

# PEDIATRIC DEVELOPMENTAL SCREENING TOOL

## GROSS MOTOR DEVELOPMENT

## FINE MOTOR DEVELOPMENT

## SPEECH/LANGUAGE DEVELOPMENT

### 3-MONTH VISIT

- Supine gets head to midline
- Moves all extremities through wide range
- Sitting: in supported sitting aligns head
- Prone: lifts head ~45 degrees

- Closes fist/fingers on object put in hand
- Reaches for object 6"-9" in front of self
- Holds hands open most of the time
- Brings hands to mouth
- Supports upper body with arms when on tummy
- While on back, visually tracks moving toys

- Follows moving person with eyes
- Attends to voice; turns head to voice
- Vocalizes sounds other than crying or cooing

### 6-MONTH VISIT

- Starting to sit independently
- Rolls from back to stomach
- Good head control in all positions
- Starting to pivot in prone
- Starting to play with feet in supine

- Transfers object hand to hand
- Holds own bottle
- Grasps and holds two objects
- Uses arms simultaneously
- Reaches with one hand and reaches for toys
- Grasps and releases toys
- Explores with hands and mouth

- Babbles: "mamama", "dadada"
- Anticipates feeding upon sight of bottle
- Recognizes/responds to own name
- Returns smile of adult(s)

### 9-MONTH VISIT

- Creeping on hands and knees
- Rolls supine to prone, prone to supine
- Transitions in and out of sitting

- Finds objects that are partially hidden
- Drags objects towards self
- Points at objects and picks up small objects
- Starts to self-feed using fingers
- Drinking from sippy cup
- Claps hands together
- Picks up head and pushes through arms during tummy time

- Responds with gesture to "come up"
- Searches for partially hidden object
- Vocalizes four different syllables
- Seeks comfort from familiar adult(s)

### 12-MONTH VISIT

- Pulling to stand
- May be cruising
- Stands alone briefly
- Walks with both hands held
- May be walking independently

- Releases objects voluntarily
- Puts objects in container
- Waves goodbye
- Uses pincher grasp
- Pulls off socks
- Holds spoon
- Eats soft foods

- Says one to two words spontaneously besides "mama" or "dada"
- Understands and follows simple commands regarding body action: "sit down", "come here", "give me"
- Participates in common games: "pat-a-cake", "peekaboo"

### 15-MONTH VISIT

- Walks independently
- Walks backwards
- Walks up and down steps one at a time with one hand held or holding on to a hand rail
- Kicks a stationary ball

- Stacks blocks
- Squats to pick up toys
- Helps with dressing
- Brings spoon to mouth and enjoys food variety
- Regular sleep schedule
- Interested in interacting with people
- Maintains eye contact
- Points to objects of interest
- Scribbles on paper

- Says 8-10 words spontaneously
- Shows symbolic use of objects: pretends to feed doll
- Identifies two or more objects or pictures from group

### 18-MONTH VISIT

- Stands up from middle of floor
- Stoops to pick up object from floor and returns to stand
- Throws a ball

- Able to do simple shape puzzle with minimal assistance
- Turns thick pages in books
- Stacks blocks greater than six high
- Drinks from a cup with minimal spills

- Finds familiar object not in sight
- Says 15 meaningful words
- Asks "whats that?"

### 24-MONTH VISIT

- Can jump down from a step
- Ascending/Descending alternating feet with one hand held
- Can walk on tip toes
- Walks in circles

- Imitates vertical stroke
- Strings one-inch beads
- Removes shoes
- Uses zipper
- Scoops food to feed self
- Identifies 3-5 body parts
- Follows simple two-step directions
- Plays well with others

- Uses two word phrases frequently
- Uses fifty different words
- Follows a two-step related command

