

## Parks retires from MRMC Board of Trustees

Maury Regional Medical Center (MRMC) Board of Trustees Chair Houston Parks will retire effective Jan. 1 following 15 years of service, the past six as board chair.

The Columbia native is a longtime local attorney who most recently has been in private practice at the law firm Parks, Bryant and Snyder, PLLC.

“It’s been a pleasure serving this community and organization as a member of the MRMC Board of Trustees,” Parks said. “This health system is a tremendous benefit to the communities we serve, and I’m proud of how it’s grown and the vision that’s in place for the future.”



Under Parks’ leadership, Maury Regional Health (MRH) has accomplished many endeavors, including:

- Expansion of MRMC’s surgical services to include:
  - Two daVinci robotic platforms for general, gynecologic, urologic and thoracic surgery
  - Stryker’s Mako robotic system for joint replacements
  - The 7D Surgical Flash™ Navigation System for spinal and cranial surgery
- The opening of a state-of-the-art Cancer Center at Columbia Mall
- Installation of advanced imaging systems, including 128-slice CTs, PET and 3D mammography

In addition, the health system has received numerous awards and accreditations as a reflection of its commitment to clinical excellence and patient safety.

“Houston’s experience, legal expertise and business acumen have been instrumental in our success, and I am immensely grateful for his service,” said MRH CEO Martin Chaney, MD.

The MRMC Board of Trustees will elect a new chair and announce other board appointments at its meeting on Jan. 25, 2024.

## MRH announces 2024 medical staff officers

Medical staff officers for Maury Regional Medical Center (MRMC) are pictured here. Medical officers will serve one year in their specified roles. See Page 2 for the MRMC Medical Staff Executive Committee and the medical staff officers for our affiliate hospitals.



**CHAD M. MOSS, MD**  
*Chief of Staff*



**MARK A. SEAGO, MD**  
*Vice Chief of Staff*



**DANIELLE C. GIBSON, MD**  
*Past Chief of Staff*



**NATHANAEL R. BERKLEY, MD**  
*Secretary/Treasurer*

## Maury Regional Medical Center 2024 Medical Staff Executive Committee

### Officers

Chad M. Moss, MD ..... Chief of Staff  
 Mark A. Seago, MD ..... Vice Chief of Staff  
 Danielle C. Gibson, MD ..... Past Chief of Staff  
 Nathanael R. Berkley, MD ..... Secretary/Treasurer

### Diagnostic Services Department

*(Pathology, Radiation Oncology & Radiology)*

Alexander Clark Thurman, MD ..... Chair

### Medicine Department

*(All Medicine disciplines & Pediatrics)*

Dominic J. Papa, MD ..... Chair  
 Joel M. Phares, MD ..... Representative  
 Donna C. Whitney, MD ..... Representative

### Surgery Department

*(All Surgery disciplines, Anesthesiology & OB/GYN)*

W. Cason Shirley, MD ..... Chair  
 K. Dwayne Fulks, MD ..... Representative  
 Amy Vertrees, MD ..... Representative

## Marshall Medical Center 2024 Medical Staff Officers



**TIMOTHY  
NASH, MD**  
*Chief of Staff*



**KANTHI  
NARRA, MD**  
*Vice Chief of Staff*



**GRACE Y.  
WU, MD**  
*Secretary/Treasurer*



**STEVEN  
SMITH, MD**  
*Member at Large*

## Wayne Medical Center 2024 Medical Staff Officers



**HARISH  
VEERAMACHANENI,  
MD**  
*Chief of Staff*



**NANCY  
ARMETTA, MD**  
*Vice Chief of Staff*



**MAURY REGIONAL  
HEALTH**

Maury Regional Health is a not-for-profit regional health system serving southern Middle Tennessee through our hospitals, clinics, surgery centers, outpatient facilities and physician practice group. We are the largest health system between Nashville, Tennessee, and Huntsville, Alabama, with a medical staff of more than 210 physicians encompassing 35 medical specialties.

### The VitaLink

The VitaLink is published monthly for Maury Regional Health through the Marketing Department and features news relevant to employees, retirees, volunteers and medical staff members. New editions are published on the last business day of the month at [MauryRegional.com/VitaLink](http://MauryRegional.com/VitaLink).

### Share Your Good News

Employees and physicians are invited to share their professional accomplishments for possible inclusion in The VitaLink by emailing story suggestions to [TheVitaLink@MauryRegional.com](mailto:TheVitaLink@MauryRegional.com). Possible article topics include, but are not limited to, an individual earning advanced certification, presenting at a conference, publishing research in a peer-reviewed journal, implementing new projects that support the health system and more.

## Rehs named inpatient pharmacy manager

**Lisa Rehs, PharmD, BCPS**, has been promoted to inpatient pharmacy manager for Maury Regional Medical Center (MRMC).



Rehs

Rehs has been with Maury Regional Health for eight years, the last six as a clinical staff pharmacist. She previously completed the postgraduate pharmacy residency program at MRMC and also served as a student intern. She recently obtained board certification in pharmacotherapy from the Board of Pharmacy

Specialties.

“We are extremely proud of Lisa for her accomplishments,” said Laura McElroy, PharmD, BCPS, interim administrative director of pharmacy. “She has learned our pharmacy workflow as a student/technician, then a pharmacy resident, then a clinical staff pharmacist. Her recent board certification puts her in the perfect position to master both the operational and clinical demands of her new role.”

## MRH RECOGNIZES RETIREE

**Beverly Hobson, RN**, in outpatient surgery at Maury Regional Medical Center, retired Dec. 1 after 36 years with the organization.

“Beverly employs a can-do spirit and has led and inspired many nurses, from the ICU to the PACU,” said Lacy Huddleston, MSN, RN, CNOR, nurse manager. “She has dedicated her life not only to this organization, but to her patients. She is the essence of kind, compassionate care, always advocating for her patients and their families. It is with great excitement that we wish her well on her many adventures.”



Cathy Malone, MMHC, BSN, RN, assistant chief nursing officer, and Beverly Hobson, RN.

## MRH introduces payroll deduction purchasing option

Maury Regional Health (MRH) full- and part-time employees have a new payroll deduction option for purchases at participating locations starting Jan. 2.

Using the QuickCharge system, ID badges can be used to pay for purchases using payroll deduction at Maury Regional Medical Center in the cafeteria, coffee shop, gift shop and outpatient pharmacy, as well as in the cafeterias at Marshall Medical Center and Wayne Medical Center.

In addition to payroll deduction, cash and credit card payments will continue to be available at these locations. Marshall Medical Center’s cafeteria recently added credit cards as a payment option.

Participation in the payroll deduction system is optional. Before employees may begin using QuickCharge, they must first submit an authorization form available in Infor under the Employee Profile. Paper authorization forms may also be picked up at the participating locations and returned to Human Resources.

Once authorized, a spending limit of \$300 for full-time employees and \$200 for part-time employees will be in place for each pay period. PRN employees are not eligible to participate.

Employees are also invited to download the optional myQuickCharge app for iOS and Android devices. The day after authorizing payroll deduction, employees will receive an email from [noreply@mmhcloud.com](mailto:noreply@mmhcloud.com) to their work accounts prompting them to create a myQuickCharge account; after creating the account, they will receive another email containing the unique Maury Regional Health access code. Using the app, employees can check their spending limit balance, view their purchase history, freeze their account and more. Additional features will also be added to the app later in 2024.

Any questions can be emailed to [QuickCharge@MauryRegional.com](mailto:QuickCharge@MauryRegional.com).



## MRMC recognized in CareChex® Awards

Maury Regional Medical Center (MRMC) was ranked in the top 10% in the nation in the 2024 CareChex® Awards by Quantros, Inc., in the following areas:

### Medical Excellence

- Hip fracture care
- Major orthopedic surgery
- Pneumonia care
- Spinal fusion
- Spinal surgery

### Patient Safety

- Chronic obstructive pulmonary disease
- Heart failure treatment
- Major orthopedic surgery
- Pneumonia care
- Spinal fusion
- Spinal surgery

Visit [MauryRegional.com/CareChex](https://MauryRegional.com/CareChex) to view additional 2024 rankings.

In addition to its CareChex® rankings, MRMC was recently recognized with an “A” grade, the highest possible ranking, from The Leapfrog Hospital Safety Grade for the fall of 2023. To view Maury Regional Health’s other accreditations and recognitions, visit [MauryRegional.com/Quality](https://MauryRegional.com/Quality).

## Congratulations!

**Kendall Stevenson, RN**, in the Critical Care Unit at Maury Regional Medical Center, and family welcomed Sadie Grace Stevenson on Nov. 30. She weighed 5 pounds and 9 ounces.

**Jayne Smith**, HRIS analyst in the Human Resources Department at Maury Regional Medical Center, and family welcomed Dawson Layne Smith on Dec. 13. He weighed 6 pounds and 12 ounces.

## Nurse residency program celebrates graduates

Several Maury Regional Health nurses recently completed the Clinical Nursing Residency program conducted by Nursing Professional Development.

The residency program supports new graduate nurses as they transition into their roles as professional nurses. The 11-month program combines classroom and clinical experiences to provide foundational clinical skills, support for the resident during their first year of nursing and opportunities for personal and professional development. The program’s curriculum is focused on patient-centered care, teamwork and collaboration, evidence-based practices, quality improvements, safety and informatics.

Learn more at [MauryRegional.com/Nursing](https://MauryRegional.com/Nursing).



Seated (left to right): Amanda Estes, Sarah Sanders, Sydney Jones, and Tracy Ferguson, RN residency program director. Second row (left to right): Ashonte Owens, Courtney Potts, Mickylie Brewer, Courtney Hull and Rachel Dobbs. Third row (left to right): Talen Stephens, Kylie White, Caitlin Vincent and Tanner Sprabary. Not pictured are Katie Whiddon, Brandy Miller, Dustin Silva, Amanda Richardson and Kasey Brewer.

## Maury Regional concludes United Way campaign

Employees, physicians and volunteers across Maury Regional Health raised \$1,237 this fall during United Way of Maury County’s Give Where You Live campaign.

United Way is a national organization with offices around the country and locally that supports area residents by providing vital resources for struggling families, the homeless and seniors, including an emergency shelter and services relating to counseling, domestic violence, health care, substance abuse and crisis intervention.

Maury Regional Health served as an event sponsor of the Give Where You Live campaign, which raised a total of \$68,500 this year.

# Performance Excellence Awards

In December, employees at Marshall Medical Center (MMC) and Wayne Medical Center (WMC) were recognized with Performance Excellence Awards for quality improvement projects.

Winners from Maury Regional Medical Center and Maury Regional Medical Group were recognized in the October edition of the newsletter. Details about the nominees and winners from all facilities are available on the employee intranet under Departments / LEAN / PEAB Performance Excellence Awards / 2023 Performance Excellence.

Congratulations to all whose projects were recognized!

## Marshall Medical Center



### Bridging the Gap of Patient Safety – ED

Team member Marsha Griffis (middle), laboratory supervisor, is pictured with Maury Regional Health Chief Administrative Officer Charlie Brinkley (left) and MMC CEO Phyllis Brown. Other team members included Michelle Hargrove and Jennifer Gidcomb.



### Importance of Implementing Fall Prevention Measures – Med/Surg

Team members Kim Thomason (left), case manager, and Olivia Nagy, quality and infection control manager, are pictured with MMC CEO Phyllis Brown and Maury Regional Health Chief Administrative Officer Charlie Brinkley. Clara Buntley was also a team member.



### Final Forms – Physical Medicine

Team members Kenzie Anderson (middle left), pre-service analyst, and Bill Mastalerz (middle right), director of physical therapy, are pictured with Maury Regional Health Chief Administrative Officer Charlie Brinkley (far left) and MMC CEO Phyllis Brown. Other team members included Jena Farbman, Brittany Purtle, Gregg Cloutier and David Raymer.

## Wayne Medical Center



### Same Day Surgery Workflow Change for Elevator Upgrade

Team member Courtney Nutt (left), nurse manager, is pictured with Christi Kelley, WMC quality services director. Other team members included Sonya Melson, Alex Pope and Glenda Jimenez.



### Radiologist/Diagnostic Mammogram and Breast US

Team members Tracey Putnam (middle), ultrasound technician, and Franklin Cole (right), director of imaging, are pictured with Christi Kelley, WMC quality services director. Christi Thompson was also a team member.

### Maury Regional Health Care Foundation announces new board chair

The Maury Regional Health Care Foundation announced a new board of directors chair for 2024 during the group's recent December meeting.

**Kelley McCall**, chief financial officer and senior vice president at TriStar Bank, was named board chair. She's served on



(Left to right) Houston Parks, Kelley McCall and Grace Wu, MD, were among those recognized at the December meeting of the Maury Regional Health Care Foundation board of directors.

the board since 2020, most previously as treasurer. **Stephen Hughes** took over the role of treasurer, while **Emily McKnight** will return as secretary. A new chair-elect will be elected in January.

"I am grateful for the service and leadership of our Foundation board of directors, and we're looking forward to a great 2024," Foundation Executive Director Joe Kilgore said. "The guidance and financial support from our board members since the Foundation's inception in 2006 have assisted us in advancing our mission of providing important health care support programs and services to benefit community members in need."

**Adrienne Law**, a retired local educator who served as board chair the last two years, and **Grace Wu, MD**, a hospital medicine specialist at Maury Regional Medical Center associated with Maury Regional Medical Group, were recognized by the Foundation for completing three three-year terms on the board.

The Foundation also recognized **Houston Parks**, whose tenure on the board ended after retiring as chair of the Maury Regional Health Board of Trustees.

In addition, **Jenny Adcox** will rejoin the board for a third term following one year as a board ambassador.

The board of directors for the Maury Regional Health Care Foundation consists of 26 voting members, 10 board ambassadors and seven emeritus members. View the full roster at [MauryRegional.com/Foundation](https://MauryRegional.com/Foundation).

### MRMC recognizes Cary with DAISY Award

Maury Regional Medical Center (MRMC) recognized **Chamberlain Cary, BSN, RN**, in outpatient surgery, as the recipient of the DAISY Award for Extraordinary Nurses for the month of November.

In her nomination, a patient remarked on Chamberlain's kindness and compassion.

"She comforted me and made me feel so much better about the whole situation," the patient said. "I think she deserves the DAISY Award for being such a caring and kind person."

The DAISY Award is presented to MRMC nurses as part of the DAISY Foundation's mission to recognize the compassionate and extraordinary nursing care that award recipients provide each day. To nominate a nurse for the award, visit [MauryRegional.com/DAISY](https://MauryRegional.com/DAISY).



Chamberlain Cary



# Holiday happenings at Maury Regional

Maury Regional Health celebrated the holiday season by giving back to the community and hosting festive employee contests.

Annual gift programs were held at Maury Regional Medical Center, Marshall Medical Center, Wayne Medical Center and Lewis Health Center. In addition, holiday celebrations were held at each location throughout the season.

Maury Regional Health wishes all employees and their families a happy new year!





## Important benefit and pay reminders

### Kronos timecards

As always, every employee will need to review their timecard at the end of each shift and notify their supervisor/manager of any discrepancies (i.e., missed punches, PTO, etc). This will assist the departmental timekeepers/managers with the timecard edit/approval process in ensuring that timecards are accurate and can be approved in a timely manner.

### Benefit elections

Payroll deductions for benefit changes made during open enrollment will begin with the first payroll in January 2024. Employees are encouraged to carefully review their paystub to ensure that the deductions accurately reflect new benefit elections.

### W-2 tax forms

In addition to receiving pay stubs electronically, employees may choose to receive their W-2 tax forms through the E-Stub system. For those who have completed user set-up on E-Stub, electronic delivery of the W-2 may have already been selected. If you have not completed the E-Stub user set-up, log in to E-Stub via the employee intranet and select "User Setup" at the top of the screen. In the "Online Usage Options" section, select "Yes" to use E-Stub to receive your W-2 tax form.

W-2 forms for 2023 will be available on E-Stub by Feb. 1, 2024, and will be mailed by Jan. 31 to employees' home addresses. If you moved during calendar year 2023, please verify that your current mailing address has been updated via the Infor Employee Portal. If you do not receive your W-2 in the mail by Feb. 14, 2024, please notify the Payroll Department at ext. 4461.

## MRH kicks off 70th anniversary celebration

► Maury Regional Health kicked off its 70th anniversary celebrations with cake, punch and fellowship Dec. 18 in the Maury Regional Medical Center Auxiliary Conference Room.

On Dec. 16, 1953, Maury County Hospital opened its doors and admitted the first patient. The 100-bed facility was built for \$2.2 million, and the total square footage was 69,600.

As we celebrate seven decades serving our region, we will be posting historical milestones over the next few months on our social media channels. Follow us on Facebook, Instagram, LinkedIn and X (formerly Twitter) for more.

