MRMC earns A in patient safety

Maury Regional Medical Center (MRMC) has attained an A rating in patient safety from the independent hospital watchdog The Leapfrog Group on the Hospital Safety Score survey.

The study rates hospitals on errors, injuries, accidents and infections, assigning A, B, C, D and F grades. MRMC was recognized for its strong commitment to patient safety by achieving an A rating.

"We strive every single day to do what is best for our patients and we are grateful for the thousands of patients who entrust us with providing their care. The commitment of our physicians and staff to protect our patients has been recognized at the state and national level by independent groups and we are honored to receive the highest patient safety ranking from Leapfrog," said CEO Alan Watson.

The Hospital Safety Score is the gold standard rating

for patient safety, compiled under the guidance of the nation's leading patient safety experts and administered by The Leapfrog Group, a national, independent nonprofit. The first and only hospital safety rating to be peer-reviewed in the Journal of Patient Safety, the Hospital Safety Score is free to the public and designed to give consumers information they can use to protect themselves and their families when facing a hospital stay.

The Hospital Safety Score uses 28 measures of publicly available hospital safety data to produce a single A, B, C, D, or F score, representing a hospital's overall capacity to keep patients safe from preventable harm. To see MRMC's full score, and to access consumer-friendly tips for patients and loved ones visiting the hospital, visit www.hospitalsafetyscore.org.

Home Services recognized again

Maury Regional Home Services has again been recognized as one of the top-performing home health agencies in the United States by HomeCare Elite™.



Maury Regional Home Services has made this prestigious list every year since its inception ten years ago. Winners are ranked by an analysis of publicly available performance measures in quality outcomes, best practice (process measure)

implementation, patient experience (Home Health CAHPS®), quality improvement and consistency, and financial performance.

"Our staff members are to be commended for the quality care they continually provide to our patients. I

am very pleased that their efforts have been recognized again this year," said Home Services Director Rosemary Edmonds.

Maury Regional Home Services offers nursing care, home health aides, rehabilitation services and disease management. In addition, home monitoring equipment for vital signs such as weight, blood pressure, heart rate and oxygen saturations are available. Services are available in each of the eight counties served by MRMC and affiliates.

The HomeCare Elite award is sponsored by OCS HomeCare by National Research Corporation, the leading provider of home health metrics and analytics, and DecisionHealth, publisher of *Home Health Line*.

For more information on the award, visit national research.com/homecareelite. Learn more about Maury Regional Home Services at maury regional.com.

New Employees

MAURY REGIONAL MEDICAL CENTER

ENVIRONMENTAL SERVICES

Colby Aymond Tammy Brown Pamela Melendez Cassandra Zeigler

FOOD & NUTRITION

Barry Clevenger

LABORATORY

Javad Allaftajer Glenda Davis Laquinta Pace Brittany Shelton

LEWIS HEALTH CENTER

James Quillen Monica Roden

Nursing

Unique Bonner Kimberly Boyd Jamie Campbell Lance Dooley Patricia Foster Amanda Lancaster Heather McAvoy Rachel Thacker Genna Willenborg

OUTCOMES MANAGEMENT

Rachel Jean

OUTPATIENT SURGERY

Mark Hughes

PATIENT ACCOUNTS

William Edwards

(Continued on next page)

MAURY REGIONAL MEDICAL CENTER

The VitaLink is published monthly for Maury Regional Medical Center through the Marketing Department. Distribution is to employees, retirees, members of the medical staff, board of trustees, advisory board, Maury County Commission and volunteers.



Scan this QR code with your smart phone and visit our website. For address corrections, please contact the Human Resources Department.

Editor: Rita Williams Designer: Jesse Foreman Writers: Michele Tankersley and Rita Williams Proofreader: Jan Varnado

1224 Trotwood Avenue Columbia, TN 38401

Physician joins medical staff

Kelly J. Kays, M.D., a specialist in internal medicine and pediatrics, has joined the medical staff as a hospital medicine physician associated with Family Health Group.

Dr. Kays received her medical degree from the University of Louisville School of Medicine in Louisville, Kentucky. She completed her internship and residency in internal medicine/pediatrics at the University of South Carolina, Greenville Memorial Hospital, in Greenville, South Carolina.



DR. KAYS

Free COPD screenings offered

Free screenings for chronic obstructive pulmonary disease (COPD) were offered by the MRMC Respiratory Care Department on November 14.



Dr. Lipp (left) is pictured with Respiratory Therapist Lisa Trimble and Director Christy Wright.

Dr. Maura Lipp, a pulmonologist on the medical staff, presented a brief overview of COPD prior to the screenings conducted by Respiratory Care staff members. This is the fifth year that COPD screenings have been offered to the community.

There were 35 individuals screened for COPD during the event.

MacArthur presents at webinar



MacARTHUR

Nursing Professional Development Director Sue MacArthur was a co-presenter for a webinar hosted by the Tennessee Hospital Association (THA) on October 27.

The webinar, titled "Education and Competency Collaborative Program: Partnering to Improve Patient Outcomes," presented the results and methods of a collaborative pilot program sponsored by a grant from the THA. The Tennessee Center for Patient Safety CAUTI Simulation Project is a pilot collaborative between MRMC, TriStar Centennial Medical

Center, Belmont University School of Nursing and Aquinas College School of Nursing to share evidenced-based, standardized educational and competency programs on catheter-associated urinary tract infections (CAUTI).

As a result of the pilot, an online toolkit is available for Tennessee hospitals to provide resources to educate staff on CAUTI prevention.

New Employees

(Continued from previous page)

PHARMACY

Jennifer Tosh

PRE-SERVICE

Tara Warner

PRIMECARE CLINIC

Rhonda Burchyett

TELEMETRY

Timothy Diehm

TRANSPORTATION

Cole Williams

AFFILIATES

FAMILY HEALTH GROUP

Tkwondra Andrews
Tonita Brown
Carissa Costanzo
Crystalyn Gear
Dr. Kelly Kays
Raye Knisley
Leeanne Park
Sandra Taylor

MARSHALL MEDICAL CENTER

William Hartman, Jr.

BIRTHS

Michelle Gomez, Supply Chain, and her family welcomed Elisha Lewis Gomez on November 3. He weighed 6 lb. and 15 oz.

Amanda Padgett, Family Health Group, and her family welcomed Harper Marie Padgett on October 22. She weighed 8 lb. and 11 oz.

Brenda Price, Physical Medicine, and her family welcomed Elijah Bowman Price on October 25. He weighed 5 lb. and 14 oz.

IN MEMORY

Ada Joyce Massey passed away on November 5. She worked at MRMC as a certified central supply technician in Supply Chain from 1990 until 2009. ORGANIZATIONAL ANNOUNCEMENT—

Risen named FHG regional operations director



RISEN

Mike Risen recently joined Family Health Group (FHG) as a regional operations director responsible for the FHG Core Physicians practice, according to FHG CEO Mike Fecher.

Risen has 12 years of experience in practice management, most recently working at CORE. In addition, he has approximately 20 years of finance experience prior to expanding his expertise into practice management. He holds a bachelor's degree in accounting from Western Kentucky University, is a certified public accountant (CPA) and member of the American Institute of CPAs and Tennessee

Society of Certified Public Accountants.

"We are pleased to welcome Mike, the physicians and staff members of the CORE practice to Family Health Group," said Fecher.

Breast cancer focus of women's luncheon



Pictured (l-r) are Dr. Brown, Administrative Director of Oncology Services Dana Salters and Dr. Fulks.

The Maury Regional Women's Center hosted a Women Helping Women luncheon on October 21. The program focused on surgical and reconstruction options for women facing breast cancer.

Dr. John Brown, a breast surgeon, and Dr. Dwayne Fulks, a plastic and reconstructive surgeon, were the speakers. Dr. Brown addressed the choice a woman has to receive a mastectomy or other surgical procedure while Dr. Fulks

discussed options for reconstruction following a breast cancer diagnosis.

WMC offers diabetes screenings

Wayne Medical Center (WMC) offered free diabetes screenings to the community in November, as part of American Diabetes Month.

The Centers for Disease Control estimates that nearly one-third of Americans with diabetes are unaware that they have the disease. WMC offered free A1C blood tests on November 17. More than 20 individuals registered for a screening to measure their average blood sugar level for the past two to three months.

The Wayne Medical Center Fund of the Maury Regional Health Care Foundation assisted with costs related to the screening.

Quality award winners named

The eighth annual Performance Excellence Awards Banquet was held on October 27 at First Family Church in Columbia. A total of 294 teams submitted performance improvement projects. Winners included:



Quality Outcomes Award – Armbands

Pictured (l-r) are Roger Larkin, Sue MacArthur and Deborah Sutton with Chief Nursing Officer Deborah Lumpkins. Not pictured are Jamie Casteel, Melanie Eastep, Kate Huddleston and Tina Read.



Most Innovative — LEAN Design FHG Primary Care Office Consolidation

Pictured (l-r) are Dr. Charles Ball, Erica Moyer, Mary Gale Snyder, Thomasha Marsh, Chi Dahlgren, Lori Cude, Donna Watkins, Dr. Ben Gardner, Kristen Wayne and Shavonne Frierson with Vice President of Support Services John Collier. Not pictured are Dana Lemay, Dr. Padma Narra and Dr. Tom Farmer.



Most Innovative Honorable Mention — Dr. Rush

Pictured (l-r) are Sue MacArthur, Kaye Brewer, Jill Gaddes, Lea Ables and Cathy Malone with Collier. Not pictured are John Bumpas, Beth Fleming and Mike Short.



Trailblazer Award: Clinical — Care Team Conference

Pictured (l-r) are Jill Gaddes, Beth Himes, Carey Albright, Renee Tew, Brenda Hogan, Alisa Sentz, Kristen Wayne and Cathy Malone. Not pictured are Susan Graham, Stacey Perry, Jon Jackson, Courtney Carrington, Crystal Staggs, Holly Kunz, Michael Hensley, Janna Green, Dr. Grace Wu, Alissa Smith, Nick Harmon and Ashlie Osborn.



Hold the Gains: Non-Clinical — Policy Number vs Sub-Policy Number

Pictured (l-r) are Rodney Adams, Lydia Benefield, Melanie Biles and Tiffany Vuncannon. Not pictured are Kirby Hedrick, Stephanie Hurst, Cathy Lopez and Lori Rubert.



Hold the Gains: Clinical — Heparin Protocol Revisions

Pictured (l-r) are Erika Hasford, Sue MacArthur, Deborah Sutton and Jackie Miles. Not pictured are Kaysha Beavers, Karen Summers, Jordan Robinson, David Perry, Ginger Dickens, Lisa Chambers and Amanda Carroll.



Performance Excellence — Payroll Deduct Auto Posting

Melanie Biles is pictured (left) with Vice President of Human Resources Kaye Brewer. Not pictured are Cindy Craig, Kirby Hedrick and Candice Lynn.



Level 3 Achievement Award — Pre-Service Department

Pictured (l-r) are Rodney Adams, Frank Joyce, Ramona Rosser, Gina King, Shirley Malone, Paula Wilt, Tiffany Vuncannon and Lydia Benefield with Chief Operating Officer Paul Betz.

Trailblazer Award: Non-Clinical — LEAN Design FHG Primary Care Office Consolidation

(See Most Innovative above for participant names.)

(Continued on next page)

Quality award winners named

(Continued from previous page)

Strategic Keys



Quality – Adult Code Blue Response and Documentation Education

Pictured (l-r) are Christy Wright, Barbara Purcell and Jackie Miles with Chief Nursing Officer Deborah Lumpkins. Not pictured are Amanda Carroll, Nick Harmon, Amber Davis, Angie Boshers, Sue Harris, Alissa Smith, Ginger Dickens, Todd Chessor, Miranda Pelzer and Connie Thomason.



Service — Presumptive Charity

Pictured (l-r) are Rodney Adams and Melanie Biles with Lumpkins. Not pictured are Candice Lynn and Kirby Hedrick.

People — Payroll Deduct Auto Posting

(See Performance Excellence on previous page for participant names.)



Financial — Point of Service Collections ED to Inpatient

Pictured (l-r) are Lydia Benefield, Tiffany Vuncannon and Pam Rummage with Chief Financial Officer Nick Swift.



Most Engaged Award — Quality Services and Supply Chain

Pictured (l-r) are Ava Perkins-Rodriguez, Kim Anderson, Angela Brown, Lena Young, Roger Larkin, Kathy Lampley, Kristen Wayne, Tina Johnson, Jennifer Troope and Melanie Fox with Chief Financial Officer Nick Swift.



Performance Excellence Champion

— Deborah Sutton

Sutton is pictured with CEO Alan Watson.

Senior Life Solutions hosts community program

The Senior Life Solutions program at Marshall Medical Center hosted a community seminar on overcoming the winter blues on November 3 in Lewisburg.

The program featured information for older adults who may have trouble coping with feelings of loneliness, grief and changes in lifestyle during the winter months and holiday season. Program Coordinator Beth Sweeney and Dr. James A. Greene, the program's medical director, were speakers.

Sweeney presented a similar program at the Maury County Senior Center on November 17.

Senior Life Solutions offers individual and group activities and education for seniors. Referrals can be made by a physician, friend or relative. For referral information, call 931.270.3685.



Pictured are Sweeney and Dr. Greene.

AREA ORGANIZATIONS SUPPORT WOMEN FIGHTING CANCER

A series of local events in October raised awareness of breast cancer while supporting the Maury Regional Health Care Foundation's efforts to assist local women in need. Together, the events raised more than \$11,000 for the Foundation's Women's Center Fund, according to Executive Director Joe Kilgore.

MRMC Women's Center staff member Amandia Long and her husband, Chris, raised \$5,000 for the fund through their fourth annual Halloween costume party in Lawrenceburg.

The Maury County Gun Club hosted its third annual Breast Cancer Awareness Shoot and donated \$3,200 to the Women's Center Fund.

Rachel and Steven Hughes of Columbia merchant Ye Peddler presented the Foundation with a \$1,000 donation, proceeds from special shopping passes sold in October.

Columbia breast cancer survivor Kim Duff and her husband, Lee, of KD's Hope donated \$1,000 from a volleyball tournament at Central High School.

The Santa Fe HOSA organization donated \$800 in proceeds from activities, including a balloon release to honor cancer survivors and remember those who have lost their battle.

Other organizations donating to the Women's Center Fund after breast cancer awareness events included the Christians Stepping for a Cure event led by Debbra Pillow, the Frito Lay Women's Initiative Network program and Dana Davidson, who organized a breast cancer awareness motorcycle run.

Organizers of the Maury County Historical Benefit Ball recently announced that the Foundation's Women's Center Fund will be one of the beneficiaries of the 2016 ball.

"Through their thoughtful gifts, these individuals and groups are helping the Foundation to make a tremendous difference in the lives of many women in our own community who are facing a battle with cancer," said Kilgore.

The Women's Center Fund assists cancer patients in a variety of ways, including wigs, headwear, camisoles and transportation expenses, while also funding mammograms for patients without means.

In addition to the Women's Center Fund, the Foundation maintains a Cancer Fund that provides assistance to patients affected by all forms of cancer. A recent addition to the services at the Maury Regional Cancer Center provided by this fund is the availability of dietary consultations by a certified dietitian for those undergoing cancer treatments. For a complete listing of funds maintained by the Foundation or to make a gift, visit *mauryregionalfoundation.com* or call 931.380.4075.



Kilgore (far right) and Administrative Director of Oncology Services Dana Salters (far left) are pictured with some of those presenting gifts to the Women's Center Fund. Pictured (l-r, seated) are Kyndall Hargrove and Dannette Pack of Santa Fe HOSA, Lee and Kim Duff of KD's Hope; (l-r, standing) Steve and Denise Snackenberg with the Maury County Gun Club, Carly Holloway and Sheena Gentry with the Maury County Historical Benefit Ball, Steven and Rachel Hughes of Ye Peddler, and Amandia and Chris Long.

Retiree honored

Shirley Sparks retired from MRMC on October 28. She was a registered nurse in Surgery and had worked at the medical center



SPARKS

for eleven years.
"We will
certainly
miss Shirley's
expert surgical
knowledge
in our
department.
She has been an
extraordinary
nurse and
teammate for

many years. We wish her the best," said Surgical Clinical Coordinator Amanda Edmonson.



Wound Center staff member earns certification

Beverly Davenport, a hyperbaric technician at the Maury Regional Wound Center, recently earned certification from the American Board of Wound Healing. Davenport has received designation as a certified hyperbaric specialist.

Davenport has been employed at the Wound Center since 2008.



TRUNK OR TREAT EVENTS HELD



MRMC hosted its fifth annual Trunk or Treat event for children and grandchildren of employees on October 29. More than 700 children enjoyed the festivities and donated nonperishable food items for the MRMC food pantry. Pictured are Cardiovascular Services staff members (l-r, standing) Jackie Hill, Misti Jackson, Lisa Potts and Aaron Gignilliat; (kneeling) Mike Young and Leigh Ann Whitfield. Marshall Medical Center and Wayne Medical Center also hosted successful Trunk or Treat events for their community members.

Blood drives save lives



Lewis Health Center (LHC) hosted a successful blood drive on October 30. The Blood Assurance bloodmobile

collected 12 units of blood during the drive.

Blood Assurance also held a bloodmobile at Maury Regional Spring Hill on November 9. There were seven units of blood donated during that event.

Donors will have another opportunity to donate blood at MRMC on December 15 from 7 a.m. until 5 p.m. To register as a donor, visit the MRMC intranet or call 840.4446.

DECEMBER CALENDAR OF EVENTS

December 1

GRIEF DURING THE HOLIDAYS: 5:30 p.m., Chapel, call 540.4243

December 3

OSTOMY SUPPORT GROUP: 11 a.m., Annex, call 698.7438

December 4

EMPLOYEE CHRISTMAS PARTIES: 6-8 a.m., 2-4 p.m. or 9-11 p.m., Cafeteria

December 5

CHILDREN'S CHRISTMAS PARTY: 9-11 a.m., Cafeteria

December 5

EXPECTANT PARENT CLASS – UNDERSTANDING BIRTH: 9 a.m.-3 p.m., call 490.7046

December 5

EMPLOYEE CHRISTMAS PARTY: 5:30-8 p.m., Cafeteria

December 7

NEW EMPLOYEE ORIENTATION: 8 a.m., Auxiliary Conf. Room, call 381.1111, ext. 2334

December 8

HOLIDAY HUGS GIFT RETURN: 7 a.m.-5 p.m., Auxiliary Conf. Room

December 8

COPING WITH CANCER: 5:30 p.m., Cancer Center, call 490.7192

December 9

HOLIDAY HUGS GIFT RETURN: 7 a.m.-Noon, Auxiliary Conf. Room

December 11

BREASTFEEDING SUPPORT GROUP: 1 p.m., Annex, call 490.7074

December 12

EXPECTANT PARENT CLASS – BREASTFEEDING: 9 a.m., call 490.7046

December 15

BLOOD DRIVE: 7 a.m.-5 p.m., Auxiliary Conf. Room

December 16

FREE BLOOD PRESSURE CHECK: 9:30-10:30 a.m., Columbia Senior Center, call 490.4600

December 17

FREE BLOOD PRESSURE CHECK: 9:30-10:30 a.m., Hohenwald Senior Center, call 490.4600

December 19

SAFE SITTER CLASS; 9 a.m.-3:30 p.m., call 490.7046

December 25

Christmas Day meals provided for employees scheduled to work

KUDOS FOR CAREGIVERS

Brenda Adams Breanna Andrews Tom Daniel Teresa Dixon

"Thank you so very much for the kind heart that you showed our loved one while she was under your care."

Georgia Arms Shan Azar Courtney Belden Karen Blair Henry Canaman Alison Carlisle Kellie Coker Jane Collier Kristi Cozart Debbie Craven Mary Jo Creecy Barbara Cummins Barbara Dreher Roni DuMont Kendra Elkins Aaron Gignilliat Cheryl Greeson **Emily Gregg** Elizabeth Hall Rick Harris Paula Heiniger **Jackie Hill** Dr. Mark Hinson

Sue Hooker

Iane Hubbell Dr. Olivia Johnson **Becky Jones** Nicki Iones Michele Kimbrough Parker Kincaid Dr. Joel Kochanski Monty Lewis Michelle Lovett

Dr. Chad Moss Brenda Nance Jillian Nixon Tara Owens Jeffrey Pannell Brooks Parker Dr. Thang Phan Dr. Joel Phares Chantel Phillips

"I am so impressed with the kindness, knowledge, professionalism and communication skills of the entire team."

Shirley Malone Dr. Kevin Maquiling Amy Melton Karen Miller

Felicia Potts Dr. James Richardson Peggy Richardson

Flamonte Roberts Dr. Brad Rodgers **Jov Sanders**

Latosha Thompson Donna Thornton Charina Tijing

"Thank you for understanding that cancer affects the entire family....we are eternally grateful."

Dr. Michael Sattasiri Patty Shelton Dr. JoAnna Shepherd Ann Skelton Tammy Sterchi Ron Strand Cvnthia Tatum Kelly Taylor Julianne Thomason Donna Thompson

Jamie Vandygriff J.D. Waller Stephanie Watts Lori Waugh Megan Wolaver Dr. Joseph Wollas Carolyn Womack Chris Woo Beverly Workman Mike Young

THE VITALITY











Holiday menu items available

The Food & Nutrition Department at MRMC will accept orders for carry-out menu items for your family's holiday gathering. Watch your email for an order form from Food & Nutrition with Christmas menu choices and ordering information. Selections range from complete meals to individual side items, cakes and pies.

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