a.m. to 5 p.m. Call 931.379.5821 for more information.

Drs. McCall, Shirley lead knee and hip replacement seminar

Orthopedic surgeons Scott W. McCall, M.D., and W. Cason Shirley, M.D., led a free information seminar July 9 about knee and hip replacement that more than 90 community members attended.

During the seminar, Drs. McCall and Shirley discussed the progression of deteriorating joints, when it might be time to consider joint replacement and the surgical options for knee and hip replacement, including the utilization of the advanced Mako robotic system.

Learn more about orthopedic services at Maury Regional Medical Center at MauryRegional.com/Orthopedic-Services.

MRMG Plastic Surgery now in Spring Hill

The Maury Regional Medical Group Plastic Surgery practice of K. Dwayne Fulks, M.D., and Matthew Endara, M.D., has expanded with a new office location in Spring Hill.

In addition to the Columbia practice, Dr. Endara will offer services in Spring Hill that include body contouring; breast reconstructions, reductions and rejuvenations; complex wound reconstructions; cosmetic procedures; and more. The new Spring Hill practice is located at 1003 Reserve Blvd., Suite 220, in the Maury Regional Spring Hill building near Port Royal Road. Dr. Endara also has privileges at the surgery center located in the adjacent suite.

The MRMG Plastic Surgery Columbia office is located at 1601 Hatcher Lane. Call 931.381.2802 to schedule an appointment at both practices and visit MauryRegional.com/Plastic-Surgery for more information about available services.
MRH participates in Experience Spring Hill

Representatives from Maury Regional Health (MRH) participated in the Spring Hill Chamber of Commerce's third annual Experience Spring Hill event July 13 at Summit High School.

An estimated 2,000 people attended the expo, which featured booths showcasing a variety of services and businesses from the Spring Hill area.

MRH, which was a silver-level sponsor, hosted two information booths providing information about services available in Spring Hill. Meghan Gannon, M.D., with Maury Regional Medical Group (MRMG) All Access Medicine; Diana Hunley with MRMG Primary Care in Spring Hill; and Josh Lunn, PT, Brittany White, PT, and Cindy Kington, PT, CHT, with Maury Regional Physical Therapy, participated.

MRH offers screenings at area health fair

Maury Regional Health (MRH) sponsored the 10th annual City of Spring Hill Health and Wellness Fair held July 17-18 at the UAW Hall in Spring Hill.

MRH employees provided attendees with several free screenings — including tests for blood pressure, grip strength, lung capacity, bone density and flexibility — in addition to offering information about MRH’s services.

The Maury Regional Medical Center Auxiliary met June 18 for the annual general membership meeting and to install new officers. Pictured is outgoing president Margaret Wells (center) with the new officers for 2019-20, including (l-r) Corresponding Secretary Bonnie Kennedy, Recording Secretary Cathy Cook, President Faye Kinzer and Vice President Mac Olivier.
Kilgore named chair of Tennessee Arts Commission

Joe Kilgore, executive director of the Maury Regional Health Care Foundation, was recently named chairman of the Tennessee Arts Commission.

The Tennessee Arts Commission’s mission is “to cultivate the arts for the benefit of all Tennesseans and their communities” by investing in and serving nonprofit arts organizations and programs, supporting arts education and addressing public needs through the arts. Members of the commission are appointed by the governor to serve five-year terms.

“Serving on the Tennessee Arts Commission is truly an honor and an incredible learning experience to be exposed to the impact of the arts on the citizens of the state of Tennessee,” Kilgore said. “From wonderful quality of life improvements to a huge economic impact, the arts are vibrant and valued in the state of Tennessee. It is a pleasure to work with the arts commission staff and my fellow commissioners.”

In addition to his work with the Maury Regional Health Care Foundation, Kilgore recently served a three-year term from 2014 to 2016 as member and chairman of the Columbia Arts Council. He has been involved in Columbia Main Street, the Columbia Historic Zoning Commission, the Maury County Historical Society, First Presbyterian Church of Columbia and other local non-profit organizations.

Organ appointed to TNCPE board

The Tennessee Center for Performance Excellence (TNCPE) appointed Candice Organ, lean process leader at Maury Regional Medical Center, to their 2019 Board of Examiners.

TNCPE’s Board of Examiners assesses and provides feedback to local, state and regional businesses and organizations applying for the TNCPE Award program, which recognizes organizations demonstrating excellence in business operations. Examiners like Organ use the Baldrige Excellence FrameworkTM to provide detailed feedback to help the organizations improve operations, performance, safety and workplace satisfaction.

Harris shares ‘sepsis escape box’ at statewide conference

Theresa Harris, RN, MSN, ACCNS-AG, CNE, CCRN, a critical care nurse at Maury Regional Medical Center (MRMC), presented at the Tennessee Hospital Association’s statewide conference on sepsis in June.

During her presentation, Harris discussed her creation of a “sepsis escape box,” which she implemented in a bi-monthly sepsis education class she teaches at MRMC. Harris also participated in a post-conference Q&A session about sepsis education.

Crawford named compliance champion

Maury Regional Health’s Compliance Department recognized Christa Crawford, imaging director at Marshall Medical Center (MMC), as the compliance champion for the fourth quarter of FY19.

“Christa was selected for her strong work ethic, her patient-centered approach to her daily job and her commitment to seeking out the right answers for any compliance issues she encounters as she cares for her patients,” said Compliance Director Kim Edwards. “We want to commend Christa for her outstanding contributions to our organization.”

Managers are encouraged to nominate employees for this award by sending an email to Edwards at kedwards@mauryregional.com that describes what makes the nominee an ideal compliance champion.

Hunter presents at national conference

Sarah Hunter, LPN, SCR, quality improvement analyst for Maury Regional Health (MRH), gave a poster presentation during the American College of Surgeon’s Quality and Safety Conference held in Washington, D.C. July 19-22.

Hunter’s poster presentation detailed how MRH sends post-operative patient letters, noting that patients want to feel they have an outlet to voice compliments, suggestions and questions. She also noted that patient comments help staff to care for future patients and have led to positive changes based on their feedback.
Local students participate in MASH 2019

In June, twenty-nine area high school students completed the 2019 Maury Academy for Students in Health (MASH) program at Maury Regional Medical Center (MRMC).

The medical center and the Maury Regional Auxiliary hosted the two-week educational opportunity for high school juniors and seniors interested in future careers in health care. During MASH, students visited numerous departments to gain hands-on learning experiences and exposure to a variety of medical professions and specialties. The students also participated in an emergency training exercise with physicians and staff members.

“The goal of the MASH program is for students interested in health care to have fun while learning,” said Cindy Short, coordinator of MASH and assistant director of Volunteer Services at MRMC. “MASH helps them to find their passion and to focus on what they want to do for the rest of their lives.”

Learn more about MASH at MauryRegional.com/MASH. Applications for next summer’s MASH program will be accepted in early 2020.

New pharmacy residents start at MRMC

Maury Regional Medical Center (MRMC) welcomed three new postgraduate – year one (PGY-1) pharmacy residents to the Pharmacy Department, while saying goodbye to three outgoing residency students.

The new pharmacy residents include Jessie Hipple from Lipscomb University, Lareine Karpouzian from Belmont University and Sophia Carter from the University of Tennessee.

Outgoing pharmacy residents from the past year include Hannah Boren, Vinny Cavaliere and Ramona McClain. Boren will be staying in the Maury Regional Health system as she completes a second-year residency in ambulatory care at PrimeCare Clinic, Cavaliere will complete a second-year residency in psychiatric pharmacy at the University of Maryland School of Pharmacy and McClain will begin a job as a clinical pharmacist at a hospital in Illinois.
The Maury Regional Health Care Foundation recognized two families who have created programs to benefit young patients at Maury Regional Medical Center (MRMC) during a recent Board of Directors meeting.

Rick and Diane Bolton created Tootsie’s Bears, which to date has raised more than $10,000 to purchase 1,168 stuffed animals for pediatric patients, in memory of their daughter Mary Margaret, or “Tootsie,” who passed away in 2017. Tootsie had a favorite teddy bear that brought her comfort during her time in the hospital. After she passed, her parents and family members wanted to ensure all children at MRMC have their own stuffed animals to provide them comfort.

Cord and Sondra Martin created Parker’s Project in honor of their son Parker, who was born prematurely and spent 10 weeks in the neonatal intensive care unit (NICU) at MRMC. The Martins, both educators, know the importance of reading to children at an early age and wanted to provide books for all NICU families. They have raised $19,000 over the past three years and have purchased 618 books to date.

“We are very thankful to the Boltons and Martins for giving back to Maury Regional Medical Center,” said Foundation Executive Director Joe Kilgore. “Their generous efforts are truly making a positive impact in the lives of our patients and their families.”

The Maury County Gun Club hosted the annual Shoot for a Cure event in May, raising $6,363 for the Maury Regional Health Care Foundation’s Women’ s Center Fund to assist breast cancer patients with meeting treatment-related needs. Pictured (l-r) are Maury County Gun Club President Devin Farmer, Foundation Development Specialist Cambre Godwin and Maury County Gun Club board member Don Kerce during the check presentation.

“JEFF BERRY, a maintenance specialist in Plant Operations, retired July 19. He was employed with Maury Regional Health (MRH) for 16 years.

“Jeff was always dependable,” said Plant Operations Director Paul Corvin. “I knew the job would be done right the first time if he was on the task. I thank Jeff for being on the Plant Operations team through many years. He will be dearly missed.”

MIKE DUGGER, a lead imaging technologist in the Radiology Department, retired June 19. He was employed for 34 years at Maury Regional Medical Center (MRMC).

“Mike was a leader on our midnight shift for 34 years,” said Imaging Director Pam Williams. “He was the person who kept everything working seamlessly while the rest of us slept! I appreciate Mike’s leadership for so many years and am happy that he is able to retire and enjoy the next phase of his life with his family.”

BRYANT FOSTER, a respiratory therapy supervisor, retired July 7 following 43 years of employment.

“Bryant was a very dedicated therapist at MRMC for 43 years,” said Respiratory Therapy Director Christy Wright. “He was a great therapist and supervisor for our department. He was always willing to help anyone in need with his generosity. His leadership will be greatly missed by many.”

RICHARD WILKES, a plant operations specialist, retired July 16 with 41 years of service.

“I always depended on Richard’s knowledge of electrical codes and his dedication to installing new electrical services correctly,” Corvin said. “I thank Richard for his knowledge of all the buildings through many years of growth and for his care and concern for the Plant Operations team. He will be dearly missed.”
MRMC EMPLOYEES PARTICIPATE IN SUMMER EVENT

Employees at Maury Regional Medical Center (MRMC) welcomed the summer season with a Fun in the Sun two-day event June 28–29 in the cafeteria. During the event, employees “fished” for prizes and enjoyed free shaved ice. Employees also created more than 100 flowers to recognize coworkers, mentors and managers during the Grow Where You are Planted recognition opportunity (pictured), which featured employees writing notes of encouragement or positivity on flowers.

BRAVO WELLNESS REGISTRATION
Aug. 6–31

The registration period for upcoming Bravo Wellness screenings will take place Aug. 6–31 on the Bravo Wellness portal located on the intranet under “Self-Serve” in the “Employee Resources” section. Registrants will receive an email confirmation that includes the date, time and location of their screening.

The screenings will occur Sept. 10–27 for those who schedule their appointments during the August registration period.

The Bravo program is voluntary; however, employees who do not participate in the biometric screenings will pay a significantly higher health insurance premium. Employees who change to a benefit-eligible status but do not participate in the screenings will default to the non-participant health insurance rate.

AUGUST CALENDAR OF EVENTS

August 1
DIABETES SUPPORT GROUP: 11 a.m., Annex, call 931.540.4324

August 3
UNDERSTANDING BIRTH: 9 a.m. to 3 p.m., MRMC, call 931.490.7046

August 8
DIABETES SELF-MANAGEMENT CLASS: 8:30 a.m. to 4:30 p.m., MRMC, call 931.540.4324

August 8
OPEN HOUSE: 4 to 6 p.m., Lewis Health Center, call 931.796.6248

August 13
BLOOD DRIVE: 7 a.m. to 5 p.m., Aux. Conf. Room, call 931.840.4446

August 13
CANCER SUPPORT GROUP: 1 p.m., Cancer Center, call 931.381.1111, ext. 8177

August 13
GRIEF SUPPORT GROUP: 5:30 p.m., MRMC Chapel, call 931.540.4243

August 13
SURGICAL WEIGHT LOSS SUPPORT GROUP: 6 p.m., MOB Conf. Room, call 931.381.1111, ext. 1276

August 17
SAFE SITTER: 9 a.m. to 3:30 p.m., MRMC, call 931.490.7046

August 19
BREASTFEEDING: 7 to 9 p.m., MRMC, call 931.490.7046

August 20
WEIGHT LOSS SURGERY – SMALL GROUP DISCUSSION: 6 p.m., MRMC, call 931.381.9338

August 22
OSTOMY SUPPORT GROUP: 10 a.m., MRMC, call 931.490.4600

August 22
STROKE SUPPORT GROUP: 6 p.m., Maury Regional Annex, call 931.840.4446

August 27
DIABETES SELF-MANAGEMENT CLASS: 8:30 a.m. to 4:30 p.m., MRMC, call 931.540.4324
KUDOS FOR CAREGIVERS

Reba Anderson    Eric DeLaBruere    Pam Hicks    Shavonne Morgan    Dr. Danny Robinson
Robert Anderson  Alana Dickey     Dr. Mark Hinson  Kim Murdock     Dr. Andres Rodriguez
Nicole Bailey    Nicky Edwards     Janell Hollis   Dr. Kanthi Narra  Ashley Sanders
Dr. Robert Bain  Pam Eicher       Corey Ingram    Dr. Padma Narra   Kayla Santiago
Dr. Charles Ball  Dr. Nicole Falls  Debra Jacks     Dr. Timothy Nash  Jacob Scott
Hugh Bennett     Elizabeth Farrell  Dr. Kelley Jefferson Dr. Andrew Nielsen  Dr. W. Cason Shirley
Cassie Bowling   Kristie Fox       Dr. Spencer Jensen  Heather Norris  Dr. Giorgi Sirbiladze
Dr. Larry Britt  Dr. Jon Freels    Dr. Romany Johnpulle  Dr. Elizabeth Null  Hailey Smith
Henry Canaman    Dr. Meghan Gannon  Dr. Kelly Kays    Parker Pardon   Dr. Emily Turner
Dr. Sean Cannady  Dr. Ben Gardner  Kayla Kirby      Dr. April Peal    Tamara Turner
Todd Chessor     Candace Giles     Dr. Justin Kropf  Dr. Michael Pelletier  Dr. Harish Veeramachaneni
Dr. Kevin Chunn  Dr. Deborah Goldsmith  Dr. Nathanael LaFayette  Dr. Christian Petrauskis  Dr. Amy Vertrees
Dr. Mark Cobb     Dr. James Grippo   Dr. Jennifer Lane  Dr. Christian Petrauskis  Dr. J. Fredrick Wade
Franklin Cole    Dr. Gaylon Harris  Dr. Bradley Layton  Candyce Pope     Faye Walker
Amanda Cothran   Carrie Hebel      Dr. Anuradha Mann  Felicia Potts  Dr. Cyrilyn Walters
Wilson Daniel    Dr. Michael Heinrich  Dr. Jeffrey Martin  Dr. Thomas Quinn  Dr. John Welker
Dianne Davis     Dr. Brook Helmer   Gordon Melton     Melissa Ray      Dr. George Wollas
Dr. Patrick Davis  Chelsey Hensley  Dr. Linda Monroe  Sheila Ridner   Sheli Woody

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