

THE VITAL LINK



March 2018

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New imaging technology added

Maury Regional Medical Center (MRMC) has expanded its imaging technology with the addition of the Shimadzu Sonialvision G4.

“This system offers physicians advanced imaging technology, while minimizing X-ray dose levels, and can accommodate patients weighing up to 700 pounds. Currently, we are the only provider in Middle Tennessee to



Pictured (l-r) are Anthony Anderson with CMS Imaging, CEO Alan Watson, Imaging Director Pam Williams, Radiologist Blair Butler, M.D., Radiologic Technologist Amanda Grooms, John Lillie with CMS Imaging and Diagnostic Coordinator Joey Riddle.

offer this system,” said Maury Regional Health CEO Alan Watson.

The Shimadzu Sonialvision G4 has been designed to consider all users in a diversity of situations, making it ideal for a wide variety of examinations, such as orthopedics, general radiography studies, barium studies, endoscopy, urology and angiography. Using tomosynthesis, this imaging technology offers high quality multi-slice images to visualize detail not visible on conventional radiography. Features and benefits include:

- Low-dose options for increased safety
- Useful with multiple examination types
- Full-body scan without moving or disrupting patient comfort
- Tilting platform allows for multiple observation positions
- Improved fluoroscopy and radiography image clarity
- Reduced height for easier patient access

An open house was held March 15 to allow members of the medical staff to see the new imaging system. To learn more about this imaging technology, contact the Imaging Department at 931.380.4055 or visit MauryRegional.com.

Thanks to our volunteers!

Maury Regional Health is fortunate to have hundreds of volunteers who give generously of their time and talents to serve others.

At MRMC, volunteers worked more than 50,000 hours in 2017, providing the equivalent of nearly \$700,000 in service. More than 300 volunteers serve in approximately 25 service areas throughout the main campus.

Volunteers also provide support at Marshall Medical Center, operating the

gift shop and assisting visitors.

Wayne Medical Center recently introduced a new volunteer program and welcomed its first members.



Pictured (l-r) are volunteers Brandon Sanchez, Johnny Armstrong, Margot Penrod and Mary Anna Hoelscher.

If you know someone who would be interested in volunteering at one of our hospital campuses, encourage them to visit MauryRegional.com to learn more.

April 15-21 will be recognized as National Volunteer Week. See the April edition of *The VitaLink* for photos of volunteer service recognitions. Join Maury Regional Health in thanking our volunteers!

NEW EMPLOYEES

MAURY REGIONAL MEDICAL CENTER

EMS

Rachel Jacobs

ENVIRONMENTAL SERVICES

Emily Anthony
Austin Davis
Brandon Kimbrell
Miranda Monroe
Deborah Perry
Felicia Pollock

FOOD & NUTRITION

Dalton Bird

GIFT SHOP

Tracy Barker

INFORMATION TECHNOLOGY

Xson Gear
Vanessa Murillo

LABORATORY

Daphne Brown
Hannah Smith

NURSING

Sofia Braden
Artavia Bryant
Marissa Burns
Natasha Hopkins
Layla Lee

(Continued on next page)

Physician joins medical staff

Deanna R. White, M.D., a specialist in internal medicine, has joined the MRMC medical staff. She is associated with Maury Regional Medical Group Hospital Medicine.

Dr. White received her medical degree from Loma Linda University School of Medicine in Loma Linda, California. She completed an internship in internal medicine at the University of Cincinnati Medical Center in Cincinnati, Ohio and a residency in internal medicine at Kettering Medical Center in Kettering, Ohio. Dr. White is board certified in internal medicine.



DR. WHITE

Physical therapy offers direct access for patients

Maury Regional Health offers patients the opportunity to self-schedule an initial physical therapy assessment at our locations throughout southern Middle Tennessee.

This direct access option allows an individual to schedule an evaluation without a physician's order. During an assessment, a licensed physical therapist will determine if therapy may benefit the patient's condition and customize treatments or advise the patient to visit their physician. If additional visits are necessary, the physical therapist will refer a patient to a physician for further evaluation or treatment.

Direct access physical therapy visits are covered by many insurance plans. Physical therapy centers are located in Columbia, Chapel Hill, Spring Hill, Hohenwald, Lewisburg, Pulaski and Waynesboro.

For more information about direct access, call 931.380.4014 or visit MauryRegional.com.

Join Maury Regional Health at Mule Day

Maury Regional Health will again have a presence during Mule Day festivities.

Mule Day 2018 is Saturday, April 7. Maury Regional Health will host a booth at Maury County Park from Thursday, April 5 through Sunday, April 8. Volunteers will offer blood pressure screenings and provide education on how to correctly perform hands-only CPR and how to recognize a stroke. Emergency Medical Services (EMS) will provide medical coverage throughout the event.



MAURY REGIONAL HEALTH

The VitaLink, designed by the Foreman Company, is published monthly for Maury Regional Health through the Marketing Department. Distribution is to employees, retirees, members of the medical staff, board of trustees, advisory board, Maury County Commission and volunteers.



Scan this QR code with your smart phone and visit our website.

For address corrections, please contact the Human Resources Department.

1224 Trotwood Avenue
Columbia, TN 38401

NEW EMPLOYEES

(Continued from previous page)

NURSING

Letitia Moyers
Natashia Osborn
Frances Pitts
Jill Potter
Makayla Sanderson
Gloria Tatum
Jessica Woods

QUALITY SERVICES

Kellye Raiford

STERILE PROCESSING

Riley Regul

SURGERY

Chelsea Frye

WAYNE MEDICAL CENTER

Robin Rumbaugh

MAURY REGIONAL MEDICAL GROUP

Mary Johnson

BIRTHS

Nathan Foster, EMS, and his family welcomed Emmylou Rose Foster on March 5. She weighed 7 lb. and 6 oz.

Cristen Isley, Urgent Care, and her family welcomed Emma Joy Isley on March 12. She weighed 4 lb. and 5 oz.

IN MEMORY

Beatrice Abernathy passed away February 20. She retired in 1984 after 30 years of service in Housekeeping at MRMC.

Barry Clevenger, an associate in Food & Nutrition, passed away on February 25. He had worked at MRMC since 2015.

Neurologist presents seminar



DR. WILLIAMS

Dr. Kita L. Williams, a neurologist associated with Maury Regional Medical Group Neurology, was the speaker at a community seminar on March 13.

The seminar focused on chronic headaches including migraines and tension headaches. Dr. Williams addressed some of the causes of recurring headaches as well as treatment options. Key points included the difference in preventive and rescue medications, the use of natural remedies and the importance of keeping a log to track headache frequency.

Henze leads local AORN chapter

Christina Henze, FRFA, CNOR, was elected as the president of the Middle Tennessee chapter of Association of PeriOperative Nurses (AORN) for 2017-2018.



HENZE

AORN is a globally active association striving to improve the care of surgical patients from admission to recovery. The organization is focused on evidence-based practice and guidelines established by practicing nurses and nursing professionals throughout the world. The local chapter held meetings at Maury Regional in October and January, providing an opportunity for Maury Regional Health nurses and surgical technologists to participate in networking and education.

Henze has worked for MRMC since 2004.

Murrell presents poster at AORN conference

MRMC Infection Control Director Lynnelle Murrell presented a poster at an international conference in March, highlighting the use of continuously disinfecting lights in operating rooms.

Murrell presented the poster at the Association of Operating Room Nurses Global Surgical Conference & Expo in New Orleans, Louisiana.

The poster shared findings of a case study conducted at MRMC on the use of visible light disinfection in one operating room. The system uses visible light to continuously disinfect the space as a supplement to standard cleaning processes. The findings showed that continuous disinfection can play a role in reducing surgical site infections.

Murrell has been invited to present the study's findings at an international lighting conference in May.



MURRELL

Patient safety efforts recognized

Patient Safety Week was observed by Maury Regional Health March 11-17. The observance included education on patient safety topics and renewed pledges for patient safety. Several patient care units at MRMC were also recognized for reaching milestones in safety metrics.

Cardiology, Mother/Baby Unit and Orthopedics were recognized for marking 3,720 days without a central line-associated bloodstream infection (CLABSI).

Mother/Baby Unit was recognized for having no fall since May 2017 and no fall with injury for two years.

Orthopedics was also recognized for 375 days without a catheter-associated urinary tract infection (CAUTI) and for reaching a rate of zero unit-acquired pressure ulcers.



ORTHOPEDECS—Pictured (l-r) are Quality Improvement Director Renee Tew, Nurse Manager Tiffany Crews, BSN, RN, Deb Brown, RN, Stacey Perry, RN, Nicole Thomason, RN, Amanda Brown, BSN, RN, Kristin Roberts, NT, Heather Moore, RN, CEO Alan Watson and CNO Deborah Lumpkins.



CARDIOLOGY—Pictured (l-r) are Tew, Lumpkins, Nurse Manager Lisa Chambers, RN, Misty Mellor, NT, Cassie Walker, NT, Lori McGee, RN, Tina Read, RN, and Watson.



MBU—Pictured (l-r) are Tew, Watson, Lumpkins, Lisa Couch, RN, Kristin Brown, RN, Sandy Lara, RN, Mackenzi Morgan, NT, and Suzanne Robinson, RN.

LHC mammography program re-accredited

The mammography program at Lewis Health Center (LHC) has been awarded a renewed three-year term of accreditation as the result of a recent review by the American



College of Radiology (ACR), according to LHC Operations Director Hugh Bennett.

LHC recently went through a comprehensive review process to ensure its mammography program meets nationally-accepted standards of care.

“Lewis Health Center continually focuses on improving the quality of care for our patients. This renewed accreditation is the result of the dedication to quality and safety demonstrated by our staff and physicians. Special thanks to Mammography Technologist Shelly Hobbs and other staff members who worked on the accreditation process,” said Bennett.

The ACR gold seal of accreditation represents the highest level of image quality and patient safety. It is awarded only to facilities meeting ACR practice parameters and technical standards after a peer-review evaluation by board-certified physicians and medical physicists who are experts in the field. Image quality, personnel qualifications, adequacy of facility equipment, quality control procedures and quality assurance programs are assessed. The findings are reported to the ACR Committee on Accreditation, which subsequently provides the practice with a comprehensive report that can be used for continuous practice improvement.

Digital mammography is one of several diagnostic and screening tools available in the Imaging Department at Lewis Health Center. In addition to mammography, LHC offers MRI, ultrasound, bone densitometry and X-ray services. For more information, call 931.796.6222.

Parking changes take effect

A new permit and parking decal system was recently implemented at MRMC for employees, volunteers and medical staff. The changes took effect on March 15, according to Administrative Director Mike Short.

Color-coded and numbered window decals distributed by managers must be displayed in the lower portion of the vehicle window on the passenger side. If needed, a second decal may be purchased in the Patient Services office at a cost of \$5. The decals replace parking hangtags, which are now obsolete.

Changes to the physical layout of available spaces within designated parking areas on the medical center's campus have also been made. These changes include:

- The designated 15-minute parking spaces on the circular drive in front of the hospital's main entrance have been converted to handicap/ADA-accessible parking spaces for visitors. There are no longer any 15-minute parking spaces.
- The lot facing James Campbell Boulevard near the rear entrance to campus previously designated as employee parking has been converted to parking for emergency department patients and visitors.
- An additional row of employee parking—22 spaces—has been added to the main visitor lot in the corner of the campus at James Campbell Boulevard and Trotwood Avenue.
- The lot behind the Medical Office Building (MOB) will now serve as parking for medical staff and employees of physician practices who work in the MOB.

Parking guidelines are available on the intranet through Policy Stat and the Security Department page. Failure of employees to follow the parking guidelines is a deficit that is subject to the accountability process.

Graduate salute planned

2018 graduates will be recognized in the May issue of *The VitaLink*. Employees and physicians who have earned a new degree or are the parent or grandparent of a high school or college graduate are invited to submit a photo.

Photos should be emailed to TheVitaLink@mauryregional.com or delivered to the Marketing Department (MOB, Suite 202) by Friday, April 27.

Along with a headshot photo, please include:

- Graduate's name (preferred first name and last name)
- School
- Degree or program completed
- Your name, department and extension number
- Your relationship to the graduate

Original photos will be returned. Call extension 7223 with any questions.

Pediatrics practice holds open house

Lewisburg Pediatrics hosted an open house in conjunction with the Marshall County Chamber of Commerce on March 7. A ribbon cutting was followed by tours of the newly updated office. Attendees had the opportunity to meet the providers and staff and learn more about the practice.

Lewisburg Pediatrics is one of Maury Regional's five Federally Qualified Health Centers (FQHCs) that offer income-based discounts for those who qualify. The office is located in the medical office building adjacent to Marshall Medical Center.



Pictured with Dr. Bill See and nurse practitioner Ashley Hancock who cut the ribbon are (l-r) Marshall County Chamber of Commerce member Ashley Hughes, Nathan Miller, Ashley Barber, Joanna Mastalerz, Krissy Davis, Kevin Kimmell, Dustin Starkey, Tiffany Ledford, Andrea Mota, and City of Lewisburg Economic Development Director Greg Lowe.

BIG PAYBACK SET FOR MAY 2

The Maury Regional Health Care Foundation will again participate in The Big Payback, a 24-hour, online day of giving presented by the Community Foundation of Middle Tennessee. This year's event is set for Wednesday, May 2.



This will be the fifth year the Foundation has participated in the giving event. Since it began, the Big Payback has helped nonprofit organizations in Middle Tennessee raise \$9.3 million dollars. Gifts from the public are boosted with funds from corporate sponsors. Nonprofits will have a chance for financial incentives and additional prizes throughout the day.

On May 2, donations may be made to the Foundation at TheBigPayback.org. The Foundation will host a local event that day for area nonprofit organizations in conjunction with the Big Payback. The event will be held from 11 a.m. until 3 p.m. at Southern Tre Steakhouse in downtown Columbia.

The Foundation supports a wide variety of projects in the eight-county region of Middle Tennessee. Nearly \$2 million in programs and services have been funded since it was established in 2006. For more information, call 380.4075.

MULE KICK 5K IS APRIL 7

Excitement is building for the 2018 Mule Kick 5K and 1-Mile Trot. The Maury Regional Health Care Foundation hosts the Mule Kick on Mule Day each year. The Mule Kick takes place on Saturday, April 7 at Riverwalk Park in Columbia.



The 5K will begin at 8 a.m. followed by the 1-Mile Trot at 9 a.m. Packet pick-up and on-site registration will be held at the Riverwalk Pavilion Friday, April 6, from 3:30 until 6:30 p.m. and on race day from 6:30 until 7:30 a.m.

Participants may still register online at MuleKick5K.org. For the most current race updates, follow "MuleKick 5K and 1-Mile Trot" on Facebook.

Special thanks to presenting sponsor Reliant Bank!

WMC to host health fair

Wayne Medical Center (WMC) will host its annual health fair on Saturday, April 14. The event will be held from 8 a.m. until noon at Waynesboro Middle School.

A number of free health screenings will be offered, including cholesterol and glucose testing, blood pressure checks and bone density screenings.

Several Maury Regional Health departments and physician practices will participate in the health fair. The new mobile health unit will also be on-site during the event.

Boys & Girls Clubs recognize MRMC

The Boys and Girls Clubs of Maury County recently recognized Maury Regional Medical Center for its 2017 gold sponsorship. Maury Regional Health CEO Alan Watson accepted the award from Boys and Girls Clubs Executive Director Robyn Boshers Peery. Boys and Girls Clubs of Maury County provide programs that promote academic success, healthy lifestyles, good character and citizenship for area youth.



PREDATORS CONTEST WINNERS ANNOUNCED

Maury Regional Health employees showed their pride for our organization and the Nashville Predators through a photo contest. Employees had a chance to win tickets to a Predators game by submitting a photo with a hashtag or slogan that used a hockey theme to highlight Maury Regional's mission and values. The Events and Recognition Committee selected four winners. Thanks to everyone who participated!



KARLIE ADKISSON
MRMC Emergency Department
#predsPRIDE #1hospital#1team



EMILY ROBINSON
MRMC Nursing
The Preds say, "Stand with us."
Maury Regional says,
"We'll help you stand."



STEPHANIE WATT
MMC Physical Therapy
#shootingtobeNo.1
#MauryRegionalNumber1inpatientcare
#NashvillePredsStanleyCupChamps



FELICIA HAYES
MRMG
MRMC: Where we "stick"
with pride.

APRIL CALENDAR OF EVENTS

April 3
GRIEF SUPPORT GROUP: 5:30 p.m.,
Chapel, call 540.4243

April 5
GRIEF SUPPORT GROUP: Noon,
Marshall Medical Center, call 540.4243

April 5
DIABETES EDUCATION GROUP:
11 a.m., Annex, call 540.4324

April 7
MULE KICK 5K: 8 a.m., Riverwalk Park,
call 380.4075

April 7
EXPECTANT PARENT CLASS –
UNDERSTANDING BIRTH: 9 a.m.-
3 p.m., call 490.7046

April 9
NEW EMPLOYEE ORIENTATION:
8 a.m., Auxiliary Conf. Room, call
380.4017

April 10
CELIAC SUPPORT GROUP: 5 p.m.
First Floor Conf. Room, call 381.1111,
ext. 1275

April 14
WAYNE MEDICAL CENTER HEALTH
FAIR: 8 a.m.-noon, Waynesboro Middle
School, call 722.5411

April 16
BLOOD DRIVE: 7 a.m.-5 p.m., Auxiliary
Conf. Room, call 840.4446

April 16
BREAST CANCER SUPPORT GROUP:
5:30 p.m., call 540.4166

April 16
EXPECTANT PARENT CLASS –
BREASTFEEDING: 7 p.m., call 490.7046

April 17
VOLUNTEER SERVICE AWARDS:
2-4 p.m., Cafeteria, call 380.4047

April 21
FREE SAFE SITTER CLASS: 9 a.m.-
3:30 p.m., call 490.7046

April 23-25
AUXILIARY JEWELRY SALE: Auxiliary
Conf. Room, call 380.4047

April 26
OSTOMY SUPPORT GROUP: 10 a.m.,
First Floor Conf. Room, call 698.7438

April 26
STROKE SUPPORT GROUP: 6 p.m.,
Annex, call 840.4446

April 28
EXPECTANT PARENT CLASS – JUST
FOR SIBLINGS: 9-11 a.m., call 490.7046

April 30
NEW EMPLOYEE ORIENTATION:
8 a.m., Auxiliary Conf. Room, call
380.4017

KUDOS FOR CAREGIVERS

Stacie Anderson	Taneka Harris	Trent Lewis	Karen Miller	Dr. Manisha Raj
Hunter Bastin	Robbie Haynes	Dr. Brian Lindsey	Dr. Chad Moss	Flamonte Roberts
Ashley Boyd	Leslie Heinrich	Lynn Lott	Heather Norris	Holley Schnittjer
Sarah Brewer	Dr. Danielle Henson	Dr. Sarah Majstoravich	Johnny Nowlin	Angela Scott
Dr. Sean Cannady	Jackie Hill	Dr. Dyakar Mallipeddi	Valli Oliver	Melissa Spears
Alison Carlisle	Kam Hinson	Elias Manzella	Dr. D. Davidson Oxley	Marci Spicer
Wilson Daniel	Dr. Mark Hinson	Dr. Jeffrey Martin	Kay Parker	Con Vrailas
Aaron Gignilliat	Jennifer Hirst	Melody Massey	Jana Perryman	Dr. Donna Whitney
Sue Gorsh	Alexandria Kale	Joanna Mastalerz	Lindsay Poynor	Don Young
Dr. Jimmy Harris	Michele Kimbrough	Kristen McAuliffe	Deona Price	Dana Younger

THE VITAL *LINK*

Follow us on     



Doctors' Day is March 30

Maury Regional Health extends appreciation to the more than 200 physicians on the medical staff. Consider honoring a physician on National Doctors' Day with a contribution to the Maury Regional Health Care Foundation to help patients in our region with health care needs. Physicians receive a message of gratitude when gifts are made in their honor. Make a gift online at MauryRegionalFoundation.com or call 931.380.4075.

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