Davin Turner, DO, has been selected as the new chief executive officer (CEO) of Maury Regional Health, according to Maury Regional Health Board Chairman Houston Parks.

“Dr. Turner brings a wealth of knowledge and experience to the position as both a physician and healthcare administrator, having expanded services and provider clinics at Mosaic Life Care while increasing market share and achieving national recognitions for quality and safety,” Parks said.

Dr. Turner has more than 30 years of healthcare experience, most recently serving as President and Chief Medical Officer at Mosaic Life Care Medical Center St. Joseph, a 352-bed tertiary hospital in St. Joseph Missouri. He has been with Mosaic Life Care since 1996. During that time, Dr. Turner also served as chief medical officer and president of Mosaic Life Care Clinic, a multi-specialty practice consisting of more than 200 physicians and 100 advanced practice providers at 50 locations in three states.

Mosaic is the only healthcare system in Missouri that is a member of the Mayo Clinic Care Network, a select group of independent health systems that are granted special access to Mayo Clinic’s knowledge and medical expertise.

Dr. Turner received his medical degree from Oklahoma State University College of Osteopathic Medicine and Surgery in Tulsa, Oklahoma. He trained at the University of Massachusetts – Fitchburg Family Practice and Brighton Medical Center in Maine and is board certified in family practice. In addition, Dr. Turner completed his master’s degree in Healthcare Management from the University of Texas in Dallas. His professional affiliations include the American College of Healthcare Executives, American College of Physician Executives, American Medical Association and American Osteopathic Association.

His start date is February 24.

For nearly 70 years, Maury Regional Health has served the healthcare needs of Columbia and the surrounding region. I look forward to further advancing the mission of the organization in collaboration with the leadership team, medical staff and community leaders.”

DR. DAVIN TURNER

Foundation’s annual campaign exceeds goal, breaks records

Employees, physicians and volunteers from across the Maury Regional Health system collectively raised $297,856 during the Maury Regional Health Care Foundation’s annual campaign.

The annual campaign is traditionally the Foundation’s largest fundraising event. At the start of the 2022 campaign in October, the Foundation set an initial fundraising goal of $160,000 — a goal surpassed overwhelmingly by almost $138,000 thanks to pledges and donations from across the health system. In addition to exceeding its initial goal, this year’s campaign also concluded with the highest amount of money raised in the history of the Foundation’s annual campaign. Compared to 2021, the 2022 campaign also saw a 58.5% increase in donations courtesy of 850 total donors.

“I am very grateful for all of the support the Foundation received during the

(see "Annual Campaign" on page 3)
Organizational Announcement —

Bridges named program director for Wound Center

Allison Bridges, BSN, RN, has been named program director for the Maury Regional Wound Center located on the Maury Regional Medical Center campus and operated by Healogics, Inc. Prior to joining the Maury Regional Wound Center in 2018, Bridges served as the assistant director of nursing for NHC Oakwood in Lewisburg. She received her bachelor’s degree in nursing from Martin Methodist College in Pulaski, Tennessee.

“Allison brings great energy and experience to the Wound Center’s leadership team,” said Administrative Director of Surgical Services Scott Hayes, MBA, BSN, RN, CNOR. “We look forward to her willingness to approach things from new angles as she helps us take the wound care experience to the next level.”

The Maury Regional Wound Center includes a multidisciplinary team that monitors, manages and treats non-healing wounds resulting from diabetes, vascular conditions, radiation therapy, trauma and infection. Matthew Endara, MD, a specialist in plastic and reconstructive surgery associated with Maury Regional Medical Group, serves as the center’s medical director.

MRMC earns cancer accreditation

The Commission on Cancer (CoC), a quality program of the American College of Surgeons, has granted three-year accreditation to the cancer program at Maury Regional Medical Center (MRMC).

MRMC offers comprehensive cancer care through consultation among surgeons, medical and radiation oncologists, diagnostic radiologists, pathologists and other cancer specialists. To earn CoC accreditation, a cancer program must meet 34 quality care standards, be evaluated every three years through a survey process and maintain levels of excellence in the delivery of comprehensive patient-centered care.

“Cancer care involves a multi-faceted approach, starting from the moment an individual has concerns they may have cancer and continuing through the diagnosis and treatment process,” said MRH Interim CEO and Chief Medical Officer Martin Chaney, MD. “It is very rewarding to see this recognition of the quality and compassionate care provided by the team who walks alongside patients on their cancer journey.”

The CoC Accreditation Program provides the framework for improved quality of cancer care through programs that focus on the full spectrum of care, including prevention, early diagnosis, staging, treatment, rehabilitation, life-long follow-up for recurrent disease and end-of-life care. Patients also have access to information on clinical trials and new treatments, genetic counseling and patient-centered services, including psycho-social support, a patient navigation process and a survivorship care plan that documents the care each patient receives and seeks to improve cancer survivors’ quality of life.

Learn more at Cancer.MauryRegional.com.

The VitaLink

The VitaLink is published monthly for Maury Regional Health through the Marketing Department and features news relevant to employees, retirees, volunteers and medical staff members. New editions are published on the last business day of the month at MauryRegional.com/VitaLink.

Share Your Good News

Employees and physicians are invited to share their professional accomplishments for possible inclusion in The VitaLink by emailing story suggestions to TheVitaLink@MauryRegional.com.

Possible article topics include, but are not limited, to an individual earning advanced certification, presenting at a conference, publishing research in a peer-reviewed journal, implementing new projects that support the health system and more.
Wilson P. Frasca, MD, a specialist in emergency medicine, has joined the medical staff at Maury Regional Medical Center (MRMC). Dr. Frasca is associated with Team Health, the provider of physicians, nurse practitioners and physician assistants for the MRMC Emergency Department.

Dr. Frasca received his medical degree from Chicago Medical School at Rosalind Franklin University of Medicine & Science in North Chicago, Illinois. He completed his residency in emergency medicine at Riverside Community Hospital at the University of California Riverside in Riverside, California.

Staggs receives DAISY Award

Maury Regional Medical Center (MRMC) recognized Stephen Staggs, RN, in the Outpatient Imaging Center as the recipient of the DAISY Award for Extraordinary Nurses for the month of December.

In Stephen’s nomination, the loved one of a patient whose condition required frequent trips to the Imaging Center shared how Staggs always met them in the waiting room with a smile and kind greeting, helping to ease the patient’s nerves and provide comfort to their loved one.

“Stephen is a great example of a compassionate, caring nurse who cared not only for my [loved one] but also for me during a very difficult year,” the nominator said.

The DAISY Award is presented to MRMC nurses as part of the DAISY Foundation’s mission to recognize the compassionate and extraordinary nursing care award recipients provide every day.

Visit MauryRegional.com/DAISY-Award to learn more.

Annual Campaign

(continued from page 1)

2022 Caring Campaign as this is the largest fundraising campaign in the Foundation’s history,” said Foundation Executive Director Joe Kilgore. “Many individuals, groups and employees will benefit from the generosity shown to the Foundation during the campaign. I thank you all!”

Funds raised during the annual campaign will benefit a wide range of Foundation services designed to improve quality of life in southern Middle Tennessee, including the mobile medical unit, medication and transportation assistance, community health initiatives, a food bank for discharged patients, educational support, employee assistance and much more.

Gifts were also designated to funds that assist cancer, diabetic, heart, NICU and pediatric patients.

Visit MauryRegional.com/Foundation for more information.

Pictured (l-r) are Imaging Director Pam Williams, BSRS, (R)(T); Chief Nursing Officer Deborah Lumpkins, DNP, RN, NEA-BC; Staggs; and Chief Operating Officer Kenny Boyd.
Mauro Regional launches ‘Mauro Strong’ campaign

In January, Mauro Regional Health launched Mauro Strong, a resilience recognition movement intended to lift up employees throughout the health system.

“Simply put, Mauro Strong is a re-commitment to quality, purpose and wellness,” said Chief Human Resources Officer Dennis Fisher. “We recognize that the last two years have been some of the most challenging of our careers, but we are stronger from our experience and more resolved than ever.”

A key component of Mauro Strong is its emphasis on employee wellness: emotional, physical, financial and spiritual. To help kick off the program, Human Resources asked all employees to complete a wellness survey designed to assess the wellness needs of staff.

The health system will then celebrate Mauro Strong Day on March 23, providing t-shirts to employees and hosting a Wellness Fair and Walk, which will address feedback from the wellness survey. Additional details about the day’s activities will be communicated via employee email in the coming weeks.

Campaign organizers recognize that all Mauro Regional Health employees, physicians and volunteers have faced tremendous challenges throughout the last two years. But despite these obstacles, the Mauro Regional Health team has consistently made the most out of extraordinarily difficult circumstances, always prioritizing exceptional and compassionate care every step along the way.

The organization is grateful to the entire Mauro Regional team: each day, your dedication to excellence in the face of any challenge embodies what it means to be “Mauro Strong” in all that you do.

Stokes publishes academic curricula

Mauro Regional Health Palliative Care Director Tammy Stokes, MSN, RN-BC, CHPN, has published work in multiple academic volumes intended to prepare and train future hospice and palliative care professionals.

In 2020, the Hospice and Palliative Nurses Association appointed Stokes to the Hospice and Palliative Credentialing Center’s Examination Development Committee. In response to her work on the committee, a fellow member approached Stokes for her assistance in developing content for training materials and study guides produced by the national organization.

The publications are intended for use by students pursuing certification as licensed practical/vocational nurses or nursing assistants. The materials focus on evidence-based topics about the responsibilities of hospice and palliative care professionals with areas of focus on end-of-life care, pain and comfort management, cultural considerations, treatments, procedures and more.

Stokes has served as the director of palliative care for MRH since 2017 and has been employed with the organization since 2007.

Waters earns advanced nursing certification

Cassandra Waters, RN, a critical care nurse at Mauro Regional Medical Center, has earned certification as a certified critical care nurse (CCRN) from the American Association of Critical-Care Nurses.

Waters has worked in MRMC’s Critical Care Unit for more than four years.
Maury Regional provides diabetes resources, education

Diabetes is a serious health condition that must be properly managed to prevent complications. For those who have high blood sugar levels, Maury Regional Health (MRH) offers educational classes and resources to help manage the condition.

“Keeping blood sugar levels in check can help to prevent serious — and sometimes life-threatening — health complications that can occur when glucose accumulates in the bloodstream,” said Michelle Kennedy, RN, CDE, a certified diabetes educator for Maury Regional Health. “If you have been diagnosed with diabetes or have high blood sugar, working closely with your health care provider and receiving education is vital to proper management of the condition.”

In addition to keeping regular appointments with a primary care provider and/or endocrinology specialist to discuss the condition, those with high blood sugar are encouraged to engage in educational programs and connect with others who are facing similar issues.

Educational Classes
MRH offers a comprehensive eight-hour course recognized by the American Diabetes Association to help individuals learn to manage their glucose levels. The class addresses topics that include medications, diet and meal planning and exercise. It is taught by a certified diabetes educator and a registered dietitian. Classes are offered year-round at Maury Regional Medical Center, Lewis Health Center, Marshall Medical Center and Wayne Medical Center.

An order from a health care provider is required to attend this class. Most insurance companies will cover the cost and financial assistance is available for those who qualify.

To learn more, visit MauryRegional.com/Diabetes or call 931.540.4324

Diabetes Support Group
MRH facilitates a monthly support group for those with diabetes and high blood sugar. Sessions are led by a certified diabetes educator and are open to those with diabetes and their family members who help to manage their condition. Meetings for 2022 are being held remotely via a virtual meeting platform and start at 11 a.m. on the first Thursday of each month. To receive the link for the virtual meeting, call 931.540.4324.

| MRH Recognizes Retiree |

Administrative Director of Home Services Rosemary Edmonds, BSN, RN, retired from Maury Regional Health on January 28 after nearly 37 years with the organization.

“Rosemary has devoted more than 36 years to this organization, beginning her career at the medical center as an RN case manager in home health, becoming assistant clinical director of home health in 1993, becoming clinical director of home health in 1998 and administrator of home health in 2015,” said Chief Nursing Officer Deborah L umpkins, DNP, RN, NEA-BC. “She has been an integral part of the growth and expansion of Home Services and her contributions will be valued and remembered for years to come.”
Foundation announces 2022 board appointments

The Maury Regional Health Care Foundation announced appointments to its board of directors for 2022 during the group’s recent December meeting.

Retired educator Adrienne Law will serve as chair of the board. Kelley McCall, controller at TriStar Bank, will return as treasurer, while local counseling professional Emily McKnight will return as secretary.

Trey McNabb, general manager for Stan McNabb Chevrolet of Columbia, has agreed to join the board and will begin a three-year term in January.

Maury Regional Health Interim CEO and Chief Medical Officer Martin Chaney, MD, is serving as an ex-officio voting member of the board until the health system’s new CEO arrives. Chaz Molder and Edward Moore will rejoin the board for a third term following one year as a board ambassador. In addition, David Baxter, Ty Cobb, Tom Grosko and Amit Keswani, MD, each completed their first three-year term on the board and will return for a second term.

Board members whose terms expired and will transition into roles as board ambassadors include Mark Cashion, Brenda Frierson, Stephen Hughes and Greg Martin. “The leadership from the Foundation board of directors is critical to the success of the Foundation,” said Executive Director Joe Kilgore. “Their guidance and financial support have assisted us in advancing the mission of the Foundation since its inception in 2006. I am very grateful for all board members and especially our board chair for 2021 Stephen Hughes.”

During the board’s December meeting, the Foundation also recognized Greg Martin and outgoing board member Kelli Kea-Carroll for their many years of service to the Foundation. Martin has served on the Foundation board of directors for 10 years, including three three-year terms as a voting member and one year as a board ambassador. Kea-Carroll has represented Lewis County on the board for two three-year terms.

The board of directors consists of 27 voting members, 12 board ambassadors and 7 emeritus members. View the full roster at MauryRegional.com/Foundation.
Foundation to host Mule Kick 5K on April 2

Hosted by the Maury Regional Health Care Foundation and presented by First Farmers & Merchants Bank, the annual Mule Kick 5K & 1-Mile Trot will take place Saturday, April 2, at Riverwalk Park in Columbia.

Proceeds from the 2022 Mule Kick 5K & 1-Mile Trot provide funding for Maury Regional Health’s mobile medical unit, which delivers health care services to at-risk and underserved individuals throughout southern Middle Tennessee. A portion of the proceeds from the Mule Kick 5K & 1-Mile Trot will also support the Foundation’s Wellness and Aquatics Center Healthy Living Endowment and the Columbia Parks and Recreation Department. In addition, the Maury County school with the most participation in the event will receive a donation to their P.E. program from the Foundation.

“The Mule Kick 5K & 1-Mile Trot is a great tradition for both Maury County and the Maury Regional Health Care Foundation that helps support our mission of providing important health care services for individuals who may not otherwise be able to obtain care,” said Foundation Executive Director Joe Kilgore. “We are excited to host the Mule Kick 5K and look forward to an exciting race!”

On Saturday, April 2, the race will begin at Riverwalk Park next to Riverside Elementary with an 8 a.m. start time for the 5K and a 9:15 a.m. start time for the 1-Mile Trot. Both runners and walkers are encouraged to participate. Participants may register for the race online at MuleKick5K.com.

“The Mule Kick has become one of the great annual events for Maury County, and we are honored to be involved,” said Brian K. Williams, First Farmers’ chairman and CEO. “We’re thankful for the tremendous work of the Foundation in helping to serve the healthcare needs of others throughout our region.”

To prioritize the health of all participants, safety precautions will be in place for the race as outlined at MuleKick5K.com. In advance of the race, organizers will continue to monitor the state of COVID in the region. Any changes will be communicated to participants via email and online at Facebook.com/MuleKick5K.

To learn more, visit MuleKick5K.com.

Support group focuses on coping with depression, anxiety

As a resource to community members in dealing with life’s challenges, Marshall Medical Center (MMC) and Senior Life Solutions have partnered to offer a free support group for those experiencing symptoms of depression and anxiety.

Beyond Tomorrow is a new support group that will meet once per month in Lewisburg. Meetings will be facilitated by counselors and therapists with Senior Life Solutions, an outpatient therapy program at MMC for seniors coping with emotional health needs.

“Our vision is to create a welcoming setting for individuals to learn effective coping strategies to care for their mental health, either by sharing, discussing or simply listening,” said Todd Fehrman, LPC/MHSP, a licensed professional counselor who works in the outpatient program at MMC.

The support group will hold its first meeting on Tuesday, February 8, at 6 p.m. at the Lewisburg Recreation Center located at 1551 Mooresville Highway in Lewisburg. Attendees should use the Sports Complex parking area and entrance. Future meetings will be held on the second Tuesday of each month at 6 p.m. in the same location.

Advance registration is optional and available at MauryRegional.com/Classes-and-Events. For more information, call 931.270.3685.

▲ Pictured (l-r) are First Farmers Senior Personal Trust Officer Charlie Plunkett, Maury Regional Health Care Foundation Executive Director Joe Kilgore, First Farmers Senior Commercial Banking Officer Stephen Hughes and First Farmers Chairman and CEO Brian Williams presenting the sponsorship check for the 2022 Mule Kick 5K & 1-Mile Trot.
MASH program accepting applications in February

Maury Regional Medical Center (MRMC) will welcome high school students in June for the 2022 Maury Academy for Students in Health (MASH) program, a one-week summer camp for students interested in pursuing careers in health care.

MASH is coordinated by MRMC’s Volunteer Services Department and is accepting online applications through February. Accepted MASH students will have the opportunity to learn about multiple areas of medicine and health-related disciplines from MRMC health care professionals.

“The MASH student program helps students find their passion as they begin to decide what they might want to do for the rest of their lives,” said Volunteer Services Director Cindy Short. “We are so excited to offer this fun and educational program for our future medical professionals.”

MASH will take place June 6–10, 2022. If accepted, students would be required to attend the full session.

Applications for the 2022 MASH program are available now at MauryRegional.com/MASH and are due March 1. Applicants must be high school juniors or seniors during the 2022–23 school year, meet set academic requirements and attend an in-person interview with a selection committee from MRMC. Recommendations from school personnel and proof of COVID vaccination are required.

In advance of the program, organizers will continue to monitor and assess the state of COVID-19 in the region. In the event of any changes, applicants will be notified accordingly.

Visit MauryRegional.com/MASH to apply. For more information about the MASH program, contact Cindy Short at 931.380.4047.

MRH to ‘wear red’ on February 4

On Friday, February 4, Maury Regional Health is observing National Wear Red Day by wearing red to help raise awareness for heart health.

In honor of National Wear Red Day, the Marketing Department will be sharing photos on the Maury Regional Health Facebook page of employees, physicians and volunteers wearing red. To have your department featured:

1. Take a group photo with your cell phone featuring any employees, physicians or volunteers wearing red in your department. All individuals should be wearing masks in the photos.
2. Email your photo along with the name of your department to marketing@mauryregional.com. The deadline to submit photos is Friday, February 4, at noon.

For additional information or follow-up questions, contact the Marketing Department at 931.840.4446.

In Memory

Marshall Medical Center employee Tracey Crane passed away November 7. Crane worked in the Patient Access Department for more than five years.

Maury Regional Medical Center retiree Lona Westmoreland passed away January 11. Westmoreland retired from her role as a shift supervisor in the Health Information Management Department in 2006 following 19 years of service with the organization.