

THE VITAL LINK

Maury Regional Medical Center

October 2015

Vol. XXXIV, Issue 10

Organization represented at THA meeting

The Tennessee Hospital Association (THA) recognized Maury Regional Medical Center (MRMC) for efforts to reduce infection during the organization's annual meeting.

Chief Medical Officer Christopher Edwards, M.D., Critical Care Nurse Manager Ginger Dickens and Infection Prevention Director Lynnelle Murrell were awarded the THA Patient Safety Leadership Award during the THA annual meeting on October 2. The award recognized leadership to reduce catheter-associated urinary tract

infections (CAUTIs). MRMC was successful in reducing CAUTIs through a concerted effort to implement patient care processes, education, staff competencies and maintenance, as well as process changes to electronic medical records and charting. MRMC's success resulted in these individuals being asked to serve as the state clinical project lead on a related project and a recent visit by the American Hospital Association and Health Research and Education Trust to learn from MRMC as one of the few hospitals in the U.S. to have a reduction in CAUTI during the review period.

"Congratulations to this team and the numerous physicians and staff members who have excelled in protecting patients from infection and are sharing our success with other organizations so that they might do the same for their patients," said CEO Alan Watson, who was installed as chair-elect of THA during the agency's annual meeting.

Also during the THA conference, Cardiovascular Administrative Director Cathy Malone and Tara Johnson, a nurse practitioner with Family Health Group Hospital Medicine, conducted a presentation on care team conferences.

Diabetes care recognized

MRMC has earned The Joint Commission's Certificate of Distinction for Inpatient Diabetes Care, which recognizes hospitals that make exceptional efforts to foster better outcomes across all inpatient settings.

MRMC is one of only two hospitals in Tennessee having earned advanced certification distinction and this is the third consecutive two-year certification for the medical center.

"We are pleased that the care provided to patients with diabetes has again been recognized with this certification. Our staff members and physicians who work together to achieve this level of recognition are to be commended for their commitment to patient care," said CEO Alan Watson.

MRMC underwent a rigorous on-site survey by a team of Joint Commission experts who evaluated patient outcomes, physician practices, nursing standards of care, patient education and patient satisfaction.

In addition to inpatient services, MRMC offers educational resources for outpatients, including classes for diabetes self-management, gestational diabetes and medical nutritional therapy. Instruction may be provided by a certified diabetes educator, registered nurses and registered dietitians. The medical center also offers a free diabetes education group. For more information about diabetes services, call 931.540.4324.

(See "THA Award" on page 4)



Pictured at the THA awards ceremony are (l-r) MRMC Board Chair Doug Williamson, Dickens, Dr. Edwards, Murrell and Watson.

NEW EMPLOYEES

ADMITTING/REGISTRATION

Sonya Franklin

EMS

Justin Johnson
Misty Sims

ENVIRONMENTAL SERVICES

Kimberly Bramlett
Brenda Hubbard

FOOD & NUTRITION

Brandi Mullins
Megan Smith

HOME SERVICES

Mary Jackson

HUMAN RESOURCES

Luella Winston

INFORMATION TECHNOLOGY

Crystal Porter
Caleb Toungette

LABORATORY

Van Hendrickson
Megan Leary
Lacey Thomas

NURSING

Treva Barnes
Mary Haynes
Irina Hebert
Marsha Jones
Nadine Krueger
Canaan Rains
Lora Scott
Tabitha Scott
Julie Willett

(Continued on next page)



Pictured (l-r) are current residents Lindsey Slusher and Lisa Rehs, Binkley, Lipscomb University College of Pharmacy Dean Roger Davis, Hasford and Lipscomb University College of Pharmacy Associate Professor Ben Gross.

Pharmacy residency program earns accreditation

The MRMC pharmacy residency program with the Lipscomb University College of Pharmacy has received accreditation for a six-year period, according to Pharmacy Director Jeff Binkley, Pharm.D. Accreditation includes extensive documentation and an on-site survey with results reviewed by the American Society of Health System Pharmacists.

“I am so proud of our pharmacy team! Most accreditations are awarded for either one or three years. It is a tremendous honor to receive six-year accreditation; it speaks volumes not only about the quality of our residency program, but also of our pharmacy practice in general. We appreciate our partnership with Lipscomb! Together, we strive to provide future pharmacists and new graduates with outstanding knowledge and skills,” said Binkley.

MRMC and the Lipscomb University College of Pharmacy launched the residency program in July 2014. This unique residency merges inpatient and outpatient care with academia. The majority of the residents’ six-week clinical rotations occur at MRMC. Residents spend one year post-graduation working closely with the pharmacist preceptor team developing skills vital for hospital pharmacy practice. During this rigorous year, residents gain the equivalent of 2-3 years of pharmacy experience, complete a research project and provide care for a variety of patient populations.

“Special thanks go to everyone who precepts and mentors the residents and those who participated in the accreditation process,” said Erika Hasford, Pharm.D., who directs the residency program at MRMC.

Blood drives save lives

Two blood drives were held in recent weeks at MRMC. Blood Assurance conducted drives at the Maury Regional Medical Plaza on September 30 and at MRMC on October 1, with 76 units collected.



MAURY REGIONAL MEDICAL CENTER

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For address corrections, please contact the Human Resources Department.

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NEW EMPLOYEES

(Continued from previous page)

OUTCOMES MANAGEMENT

Quynh-Giao Nguyen

OUTPATIENT SURGERY

Natalie Dopirak

PATIENT ACCOUNTS

Lauren Grey
Kathy McGee

PHARMACY

Carmen Allred

TRANSPORTATION

Dewayne Cooper II

MARSHALL MEDICAL CENTER

Ashlee Boyd
Galen Montgomery

WAYNE MEDICAL CENTER

Abby Davis
Cindy Davis

In a continuing effort to expand coverage for the affiliate facilities, *The VitaLink* will now include new employees for Marshall Medical Center and Wayne Medical Center. Future plans include the addition of new employees of Family Health Group.

BIRTHS

Taryn Kendrick, Emergency Department, and Dr. Brian Kendrick welcomed John David Kendrick on October 2. He weighed 2 lb. and 14 oz.

Dr. Jeff Martin and his family welcomed Grier Alexander Martin on September 25. He weighed 7 lb. and 15 oz.

Allison McCord, Human Resources, and her family welcomed Abigail Grace McCord on September 29. She weighed 6 lb. and 2 oz.

Chelsea Peters, Nursing, and her family welcomed Paisley Ann English on October 3. She weighed 6 lb. and 3 oz.

IN MEMORY

Mary Frances Bolton passed away on October 2. She worked at MRMC from 1981 until 2004 as a transcriptionist in Medical Records.

ORGANIZATIONAL ANNOUNCEMENT—

Morrow named NICU & MBU nurse manager

KIM MORROW, RN, BSN, RNC, has accepted the position of nurse manager for the neonatal intensive care unit (NICU) and Mother/Baby Unit, according to Administrative Director Beth Himes.

Morrow has worked at MRMC since 1997, most recently serving as a charge nurse in NICU. She holds a bachelor's degree from American Sentinel University and is certified in low-risk neonatal nursing.

"Kim's experience with perinatal and pediatric patients at the medical center throughout the past eighteen years will be valuable in her new role. She will be a great addition to the Women & Children Service Line leadership," said Himes.



MORROW



Pictured (l-r) are Vice President of Support Services John Collier, Business Development Director Patrick Harlan, Supply Chain Assistant Director Angela Brown, Supply Chain Director Roger Larkin, Dr. Charles Bramlett, Chief Operating Officer Paul Betz, Blood Assurance CEO Rick Youngblood, Technical Director Mona Dilbeck, Blood Bank Supervisor Kris Loggins, Blood Assurance Donor Recruiter Jennifer Schultz, Laboratory Director Van Hendrickson, Blood Assurance Hospital Services Supervisor Luke Miller, Laboratory Clinical Operations Manager Alicia Tears and Blood Centers of America Vice President Sam Keith.

Business partner honored

MRMC has recognized Blood Assurance, Inc. as Business Partner of the Year, according to Supply Chain Director Roger Larkin.

The award was presented to Blood Assurance CEO Rick Youngblood and company representatives on October 14. Blood Assurance was nominated for the award by Kris Loggins, supervisor of the blood bank in the MRMC Laboratory.

Blood Assurance was recognized for working with the medical center to provide blood products to patients in a timely manner. Specifically, the company was honored for providing an online ordering system, assisting with rare blood product orders and having a courteous and professional attitude. According to the nomination, the partnership has resulted in annual savings of more than \$400,000 while lowering the amount of blood product that cannot be used.

Blood Assurance has partnered with MRMC since June 2014 and regularly holds local blood drives in the community. Founded in 1972, the company is a nonprofit regional blood center that serves more than 70 health care facilities in Tennessee, Georgia, Alabama, North Carolina and Virginia.

The business partner awards are presented annually to vendors who support MRMC in fulfilling its mission.

Support United Way in November

The annual campaign at MRMC to support the United Way of Maury County will be held during the month of November. The campaign assists the United Way in supporting local agencies that address issues such as hunger, struggling families, the homeless and the aging population.

Pledge forms will be distributed to each department and should be returned to Human Resources by November 30. Donors will be eligible for prizes. Each employee who makes a donation of \$10 or more will be entered into a drawing for a YETI Tundra 35 cooler that will be given away on December 1.

Dana Salters and Cindy Short will serve as campaign managers. The mascot for this year's campaign is Regal Beagle. Employees are encouraged to submit a "Pet Look-A-Like" photo with their donation. Photos may be emailed to dsalters@mauryregional.com or cshort@mauryregional.com. Winners will be chosen by Laura Truelove, Executive Director of United Way of Maury County, and announced on December 1.

For more information about the campaign, contact Salters at extension 4166 or Short at extension 2595.



Salters (left) and Short are pictured with Regal Beagle.

THA Award

(Continued from page 1)

Nursing Professional Development Director Sue MacArthur developed a poster presentation on the collaboration of MRMC and other organizations to develop an evidence-based, standardized educational and competency program for the prevention of hospital-acquired CAUTI.

Aaron Gignilliat, RN, Cardiac Catheterization Laboratory, and Palliative Care Navigator Tammy Stokes were among frontline staff from hospitals across the state recognized for their contributions to patient care through conference literature and exhibits at the THA annual meeting that focused on the power of people in health care.

Administrative Director Carey Albright was also elected president-elect of Tennessee Organization of Nurse Executives (TONE). Albright will become president of TONE in 2017.

WMC lab earns accreditation

The laboratory at Wayne Medical Center (WMC) has again earned accreditation from The Joint Commission by demonstrating compliance with national standards for health care quality and safety.

The laboratory underwent a rigorous survey in August. During the review, a Joint Commission surveyor evaluated compliance with laboratory standards related to several areas, including document and process control, health care-associated conditions, risk reduction, and staff qualifications and competency. The surveyor also conducted on-site observations and interviews.

In addition to the survey by The Joint Commission, the WMC Laboratory also received successful reports from Tennessee Medical Laboratory Board surveyors as well as the Clinical Laboratory Improvement Amendments (CLIA) survey, which ensures quality laboratory testing for clinical laboratories that receive Medicare and Medicaid payments.

Fox earns certification



FOX

Volunteer Services Director Cindy Fox has completed requirements for designation as a certified administrator of volunteer services.

Fox earned the certification from the Association for Healthcare Volunteer Resource Professionals (AHVVRP), a professional membership group of the American Hospital Association. She has been

employed at MRMC for 30 years and has served as director of volunteer services since 2008.



NICU reunites with graduates

MRMC's Neonatal Intensive Care Unit (NICU) held its ninth annual reunion for graduates and their families on September 26 at Pleasant Heights Baptist Church in Columbia. Graduates and their family members reunited with staff members who cared for the children during their stay in the unit. The event featured a western theme complete with a fun photo booth. Pictured are staff members (l-r, standing) Daryl Jacobs, Lee Ann Crain, Savanna Jenks, Cathy Bryson, Kacey Rice, Lakisha White, Beverly Workman; (seated) Latosha Thompson and Aimee Pilapil.

Medicare Part D review available

MRMC volunteers Pete Henry and Shirley Oakley, both certified State Health Insurance Assistance Program volunteers, are available to review Medicare Part D prescription drug plan options for members of the community.

Worksheets are available in the Volunteer Services office and at tnmedicarehelp.com. The volunteers will use the worksheet to perform a drug plan comparison and contact the participant to discuss the results.

Medicare seminar well attended

MRMC hosted an annual Medicare seminar on October 12.

More than 130 individuals attended the session presented by Sherri Craig with the State Health Insurance Assistance Program to learn about changes in Part D and Medicare Advantage expected for 2016.

Radiation therapy conference held

The Maury Regional Cancer Center hosted a fall seminar for members of the Mid-South Society of Radiation Therapists on September 19.

Radiation therapy personnel from MRMC were joined by those representing organizations across Middle Tennessee. Topics centered on advancements in radiation therapy and current health topics.

The program was coordinated by radiation therapists Steve McGee and Reisha Willis.

Retiree honored for service

SANDY MAHON retired from MRMC on October 4. She was an endoscopy technician in Endoscopy and worked at the medical center for more than 23 years.

"Sandy has been a dedicated employee of this organization for many years and we thank her. She has served her patients and co-workers with the most outstanding care. She will be greatly missed," said Manager Misti Jackson.



MAHON

Grant to address overdose prevention

MRMC was recently awarded a \$100,000 grant from the U.S. Department of Health and Human Services to assist in preventing opioid overdose deaths in Maury, Giles, Lewis, Lawrence, Marshall and Wayne counties.

According to MRMC Population Health Director Jill Gaddes, the program is designed to equip first responders in rural areas with naloxone, an injectable medication that reverses symptoms of an opioid overdose. The grant will provide for training as well as medication and supplies.

The Tennessee Department of Health reports that 1,263 deaths in Tennessee in 2014 were the result of drug overdose, including 20 deaths in Maury County.



Pictured at the grant announcement are (l-r; front row) Maury Regional EMS Director Lynn Thompson, Columbia Fire Department Assistant Chief Ty Cobb, Lawrence County EMS Director Larry Glass, Giles County EMS Director Roy Griggs; (back row) Gaddes, Columbia Police Department Chief Tim Potts, Columbia Police Department Assistant Chief Michelle Jones, Maury Regional EMS Training Manager Danny Fleming and Hohenwald Fire Department representative Doug Vineyard.



Pictured (l-r) are Dr. Goldsmith, Respiratory Care Supervisor Sharon Dobbins, Respiratory Care Director Christy Wright and Dr. Quinn.

Respiratory Care hosts training

The Respiratory Care Department at MRMC hosted a seminar for respiratory therapy professionals and students on October 16. Approximately 75 individuals attended the training that addressed palliative care, sepsis, ventilator-associated pneumonia (VAP), high flow O₂, pulmonary rehabilitation and extracorporeal membrane oxygenation (ECMO). Speakers were Palliative Care Nurse Navigator Tammy Stokes, Dr. Thomas Quinn, Dr. Deborah Goldsmith, Dr. Maura Lipp and Respiratory Therapist Scotty Springer.

MMC offers health fair

Marshall Medical Center (MMC) hosted a free community health fair on October 6 with more than 50 in attendance.

MMC staff members offered free health screenings and information. Dr. William See with Family Health Group Pediatrics in Lewisburg spoke about health care issues for children. Dana Salters, administrative director of oncology services at MRMC, discussed early detection of breast cancer.

Grief support offered

In October, MRMC began hosting a series of meetings to address grief during the holidays, facilitated by Chaplain Lyndall Propst.

“We explore ways in which families can celebrate gatherings when a loved one has passed away. Discussion will include the emotions and stages of our grief. Come expecting to learn ways to keep memories alive and to develop traditions that will be respectful of the holiday and the loss we have shared,” said Propst.

Upcoming meetings will be held on November 3 and December 1 at 5:30 p.m. in the chapel on the first floor. Registration is not required. For more information, call 931.540.4243.

REMINDER: OPEN ENROLLMENT

Open enrollment for 2016 benefits will be held November 6-20. Benefit eligible employees must meet with a benefit counselor during the open enrollment period. To schedule an appointment, visit the MRMC intranet.

HOLIDAY EVENT SCHEDULE

November 13-20 – Holiday Hugs selection of names via intranet

November 20 – Retiree Appreciation Brunch

November 26 – Thanksgiving meals for employees scheduled to work

December 4 – Weekday Employee Christmas Parties (6-8 a.m., 2-4 p.m. or 9-11 p.m.)

December 5 – Children’s Christmas Party (9-11 a.m.)

December 5 – Weekend Employee Christmas Party (2-4 p.m.)

December 8 – Holiday Hugs return (8 a.m.-5 p.m.)

December 9 – Holiday Hugs return (8 a.m.-noon)

December 25 – Christmas meals for employees scheduled to work



NOVEMBER CALENDAR OF EVENTS

November 2

NEW EMPLOYEE ORIENTATION:
8 a.m., Auxiliary Conf. Room, call
380.4017

November 3

FREE SEMINAR: 5:30 p.m., Senior Life
Solutions at Marshall Medical Center, call
270.3685

November 4

DIABETES EDUCATION GROUP: 11
a.m., Auxiliary Conf. Room, call 540.4324

November 7

EXPECTANT PARENT CLASS –
UNDERSTANDING BIRTH: 9 a.m.-3
p.m., call 490.7046

November 7

FREE TOUR OF WOMEN’S FLOOR: 3
p.m., call 490.7046

November 9-11

AUXILIARY JEWELRY SALE: Auxiliary
Conf. Room, call 380.4047

November 10

COPING WITH CANCER: 5:30 p.m.,
Cancer Center, call 490.7192

November 13

BREASTFEEDING SUPPORT GROUP: 1
p.m., Annex, call 490.7074

November 14

COPD SEMINAR & SCREENING:
Annex, 10 a.m., call 381.1111, ext. 1347

November 14

EXPECTANT PARENT CLASS –
NEWBORN CARE: 9-11 a.m., call
490.7046

November 14

EXPECTANT PARENT CLASS –
INFANT CPR: 12-2 p.m., call 490.7046

November 16

BREAST CANCER SUPPORT GROUP:
5:30 p.m., Women’s Center, call 540.4166

November 16

EXPECTANT PARENT CLASS –
BREASTFEEDING: 7 p.m., call 490.7046

November 18

TOWN HALL MEETINGS: 7:30 a.m.,
10 a.m., 2 p.m., Auxiliary Conf. Room

November 18

FREE BLOOD PRESSURE CHECK:
9:30-10:30 a.m., Columbia Senior Center,
call 490.4600

November 19

FREE BLOOD PRESSURE CHECK:
9:30-10:30 a.m., Hohenwald Senior
Center, call 490.4600

November 20

RETIREE BRUNCH: 9:30-10:30 a.m.,
Cafeteria, RSVP at 490.7167 or lables@
mauryregional.com by November 9

November 21

EXPECTANT PARENT CLASS – BOOT
CAMP FOR DADS: 9 a.m., call 490.7046

KUDOS FOR CAREGIVERS

Brenda Adams
Matthew Alsup
Cassie Bowling
Dustin Brewer
Ryan Brown
Vickie Butler
Henry Canaman
Alison Carlisle
Christi Carrington
Dr. Amit Choksi
Kristi Cozart
Debbie Craven

Beverly Davenport
Eric DeLaBruere
Barbara Dreher
Kelly Eller
Debbie Fitzgerald
Allison Fortman
Aaron Gignilliat
Tanya Greene
David Greenfield
Judy Griggs
Alicia Harden
Jackie Hill

Marisa Holt
Regina Horton
Jane Hubbell
Alex Hughes
Becky Jones
Nicki Jones
Nadine Kemp
Dr. Brian Kendrick
Michele Kimbrough
Dr. Kevin Maquiling
Helen McMullin
Karen Miller

Jeffrey Pannell
Brooks Parker
Art Peach
Kaye Peltier
Chelsea Peters
Dr. Joel Phares
Felicia Potts
Crystal Powell
Jennifer Powell
Chad Reynolds
Flamonte Roberts
Dr. JoAnna Shepherd

Ginny Snead
Mary Snead
Cynthia Tatum
Charina Tijing
Leslie Wade
Henrietta Weaver
Erica Whitaker
Leigh Ann Whitfield
Lauren Wise
Mike Young
Pam Youngblood

THE VITALINK

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MRMC participates in Planetree conference

MRMC had an active role at the Planetree International Conference on Patient-Centered Care in Boston October 11-14. The medical center was recognized for earning patient-centered care designation in 2015. Staff members who presented and were panelists were:

CARE TEAM CONFERENCES –

Lisa Chambers, Deborah Lumpkins and Joan Stephens

PATIENT-CENTERED PERFORMANCE IMPROVEMENT –

Joan Stephens

LEVEL 2 RETREAT: EMPATHY AND COMPASSION –

Sarah Barry, Joan Stephens and Cindy Wilmore

SPOTLIGHTING OUR FOOD PANTRY –

Sarah Barry and Jerry Coulter

Chambers was honored with the Planetree Caregiver of the Year Award. Coulter and Barry accepted the Planetree Innovation Award for the medical center's food pantry. Stephens and Wilmore accepted the Planetree Video of the Year Award.



Pictured (l-r) are Lumpkins, Stephens, Coulter, Wilmore, Chambers and Barry.

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