

THE VITAL LINK



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Maury Regional Health named a top U.S. health system for the fifth time

Maury Regional Health (MRH) is the only system in Tennessee to be named one of the nation's 15 Top Health Systems by IBM Watson Health in 2018. This study spotlights best-performing health systems in the U.S., based on publicly available clinical, operational and patient satisfaction data. This is the fifth time MRH has been recognized since the study began in 2008.

"It is a remarkable achievement to be named among the nation's top health systems five times in ten years. This recognition is reflective of the outstanding performance of the employees, physicians and volunteers at Maury Regional Health who dedicate their lives to caring for our patients. I am immensely proud of our team," said MRH CEO



Alan Watson.

The 15 Top Health Systems are divided into categories of large, medium and small health systems, with only five systems recognized in each category. MRH's recognition in the small health system category was the result of data for its three hospitals—Maury Regional Medical Center in Columbia, Marshall Medical Center in Lewisburg and Wayne Medical Center in Waynesboro.

IBM Watson Health researchers evaluated 338 health systems and 2,422 health system member hospitals based on Medicare cost reports, Medicare Provider Analysis and

(See "Top health system" on page 4)

Hospital Week events to be held in May

Employees and physicians of Maury Regional Health will be recognized during Hospital Week activities in May. The highlight of the observance will be a system-wide service awards banquet honoring those celebrating service milestones at Maury Regional Medical Center (MRMC), Lewis Health Center, Marshall Medical Center, Wayne Medical Center and Maury Regional Medical Group. The banquet will be held on Thursday, May 17, at Cool Springs Marriott. Those being honored will receive an invitation by mail.

Facility-based activities are also planned for Hospital Week. At MRMC, Hospital Week activities will have a "Stay-Cation" theme and include:

Sunday, May 13, and Monday, May 14: A luau-themed meal will be served in the Cafeteria for "Maui at Maury."

Tuesday, May 15: "Take Me Away Tuesday" will feature massages, hand massages and aromatherapy in the Auxiliary Conference Room.

Wednesday, May 16: "Wellness Wednesday" with a wellness and benefits fair in the Auxiliary Conference Room.

Friday, May 18: "Food Truck Friday" with a variety of food vendors set up on the main campus for purchase of meals and dessert items.

Lewis Health Center will host Hospital Week meals for employees on Tuesday, May 15, and on Saturday, May 19.

Marshall Medical Center employees will be treated to cook-out events on Sunday, May 13, and on Friday, May 18. Popcorn and ice cream will also be shared during the week.

Wayne Medical Center will celebrate May 7-11 with a different theme each day. A cookout will be held on Wednesday, May 9. Popcorn, ice cream and candy will be shared during the week and departmental baskets will be given away.

Maury Regional Medical Group employees and physicians are invited to attend the Hospital Week meal at the most convenient facility.

NEW EMPLOYEES

MAURY REGIONAL MEDICAL CENTER

ACCOUNTING

Amy Cotton

ADMITTING/REGISTRATION

Dianna Sanchez
Taylor Stevens

ENVIRONMENTAL SERVICES

Carrie Snodgrass
Kimberly Tiller

FOOD & NUTRITION

Renee McNabb

HOME SERVICES

Cailey McCann

INFORMATION TECHNOLOGY

Shannon Smith

LABORATORY

Elisha Burnett
Kailee Lord

NURSING

Kimberly Bailey
Katelyn Buchanan
Cindy Davis
Breasha Frontera
Holly Horton
Brandy Kurtz
Amanda London
Carla Magyar
Misty Mellor
Stephanie Onyiorah
Maddie Roberts

(Continued on next page)

MRMC named Baby-Friendly facility

Baby-Friendly USA has named MRMC a Designated Baby-Friendly birth facility. Baby-Friendly USA, Inc. is the U.S. authority for the implementation of the Baby-Friendly Hospital Initiative, a global program sponsored by the World Health Organization (WHO) and the United Nations Children's Fund (UNICEF). The initiative encourages and recognizes hospitals and birthing centers that offer an optimal level of care for breastfeeding mothers and their babies.

"The physicians and staff on our childbirth floor are dedicated to providing outstanding patient care, education and support for new families. This commitment has resulted in this prestigious designation," said CEO Alan Watson.

Currently there are 506 active Baby-Friendly hospitals and birth centers in the United States. Learn more about services offered by MRMC to mothers and babies at MauryRegional.com.

Physician joins WMC medical staff

Leonard G. Webster, M.D., a specialist in internal medicine, has joined the medical staff at Wayne Medical Center. He is associated with Maury Regional Medical Group and the Primary Care-Waynesboro practice of Dr. Harish Veeramachaneni, Paula Cole, FNP-C, and Kendra Prater-Holt, FNP-C.

Dr. Webster received his medical degree from Meharry Medical College in Nashville, Tennessee. He completed a residency in internal medicine at Meharry Medical College School of Medicine.

Primary Care-Waynesboro is located at 101 J.V. Mangubat Drive and is a Federally Qualified Health Center site offering income-based discounts for those who qualify. For more information, call 931.722.9999.



DR. WEBSTER

Nurses Week activities planned

Maury Regional Health will celebrate National Nurses Week May 6-12. At MRMC, the Image of Nursing Council will host activities that include:

- Sunday, May 6, and Monday, May 7: Donuts and nursing reports will be delivered to nursing units.
- Tuesday, May 8: Team-building exercises to build bicycles donated by the Maury Regional Health Care Foundation to be distributed by the Boys and Girls Clubs
- Wednesday, May 9: Nursing Award Ceremony at 2 p.m. in Auxiliary Conference Room
- Thursday, May 10, and Saturday, May 11: Ice cream for nursing units
- Friday, May 11: Winners of the door contest announced

Lewis Health Center will recognize nurses with special meals and other activities. At Marshall Medical Center, Nurses Week events will include a daily history trivia challenge and a celebration of Florence Nightingale's birthday. Wayne Medical Center will recognize nurses with special meals and gift drawings. MRMG practices will recognize nurses with activities in individual practices. For more information about Nurses Week events, ask your manager.



MAURY REGIONAL HEALTH

The VitaLink, designed by the Foreman Company, is published monthly for Maury Regional Health through the Marketing Department. Distribution is to employees, retirees, members of the medical staff, board of trustees, advisory board, Maury County Commission and volunteers.



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For address corrections, please contact the Human Resources Department.

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NEW EMPLOYEES

(Continued from previous page)

NURSING

Kristin Schubert
Hannah Scott
Angela Sensing
Christina Woodard

NURSING SERVICES ADMINISTRATION

Melissa Tibbs

PHARMACY

Michael Barton

POPULATION HEALTH

Stormy Walker

SUPPLY CHAIN

Rajeenia Ransom
Logan Wright

SURGERY

Raleigh Calkins
Terri-Jane Siega

LEWIS HEALTH CENTER

Trisha Reeves

MARSHALL MEDICAL CENTER

Mitch Mathes

WAYNE MEDICAL CENTER

Heather Hickerson
Katie Prater

MAURY REGIONAL MEDICAL GROUP

Stephanie Castro
Cathy White
Dr. Deanna White

BIRTHS

Rebecca Gibbs, Pharmacy, and her family welcomed Katherine Ann Gibbs on April 11. She weighed 8 lb. and 4 oz.

Elizabeth Humphrey, Pharmacy, and her family welcomed Emily Joy Humphrey on March 31. She weighed 8 lb. and 1 oz.

IN MEMORY

Barbara Brooks passed away March 30. She was a billing specialist for Maury Regional Home Services and had been employed since 1991.

ORGANIZATIONAL ANNOUNCEMENTS—

Barton to direct pharmacy



BARTON

Michael Barton, D.Ph., has been named pharmacy director at MRMC, according to Administrative Director of Pharmacy Jeff Binkley. In this role, he will be responsible for managing all functions of the inpatient pharmacy, including distributive, technical, financial and quality aspects for the department.

Barton has more than 30 years of pharmacy experience and served as systems director of pharmacy for long-term acute-care hospitals for the past 11 years. He holds a bachelor's degree in pharmacy from the University of Louisiana at Monroe and a master's in business administration from Louisiana State University. He is a licensed pharmacist in Tennessee.

"We are so fortunate to have Michael on our pharmacy team," said Binkley. "He brings a wealth of knowledge and experience that will strengthen and advance our pharmacy practice efforts."

Whitlock named controller



WHITLOCK

Greg Whitlock has joined Maury Regional Health in the role of controller, according to Chief Financial Officer Nick Swift. He will oversee financial reporting, accounting, treasury and budgeting functions for the health system.

Whitlock has more than 16 years of health care experience, most recently serving as corporate controller with King's Daughters Health System in Ashland, Kentucky. He holds a bachelor's degree in accounting from the University of Kentucky and is a certified public accountant.

"Greg has a wide range of experience in health care, including internal audit, compliance, information systems and revenue cycle," said Swift. "We are pleased to welcome Greg, his wife, Leslie, and their two sons to Middle Tennessee and our health system."

THIMA presents mentor award

Neal Coke, director of health information management (HIM) for Maury Regional Health, was recently honored by a state organization for his efforts to mentor others in the HIM profession.

He is the 2018 recipient of the Tennessee Health Information Management Association (THIMA) Mentor/Educator Award. The award recognizes a health information management professional with a long record of encouraging students or colleagues to achieve success in the field of health information management. The award was presented on March 28 during the THIMA annual meeting. He has been with Maury Regional Health since 2010.

"Neal is highly regarded and seen as an HIM innovator, leader and role model. We are grateful for his contributions to the HIM profession and to THIMA," said Wanda McKnight, executive director for THIMA.



COKE

Resuscitation training units now available

State-of-the-art equipment has been acquired by MRMC to help staff members continually assess and sharpen their skills in resuscitation. MRMC recently obtained two Resuscitation Quality Improvement (RQI) training units, according to Nursing Professional Development Director Sue MacArthur.

MRMC is the first facility in Middle Tennessee to offer staff members this training equipment. Each RQI unit includes one adult and one pediatric mannequin along with a work station that is networked with the Professional Development Academy (PDA) to provide training in compressions and rescue breathing. The training is self-guided with prompts that let the user know when compressions need to be deeper or faster, for example.



Pictured with the RQI unit on the fifth floor are (l-r) resuscitation educators Kim Murdock, MSN, RN, and Andrea Hornal, MSN, RN.

Two training stations are available at MRMC—in the Third Floor Resource Library and on the Critical Care floor. Each quarter, staff members will be assigned a training module through the PDA and will be required to use the units to assess skills on a different aspect of resuscitation. Each training session takes approximately five to ten minutes to complete and can be done based on the staff member's schedule due to the constant availability of the two units. Once per year, staff members will complete the cognitive portion of training in the classroom setting.

Those with questions about the new RQI training units can contact Nursing Professional Development at extension 1697.

Top health system *(Continued from page one)*

Review data, and Healthcare Associated Infections and patient satisfaction data from the Centers for Medicare & Medicaid Services Hospital Compare website. Hospitals do not apply for awards and winners do not pay to market this honor.

Key performance measures on which 15 Top Health Systems showed the most significant outperformance versus non-winning peer group health systems included:

- Fewer in-hospital deaths, complications and health care-associated infections
- Shorter length of stay
- Shorter emergency department wait times
- Lower costs per in-hospital and post-discharge episode
- Higher patient satisfaction

“Intuitively, many health care professionals have believed for years that individual hospital alignment is a key to health system success, but alignment has been difficult to quantify. Put simply, we wanted to determine how well health systems are achieving the goal of delivering a consistent patient experience in each of their facilities, and start benchmarking that performance each year,” said Jean Chenoweth, Senior Program Director, 100 Top Hospitals Programs, IBM Watson Health. “Based on our data, it is clear that better hospital alignment does indeed play a role in overall health system performance, and it is something we will be investigating further.”

The winning hospitals were announced in the April 23 edition of *Modern Healthcare* magazine.

MRMG recognized for blood pressure control efforts

Maury Regional Medial Group (MRMG) has been nationally recognized for its commitment to help patients control hypertension. The program titled “Target BP” is a partnership between the American Heart Association and American Medical Association to significantly increase the national blood pressure control rate by providing research, tools and resources to physicians and care teams. Approximately one in three Americans have high blood pressure, which contributes to other health conditions such as heart attack, stroke and kidney failure. MRMG was recognized for submitting data and committing to



reducing the number of adult patients with uncontrolled blood pressure. Pictured (l-r) are Maury Regional Health CEO Alan Watson, MRMG CEO Mike Fecher, AHA Community Health Director CarriAnne

Crabill, MRMG Quality Manager Jennifer Towers, Chief Medical Officer Christopher Edwards, M.D., Cardiologist Kevin Maquiling, M.D., and Vice President of Population Health Mark Kirschbaum, Ph.D.

VOLUNTEERS HONORED FOR SERVICE

Volunteer Services presented its annual service awards on April 18. In 2017, volunteers worked over 50,170 hours, providing the equivalent of \$689,336 of service at MRMC. Award pins were presented to volunteers reaching service milestones.

22,000 & 23,000 Hours



Pictured is Mary Pilkinton (center) with (l-r) Volunteer Services Assistant Director Cindy Short and Director Cindy Fox.

12,000 & 15,000 Hours



Pictured (l-r) are Suzanne Alverson (15,000) and Sandra Fly (12,000).

6,000 & 7,000 Hours



Pictured (l-r) are Dot Grimmitt (6,000), Sammie Andrews (6,000), Barbara Dreher (6,000), Dorothy Boshers (7,000) and Judy Shackelford (6,000). Not pictured are Dennis Hardison (7,000) and Bob Tillis (6,000).

3,000-5,000 Hours



Pictured (l-r, seated) are Betty Tisher (5,000), Ramona Smith (4,000), Kitty Chaffin (4,000); (standing) Helen Petty (3,000), Carolyn Edlund (5,000) and Rita Stokes (3,000). Not pictured is Janet Martin (3,000).

2,000 Hours



Pictured (l-r, seated) are Margene Hyatt, Nancy C. Scott, Jean Hurt; (standing) Jack Gryglewski, K.O. Regenberg, Mary McClanahan and Flamonte Roberts. Not pictured are Hazel Bale, Karyl Beal, Kathy Hasse, Peggy Holcomb and Larry Lane.

1,000 Hours



Pictured (l-r, seated) are Carol Fuller, Vickie Dawson, Sarah Campbell, Vauna Smith; (standing) Price Keller, Debra Jager, Rosetta Richardson, Tom Colvert and Ronald Strand. Not pictured are Carol Cartwright, Linda McClain, Valerie Webster and Charlotte Young.

Pet therapy team named Volunteer Service Champion



The pet therapy team of C.J. Percle and Rosebud was named Volunteer Service Champion of the Year. The pair is pictured with Fox and Short.

500 Hours



Pictured (l-r, seated) are Faye Kinzer, Marjo Dickinson; (standing) Johnny Armstrong and Catherine Cook. Not pictured are Sue Brinkley, Brooke Duncan, Sue Dunnebacke, Melissa Henson, Danny Lipscomb, Rick Molder, Donna Patterson and Wilma York.

100 Hours



Pictured (l-r, seated) are Ruby Race, Jane Hughes, Debra Dooley, C.J. Percle and Rosebud; (standing) Sandy Lee, Jeri Anne Thompson, Jacoba Wilson, Barbara Daugherty, Morgan Stewart, Kathy Ferriby, Edivia Terry and Brenda Fox. Not pictured are Lois Amonette, Krys Bargiel, Dyan Cormier, Karleen Dixon, Judie Forrest, Andy Garmezy, Cooper Garmezy, Steve Hoelscher, John Massey, Deborah Molder, Laura Parmley, Brandon Sanchez, Cynthia Tatum, Raymond Turner and Con Vrailas.



MULE KICK 5K AND 1-MILE TROT WINNERS ANNOUNCED

More than 500 runners and walkers participated in the 18th annual Mule Kick 5K and 1-Mile Trot at Riverwalk Park on April 7. The event was hosted by the Maury Regional Health Care Foundation and presented by Reliant Bank.

John Kruckeberg logged the fastest time at 18:34, winning first place overall and in the men's division. With a time of 18:56, Kelly Bellar placed second overall and in the men's division Michael Gerhart completed the top three overall and male finishers with a time of 19:08.

In the women's division, Lillian Quinn posted a time of 22:54, placing first. With a time of 23:19, Mary Beth Robertson was the second female to cross the finish line. Jennifer Wenneker placed third in the female overall category with a time of 24:01.

Chad Middlebrooks, with a time of 21:51, placed first in the male master category for those age 40+. The female master award went to Ashley Miller with a time of 26:57.

In the super grandmaster category for age 70+, Donnie Clayton was the male super grandmaster with a time of 30:08. Second—and winner of the super grandmaster female category—was Hilddy Morgan with a time of 34:08.

The 1-mile event was full of youthful energy again this year. In the male category, Emre Seago took first position with Benaiah Wenneker in second and Alex Kirk in third. In the female category, Jasmine Kirk placed first, Chloe Pettit second and Lily Schwabb third.

Proceeds from the 2018 Mule Kick 5K and 1-Mile Trot totaled approximately \$32,000. In addition to a donation to the Wellness and Aquatic Center Endowment and a donation to the City of Columbia Parks and Recreation Department, proceeds will go toward maintaining the mobile health unit that the Foundation purchased in 2017. The primary mission of the mobile unit is to serve at-risk, uninsured and under-insured individuals in our area.

Sponsors for the 2018 Mule Kick 5K included presenting sponsor Reliant Bank, champion sponsors The

FOUNDATION FUNDS CARDIAC MONITOR FOR FIRE DEPARTMENT

The Maury Regional Health Care Foundation recently funded equipment that allows first responders from the Columbia Fire Department (CFD) to provide on-scene cardiac monitoring for potential heart attack patients.

The Foundation provided approximately \$35,000 to purchase a Zoll X-series monitor that is now in use by CFD personnel. The equipment is the same as that used by Maury Regional Emergency Medical Services (EMS) with 12-lead technology that allows first responders to assess heart function and transmit information ahead of a patient's arrival to the Emergency Department and mobilization of Cardiac Catheterization Laboratory, if necessary.



Pictured (l-r) are EMS training officer Renee Jacobs, paramedics Justin Zlotky and Aerial McKinnon, Assistant Director Amanda Schatz, Director Brian Hupp, Foundation Executive Director Joe Kilgore, CFD Chief Ty Cobb, firefighters Jeremy McGee and Gary Olson, Assistant Chief Johnny Poff and Assistant Chief Tony Scott.

Reserve at Spring Hill, Farm Bureau Health Plans, Maury Regional Health, The Daily Herald, Winning Moves and Vanderbilt Heart. Finish Line Sponsor was Advanced Foot and Ankle Care Center. Trainer sponsors included Sonic of Columbia, Quick Mart Convenience Store, Columbia Power and Water System, Advanced Financial Foundation, Mid-TN Bone & Joint, KFC, Maury County Visitors Bureau, Maury Regional Medical Group, Brown & Maguire CPA's, McDonald's, Michelle Lamont Photography, The City of Columbia, and Lucas Orthodontic Group. Patron sponsors included A Balloon Shop, Tennessee Coffee Company, Jones & Lang, Beck Dental Care, Columbia Pediatrics, Northside Medical Professionals, Caledonian Financial, Southern Radiology Associates, Raymond James, Redman Davis, Muletown Rec, and Ascend Federal Credit.

For a complete list of 5K results and videos of finishers, visit MuleKick5K.org. Photos from the event are available on the Mule Kick 5K and 1-Mile Trot Facebook page thanks to Michelle Lamont Photography. To learn more about the Foundation, visit MauryRegionalFoundation.com.



EMPLOYEES ENJOY FUN EVENTS

Several fun events were supported by the Events and Recognition Committee during March and April at MRMC.

- Food trucks visited the campus on March 21 with a number of vendors offering lunch and dessert items.
- The Easter Bunny made a stop in the MRMC cafeteria on March 30 and posed for photos.
- In honor of the Nashville Predators advancing to the NHL play-offs, employees had the chance to show their team spirit on April 12.

Pictured are some of those who participated in the activities.



MAY CALENDAR OF EVENTS

May 3

DIABETES EDUCATION GROUP: 11 a.m., Auxiliary Conf. Room, call 540.4324

May 3

GRIEF SUPPORT GROUP: Noon, Marshall Medical Center, call 540.4243

May 3

FREE SEMINAR: OVARIAN CANCER: 6 p.m., Annex, call 840.4446

May 5

EXPECTANT PARENT CLASS – UNDERSTANDING BIRTH: 9 a.m.-3 p.m., call 490.7046

May 8

GRIEF SUPPORT GROUP: 5:30 p.m., Chapel, call 540.4243

May 12

EXPECTANT PARENT CLASS – NEWBORN CARE: 9 a.m., call 490.7046

May 12

EXPECTANT PARENT CLASS – INFANT CPR: Noon, call 490.7046

May 19

EXPECTANT PARENT CLASS – BREASTFEEDING: 9 a.m., call 490.7046

May 21

NEW EMPLOYEE ORIENTATION: 8 a.m., Auxiliary Conf. Room, call 380.4017

May 21

BREAST CANCER SUPPORT GROUP: 5:30 p.m., Women's Center, call 540.4166

May 24

OSTOMY SUPPORT GROUP: 10 a.m., First Floor Conf. Room, call 490.4600

May 24

STROKE SUPPORT GROUP: 6 p.m., Annex, call 840.4446

KUDOS FOR CAREGIVERS

Jenna Bailey	Dr. Ben Gardner	Dr. Amit Keswani	Parker Pardon	Laura Scanlon
Kim Barlow	Marisa Giles	Michele Kimbrough	Dawn Parker	Debra Shoaff
Kate Boshers	Jessica Graves	Kimberly King	Dr. April Peal	Rebecca Skillern
Dr. Chad Bowser	Amanda Harmon	Elizabeth Knudson	Dr. Joe Philip	Laiken Spivey
Sarah Brewer	Pamela Hicks	Lynn Lott	Michelle Pigg	Kendall Stevenson
Alison Carlisle	Edith Hill	Dr. Jeffrey Martin	Terri Redd	Sarah Thomason
Paula Cole	Jackie Hill	Eric Martin	Dr. Shawn Reed	Dr. Emily Turner
Shannon Cothran	Dr. Mark Hinson	Jill McDonald	Tonya Rivers	Dr. Harish Veeramachaneni
Jason Cunningham	Jennifer Hirst	Hannah McElhiney	Flamonte Roberts	Dr. Amy Vertrees
Cindy Davis	Shelly Hobbs	Paula Mendez	Emily Robinson	Dr. Janice Vinson
Casey Dawson	Darlene Isbell	Karen Miller	Terra Rochell	Dr. Freddie Wade
Dr. James Dean	Marci Jackson	Mary Milligan	Carla Rogers	Dr. Terry Whitten
Sharla Deschaine	Dr. Olivia Granillo Johnson	Dr. Chad Moss	Tiffany Roland	Holly Wilson
Misty Eaton	Morgan Kelso	Dr. D. Davidson Oxley	Miriam Ruiz	
Ashlee Elkins	Dr. Brian Kendrick			

THE VITALINK

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WMC holds annual health fair

Wayne Medical Center (WMC) hosted its annual health fair on April 14 at Waynesboro Middle School. Free health screenings and information was provided by WMC, Maury Regional Health practices and departments as well as community partners. The new Maury Regional Health mobile health unit also participated in the event. Pictured (l-r) at the health fair are WMC employees Tina Athearn, Christi Kelley, Michelle Pigg, Kendra Smith, Christy Jack, Laura Tatum, Dawn Parker and Matthew Turley.



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