

THE VITAL LINK



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MRMC awarded certification as Advanced Primary Stroke Center

Maury Regional Medical Center (MRMC) recently earned The Joint Commission's Gold Seal of Approval® and the American Heart Association/American Stroke Association's Heart-check mark for certification as an Advanced Primary Stroke Center.

"This recognition highlights the exceptional care we provide here at MRMC," said CEO Alan Watson. "I commend all our physicians and staff members, led by Chest Pain Center and Stroke Program Coordinator Brenda Bishop, for their demonstrated commitment to the quality and compassionate care that made this distinction possible."

MRMC underwent a rigorous onsite review in December 2018 as Joint Commission experts evaluated compliance with stroke-related standards and requirements, including

program management, delivery of care and performance improvement.

"By adhering to this very special distinction, MRMC has clearly made it a priority to deliver high-quality care to all patients affected by stroke," said Nancy Brown, chief executive officer of the American Heart Association/American Stroke Association.

At MRMC, board-certified neurologists, Emergency Department nurses and Critical Care Unit nurses are specially trained in stroke patient care. MRMC also offers comprehensive stroke rehabilitation — including occupational, physical and speech therapy — as well as a monthly Stroke Support Group.

Read the full story at MauryRegional.com.

MRMC Critical Care recognized with Silver Beacon Award

The American Association of Critical-Care Nurses (AACN) recently conferred a silver-level Beacon Award for Excellence on the Maury Regional Medical Center (MRMC) Critical Care Unit. MRMC is one of only three hospitals in Tennessee with this honor.

"This recognition is reflective of the commitment of our Critical Care team to provide outstanding, evidenced-based care to our patients facing critical illnesses," said Chief Nursing Officer Deborah Lumpkins, DNP, RN, NEA-BC.

The Beacon Award for Excellence is a significant milestone on the path to exceptional patient care and healthy work environments. Units that achieve this three-year, three-level award meet national criteria consistent with Magnet Recognition, the Malcolm Baldrige National Quality Award and the National Quality Healthcare Award.



"Units that receive this national recognition serve as role models to others on their journey to excellent patient and family care," said AACN President Clareen Wienczek, RN, PhD, ACNP, ACHPN.

Read more about the Critical Care Unit's silver distinction at MauryRegional.com.

NEW EMPLOYEES

MAURY REGIONAL MEDICAL CENTER

ADMITTING/REGISTRATION

Charla Ruble

ENVIRONMENTAL SERVICES

Charity Baker
Heather Haselhuhn
Annette Kratzer
Karen Meyer
LeeAzha Pillow
Katelynn Reynolds
Rebecca Silva
Keandra Wright

FOOD & NUTRITION

Dale Hoonhorst
Doris Johnson

LABORATORY

Staci Abernathy
Cindy Hope-Whisman

MARKETING

Abby Ponder

NURSING

Kristin Colvett
Elizabeth Cribbs
Jere Darby
Emma Farmer
Madison Fly
Janna Postol
Tina Prentice

(Continued on next page)

2019 board appointments

Maury Regional Medical Center (MRMC) recently announced appointments to the Board of Trustees and to the Advisory Board.

Houston Parks and Rodney Poling, M.D., were appointed for their second terms as, respectively, chair and vice chair for the Board of Trustees. Parks is an attorney in private practice with the law firm of Parks, Bryant and Snyder, PLLC, who has served on the board since 2009. Dr. Poling has been a board member since 2016 and is a past member of the Advisory Board. He joined the MRMC medical staff in 1990 and is board certified in psychiatry and geriatric psychiatry.



PARKS DR. POLING HORNER

Additionally, two new Board of Trustees members received appointments, including Beverly Horner and Jeffrey Adams, M.D. They succeeded Doug Williamson and Susan Gray, M.D., who retired from the board this year.



DR. ADAMS WILLIAMSON DR. GRAY

Dr. Adams is an orthopedic surgeon who has been a member of the MRMC medical staff since 1991 and who served as the medical center's chief of staff in 2009. Dr. Adams earned his medical degree from the University of Tennessee Health Science Center in Memphis. He completed an internship and residency at Carolinas Medical Center in Charlotte, North Carolina, and is board certified in orthopedic surgery.

Horner is a retired member-in-charge of KraftCPAs' assurance services department and its Columbia office. In addition to overseeing the firm's quality control and administration of the audit practice, she was a member on its financial institutions team. She is a certified public accountant, certified financial services auditor and registered qualified peer reviewer. She holds a master's degree in business administration from East Tennessee State University and a bachelor's degree in chemistry from Middle Tennessee State University.

Joining the Advisory Board is Justin Rhinehart, PhD. Rhinehart is an associate professor at his undergraduate alma mater, the University of Tennessee. He also holds degrees in reproductive physiology, including a master's degree from the University of Kentucky and a doctorate from West Virginia University. Rhinehart replaces Drew Parker, who served on the Advisory Board from 2013 to 2018 and had reached the term limit for members.

"We look forward to working with Dr. Jeffrey Adams, Beverly Horner and Justin Rhinehart as they join the outstanding group of community leaders who serve on our boards," said CEO Alan Watson. "We are grateful to outgoing members Doug Williamson, Dr. Susan Gray and Drew Parker for their service and leadership. They have served as trusted advisors and helped to guide our organization as we have continued to advance."

Williamson, a retired Maury County Farm Bureau agency manager and Columbia resident for more than 24 years, served on the Board of Trustees from 2004 to 2018 and held the position of chair from 2009 to 2017. Dr. Gray, a specialist in gynecology, has been a member of the medical staff at MRMC since 1986 and served as a member on the Board of Trustees from 2002 to 2018.



MAURY REGIONAL HEALTH

The VitaLink, designed by the Foreman Company, is published monthly for Maury Regional Health through the Marketing Department. Distribution is to employees, retirees, members of the medical staff, board of trustees, advisory board, Maury County Commission and volunteers.



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For address corrections, please contact the Human Resources Department.

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Columbia, TN 38401

NEW EMPLOYEES

NURSING PROFESSIONAL DEVELOPMENT

Marvin Kelso Jr.

PATIENT ACCOUNTS

William Edwards

PLANT OPERATIONS

Cody Scroggins

POPULATION HEALTH

Carmen Collins

PRE-SERVICE

Lisa Carter

STERILE PROCESSING

Lauren Kelly

Uzma Khan

SURGERY

Martha Chiplis

Hayley Lopp

TRANSPORTATION

Taylor Reaves

MAURY REGIONAL MEDICAL GROUP

Terri Hoschek

Chyenne Houston

Kelly Owens

Alicia Russell

MARSHALL MEDICAL CENTER

Brittany Parish

BIRTHS

Darold Hatcher, Emergency Medical Services (EMS), and family welcomed Henley Jean Hatcher on January 23. She weighed 5 pounds and 13 ounces.

Alissa Long, Nursing Professional Development, and family welcomed Brantley Ace Long on January 31. He weighed 9 pounds and 3 ounces.

Jason Sheehan, Orthopedics, and family welcomed Hazel Joy Sheehan on February 5. She weighed 6 pounds and 8 ounces.

ORGANIZATIONAL ANNOUNCEMENT—

Sentz named care coordination assistant director

Alisa Sentz, MSN, RN, ACM-RN, was recently appointed to the position of care coordination assistant director from her prior role as team leader for Health IT.

Her new responsibilities include inpatient and ambulatory care coordination in addition to remaining the main contact for Cerner-related needs, according to Population Health Director Jill Gaddes.

Sentz is a graduate of Middle Tennessee State University's master's program in nursing administration. She has more than 13 years of combined experience in care coordination and management, including time spent working with inpatient, hospice and ambulatory services.



SENTZ

Murrell authors journal article



MURRELL

Maury Regional Medical Center (MRMC) Infection Prevention Director Lynnelle Murrell, BSN, RN, CIC, was the author of an article recently published in the American Journal of Infection Control.

The article highlighted the results of a case study conducted at MRMC on the use of visible-light disinfection systems in operating rooms. The results demonstrated that the light system enhanced environmental disinfection beyond standard manual cleaning, resulting in a decrease in surgical site infections. The study was performed at MRMC between October 2015 and October 2017.

The light system has been implemented in three orthopedic operating rooms since 2016. Studies are currently underway to examine the use of a similar lighting system in the Pharmacy and in patient bathrooms.

Davis named compliance champion

The Compliance Department at Maury Regional Health recognized Abby Davis, RN, as the compliance champion for the second quarter of FY19.

Davis, a registered nurse at Wayne Medical Center, was selected for the Compliance Champion Award due to her demonstrated commitment to compliance.

"When HIPAA or compliance is in question related to policies, patient care, etc., Abby calls to find out answers so she will be able to do the right thing for her patients," said Compliance Director Kim Edwards. "Congratulations, Abby. Thank you for your part in keeping our organization compliant."

Managers are encouraged to nominate employees for this award by emailing Edwards at kedwards@mauryregional.com and describing what makes the nominee an ideal compliance champion.



Davis (left) is pictured receiving the award from Edwards.

MRH reflects on mobile medical unit's first year in operation

Maury Regional Health's (MRH) mobile medical unit celebrated its first year of operation in February 2019 with more than 7,500 encounters with at-risk and underserved patients across southern Middle Tennessee.

The mobile medical unit offers general and routine health screenings in addition to administering flu vaccines and providing education, outreach and preventative services.

"The mobile medical unit further revolutionizes the already extraordinary health care services that MRH is



The mobile medical unit travels across southern Middle Tennessee to provide health care services for at-risk and underserved patients.

known for and makes a significant impact throughout our southern Middle Tennessee region," said CEO Alan Watson.

The mobile medical unit is a customized 38-foot recreational vehicle (RV) fitted with two exam rooms and a laboratory area. It is wheelchair accessible and staffed by a registered nurse and emergency medical technicians (EMTs).

Over the course of its first year of operation, the unit's staff worked with 4,455 new and returning patients during 297 events at unique venues across the region, including churches, housing developments and food pantries. The mobile medical unit made more than 500 referrals to specialized providers and served approximately 3,000 additional individuals through its outreach and education efforts.

"This job gives you a chance to make a difference and to make a positive impact on someone — to see them and offer them a hand up," said Lori Bergland, RN, who works on the unit.

Back in 2017, the Maury Regional Health Care Foundation led a 10-month campaign that raised more than \$300,000 for the unit's purchase. The Foundation has since committed to providing an additional \$519,000 for operational expenses over the first five years of operation.

Read the full story at MauryRegional.com.

MRH receives federal funds to reduce hospital readmission rates

Maury Regional Health (MRH) was awarded \$928,878 in Civil Money Penalty funds from the Centers for Medicare and Medicaid Services (CMS) for its post-acute care network (PACN), a program established by MRH in 2018 to bring together skilled nursing facilities in southern Middle Tennessee to enhance the continuum of care.

The Civil Money Penalty funds MRH received will be used to reduce hospital readmissions through infection prevention, antimicrobial stewardship and rapid responses to changes in patients' conditions. The PACN will provide quarterly reports to CMS over the course of this three-year project that analyze these priority areas and the associated cost savings achieved.

"By targeting these three areas, caregivers will receive additional resources as Tennessee residents see a direct improvement in their quality of life," said Mark Kirschbaum, PhD, RN, vice president of population health at MRH.

Contact the Population Health Department at 931.490.7282 for more information and read the full story at MauryRegional.com.



Members of the PACN team include (l-r) Infectious Disease Pharmacist Zina Gugkaeva, Nursing Professional Development Director Susan MacArthur, Vice President of Population Health Mark Kirschbaum, Infection Control Director Lynnelle Murrell and Population Health Director Jill Gaddes.

Willoughby receives recognition

Cheryl Willoughby, with Senior Life Solutions and Marshall Medical Center (MMC), recently received an award for office and patient coordinator of the year.

“You cannot find anyone more consistent, committed and compliant than Cheryl,” said Maggie Jewel, program director for Senior Life Solutions. “She meets and exceeds all goals that are presented to her and, above all, she has the most compassionate and loving spirit with our patients.”

Willoughby was presented with

the award by Psychiatric Medical Care, which manages Senior Life Solutions at MMC.



MMC CEO Phyllis Brown (left) and Jewel (right) present Willoughby (center) with her award.

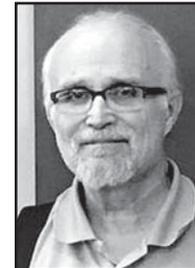
Taylor speaks with Rotary club

Wayne Medical Center CEO Tyler Taylor spoke with the Waynesboro Rotary Club on January 22.

During his presentation, Taylor discussed the past year at Wayne Medical Center and highlighted the facility’s economic impact on the county at large. He also shared updates regarding the medical center’s investments in improving equipment and facilities on an annual basis.

MRH honors retiree

DONALD BAKER retired January 25, 2019, after 18 years of service. He was an environmental services associate in the Housekeeping



BAKER

Department at Maury Regional Medical Center.

“Donald was a terrific teammate and was always willing to offer a hand to anyone who needed help,” said Mike

Short, director of Environmental Services. “He was a dependable and committed associate, known to be quick with a joke to brighten up everyone’s day. We will miss Donald but know he will enjoy his retirement and this next phase of his life.”

FOUNDATION RECOGNIZES LEADERSHIP CHANGES

The Maury Regional Health Care Foundation welcomed new and returning leadership to its Board of Directors in January 2019.

Greg Martin, past board chairman, returned to the Board of Directors to serve another three-year term after serving as an ambassador for one year, while David Baxter, Ty Cobb, Tom Grosko and Amit Keswani, M.D., began their three-year terms as members of the board.

Baxter is the owner of Medical Necessities and Sleep Solutions, while Cobb serves as fire chief for the City of Columbia Fire & Rescue. Grosko is the president and chief operating officer of Smelter Service Corporation in Mount Pleasant and Dr. Keswani is an assistant professor of medicine at

Vanderbilt Heart and works at Maury Regional Health as an interventional cardiologist.

“We welcome these leaders to the Foundation Board of Directors and appreciate their willingness to serve our community,” said Joe Kilgore, executive director of the Foundation.

The Foundation also recognized Billy Blackstone, Wesley Bryant and Mike Wiles during its annual Christmas Breakfast in December for completing their years of service as board members.

The Foundation Board of Directors currently consists of 28 voting members, three ambassadors and seven emeritus members. View the full list at MauryRegionalFoundation.com.

MAURY REGIONAL HEALTH CARE



FOUNDATION

News

**FOUNDATION HONORS
CASTANEDA WITH GOLD PIN**

The Maury Regional Health Care Foundation recognized Josie Castaneda, a physical therapist for Home Services, as an Extraordinary Hero honoree in January for her patient care efforts.

Physicians, employees and volunteers at all Maury Regional Health (MRH) locations are recognized by the Extraordinary Hero program when a patient or family member makes a donation to the Foundation in their honor as a way of expressing gratitude for the care they received. Those recognized by the Extraordinary Hero program receive a silver pin and a certificate.

Because this marked Castaneda's fifth recognition by the program in the span of three months, she became the first MRH employee eligible for a gold pin.

"Josie is an exceptional employee," said Rosemary Edmonds, director of Home Health. "She is a caring individual with such a heart for service to her patients. We are so fortunate to have her on our team."

For more information about the Extraordinary Hero program, contact the Foundation at 931.380.4075 or visit MauryRegionalFoundation.com.



Cambre Godwin (left), development specialist for the Foundation, and Edmonds (right), present Castaneda (center) with an Extraordinary Hero gold pin and certificate for her outstanding work with patients.

**FOUNDATION TO HOST ANNUAL MULE KICK
5K & 1-MILE TROT ON APRIL 6**

The Maury Regional Health Care Foundation will host the Mule Kick 5K & 1-Mile Trot presented by Reliant Bank on Saturday, April 6, at Riverwalk Park in Columbia.

Proceeds from this annual event provide funding for Maury Regional Health's mobile medical unit, which serves at-risk and underserved populations throughout southern Middle Tennessee by providing health care screenings, education and resources.

"From assisting individuals with high blood pressure to providing education about health conditions and community resources, the mobile unit team has done an amazing job of impacting lives," said Joe Kilgore, executive director of the Foundation. "We want to help them continue their exemplary work in assisting those less fortunate through the fundraising at this event."

A portion of the proceeds from the Mule Kick 5K & 1-Mile Trot will also be donated to the Foundation's Wellness and Aquatics Center Healthy Living Endowment and to the Columbia Parks and Recreation Department. The school in Maury County with the most participation will receive a donation to their physical education program from the Foundation.

The race will begin at Riverwalk Park next to Riverside Elementary with an 8 a.m. start time for the 5K and a 9 a.m. start time for the 1-Mile Trot. Both runners and walkers are encouraged to participate. An award ceremony will follow the 1-Mile Trot for top finishers from both races. Refreshments will be provided.

Participants are encouraged to register online at MuleKick5K.org. Contact the Maury Regional Health Care Foundation at 931.380.4075 for more information and like facebook.com/MuleKick5K to stay up to date on all things Mule Kick.



Pictured (l-r) in front of the mobile medical unit are team member Lori Bergland, RN, Maury the Mule, Foundation Executive Director Joe Kilgore and Michael Franks of Reliant Bank.



**MRMC TO HOST
'FOOD TRUCK FRENZY'**

Maury Regional Medical Center (MRMC) will welcome an array of food trucks during a special "Food Truck Frenzy" event Wednesday, March 27, with food available for purchase from 11 a.m. to 2 p.m.

**HUMAN RESOURCES RECOGNIZES
PHOTO CONTEST WINNERS**

Human Resources at Maury Regional Health recently hosted several photo contests to celebrate the hospital's milestone anniversary and to encourage employee engagement.

In commemoration of Maury Regional Medical Center's 65th anniversary, employees shared photos of themselves "Making New Memories at Maury." Lana Compton earned first place, Morgan Chapman earned second place and Sue MacArthur earned third place.



Lana Compton (center) earned first place in the "Making Memories at Maury" contest.

Employees across the system also shared selfies of themselves supporting the Nashville Predators hockey team for a chance to win tickets to one of two games in February. Winners included Tara Sargent, Ashlie Haddock, Kaysha Beavers and Cassie Bowling.

MARCH CALENDAR OF EVENTS

March 2

UNDERSTANDING BIRTH: 9 a.m. to 3 p.m., call 931.490.7046

March 4

FEELING FABULOUS: Noon, Cancer Center, call 931.490.7192

March 7

DIABETES EDUCATION GROUP: 11 a.m., Maury Regional Annex, call 931.540.4324

March 9

NEWBORN CARE: 9 a.m., call 931.490.7046

March 9

INFANT CPR: Noon, call 931.490.7046

March 12

CANCER SUPPORT GROUP: 1 p.m., Cancer Center, call 931.381.1111, ext. 8177

March 12

GRIEF SUPPORT GROUP: 5:30 p.m., MRMC Chapel, call 931.540.4243

March 12

SURGICAL WEIGHT LOSS SUPPORT GROUP: 6 p.m., Medical Office Building Conference Room, call 931.381.1111, ext. 1748

March 14

SCRUB SALE: 7 a.m. to 7 p.m., Auxiliary Conference Room, call 931.380.4075

March 15

SCRUB SALE: 7 a.m. to 4 p.m., Auxiliary Conference Room, call 931.380.4075

March 16

BREASTFEEDING: 9 to 11 a.m., call 931.490.7046

March 18

BREAST CANCER SUPPORT GROUP: 5:30 p.m., Women's Center (Pavilion), call 931.540.4166

March 28

OSTOMY SUPPORT GROUP: 10 a.m., First Floor Conference Room, call 931.490.4600

March 28

GRIEF SUPPORT GROUP: Noon, Marshall Medical Center, call 931.540.4243

March 28

STROKE SUPPORT GROUP: 6 p.m., Maury Regional Annex, call 931.840.4446

March 30

UNDERSTANDING BIRTH: 9 a.m. to 3 p.m., call 931.490.7046

KUDOS FOR CAREGIVERS

Michael Backues
Dr. Charles Ball
Hunter Bastin
Amanda Brown
Dr. John Brown
Brian Butler
Jim Calahan
Henry Canaman
Josie Castaneda
Dr. Amit Choksi
Dr. Mark Cobb
Morgan Coulter

Dr. Randall Davidson
Dr. Patrick Davis
Wes Donaldson
Mason Douglas
Roni Dumont
Dr. Nicole Falls
Dr. Thomas Farmer
Jamie Fisher
Jackie Flinn
Marisa Giles
Chase Glass

Kassidy Henson
Barbara Hinson
Jennifer Hirst
Rebecca Horning
Dr. Kelly Kays
Jeanette Kennedy
Dr. Amit Keswani
Dr. Justin Kropf
Dr. Bryan Kurtz
Lynn Lott
Janis MacDonald

Dr. Brenda May
Dr. Scott McCall
Dr. Robert McClure
Cathy McKim
Kristen Miller
Madison Miller
Fagan Moritz
Dr. Chad Moss
Dr. Timothy Nash
Dr. Elizabeth Null
Dr. Lisa Phillips

Wendy Pam Pipkin
Maureen Plumb
Dr. Thomas Quinn
Whitney Ricketts
Dr. Mark Seago
Jason Sheehan
Sloane Smith
Connie Vazquez
Dr. Janice Vinson
Dr. George Wollas
Josephine Yrabien
Terry Zimmer

THE VITAL *LINK*

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Honor a doctor. Help a patient.

Consider honoring a physician this Doctors' Day (March 30) with a gift to the Maury Regional Health Care Foundation.

Doctors' Day gifts will help patients throughout southern Middle Tennessee with accessing transportation, medication, medical equipment and other needs.

Learn more at MauryRegionalFoundation.com or by contacting the Foundation at 931.380.4075.

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