

THE VITAL LINK



February 2017

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Maury Regional announces new board appointments

Annual appointments to the Maury Regional Medical Center (MRMC) Board of Trustees and advisory board were announced at the meeting on January 26.

Doug Williamson was reappointed to serve as chair of the board of trustees. Williamson, a retired Maury County Farm Bureau agency manager and Columbia resident for more than 24 years, has served as chair since 2009 and joined the board in 2004.

Board member Houston Parks was re-elected to serve as vice chair. Parks is an attorney in private practice with the law firm of Parks, Bryant and Snyder, PLLC and has served on the board since 2009.

John Law joined the board effective January 2017. Law is the chief operating officer of property and casualty operations at Farm Bureau Insurance. He is a graduate of Freed Hardeman University and has 26 years with Farm Bureau.

Jan McKeel and Greg Martin were appointed to the MRMC advisory board.

McKeel is the executive director of the South Central Tennessee Workforce Alliance. She holds a bachelor's degree in finance from the University of Kentucky and a master's degree in business administration from Murray State University.

Martin is a real estate developer and has previously served terms on the advisory board. He holds a bachelor's degree in finance from the University of Alabama.

Several honors were also presented:

Mike Greene was recognized for 12 years of service to the board. Greene, area president for TriStar Bank, served on the Audit and Compliance, Board of Trustees/Physician Liaison, Finance and Budget, Human Resources, Joint Conference, Land AdHoc and Planning and Facilities committees during his service.

Pediatrician Rufus Clifford Jr., M.D., who retired on December 15, 2016, was recognized for a career that spanned more than 50 years. Dr. Clifford joined the medical staff in 1964 and served as chief of the medical staff in 1972.

Dr. Kevin Maquiling, an interventional cardiologist who has been a member of the medical staff since 2002, was recognized for his service in the role of chief of staff in 2016.

Reappointments to the advisory board took place at the December meeting and included medical staff member Charles A. Bramlett, M.D., PCA Southeast, Dawn Moore, senior personal trust officer, First Farmers & Merchants Bank and Brian Williams, president, First Farmers & Merchants Bank.



WILLIAMSON



PARKS



LAW



McKEEL



MARTIN

MRMC recognized for medical excellence for 2017 by CareChex®

CareChex®, an information service of Quantros, Inc., recently ranked MRMC number one in Tennessee for overall hospital care in the area of medical excellence for 2017.

CareChex® evaluates the performance of more than 4,000 hospitals across the nation, with awards based on cumulative performance across the most recent three years of public data. Medical quality evaluated includes process of care, outcomes of care and patient experiences in two primary areas—medical excellence and patient safety. The results enable health care organizations to compare their performance against providers in the nation, region, state and market.

In addition to being ranked number one in Tennessee for overall hospital care in the areas of both medical excellence and patient safety, MRMC ranked number one in the state in medical excellence for several specific areas of care or procedures, including:

- Overall Hospital Care
- Gallbladder Removal
- Gastrointestinal Care
- Heart Failure Treatment
- Joint Replacement
- Orthopedic Care
- Pneumonia Care
- Pulmonary Care

For additional 2017 awards and rankings and to see how MRMC ranks in the nation, region, state and market, visit MauryRegional.com or CareChex.com.

NEW EMPLOYEES

MAURY REGIONAL MEDICAL CENTER

ADMINISTRATION

Teresa Wright

ADMITTING/REGISTRATION

Jynifer Hanson

COMPLIANCE

Sharron Buckingham

ENVIRONMENTAL SERVICES

Francis Britton
Misty Carroll
Donna Cottrell
Amanda Dick
Tracy Embler
Samantha Gladden
Bonabana Kabukura
Crystal Potts
Deloris Webb

HOME SERVICES

Susan Gibson

LABORATORY

Chelsie Jackson
Brianna Johnson
Kailee Lord

NURSING

Susan Alamin	Sydney Osborne
Rhoda Anderson	Ronald Owen
Samantha Ballard	Amanda Petty
Kaleigh Belew	Jennifer Pinson
Hannah Forbes	Brittney Shell
Jessica Graves	Lauren Stewart
Krista Hall	Jodi Sztapka
Kimberly Harkabus	Gloria Tatum
Laura Holzapfel	Samantha Tomerlin
Taryenne Marlow	Miranda Walls
Valli Oliver	Megan Wright
	Josephine Yrabien

(Continued on next page)

Physicians join medical staff

Several physicians recently joined the medical staff at MRMC.



DR. DINARAM

TEMUJIN DINARAM, M.D., a specialist in interventional cardiology, is associated with Vanderbilt Heart-Columbia.

Dr. Dinaram received his medical degree from Ross University School of Medicine in Portsmouth, Dominica. He completed an internship and residency in internal medicine at New York-Presbyterian/Queens Hospital in Flushing, New York. Dr. Dinaram completed a fellowship in cardiovascular medicine at SUNY Downstate in Brooklyn, New York and an interventional cardiology fellowship at Virginia Tech-Carilion in Roanoke, Virginia. He is board certified in internal medicine, cardiovascular disease and interventional cardiology.

Dr. Dinaram's office is located in Suite 401 of the MRMC Pavilion at 1220 Trotwood Avenue in Columbia. For more information, call 931.388.8622.



DR. HELMER

BROOK HELMER, M.D., a specialist in family medicine, is associated with PrimeCare Clinic, a family medicine practice on the campus of MRMC.

Dr. Helmer received her medical degree from American University of Antigua College of Medicine in Antigua and Barbuda. She completed an internship and residency in family medicine at University of Louisville in Louisville Kentucky. Dr. Helmer is board certified in family medicine.

PrimeCare Clinic is located in the MRMC Medical Office Building at 1222 Trotwood Avenue, Suite 108 in Columbia. For more information, call 931.540.4140.



DR. MITCHELL

JEFFREY L. MITCHELL II, D.P.M., a specialist in podiatry, is associated with Advanced Foot & Ankle Care Centers in Columbia and Spring Hill.

Dr. Mitchell received his doctor of podiatric medicine degree from Dr. William Scholl College of Podiatric Medicine in Chicago, Illinois. He completed an internship and residency in podiatry at Rush University Medical Center in Chicago, Illinois.

Dr. Mitchell's offices are located at 1413 Hatcher Lane in Columbia and at 5073 Columbia Pike, Suite 230 in Spring Hill. For more information, call 931.388.9922.



DR. SMITH

MARVIN MONTGOMERY SMITH, M.D., a specialist in radiology, is associated with Southern Radiology Associates.

Dr. Smith received his medical degree from East Tennessee University College of Medicine in Johnson City, Tennessee, and completed a transitional (multi-specialty) internship and a residency in diagnostic radiology at University of Tennessee in Knoxville, Tennessee. Dr. Smith also completed a fellowship in neuroradiology at the University of Alabama in Birmingham, Alabama. Dr. Smith is board certified in radiology.



MAURY REGIONAL HEALTH

The VitalLink is published monthly for Maury Regional Health through the Marketing Department. Distribution is to employees, retirees, members of the medical staff, board of trustees, advisory board, Maury County Commission and volunteers.



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For address corrections, please contact the Human Resources Department.

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Columbia, TN 38401

NEW EMPLOYEES

(Continued from previous page)

PLANT OPERATIONS

Walter Wood

PRE-SERVICE

Aaren Springer

SURGICAL SERVICES

Ashley Duncan
Amy Lynn
Lori Woodward

TRANSPORTATION

Nicholas Gwin

URGENT CARE

Deborah Chapman
Hope Rubert

AFFILIATES

FAMILY HEALTH GROUP

Jennifer Burton
Dr. Brook Helmer
Susan Jones
Dawn Kidd
Trudy Lindahl
Kimberly Tenison

LEWIS HEALTH CENTER

Ragan Forrester

MARSHALL MEDICAL CENTER

Barbara Haskin

BIRTHS

Dr. Sarah Essary and her family welcomed Clayton Thomas Essary on January 18. He weighed 9 lb. and 2 oz.

Ashley Holden, Nursing, and her family welcomed Mavryck Conway Embry on February 1. He weighed 8 lb. and 11 oz.

Dr. Chad M. Moss and his family welcomed Nathan Vaughn Moss on January 23. He weighed 8 lb. and 4 oz.

Heather Whitley, Laboratory, and her family welcomed Kyrie Rae Whitley on January 31. She weighed 7 lb. and 4 oz.

IN MEMORY

Annette Pollock passed away on January 17. She worked at MRMC from 1992 until 2008 as an LPN in Mother/Baby Unit.

ORGANIZATIONAL ANNOUNCEMENTS—

Howell named managed care director



HOWELL

Kim Howell joined the organization in February as director of managed care for Maury Regional Health, according to Chief Financial Officer Nick Swift. Howell's responsibilities include leading the process of negotiating and monitoring all managed care agreements and developing and overseeing the implementation of strategies to improve managed care performance.

Howell has more than 20 years of managed care experience. She most recently served as a senior contract specialist for payor strategy and operations with KentuckyOne Health in Louisville, Kentucky.

Howell holds a bachelor's degree in counseling and psychology from the University of Louisville.

"During her career, Kim has worked with a range of parties including providers, payors and physician practice operations. This valuable experience will provide her with a unique perspective as she leads our managed care initiatives," said Swift.

Waldie to oversee system revenue cycle

Aaron Waldie has been named administrative director of system revenue cycle for Maury Regional Health, according to Swift. In this role, Waldie will oversee financial clearance, patient access and business office revenue cycle functions across the system and will be responsible for maximizing the performance and integrity of the revenue cycle process.

Waldie has more than 14 years of revenue cycle experience, most recently as senior director of revenue cycle for Kaweah Delta Health Care District in California. Waldie holds a bachelor of arts degree with an emphasis in pre-law from Pensacola Christian College and is certified as a health care financial professional from the Healthcare Financial Management Association.

"Aaron's revenue cycle expertise and recent experience with a billing system conversion to Cerner are among his many qualifications for this position. Please join me in welcoming him to the organization," said Swift.



WALDIE

Wood named construction project manager



WOOD

Walter Wood joined Maury Regional Health in January as project manager for construction, according to Plant Operations Director Paul Corvin. In this role, Wood will be responsible for representing the system in capital improvement projects, for managing the project design process and overseeing the budget and timeline for construction projects.

Wood has more than 35 years of experience in project management, including roles as a project engineer, superintendent and manager on projects exceeding \$130 million. His experience includes construction and expansion of several health care facilities. Wood holds a bachelor's degree in construction engineering technology from Murray State University.

"Walter has many years of experience in oversight of capital projects from budgeting and development through the construction process. We are very happy to have him join the organization and look forward to his valuable insight on future capital improvement projects," said Corvin.

Vein illumination technology now available

Technology that provides a visual map of veins prior to venipuncture and other procedures is now available for patients at MRMC. AccuVein® devices have been introduced on every patient care floor at MRMC, as well as in the Emergency Department and Cancer Center, according to Nursing Professional Development Director Sue MacArthur.



The hand-held devices use lasers similar to barcode scanners and invisible infrared technology to illuminate veins near the skin's surface during blood draws, IV access

and other procedures that require venous access. The technology was piloted on the Cardiology Unit before being recommended for use on every patient care unit.

“Drawing blood or inserting an IV on a patient whose veins are difficult to find always has the potential for multiple attempts. This technology takes much of the guesswork out of a needle stick and more importantly, helps our staff members locate a vein that will provide good access to help deliver the patient’s treatment,” said Cardiology Nurse Manager Lisa Chambers.

AccuVein helps providers to avoid hitting valves and bifurcations, which can obstruct the flow of fluids and cause pain. In addition to increased patient satisfaction, identifying a vein before the needle stick can save time and lower costs for supplies. It can also eliminate the need for a more invasive procedure to gain access to a vein.

Additional benefits of the vein visualization tool include:

- Veins are displayed in real time
- An inverse mode enhances the visibility of smaller veins
- A wheeled stand provides a hands-free option
- The device can be used for patients of all ages, weights and skin tones
- No direct contact with the skin



Clinical Nurse Educator Tina Read (left) observes as Charity Compton, Cardiology, uses the new vein visualization unit.



Excellence Through Leadership

Fourteen Maury Regional Health staff members participated in the most recent Excellence Through Leadership program, which concluded on February 15. Pictured with coordinator Joan Stephens (standing, far right) are (in alpha order) Kathy Beckett, Sandie Carroll, Karli Cole, Roger Cooper, Robbie Gadams, Stacey Goats, Gina King, Maya Malbacias, Pamela Mandig, Jim May, Tamara Miles, Elizabeth Ray, Laura Tatum and Anita Wiseman.

Patient care recognized

From July through December of 2016, several patient care areas achieved the top quartile of the Press Ganey database of more than 2,000 health care providers. Press Ganey is an industry leader in measuring patient experience. Areas in the top quartile were:

MRMC INPATIENT

6th Orthopedics – 96th percentile
 Cardiology – 87th percentile
 6th Surgical – 77th percentile
 Mother/Baby & Labor & Delivery – 76th percentile

MRMC OUTPATIENT

Women's Center – 97th percentile
 Cardiac Diagnostics – 90th percentile
 Imaging – 78th percentile

WMC

Inpatient – 97th percentile

Achievements were also attained in Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS), a national, standardized, publicly reported survey of patients' perspectives of hospital care, which asks discharged patients questions about their recent hospital stay. The survey contains 18 questions about critical aspects of patients' hospital experiences. Below are those reaching milestones:

MRMC (TOP QUARTILE)

Nursing Communication
 MD Communication
 Cleanliness
 Quiet at Night
 Pain Management
 Medication Communication

MMC (TOP DECILE)

Nursing Communication
 MD Communication
 Responsiveness
 Cleanliness
 Quiet at Night
 Pain Management
 Medication Communication
 Discharge and Care Transitions

WMC (TOP DECILE)

Nursing Communication
 Quiet at Night

PrimeCare expands services

PrimeCare Clinic on the MRMC campus recently expanded its services and welcomed two new physicians.

The practice offers primary health care for all ages. Brook Helmer, M.D., who is board certified in family medicine, joined PrimeCare Clinic in January (see related article on page 2).

PrimeCare Clinic has added behavioral health services with board-certified psychiatrist Lindsay Norton, M.D. Dr. Norton, who has practiced in Columbia since 2014, received her medical degree from the University of Louisville in Louisville, Kentucky and completed her internship and residency in psychiatry at the University of Louisville.

For the convenience of working adults, the office is open until 6:30 p.m. weekdays and offers hours on Saturdays and Sundays, with same-day appointments available. The practice accepts most insurance and offers income-based discounts as a Federally Qualified Health Center. For more information, call 931.540.4140.



DR. NORTON



Student nurse tech program offered

MRMC now provides an opportunity for nursing students to work as nurse technicians prior to completion of their degree. According to Nursing Professional Development Director Sue MacArthur, these employees are part of a float pool managed by Patient Management with a work schedule based on school requirements. They are eligible to apply for available nursing positions upon graduation. Clinical Educator Tina Read is pictured (far left) with the first group of student nurse technician program participants. Pictured are (front row, l-r) Taylor Prince, Meagan Precourt, Mary Alice Spaulding; (back row) Allison Clark, Timothy Creps, Cassidy Henson, Anya Kovalchuk and Brittani Moyers. Not pictured are Ashlee Elkins, Sara Leonard and Morganne Stanfill.

EVENT OFFERS HEALTH SCREENINGS TO FAITH COMMUNITY

MRMC offered health screenings and risk assessments to members of the Wayman Chapel AME Church in Columbia in February. The event was part of the Faith-Based Initiative (FBI) funded by the Maury Regional Health Care Foundation.

According to Business Development Director Patrick Harlan, the initiative uses the same type of health analytics survey and reporting as the employer wellness program that MRMC offers to local businesses.

There were 30 individuals who participated in health screenings on February 11. Staff members returned later in the month to share personal health results with participants.



Savannah Gignilliat, Endoscopy, assists Willie Nelson with registration at the FBI event.

FOOD PANTRY MARKS MILESTONE

The food pantry at MRMC celebrated a milestone in January as the number of patients it has served surpassed the 1,000 mark.

The program was created in July 2012 to assist patients who may struggle to afford food following discharge. The Maury Regional Health Care Foundation supports the food pantry through donations to the “Friends and Family Nutrition Fund.”

According to Dietitian Keri Howell, the food pantry assists an average of 28 patients each month. In January, 31 patients received food and nutritional supplements, bringing the total number of patients served to 1,002 since the food pantry opened.

“It has been very rewarding to see the food pantry grow over the last five years. The Foundation is pleased to support the efforts of the food pantry team in reaching this exciting milestone,” said Foundation Executive Director Joe Kilgore.

Patients are referred to the food pantry by staff members who recognize a patient who needs assistance with food and nutrition after their discharge from the medical center. MRMC was the first hospital in Tennessee to offer a food pantry for patients.

To make a donation that supports the food pantry, visit MauryRegionalFoundation.com or call 931.380.4075.

Mule Kick 5K set for April 1

The 2017 Mule Kick 5K and 1-Mile Family Trot will be hosted by the Maury Regional Health Care Foundation in Columbia on April 1.

The course will begin at Columbia’s River Walk Park with an 8 a.m. start time for the 5K and a 9 a.m. start time for the 1-Mile Family Trot.



Runners and walkers are encouraged to participate. Refreshments will be provided and awards given to top finishers in several categories.

Proceeds from the event will assist the Foundation in obtaining a mobile health care clinic to serve at-risk individuals through health screenings and education.

Register online at MuleKick5K.org. For additional information, contact the Foundation at 931.380.4075. Those interested in volunteering for the race can contact Jamie McKnight at extension 7022.

Physician addresses civic groups

Dr. John Coursey, a urologist on the MRMC medical staff, spoke to two local civic clubs in February about prostate cancer.

Dr. Coursey addressed the Columbia Kiwanis Club and the breakfast Rotary Club on February 17. His presentation was titled “Prostate Cancer: Where are we in 2017?” and included information



DR. COURSEY

about the use of robotic surgical technology such as da Vinci Xi available at MRMC.



EARN CASH FOR REFERRING RNs

Maury Regional Health is searching for extraordinary RNs to complement the talented workforce who cares for our patients every day. We are pleased to announce the RN Recruitment Incentive has been extended through March 31, 2017.

Eligible employees and the referred RN will receive \$2,000 for referring a full-time direct care RN. Refer to the Recruitment Incentive Flyer on the intranet under Human Resources to learn how you could be eligible to earn this generous incentive.

IMPORTANT TAX INFORMATION

Beginning with the 2015 tax year, employers must provide a federal form (referred to as a Form 1095-C) to all benefit eligible employees and to anyone who is covered by the employer's health plan (i.e Cobra, retirees).

Maury Regional Health will distribute the Form 1095-C no later than March 2, 2017. Form 1095-C will be delivered via mail to your home. Please note the following:

- You do not file the Form 1095-C with your tax return.
- You do not have to wait for the Form 1095-C to file your tax return.

MARCH CALENDAR OF EVENTS

March 1

DIABETES EDUCATION GROUP:
11 a.m., Auxiliary Conf. Room, call
540.4324

March 2-3

SCRUB SALE: 7 a.m., Auxiliary Conf.
Room, call 380.4075

March 4

EXPECTANT PARENT CLASS –
UNDERSTANDING BIRTH: 9 a.m.-3
p.m., call 490.7046

March 6

NEW EMPLOYEE ORIENTATION:
8 a.m., Auxiliary Conf. Room, call
381.1111, ext. 2334

March 7

GRIEF SUPPORT GROUP: 5:30 p.m.,
Chapel, call 540.4243

March 8-9

AUXILIARY BOOK FAIR: 7 a.m.,
Auxiliary Conf. Room, call 380.4047

March 9

GRIEF SUPPORT GROUP: Noon,
Marshall Medical Center, call 540.4243

March 10

BREASTFEEDING SUPPORT
GROUP: 1 p.m., Annex, call 490.7074

March 11

EXPECTANT PARENT CLASS –
NEWBORN CARE: 9-11 a.m., call
490.7046

March 11

EXPECTANT PARENT CLASS –
INFANT CPR: 12-2 p.m., call 490.7046

March 14

COPING WITH CANCER: 2 p.m.,
Cancer Center at Columbia Mall, call
490.7192

March 15

FREE BLOOD PRESSURE CHECK:
9:30 a.m., Columbia Senior Center, call
490.4600

March 16

FREE BLOOD PRESSURE CHECK:
9:30 a.m., Hohenwald Senior Center,
call 490.4600

March 18

EXPECTANT PARENT CLASS
– BREASTFEEDING: 9 a.m., call
490.7046

March 20

BREAST CANCER SUPPORT
GROUP: 5:30 p.m., Women's Center,
call 540.4166

March 23

OSTOMY PARTNERS SUPPORT
GROUP: 10 a.m., First Floor Conf.
Room, call 698.7438

March 23

STROKE SUPPORT GROUP: 6 p.m.,
Annex, call 840.4446

KUDOS FOR CAREGIVERS

Miranda Ball
 Dr. Caleb Barr
 Karen Blair
 Beth Bradshaw
 Caleb Brown
 Alison Carlisle
 Kate Cassidy
 Dr. Kevin Chunn
 Dr. Mark Cobb
 Kellie Coker
 Amanda Cowdrey

Melissa Cunningham
 Wilson Daniel
 Dr. Karen Davis
 Dr. James Dean
 Amber DeMint
 Barbara Dreher
 Dr. Nicole Falls
 John Fitzgerald
 Megan Foster
 Dr. Dwayne Fulks
 Rick Harris

Emily Hawley
 Trevor Hayes
 Katie Hernandez
 Jackie Hill
 Lindsey Himes
 Kim King
 Dr. Justin Kropf
 Amy Long
 Melissa Lovely
 Janis MacDonald
 Tracy Marks

Jason Martin
 Dr. Jeff Martin
 Lauren McGee
 James Meadows
 Karen Miller
 Dr. Chad Moss
 Dawn Parker
 Dr. Nilay Patel
 Lindsey Paynor
 Dr. Michael Pelletier
 Simone Pyle

Dr. Srikar Reddy
 Flamonte Roberts
 Beverly Sisk
 Shelia Staggs
 Ashley Taylor
 Dr. Kelly Tenbrink
 Kevin Tucker
 Leslie Wade-Gaines
 Lindsey Wendt
 John Wood
 Jean Wright

THE VITAL *LINK*

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Doctors' Day is March 30

Recognize a physician on National Doctors' Day with a contribution to the Maury Regional Health Care Foundation. To make a gift in honor of a physician, visit MauryRegionalFoundation.com or call 931.380.4075.

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