

# THE VITAL LINK



July 2019

Vol. XXXVIII, Issue 7

## MRH opens third urgent care location

Maury Regional Urgent Care opened a new location in July in the Neapolis area of north Columbia.

The location at 2478 Nashville Highway, Suite A, is open Monday–Friday from 7 a.m. to 7 p.m. as well as Saturday and Sunday from 9 a.m. to 3 p.m. The urgent care location offers walk-in services for conditions such as common illnesses, minor cuts, muscle strains and other minor injuries.

Services at the Neapolis location are offered by Maury Regional Medical Group providers, allowing for cohesive care throughout the MRH system for both children and adults. Providers at the new urgent care in north Columbia include Nicole Grinnell, FNP-C, Chassie Harris, FNP-C, and Katelin Thompson, FNP.

“For those in the north Columbia area, our new urgent care location is a convenient and cost-effective option for non-emergency illnesses and injuries,” said Maury Regional Health (MRH) CEO Alan Watson.

This is the third Maury Regional Urgent Care location in southern Middle Tennessee. Other facilities are located on the

Maury Regional Medical Center campus in Columbia and on Main Street in Spring Hill. Visit [MauryRegional.com](http://MauryRegional.com) or call 931.398.6590 for more information.



## MRMC earns certification in treatment of heart failure

Maury Regional Medical Center (MRMC) has again earned The Joint Commission's Gold Seal of Approval® for Heart Failure Certification for a two-year period by demonstrating continuous compliance with The Joint Commission's performance standards.

The Gold Seal is a symbol of quality that reflects a health care organization's commitment to providing safe and quality patient care. The Joint Commission certification recognizes health care organizations that provide clinical programs across the continuum of care for heart failure. The certification evaluates how organizations use clinical outcomes and performance measures to identify opportunities to improve care as well as to educate and prepare patients and their caregivers for discharge.

“Our entire care team is dedicated to providing evidence-

based care to patients with cardiovascular health concerns, including heart failure,” said Maury Regional Health CEO Alan Watson. “We are pleased that our commitment to care for heart failure patients has been recognized with this certification.”

MRMC underwent a rigorous onsite review in June. During the visit, a team of Joint Commission reviewers evaluated compliance with related certification standards, which are developed in consultation with health care experts and providers, measurement experts and patients. The reviewers also conducted onsite observations and interviews.

For more information about the certification process, visit [JointCommission.org](http://JointCommission.org). Learn more about services available for patients with heart failure and other heart-related conditions at [Heart.MauryRegional.com](http://Heart.MauryRegional.com).

## NEW EMPLOYEES

### MAURY REGIONAL MEDICAL CENTER

#### EMS

Kayla Brogan

#### ENVIRONMENTAL SERVICES

Kennita Black  
Travis Norwood

#### FISCAL PLANNING

Jonathon Pritt

#### FOOD & NUTRITION

Bhamini Patel  
Elizabeth Slanchik

#### IMAGING

Austyn Whaley

#### LABORATORY

Ryan Hooker

#### LEWISBURG FAMILY PRACTICE

Kathy Williams

#### NURSING

Emily Baker  
Natalie Bedford  
Anna Brewer  
Emily Burdette  
Meghan Evans  
Zachary Green  
Amber Harmon  
Caleb Hawley  
Lindsey Jennings  
Kelley Jones  
Kelly Little  
Dominique Maldonado  
Tae Morris  
Cameron Pratt  
Tabitha Seiber

*(Continued on next page)*

## Family medicine specialist joins medical staff

Raymond J. Howard, M.D., a specialist in family medicine, has joined the medical staff at Maury Regional Medical Center. He is associated with Maury Regional Medical Group (MRMG) Primary Care in Mt. Pleasant.

Dr. Howard received his medical degree from the University of Tennessee Health Science Center in Memphis. He completed an internship and residency in family medicine at the University of Tennessee Health Science Center in Jackson. Dr. Howard is board certified in family medicine.

MRMG Mt. Pleasant is located at 200 S. Cross Bridges Road. Hours are Monday–Friday from 7:30 a.m. to 5 p.m. Call 931.379.5821 for more information.



DR. HOWARD

## Drs. McCall, Shirley lead knee and hip replacement seminar

Orthopedic surgeons Scott W. McCall, M.D., and W. Cason Shirley, M.D., led a free information seminar July 9 about knee and hip replacement that more than 90 community members attended.

During the seminar, Drs. McCall and Shirley discussed the progression of deteriorating joints, when it might be time to consider joint replacement and the surgical options for knee and hip replacement, including the utilization of the advanced Mako robotic system.

Learn more about orthopedic services at Maury Regional Medical Center at [MauryRegional.com/Orthopedic-Services](http://MauryRegional.com/Orthopedic-Services).



DR. McCALL



DR. SHIRLEY

## MRMG Plastic Surgery now in Spring Hill

The Maury Regional Medical Group Plastic Surgery practice of K. Dwayne Fulks, M.D., and Matthew Endara, M.D., has expanded with a new office location in Spring Hill.



DR. ENDARA AND DR. FULKS

In addition to the Columbia practice, Dr. Endara will offer services in Spring Hill that include body contouring; breast reconstructions, reductions and rejuvenations; complex wound reconstructions; cosmetic procedures; and more. The new Spring Hill practice is located at 1003 Reserve Blvd., Suite 220, in the Maury Regional Spring Hill building near Port Royal Road. Dr. Endara also has privileges at the surgery center located in the adjacent suite.

The MRMG Plastic Surgery Columbia office is located at 1601 Hatcher Lane. Call 931.381.2802 to schedule an appointment at both practices and visit [MauryRegional.com/Plastic-Surgery](http://MauryRegional.com/Plastic-Surgery) for more information about available services.



### MAURY REGIONAL HEALTH

The VitaLink, designed by the Foreman Company, is published monthly for Maury Regional Health through the Marketing Department. Distribution is to employees, retirees, members of the medical staff, board of trustees, advisory board, Maury County Commission and volunteers.



Scan this QR code with your smart phone and visit our website.

For address corrections, please contact the Human Resources Department.

1224 Trotwood Avenue  
Columbia, TN 38401

## NEW EMPLOYEES

*(Continued from previous page)*

Ben Selbe  
Eden Smith  
Desiree Thomas  
Emily Thomason  
Colbe Tucker  
Suzanna Williams  
Jessica Wisnewski

### PATIENT ACCOUNTS

Alex Ross

### PHYSICAL THERAPY

David Hightower

### PRIMECARE CLINIC

Christy Martin

### RESPIRATORY THERAPY

Jackson Holland

### SUPPLY CHAIN

Bailey Westmoreland

### TELEMETRY

Coleman Journey  
Kyle Schroeder

## MAURY REGIONAL MEDICAL GROUP

Nicole Grinnell  
Danielle Morgan

## BIRTHS

Jay Burks, Wayne Medical Center, and family welcomed Tucker Lee Burks on June 18. He weighed 7 pounds and 4 ounces.

Michelle Kincaid, Emergency Department, and family welcomed Henley Jamison Kincaid on June 19.

Jamie Smith Roan, EMS, and family welcomed Kora River Roan on June 11. She weighed 7 pounds and 5 ounces.

Robin Rumbaugh, Quality Services, and family welcomed Brynlee Kate Rumbaugh on April 30. She weighed 5 pounds and 5 ounces.

Julianne Thomason, Home Services, and family welcomed Jovie Marianne Thomason on June 21. She weighed 8 pounds.

Sarah Thomason, Cardiology, and family welcomed Oliver Chase Thomason on June 25. He weighed 7 pounds and 7.5 ounces.

## MRH participates in Experience Spring Hill

Representatives from Maury Regional Health (MRH) participated in the Spring Hill Chamber of Commerce's third annual Experience Spring Hill event July 13 at Summit High School.

An estimated 2,000 people attended the expo, which featured booths showcasing a variety of services and businesses from the Spring Hill area.

MRH, which was a silver-level sponsor, hosted two information booths providing information about services available in Spring Hill. Meghan Gannon, M.D., with Maury Regional Medical Group (MRMG) All Access Medicine; Diana Hunley with MRMG Primary Care in Spring Hill; and Josh Lunn, PT, Brittany White, PT, and Cindy Kington, PT, CHT, with Maury Regional Physical Therapy, participated.

## MRH offers screenings at area health fair

Maury Regional Health (MRH) sponsored the 10th annual City of Spring Hill Health and Wellness Fair held July 17-18 at the UAW Hall in Spring Hill.

MRH employees provided attendees with several free screenings — including tests for blood pressure, grip strength, lung capacity, bone density and flexibility — in addition to offering information about MRH's services.



*Pictured are a group of employees working the City of Spring Hill's Health and Wellness Fair, including (l-r) Thomas Brewer, Lori Bergland, Patrick Harlan, Emily Gregg, Diana Hunley, Donna Price and Sharon Dobbins.*

**The Maury Regional Medical Center Auxiliary** met June 18 for the annual general membership meeting and to install new officers. Pictured is outgoing president Margaret Wells (center) with the new officers for 2019-20, including (l-r)



*Corresponding Secretary Bonnie Kennedy, Recording Secretary Cathy Cook, President Faye Kinzer and Vice President Mac Olivier.*



## Kilgore named chair of Tennessee Arts Commission

Joe Kilgore, executive director of the Maury Regional Health Care Foundation, was recently named chairman of the Tennessee Arts Commission.

The Tennessee Arts Commission's mission is "to cultivate the arts for the benefit of all Tennesseans and their communities" by investing in and serving nonprofit arts organizations and programs, supporting arts education and addressing public needs through the arts. Members of the commission are appointed by the governor to serve five-year terms.

"Serving on the Tennessee Arts Commission is truly an honor and an incredible learning experience to be exposed to the impact of the arts on the citizens of the state of Tennessee," Kilgore said. "From wonderful quality of life improvements to a huge economic impact, the arts are vibrant and valued in the state of Tennessee. It is a pleasure to work with the arts commission staff and my fellow commissioners."

In addition to his work with the Maury Regional Health Care Foundation, Kilgore recently served a three-year term from 2014 to 2016 as member and chairman of the Columbia Arts Council. He has been involved in Columbia Main Street, the Columbia Historic Zoning Commission, the Maury County Historical Society, First Presbyterian Church of Columbia and other local non-profit organizations.



KILGORE

## Crawford named compliance champion

Maury Regional Health's Compliance Department recognized Christa Crawford, imaging director at Marshall Medical Center (MMC), as the compliance champion for the fourth quarter of FY19.



*Pictured (l-r) are Edwards, Crawford and MMC CEO Phyllis Brown.*

"Christa was selected for her strong work ethic, her patient-centered approach to her daily job and her commitment to seeking out the right answers for any compliance issues she encounters as she cares for her patients,"

said Compliance Director Kim Edwards. "We want to commend Christa for her outstanding contributions to our organization."

Managers are encouraged to nominate employees for this award by sending an email to Edwards at [kedwards@mauryregional.com](mailto:kedwards@mauryregional.com) that describes what makes the nominee an ideal compliance champion.

## Organ appointed to TNCPE board

The Tennessee Center for Performance Excellence (TNCPE) appointed Candice Organ, lean process leader at Maury Regional Medical Center, to their 2019 Board of Examiners.

TNCPE's Board of Examiners assesses and provides feedback to local, state and regional businesses and organizations applying for the TNCPE Award program, which recognizes organizations demonstrating excellence in business operations. Examiners like Organ use the Baldrige Excellence Framework™ to provide detailed feedback to help the organizations improve operations, performance, safety and workplace satisfaction.



ORGAN

## Harris shares 'sepsis escape box' at statewide conference

Theresa Harris, RN, MSN, ACCNS-AG, CNE, CCRN, a critical care nurse at Maury Regional Medical Center (MRMC), presented at the Tennessee Hospital Association's statewide conference on sepsis in June.

During her presentation, Harris discussed her creation of a "sepsis escape box," which she implemented in a bi-monthly sepsis education class she teaches at MRMC. Harris also participated in a post-conference Q&A session about sepsis education.



HARRIS

## Hunter presents at national conference

Sarah Hunter, LPN, SCR, quality improvement analyst for Maury Regional Health (MRH), gave a poster presentation during the American College of Surgeon's Quality and Safety Conference held in Washington, D.C. July 19-22.

Hunter's poster presentation detailed how MRH sends post-operative patient letters, noting that patients want to feel they have an outlet to voice compliments, suggestions and questions. She also noted that patient comments help staff to care for future patients and have led to positive changes based on their feedback.



HUNTER

# Local students participate in MASH 2019

In June, twenty-nine area high school students completed the 2019 Maury Academy for Students in Health (MASH) program at Maury Regional Medical Center (MRMC).

The medical center and the Maury Regional Auxiliary hosted the two-week educational opportunity for high school juniors and seniors interested in future careers in health care. During MASH, students visited numerous departments to gain hands-on learning experiences and exposure to a variety of medical professions and specialties. The students also participated in an emergency training

exercise with physicians and staff members.

“The goal of the MASH program is for students interested in health care to have fun while learning,” said Cindy Short, coordinator of MASH and assistant director of Volunteer Services at MRMC. “MASH helps them to find their passion and to focus on what they want to do for the rest of their lives.”

Learn more about MASH at [MauryRegional.com/MASH](http://MauryRegional.com/MASH). Applications for next summer’s MASH program will be accepted in early 2020.



MASH 2019 graduates are pictured with Short (back, center) and MRMC volunteers Margene Hyatt and Con Vrailas (far left); Ray Turner and Sharon Shaw (back, right); and Margaret Wells (far right).

# New pharmacy residents start at MRMC

Maury Regional Medical Center (MRMC) welcomed three new postgraduate – year one (PGY-1) pharmacy residents to the Pharmacy Department, while saying goodbye to three outgoing residency students.

The new pharmacy residents include Jessie Hipple from Lipscomb University, Lareine Karpouzian from Belmont University and Sophia Carter from the University of Tennessee.

Outgoing pharmacy residents from the past year include Hannah Boren, Vinny Cavaliere and Ramona McClain. Boren will be staying in the Maury Regional Health system as she completes a second-year residency in ambulatory care at PrimeCare Clinic, Cavaliere will complete a second-year residency in psychiatric pharmacy at the University of Maryland School of Pharmacy and McClain will begin a job as a clinical pharmacist at a hospital in Illinois.



Pictured (l-r) are the incoming and outgoing pharmacy residents, including (l-r) Boren, McClain, Cavaliere, Hipple, Carter and Karpouzian.



## FOUNDATION RECOGNIZES BOLTONS, MARTINS

The Maury Regional Health Care Foundation recognized two families who have created programs to benefit young patients at Maury Regional Medical Center (MRMC) during a recent Board of Directors meeting.

Rick and Diane Bolton created Tootsie's Bears, which to date has raised more than \$10,000 to purchase 1,168 stuffed animals for pediatric patients, in memory of their daughter Mary Margaret, or "Tootsie," who passed away in 2017. Tootsie had a favorite teddy bear that brought her comfort during her time in the hospital. After she passed, her parents and family members wanted to ensure all children at MRMC have their own stuffed animals to provide them comfort.

Cord and Sondra Martin created Parker's Project in honor of their son Parker, who was born prematurely and spent 10 weeks in the neonatal intensive care unit (NICU) at MRMC. The Martins, both educators, know the importance of reading to children at an early age and wanted to provide books for all NICU families. They have raised \$19,000 over the past three years and have purchased 618 books to date.

"We are very thankful to the Boltons and Martins for giving back to Maury Regional Medical Center," said Foundation Executive Director Joe Kilgore. "Their generous efforts are truly making a positive impact in the lives of our patients and their families."



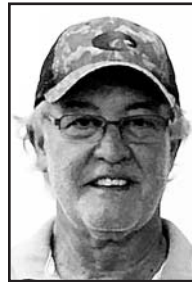
*Pictured are the Boltons (left) and Martins (right) with Foundation Chairman Edward Moore.*



*The Maury County Gun Club hosted the annual Shoot for a Cure event in May, raising \$6,363 for the Maury Regional Health Care*

*Foundation's Women's Center Fund to assist breast cancer patients with meeting treatment-related needs. Pictured (l-r) are Maury County Gun Club President Devin Farmer, Foundation Development Specialist Cambre Godwin and Maury County Gun Club board member Don Kerce during the check presentation.*

## MRH celebrates retirees



BERRY

dearly missed."

JEFF BERRY, a maintenance specialist in Plant Operations, retired July 19. He was employed with Maury Regional Health (MRH) for 16 years.

"Jeff was always dependable," said Plant Operations Director Paul Corvin. "I knew the job would be done right the first time if he was on the task. I thank Jeff for being on the Plant Operations team through many years. He will be

MIKE DUGGER, a lead imaging technologist in the Radiology Department, retired June 19. He was employed for 34 years at Maury Regional Medical Center (MRMC).

"Mike was a leader on our midnight shift for 34 years," said Imaging Director Pam Williams. "He was the person who kept everything working seamlessly while the rest of us slept! I appreciate Mike's leadership for so many years and am happy that he is able to retire and enjoy the next phase of his life with his family."



DUGGER



FOSTER

BRYANT FOSTER, a respiratory therapy supervisor, retired July 7 following 43 years of employment.

"Bryant was a very dedicated therapist at MRMC for 43 years," said Respiratory Therapy Director Christy Wright. "He was a great therapist and supervisor for our department. He was always willing to help anyone in need with his generosity. His leadership will be greatly missed by many."

RICHARD WILKES, a plant operations specialist, retired July 16 with 41 years of service.

"I always depended on Richard's knowledge of electrical codes and his dedication to installing new electrical services correctly," Corvin said. "I thank Richard for his knowledge of all the buildings through many years of growth and for his care and concern for the Plant Operations team. He will be dearly missed."



WILKES



## **BRAVO WELLNESS REGISTRATION AUG. 6–31**

The registration period for upcoming Bravo Wellness screenings will take place Aug. 6–31 on the Bravo Wellness portal located on the intranet under “Self-Serve” in the “Employee Resources” section. Registrants will receive an email confirmation that includes the date, time and location of their screening.

The screenings will occur Sept. 10–27 for those who schedule their appointments during the August registration period.

The Bravo program is voluntary; however, employees who do not participate in the biometric screenings will pay a significantly higher health insurance premium. Employees who change to a benefit-eligible status but do not participate in the screenings will default to the non-participant health insurance rate.

## **MRMC EMPLOYEES PARTICIPATE IN SUMMER EVENT**

Employees at Maury Regional Medical Center (MRMC) welcomed the summer season with a Fun in the Sun two-day event June 28–29 in the cafeteria.

During the event, employees “fished” for prizes and enjoyed free shaved ice. Employees also created more than 100 flowers to recognize coworkers, mentors and managers during the Grow Where You are Planted recognition opportunity (pictured), which featured employees writing notes of encouragement or positivity on flowers.



## **AUGUST CALENDAR OF EVENTS**

### **August 1**

DIABETES SUPPORT GROUP:  
11 a.m., Annex, call 931.540.4324

### **August 3**

UNDERSTANDING BIRTH: 9 a.m. to  
3 p.m., MRMC, call 931.490.7046

### **August 8**

DIABETES SELF-MANAGEMENT  
CLASS: 8:30 a.m. to 4:30 p.m., MRMC,  
call 931.540.4324

### **August 8**

OPEN HOUSE: 4 to 6 p.m., Lewis  
Health Center, call 931.796.6248

### **August 13**

BLOOD DRIVE: 7 a.m. to 5 p.m., Aux.  
Conf. Room, call 931.840.4446

### **August 13**

CANCER SUPPORT GROUP: 1 p.m.,  
Cancer Center, call 931.381.1111,  
ext. 8177

### **August 13**

GRIEF SUPPORT GROUP: 5:30 p.m.,  
MRMC Chapel, call 931.540.4243

### **August 13**

SURGICAL WEIGHT LOSS SUPPORT  
GROUP: 6 p.m., MOB Conf. Room, call  
931.381.1111, ext. 1276

### **August 17**

SAFE SITTER: 9 a.m. to 3:30 p.m.,  
MRMC, call 931.490.7046

### **August 19**

BREASTFEEDING: 7 to 9 p.m.,  
MRMC, call 931.490.7046

### **August 20**

WEIGHT LOSS SURGERY – SMALL  
GROUP DISCUSSION: 6 p.m., MRMC,  
call 931.381.9338

### **August 22**

OSTOMY SUPPORT GROUP:  
10 a.m., MRMC, call 931.490.4600

### **August 22**

STROKE SUPPORT GROUP:  
6 p.m., Maury Regional Annex, call  
931.840.4446

### **August 27**

DIABETES SELF-MANAGEMENT  
CLASS: 8:30 a.m. to 4:30 p.m., MRMC,  
call 931.540.4324

# KUDOS FOR CAREGIVERS

Reba Anderson  
Robert Anderson  
Nicole Bailey  
Dr. Robert Bain  
Dr. Charles Ball  
Hugh Bennett  
Cassie Bowling  
Dr. Larry Britt  
Henry Canaman  
Dr. Sean Cannady  
Todd Chessor  
Dr. Kevin Chunn  
Dr. Mark Cobb  
Franklin Cole  
Amanda Cothran  
Wilson Daniel  
Dianne Davis  
Dr. Patrick Davis

Eric DeLaBruere  
Alana Dickey  
Nicky Edwards  
Pam Eicher  
Dr. Nicole Falls  
Elizabeth Farrell  
Kristie Fox  
Dr. Jon Freels  
Dr. Meghan Gannon  
Dr. Ben Gardner  
Candace Giles  
Dr. Deborah Goldsmith  
Dr. James Grippo  
Dr. Gaylon Harris  
Carrie Hebel  
Dr. Michael Heinrich  
Dr. Brook Helmer  
Chelsey Hensley

Pam Hicks  
Dr. Mark Hinson  
Janell Hollis  
Corey Ingram  
Debra Jacks  
Dr. Kelley Jefferson  
Dr. Spencer Jensen  
Dr. Romany Johnpulle  
Dr. Kelly Kays  
Kayla Kirby  
Dr. Justin Kropf  
Dr. Nathanael Lafferty  
Dr. Jennifer Lane  
Dr. Bradley Layton  
Dr. Anuradha Mann  
Dr. Jeffrey Martin  
Gordon Melton  
Dr. Linda Monroe

Shavonne Morgan  
Kim Murdock  
Dr. Kanthi Narra  
Dr. Padma Narra  
Dr. Timothy Nash  
Rachel Newman  
Dr. Andrew Nielsen  
Heather Norris  
Dr. Elizabeth Null  
Parker Pardon  
Dr. April Peal  
Dr. Michael Pelletier  
Dr. Christian Petruskis  
Candyce Pope  
Felicia Potts  
Dr. Thomas Quinn  
Melissa Ray  
Sheila Ridner

Dr. Danny Robinson  
Dr. Andres Rodriguez  
Ashley Sanders  
Kayla Santiago  
Jacob Scott  
Dr. W. Cason Shirley  
Dr. Giorgi Sirbiladze  
Hailey Smith  
Dr. Emily Turner  
Tamara Turner  
Dr. Harish Veeramachaneni  
Dr. Amy Vertrees  
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Dr. John Welker  
Dr. George Wollas  
Shelli Woody

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