

# THE VITAL LINK

Maury Regional Medical Center

August 2015

Vol. XXXIV, Issue 8



## Foundation plans annual campaign

The Maury Regional Health Care Foundation will conduct its 2016 annual giving campaign during the month of October, according to Foundation Executive Director Joe Kilgore. The campaign to support Foundation programs will begin on October 2 and continue until the end of the month at Maury Regional and its affiliates.

“Support.Sustain.Share.” is the theme of this year’s campaign, which is the largest fundraising event conducted by the Foundation each year.



“The annual campaign provides an opportunity for our employees, physicians and volunteers to

directly impact patients and community members who are served by the Foundation’s numerous programs,” said Kilgore.

Gifts to the Foundation benefit patients and community members in a variety of ways, including assistance with medication and transportation expenses, health educational materials and home medical equipment, as well as wigs and camisoles for breast cancer patients. The Foundation funds The Retreat to provide short-term lodging for patients undergoing cancer treatment and family members of patients. Donations also support a food pantry for patients who need assistance at discharge, as well as youth health initiatives and the new community outreach program sponsored by the Foundation.

To make a gift during the annual campaign, complete a donation card that will be distributed to each department. Donor cards should be returned to the department contact or to Human Resources.

All donors will receive a token of appreciation from the Foundation and will be entered into a drawing for prizes to be given away each week. For more information about the Foundation’s annual campaign, call extension 4075.

## Outpatient imaging center opens

Maury Regional Medical Center (MRMC) recently completed renovations to provide for a full-service outpatient imaging area. Space on the medical center’s ground floor adjacent to the inpatient imaging area is now a reception, registration and exam area for all outpatient computed tomography (CT), diagnostic X-ray and ultrasound services, as well as open MRI.

CT, ultrasound and diagnostic X-ray relocated to the new space at the medical center from the Outpatient Pavilion (OP) after radiation therapy services joined other cancer services at the Cancer Center at Columbia Mall. (See related story on page 8.)

Patients who need outpatient imaging services are able to use the entrance marked Outpatient Imaging, as well as designated parking located in front of this entrance.

“By offering registration and testing in the same location, we hope to provide easier access and a more efficient process for our patients,” said Imaging Director Pam Williams.

The outpatient imaging entrance is open 6:30 a.m. until 6 p.m., Monday through Friday. Patients who need outpatient imaging tests at other times and on weekends should be directed to Admitting on the medical center’s first floor.

The OP continues to offer certain outpatient MRI exams, along with pre-surgical testing chest X-rays and women’s imaging—mammography and bone densitometry. Patients scheduled for those services should register on the first floor of the OP. All MRI services are expected to be relocated to the new outpatient imaging area in 2016.

## NEW EMPLOYEES

### ADMITTING/REGISTRATION

Janelle Sparks

### COMPLIANCE

Renee Barnett  
Danielle Bruer  
Leanne Walls

### ENVIRONMENTAL SERVICES

Angelia Osborne  
Elizabeth Pope

### FOOD & NUTRITION

Stephanie Coleman  
Christy Craven  
Caleb Rubert  
Andrew Short

### IMAGING

Hannah Hillis

### INFORMATION TECHNOLOGY

David Allgood  
Russ Pothier

### LEWIS HEALTH CENTER

Donna Sanders

### NURSING

Chase Beaulieu  
Bethany Bradburn  
Kandrea Crawford  
Jennifer Farrar  
Megan Foster  
Deanna King  
Teresa Miller  
Tracy Mosley  
Mandi Peever  
Jocelyn Peralta  
Courtney Redus  
Jade Shaneyfelt  
Samantha Smithson  
Nichole Williams

### OUTCOMES MANAGEMENT

Jerry Campbell  
Breanna Holt  
Debra Jacks

(Continued on next page)

## Work begins on transitional care center

MRMC joined National Healthcare Corporation (NHC) to break ground for the NHC-Maury Regional Transitional Care Center on July 30. The new center will combine the licensed beds from NHC Hillview and the Maury Regional Skilled Nursing Unit (SNU) to provide a modern facility with private rooms and a spacious physical therapy area. The single-story 73,500 square foot center will be located at 5004 Trotwood Avenue in Columbia and is scheduled to open in the fall of 2016. NHC and MRMC have a long and valued history, with NHC having managed the SNU since 1997. SNU staff and physicians provided care for more than 8,000 patients during that time.



*Pictured at the groundbreaking event (l-r) are Maury County Chamber and Economic Alliance President Wil Evans, Columbia Mayor Dean Dickey, NHC Hillview Administrator Edward Moore, MRMC CEO Alan Watson, NHC President Steve Flatt, MRMC Board of Trustees Chairman Doug Williamson, NHC Senior Regional Vice President Doran Johnson, American Constructors President Harold Brewer and MRMC COO Paul Betz.*

## Three physicians join medical staff

Three physicians who specialize in hospital medicine recently joined the medical staff at MRMC.

GRIFFIN A. GUICE, M.D., received his medical degree from the University of Alabama School of Medicine in Birmingham, Alabama. He completed his internship and residency in internal medicine/pediatrics at the University of Alabama Medical Center in Birmingham, Alabama.



GUICE



KELLEY

JACOB D. KELLEY, M.D., received his medical degree from the University of Alabama School of Medicine in Birmingham, Alabama. He completed his internship and residency in internal medicine/pediatrics at the University of Alabama Medical Center in Birmingham, Alabama.

THANG M. PHAN, M.D., received his medical degree from Louisiana State University School of Medicine in Shreveport, Louisiana. He completed his internship and residency in internal medicine/pediatrics at Louisiana State University Health Science Center in Shreveport, Louisiana.



PHAN

Maury Regional's hospital medicine physicians are provided by Family Health Group.



### MAURY REGIONAL MEDICAL CENTER

The VitaLink is published monthly for Maury Regional Medical Center through the Marketing Department. Distribution is to employees, retirees, members of the medical staff, board of trustees, advisory board, Maury County Commission and volunteers.

For address corrections, please contact the Human Resources Department.

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## NEW EMPLOYEES

(Continued from previous page)

### PHYSICAL THERAPY

Barbara Ray  
Angela Watson

### PLANT OPERATIONS

Charles Lyons

### PRE-SERVICE

Paige Jones  
Gina King

### SLEEP CENTER

Angela Hetherington  
Cynthia Moratelli

### STERILE PROCESSING

Cassandra March

### SUPPLY CHAIN

Ashley Young

### SURGERY

Lacy Huddleston  
Shannon Staggs

## PROMOTIONS

Chad Adkins, from help desk support I to help desk support II, Information Technology

Jessica Bytwerk, from benefits specialist to employee benefits manager, Human Resources

Kerri Cook, from technician to analyst, Health Information Management

Rosemary Edmonds, from clinical director, to administrator, Home Services

Tracy Hall, from associate II to supervisor, Food & Nutrition

Lamonica Houston, from LPN to RN, Nursing

Melinda James, from RN to nursing unit coordinator, Nursing

Tracy Keeton, from LPN, to clinical informatics specialist, FHG

Andrea Lentz, from certified phlebotomist to LPN, Urgent Care

Allison McCord, from representative to benefits specialist, Human Resources

Heather Moore, from nurse technician/unit secretary, to RN, Nursing

Jerry Porter, from transporter, Transportation, to nurse technician, Surgery

Jacob Scott, from technologist, Imaging, to cardiovascular tech, Cardiac Cath Lab

## ORGANIZATIONAL ANNOUNCEMENTS—

### Bytwerk named employee benefits manager



BYTWERK

JESSICA BYTWERK has been named manager of employee benefits in Human Resources, according to Vice President of Human Resources Kaye Brewer. She will oversee the employee benefits for MRMC and its affiliates including the group health plan, dental/vision, disability, voluntary insurance products, leaves of absence, retirement and worker's compensation.

Bytwerk has been employed with MRMC since 2002, most recently as a benefits specialist in Human Resources. She holds a bachelor's degree in Management and Human Relations from Trevecca Nazarene University.

"Jessica has played an integral role in recent benefit initiatives throughout Maury Regional and its affiliates. We look forward to her continued success within the Human Resources Department. Please join me in congratulating Jessica on her promotion and this new opportunity," said Brewer.

### Huddleston named OR manager



HUDDLESTON

LACY HUDDLESTON has been named operating room manager in Surgery, according to Administrative Director of Surgical Services Scott Hayes. She will be responsible for managing perioperative patient care activities, including evidence-based practices, clinical quality and safety, and fiscal and resource management for the main operating room, PACU and support areas.

Huddleston joins MRMC from Vanderbilt University Medical Center where she most recently served as the unit charge nurse for perioperative services. She has ten years of experience in perioperative and surgical intensive care. She holds a bachelor's degree in nursing from Middle Tennessee State University and a master's degree from Vanderbilt University.

"Lacy's nursing and management experience will be valuable as we continue to ensure quality care for our surgical patients. We are pleased to welcome her," said Hayes.

### Pothier named director in Information Technology



POTHIER

RUSSELL POTHIER has accepted the position of director in Information Technology, according to Chief Information Officer Jim Parcel. In this role, he will direct day-to-day operations of Information Technology and coordinate the work of the department's staff, contractors and vendors.

Pothier has 27 years of experience in health care information technology, including 15 years in leadership positions. He most recently served as director of technology for a health system in Savannah, Georgia. He holds an associate's degree in computer science from Bristol Community College in Fall River, Massachusetts.

"We are excited that Russ has joined the Information Technology team. He brings a tremendous amount of knowledge to our team and will be an invaluable asset as we continue to expand the role of technology throughout the health system," said Parcel.

### Salter promoted in oncology services



SALTERS

DANA SALTERS has been promoted to the position of Administrative Director of Oncology Services, according to Chief Operating Officer Paul Betz.

Salter has been employed at MRMC for more than 26 years. She assumed the role of women's services coordinator in 2005 and was promoted to her current role as director of infusion and women's services in 2011. In her new role she will retain responsibility for infusion services and the Women's Center but will add radiation therapy to her responsibilities.

"During her time at the organization, Dana has exhibited outstanding leadership by managing program accreditation, including two new recent accreditations, and expanded the programs, services and technology that we offer to our patients. Please join me in congratulating Dana on this well-deserved promotion," said Betz.

Salter holds a bachelor's degree in management and human relations and a master's degree in business administration from Trevecca Nazarene University.

## TRANSFERS

Matthew Alsop, from certified phlebotomist, Laboratory, to RN, Nursing

Barbara Basalyga, from RN, Skilled Nursing Unit, to RN, Jail Health Services

Rebecca Blevins, from RN, Skilled Nursing Unit, to RN, Nursing

Darlene Boshers, from medical lab tech, Laboratory, to medical technologist, Lewis Health Center

Cassie Bowling, from social services coordinator, Skilled Nursing Unit, to social services coordinator, Population Health

Kathy Brennan, from RN, Skilled Nursing Unit, to RN, Nursing

Cheri Childress, from nurse manager, Skilled Nursing Unit, to nurse manager, Nursing

Diana Ethridge, from RN, Skilled Nursing Unit, to RN, Nursing

Amanda Gates, from medical lab tech, Laboratory, to medical lab technician, Blood Bank

Laura Isbell, from RN, Skilled Nursing Unit, to RN, Nursing

Jessica Spears, from RN, Skilled Nursing Unit, to RN, Nursing

George Williams, from associate II, Food & Nutrition, to sterile processing technician, Sterile Processing

## BIRTHS

Teresa Davidson, Nursing, and her family welcomed Joselyn Elizabeth Essaff on July 17. She weighed 7 lb. and 1 oz.

Jennifer Hartsfield, Nursing, and her family welcomed Landon Alan Hartsfield on July 23. He weighed 7 lb. and 15 oz.

Sara Staggs, Nursing, and her family welcomed Cooper Blake Staggs on July 12. He weighed 6 lb. and 1 oz.

Jessica Tucker, Cardiac Diagnostic Testing, and her family welcomed Maklyn Rae Tucker on July 26. She weighed 8 lb. and 11 oz.

Kimberly Workman, Surgery Center, and her family welcomed James Weston Workman on August 7. He weighed 7 lb. and 10 oz.

## IN MEMORY

Christian Cottingham passed away July 26. He was a paramedic with Maury Regional EMS and had been employed since 2008.



## Nursing represented at Nashville event

The 2016 Promise of Nursing Gala was held in Nashville on August 11. Promise of Nursing events celebrate the contributions of nursing professionals while raising funds for scholarships and support for those seeking nursing as a career. Those representing MRMC included (top photo, l-r): Michele and Alan Watson, Sue MacArthur, Mike Hensley, Rebecca Skillern, Lisa Chambers, Talitha Harris, Jackie Miles, Deborah Lumpkins, Jill Gaddes, Annette Dixon, Tammy Stokes and Brenda Hogan. Pictured from Marshall Medical Center are (bottom photo, l-r): Michele Bangma, Paige Barnes, Mel Fowler, Chit Hernando, Karen Martin, Christie Hartman and Beth Sweeney.

## Vendor management system to take effect

A new vendor management system will take effect at MRMC in September, according to Supply Chain Director Roger Larkin. Effective September 14, all vendors will be required to register through the new system in order to do business with MRMC and its affiliates.

Supply Chain has partnered with Vendormate, a GHX company, to centralize and control the vendor review and approval process.

According to Larkin, a successful vendor management program is important in order to mitigate financial losses and control security, as well as reducing the number of unsolicited calls and maintaining current information on vendors.

“This program will not only help the medical center to better manage our relationship with vendors, but will also help our vendors to stay up-to-date on the medical center’s policies,” said Larkin.

All vendor representatives, including current and potential business partners, will be required to register in order to do business with the organization. Once registered, vendors will be able to do business at MRMC, Marshall Medical Center and Wayne Medical Center. Badges will be required for vendors who visit one of the medical center’s campuses.

A vendor kiosk will be located off the main lobby near the outpatient pharmacy. The kiosk will allow vendors to sign-in and print a badge for use while conducting business on-site. All departments and employees who interact with vendors should meet only with representatives who display a valid badge.

For more information about the new program, vendors may contact Supply Chain at 931.840.4494 or visit [vendormate.com/mauryregional](http://vendormate.com/mauryregional).

## LHC offers concussion screenings

Lewis Health Center (LHC) Physical Therapy recently partnered with Lewis County High School to provide baseline brain function screenings for student athletes this year. The screenings will help to evaluate players who sustain head impact incidents during a game.

The program uses the IMPACT diagnostic tool. IMPACT—or Immediate Post-Concussion Assessment and Cognitive Testing—provides a baseline measurement of a player’s normal brain function, including memory, reaction time and attention span. If an athlete sustains a head injury during the season, another screening is performed with results compared to the baseline to help coaches and parents determine when a player may be able to return to the field.

LHC Physical Therapy Director Heather Norris, Physical Therapist Trent Lewis and Marcus Harris, a certified athletic trainer with MRMC, recently conducted baseline screenings for more than 110 cheerleaders, football, basketball, baseball and softball players. The program was coordinated with the Coordinated School Health Department of the Lewis County School System. Baseline screenings will be conducted for each athlete every two years.



*Norris and Lewis observe as LCHS cheerleader Alison Moore completes an IMPACT screening.*

## MMC hosts conference for area coaches

Marshall Medical Center Physical Therapy hosted an educational conference for area high school and middle school coaches on July 22.

Topics included concussion, shoulder injuries, asthma, injury prevention and the impact that the weather can have on athletes. Speakers included Orthopedic Surgeon Jeffrey Adams, M.D., Neurologist Lucy Ledbetter, M.D., Neurologist Jeffrey Ruff, D.O., Michael Backues, a physician assistant and certified athletic trainer, Andrea Roberson, a certified athletic trainer, and Dan Thomas, a meteorologist with WSMV.

Approximately 40 coaches attended the training held at Lewisburg Recreation Center. This is the sixth year that MMC has hosted a coaches’ conference.

## EMS participates in event

For the past nine years, Maury Regional Emergency Medical Services (EMS) has helped to coordinate a public safety demonstration at Camp Hope, a program directed by Vanderbilt Burn Center for children who are burn survivors.

The 2015 camp was held at Ridley 4-H Camp in Columbia July 22-25. Children and teens who have suffered serious burn injuries attend the camp each year. More than 30 children participated in this year’s camp, which is offered through community sponsorships at no charge to their families.

During the public safety day, campers were able to interact with EMS personnel, firefighters, law enforcement personnel and service animals. Ambulances, a medical helicopter and other emergency equipment were part of the display. EMS involvement is coordinated by Training Manager Danny Fleming.

**DONATE BLOOD  
ON OCTOBER 1**

Blood Assurance will host a blood drive at MRMC on Thursday, October 1, from 7 a.m. until 5 p.m.



Digital Marketing Specialist Todd Edwards is pictured pointing out some of the features of the new touchscreen to volunteer Carolyn Edlund.

## Interactive display added to lobby

A new interactive display has been added to the main lobby at MRMC. The display recognizes donors to the Maury Regional Health Care Foundation and features a touchscreen that enables visitors to view:

- Physician information
- Maps of the medical center
- A calendar of events
- General information about the organization, Foundation, volunteers and more

## NICU to celebrate nine years

Graduates of the Neonatal Intensive Care Unit (NICU) at MRMC will help the unit celebrate its ninth anniversary at a reunion on Saturday, September 26, from 2-5 p.m., at Pleasant Heights Baptist Church in Columbia.

All graduates of the NICU, their parents, siblings and grandparents are invited to attend the reunion. Activities will include games, snacks and other activities.

Maury Regional's NICU, in collaboration with Monroe Carell Jr. Children's Hospital at Vanderbilt, began serving families in October of 2006. The eight-bed unit is staffed with physicians, neonatal nurse practitioners, registered nurses and respiratory therapists who are specially trained to provide a higher level of newborn care.

For more information about the reunion, call 490.7046.

## Patient-family classes offered

Patients of MRMC and their family or support partner have access to new educational resources while they are in our care. A series of patient-family classes are now offered on a weekly basis at MRMC.

The brief, one-hour sessions provide information on managing certain health conditions following discharge. Classes that meet weekly in the consultation area near the information desk in the main lobby are:

- Nutrition for Heart and Lung Health: Tuesdays at 2 p.m.
- CPR: Wednesdays at 11 a.m.
- Diabetes Basics: Wednesdays at 2 p.m.
- Effects of Chronic Lung Disease: Thursdays at 2:30 p.m.

**Physicians and nurses are encouraged to make patients and family members aware of the availability of the classes.** For more information, call extension 7428.

## Finance efforts recognized

PMMC, a leading provider of revenue cycle management solutions, awarded MRMC with the 2015 Revenue Cycle Leadership Award for "Bridging the Pricing Transparency Gap" on August 13. The recognition reflects our commitment and proactive approach toward price transparency and generating upfront estimates for patients. This automates the calculation of the patient's out-of-pocket costs, helping to increase patient satisfaction. This year alone, MRMC has provided nearly 10,000 financial estimates.



PMMC President Roger Shaul, Jr., (standing, far left) presented the award to (l-r, front row): Ramona Rosser, Misty Kelley, Gina King, Stephanie Hurst, Lydia Benefield, Kirby Hedrick; (back row) Johnathan Counts, Jesse Chandler, Jessica Burrow, Rodney Adams, Tiffany Vuncannon and CEO Alan Watson.

## BRAVO SCREENING REMINDER

Bravo Wellness screenings will occur from September 15 to October 2 for employees who registered for screenings during the month of August.

Employees are encouraged to arrive five minutes early to the screening site. Bring a photo identification and a copy of the registration confirmation.



Fasting for 10-12 hours before the screening is recommended. Take all medications as prescribed. Stay well hydrated the week before the screening and drink six to eight

ounces of water the day of the screening. Do not smoke or use tobacco one hour before the screening. Avoid strenuous activity before and after your screening.

To make a change in your scheduled appointment time, use the Bravo portal on the MRMC intranet or visit [bravowell.com/mauryregional.com](http://bravowell.com/mauryregional.com).

## New refreshment option offered

A freestyle fountain drink machine was recently installed in the Java Junction, offering more than 100 different drink flavors. The MRMC Auxiliary provided the funds to complete the renovation and installation of this new service for our visitors and employees.



## SEPTEMBER CALENDAR OF EVENTS

### September 2

DIABETES EDUCATION GROUP:  
11 a.m., Auxiliary Conf. Room, call 540.4324

### September 8

COPING WITH CANCER: 5:30 p.m.,  
Cancer Center at Columbia Mall, call 490.7192

### September 10

PASSION FOR PINK BOUTIQUE:  
7 a.m.-7 p.m., Auxiliary Conf. Room, call 380.4047

### September 11

PASSION FOR PINK BOUTIQUE:  
7 a.m.-4 p.m., Auxiliary Conf. Room, call 380.4047

### September 12

LEWIS HEALTH CENTER HEALTH  
FAIR: 8-11 a.m., Blondy Church of God,  
call 796.6248

### September 12

EXPECTANT PARENT CLASS—  
UNDERSTANDING BIRTH: 9 a.m.-  
3 p.m., call 490.7046

### September 12

FREE TOUR OF LABOR & DELIVERY:  
3 p.m., call 490.7046

### September 14

NEW EMPLOYEE ORIENTATION:  
8 a.m., Auxiliary Conf. Room, call 380.4017

### September 14

FOUNDATION GOLF TOURNAMENT:  
King's Creek Golf Club, call 380.4075

### September 14

HEALTHY HEARTS: 10:45 a.m.,  
Columbia Senior Center, call 381.1111,  
ext. 1601

### September 16

FREE BLOOD PRESSURE CHECK:  
9:30 a.m., Columbia Senior Center, call 490.4600

### September 17

FREE BLOOD PRESSURE CHECK:  
9:30 a.m., Hohenwald Senior Center, call 490.4600

### September 19

EXPECTANT PARENT CLASS—  
NEWBORN CARE: 9-11 a.m., call 490.7046

### September 19

EXPECTANT PARENT CLASS—  
INFANT CPR: 12-2 p.m., call 490.7046

### September 21

BREAST CANCER SUPPORT GROUP:  
5:30 p.m., Women's Center, call 540.4166

### September 24

OSTOMY SUPPORT GROUP: 10 a.m.,  
First Floor Conf. Room, call 698.7438

### September 26

NICU REUNION: 2-5 p.m., Pleasant  
Heights Baptist Church, call 490.7046

### September 28

EXPECTANT PARENT CLASS—  
BREASTFEEDING: 7 p.m., call 490.7046

# KUDOS FOR CAREGIVERS

Brenda Adams	Tiffani Cornelius	Denise Gartin	Bailie Martin	Jennifer Powell	Emily Tew
Samantha Adams	Shannon Cothran	Candy Giles	Crystal Mathers	Vickie Pugh	Sue Thompson
Sarah Allen	David Couch	Clarinda Griffin	Michelle McBride	Flamonte Roberts	Charina Tijing
Pam Anderson	Kristi Cozart	Amanda Grooms	Helen McMullin	Angela Rodgers	Kendra Tinin
Breanna Andrews	Kandrea Crawford	Tammy Hargrove	Deborah Melton	Chris Shepherd	Bobby Turner
Katherine Andrews	Barbara Cummins	Alyssa Harvey	Fagan Moritz	Kevin Smith	J.D. Waller
Shan Azar	Casey Dawson	Jan Hayes	Greta Nichols	Stacy Smith	Leslie Webb
Emily Baxter	Pete Dawson	Dr. Ben High	Heather Norris	Gina Speed	Kristin Wicker
Cassie Bowling	Emily Dickson	Julie Hill	Dr. Daniel Oxley	Kim Springer	Lauren Wise
Ryan Brown	Barbara Dreher	Mary Jane Hood	Art Peach	Myra Staggs	Chris Woo
Jamie Burns	Tony Dreher	Heidi Hunt	Annette Phillips	Tammy Stokes	Emily Workman
Dianna Butt	Dr. Chris Edwards	Dr. Jacob Kelley	Jerusha Pitts	Cynthia Tatum	Pam Youngblood
Sarah Carathers	Michelle Edwards	Jeanette Kennedy			

THE VITALINK

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## Cancer Center hosts open house

The Cancer Center at Columbia Mall hosted an open house on August 20, allowing members of the community to see the expanded facility which consolidates all medical and radiation services in one location. Many current and former patients joined staff members and physicians at the event.

The facility is staffed by physicians and staff who specialize in medical and radiation oncology, offering a range of services including an outpatient infusion center and radiation therapy. Patients and families have access to a tranquil garden area, resource center and a monthly cancer support group, as well as assistance from clinical and financial navigators.



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