

Maury Regional named a Best Place for Working Parents again

Maury Regional Health (MRH) has been named a 2024 Best Place for Working Parents by Best Place for Working Parents for the health system's efforts to provide progressive benefits packages for the organization's more than 3,000 employees across southern Middle Tennessee.

Organizations included on the yearly Best Place for Working Parents list are assessed on family-friendly policies, including company-paid health care coverage, paid time off, parental leave, nursing benefits, "Best Place" designation, onsite childcare, childcare assistance, backup childcare, flexible hours and remote work. MRH was also included in the 2023 list.

"Maury Regional Health is committed to providing a supportive environment for our team members and their families to thrive," said Dennis Fisher, chief human resources officer at MRH. "Our organization is known for having one of the most competitive and comprehensive benefits packages in

southern Middle Tennessee. To ensure we are meeting our team members' needs, we consistently evaluate new and existing benefits, striving to support their physical, emotional, spiritual and financial wellbeing."

In addition to the organization's comprehensive medical, dental and vision plans, as well as short- and long-term disability packages, MRH offers various benefits to help employees meet their personal and family needs, including the onsite daycare center Hospitots, available at a reduced rate for employees.

MRH introduced the Maury Strong Wellness Program in 2022 to provide further support for employees as they work to meet their personal health and wellness goals. The organization also offers employees free access to financial coaches through SmartPath, in addition to a retirement savings plan with employer-matching opportunities, merit-based pay increases and a partnership with Rain to access earned

wages prior to payday.

Some other benefits offered by MRH include career navigation and professional development opportunities; a discount program with Abenity; on-site amenities like free employee parking, Employee Health clinic, car maintenance and dry-cleaning services; and family-friendly events.

"Earning this designation for the second straight year is reflective of our appreciation for our employees," said MRH CEO Martin Chaney, MD. "I am grateful to Dennis Fisher and the entire human resources team for consistently examining and evaluating new and existing benefits for our employees. They help make MRH a great place to work."



Pre-Surgical Testing moving to West 7th Campus

Effective March 11, the Maury Regional Health (MRH) Pre-Surgical Testing Department will be housed at 1114 W. 7th St. in Columbia.

The new location will be a great benefit for patients. They will have ample parking space available, and the entire pre-surgical testing suite will be conveniently located on the first floor of the building across the main hall from Occupational Health.

Patients are scheduled for appointments at Pre-Surgical

Testing prior to most surgical procedures that require lab work, an EKG or a chest X-ray. They will receive a call from a Maury Regional Health anesthesia nurse as well as educational materials and surgical information to review prior to their procedure.

In addition, total joint replacement classes will be held at this location.

Office hours are Monday-Friday, 7 a.m.-4 p.m. To reach the Pre-Surgical Testing Department, call 931.380.4129.

Nurse practitioner joins hospital medicine group

Sydney Osborne, AGACNP-BC, has joined the hospital medicine group at Maury Regional Medical Center (MRMC).

Osborne obtained a bachelor's degree in nursing from Excelsior University in Albany, New York, and a master's degree in nursing from the University of Alabama in Huntsville. She has more than 10 years of clinical experience, the last seven of which took place in the Critical Care Unit at MRMC.

Maury Regional Medical Group provides Maury Regional's hospital medicine physicians, who are trained in internal medicine and pediatrics and treat patients exclusively within the hospital setting.



Osborne

MRMG adds clinical social worker

Amanda Ferrara, LCSW, a licensed clinical social worker, has joined Maury Regional Medical Group (MRMG) and sees patients at PrimeCare Clinic in Columbia.



Ferrara

Ferrara obtained master's and bachelor's degrees in social work from Middle Tennessee State University in Murfreesboro, Tennessee. She sees patients aged 15 years and older.

PrimeCare Clinic, which offers health care for all ages, is located in Suite 301 of the Maury Regional Medical Plaza at 854 W. James Campbell Blvd. in Columbia. At the practice, Ferrara joins **Loretta**

Davidson, FNP-BC; Josefine Luna, PA-C; and Miranda Wood, PA-C. Office hours are Monday-Friday from 7:30 a.m.-5 p.m.

To learn more about PrimeCare Clinic, visit MauryRegional.com/PrimeCare.

Organizational Announcements —

Scott named patient accounts manager

Ryan Scott has been named patient accounts director for Maury Regional Health.

Scott has more than 16 years of experience in patient accounts and revenue cycle across multiple organizations.

"I have full confidence that Ryan will seamlessly integrate into our Maury family and play a pivotal role in advancing the exceptional work each one of you contributes daily," said Charlie Brinkley, chief administrative officer. "He brings a wealth of knowledge, which will further strengthen our team and support our collective goals."



Scott

Thomason named grant manager

Lea Thomason has been named grant manager for Maury Regional Medical Group (MRMG).

Thomason most recently worked with South Central Tennessee Development District for the past 10 years, the last two as a grant writer.



Thomason

"We're so excited to welcome Lea to Maury Regional Medical Group," said Nathan Miller, MRMG president. "She has exceptional skills in managing grants and will be an extremely valuable member of our team."



**MAURY REGIONAL
HEALTH**

Maury Regional Health is a not-for-profit regional health system serving southern Middle Tennessee through our hospitals, clinics, surgery centers, outpatient facilities and physician practice group. We are the largest health system between Nashville, Tennessee, and Huntsville, Alabama, with a medical staff of more than 210 physicians encompassing 35 medical specialties.

The VitaLink

The VitaLink is published monthly for Maury Regional Health through the Marketing Department and features news relevant to employees, retirees, volunteers and medical staff members. New editions are published on the last business day of the month at MauryRegional.com/VitaLink.

Share Your Good News

Employees and physicians are invited to share their professional accomplishments for possible inclusion in The VitaLink by emailing story suggestions to TheVitaLink@MauryRegional.com. Possible article topics include, but are not limited to, an individual earning advanced certification, presenting at a conference, publishing research in a peer-reviewed journal, implementing new projects that support the health system and more.

MRH selects new emergency medicine physician provider

Maury Regional Health's (MRH) provider for emergency medicine physicians has transitioned to Middle Tennessee Emergency Physicians (MTEP), CEO Martin Chaney, MD, announced.

With the organization's contract with Team Health ending, MRH went through an evaluation process with several emergency medical groups on their capabilities, quality of providers, staffing models and alignment with Maury Regional Health's mission, vision and values. MTEP is a local, independent group that provides physicians and advanced practice providers to health systems. Currently, MTEP serves seven other hospitals in Middle Tennessee.

MTEP is currently serving patients at Maury Regional Medical Center and Marshall Medical Center. More information about the transition at Wayne Medical Center will be forthcoming.

"We are excited about this new agreement with MTEP and our collective focus on providing outstanding emergency care to patients in our region," Dr. Chaney said. "In addition, we are pleased that many of our existing emergency medicine providers will be joining their ranks and continuing to care for our patients."

MRH celebrates partnership with Bernhard, THA

Maury Regional Health welcomed representatives from the Tennessee Hospital Association (THA), THA Innovative Solutions and Bernhard to the Maury Regional Medical Center (MRMC) campus on Feb. 23 to celebrate MRMC becoming the first hospital in Tennessee to implement Bernhard's Energy-as-a-Service solution. Pictured, from left, are Jimmy Veteto, vice president of business development at Bernhard; Anne Brandner, senior vice president at THA Innovative Solutions; Maury Regional Health Chief Administrative Officer Charlie Brinkley; Bernhard incoming CEO Rob Guthrie; and Maury Regional Health CEO Martin Chaney, MD.



MRH RECOGNIZES RETIREES

Mike Harris, biomedical technician at Maury Regional Medical Center, retired Jan. 27 after 24 years with the organization.

"Mike was very knowledgeable and helpful to work with over the years, and he will be missed by the organization," said Rodney Lockridge, manager of biomedical operations. "We wish him the very best in retirement."



Harris



Potts

Vickie Potts, surgical technologist at Maury Regional Medical Center, retired Jan. 16 after 20 years with the organization.

"Vickie was diligent, passionate and cared deeply about her practices. She was a wealth of knowledge that will truly be missed. We wish her well on her retirement," said Lacy Huddleston, MSN, RN, CNOR, nurse manager.

MRMC recognizes Hagan, Nelson with DAISY Awards

Maury Regional Medical Center (MRMC) recognized **Ashley Hagan, BSN, RN**, and **Matt Nelson, BSN, RN**, who are both in the Critical Care Unit, as recipients of the DAISY Award for Extraordinary Nurses for the month of January.

In both nominations, family members of patients remarked on the excellent care Hagan and Nelson provided.

“I want to commend Ashley on the demonstration of exceptional compassion that she showed,” Hagan’s nominator said. “At shift change, she came in and introduced herself and asked each family member our names and how we were related to my dad. Then, she walked over to the bed and bent down to my father’s ear. She introduced herself and spoke to him. This act still brings tears to my eyes. I cannot thank Ashley enough for this gesture of including my dad in his care.”

“Matt’s clinical skills were obvious, but his compassionate care demonstrated to my mother and me were exceptional,” Nelson’s nominator said. “His communication of goals of care, his anticipation of my father’s needs and his just genuine concern showed through in everything he did. Matt was a gift to our family.”

The DAISY Award is presented to MRMC nurses as part of the DAISY Foundation’s mission to recognize the compassionate and extraordinary nursing care that award recipients provide each day. To nominate a nurse for the award, visit MauryRegional.com/DAISY.



From left: Jessica Kincaid, MMHC, BSN, RN, NE-BEC, administrative director of emergency services; Ashley Hagan, BSN, RN; and Ginger Dickens, MSN, RN, CCRN, nurse manager.



From left: Jessica Kincaid, MMHC, BSN, RN, NE-BEC, administrative director of emergency services; Matt Nelson, BSN, RN; and Ginger Dickens, MSN, RN, CCRN, nurse manager.

Richardson named president of AOHP chapter

Amy Richardson, NP-C, director of employee and occupational health at Maury Regional Medical Center, was recently named president of the Eastern Mountain Region Chapter of the Association of Occupational Health Professionals in Healthcare (AOHP).



Richardson

Richardson has been with Maury Regional Health for 25 years and has been an AOHP member for two years.

Freels hits ILLUMISITE™ milestone

Jon L. Freels, MD, FCCP, a specialist in pulmonology at Maury Regional Medical Group Pulmonary, recently hit a significant milestone with the ILLUMISITE™ Platform by Medtronic, which has proven to be highly efficient and accurate in sampling suspicious lung nodules, leading to earlier lung cancer diagnoses. He recently performed his 500th procedure with the platform at Maury Regional Medical Center and was treated to a celebration honoring his work.



Jobe earns first Professional Development Champion Award

The Maury Regional Medical Center Nursing Professional Development Council presented **Mikaela Jobe, BSN, RN**, with the first-ever Professional Development Champion Award.

The quarterly award honors a nurse who shows continued professional growth and dedication to serving in their profession.

Jobe is chair of the Emergency Department's unit council and participates on the department's shared governance team that implements process improvement and innovation. She's also the department's pediatric emergency care coordinator, which requires her to attend pediatric education seminars and assist in maintaining guidelines for pediatric facility designation.



Congratulations!

Erica Marlin, senior internal auditor at Maury Regional Health, and family welcomed Walker William Gottschalk on Dec. 4, 2023. He weighed 8 pounds and 7 ounces.

Savannah Chapman, clinical educator in the Nursing Professional Development Department at Maury Regional Medical Center, and family welcomed twins Lasson Bradley Chapman and Caroline Shea Chapman on Jan. 29. Lasson weighed 5 pounds and 11 ounces, and Caroline weighed 4 pounds and 14 ounces.

Maury Regional participates in National Wear Red Day

▼ Maury Regional Health (MRH) employees, physicians and volunteers helped promote awareness of cardiovascular disease by wearing red on Feb. 3 for National Wear Red Day.

In addition to wearing red, a group of Maury Regional Medical Center nurses offered a two-minute lesson in hands-only CPR in the hospital's front lobby.

Maury Regional Medical Center is recognized as a Chest Pain Center with PCI by the American College of Cardiology and holds certification in the treatment of heart failure from The Joint Commission. Learn more at MauryRegional.com/Heart.



Reminder: Mule Kick 5K & 1-Mile Trot is April 6

There's still plenty of time to sign up for the Mule Kick 5K & 1-Mile Trot, which will take place Saturday, April 6, at Riverwalk Park in Columbia. Participants may register at runsignup.com/MuleKick5K.

The Mule Kick is hosted by the Maury Regional Health Care Foundation and presented by First Farmers and Merchants Bank, with proceeds going to Maury Regional Health's mobile medical unit as well as the Foundation's Wellness and Aquatics Center Healthy Living Endowment and the Columbia Parks and Recreation Department. Sponsorship opportunities are also still available. Learn more in the events section at MauryRegional.com/Foundation.



SATURDAY, APRIL 6

Riverwalk Park in Columbia
5K at 8 a.m. • 1-Mile at 9:15 a.m.

REGISTER AT [RUNSIGNUP.COM/MULEKICK5K](https://runsignup.com/MuleKick5K)



Honor a doctor. Help a patient.

Every year on March 30, doctors around the country are celebrated on National Doctors' Day for the extraordinary, life-saving care they provide.

This Doctors' Day, recognize and thank a health care provider who has made a difference in your life with a tax-deductible gift to the Maury Regional Health Care Foundation in their honor.

All gifts directly benefit patients in need and

can be directed to the Foundation initiative of the donor's choice, such as the mobile medical unit, medication and transportation assistance, community health initiatives, wigs or camisoles for cancer patients, a food bank for discharged patients in need, diabetes tools and resources, educational support and so much more.

Learn how you can make a difference this Doctors' Day at MauryRegional.com/Foundation.

Maury Regional hosts annual Black History Month Expo

Maury Regional Health (MRH) put the spotlight on Black business owners, musicians, artists and other community members at the annual Black History Month Expo on Feb. 28.

The exposition offered MRH employees, physicians and volunteers the opportunity to meet important members of the local Black community and get information about their businesses and creations.

More than a dozen business owners and community members participated in the expo, including Finishing Touch Barbershop, KeepSak Photography, Big Gal's Hair Bowls, Mum's the Word flower shop, artist Felix Maxwell, Chef Juels, Yolanda's Sweet Treats, Tennessee State University School of Nursing, PressXNails by Cena and more.



Maury Regional recognizes Food & Nutrition team



Maury Regional Medical Center (MRMC) held a special appreciation luncheon for the Food & Nutrition Department in February. In addition to providing food service to the patient floors, the Food & Nutrition team operates the cafeteria on the ground floor of the main hospital building and the Java Junction on the first floor at MRMC.

MRMC named ACS Surgical Quality Partner

Maury Regional Medical Center (MRMC) has been named a Surgical Quality Partner by the American College of Surgeons (ACS) Commission on Cancer (CoC).

The ACS CoC is a consortium of professional organizations dedicated to improving survival and quality of life for patients with cancer by setting and raising standards. MRMC received a three-year accreditation from the CoC in 2022.

CoC accreditation is granted to institutions committed to providing high-quality cancer care by demonstrating compliance with the CoC standards. Each cancer program must undergo a rigorous evaluation and review of its performance and compliance with the CoC standards.

Being a Surgical Quality Partner signifies an institution's dedication to consistently improving procedures and approaches, while maintaining a critical eye on process at every step. The Surgical Quality Partner designation lets patients know MRMC is dedicated to quality and relentless self-improvement and has been verified or accredited by the ACS. Patients can trust that the care they receive at Surgical Quality Partner hospitals adheres to the most rigorous standards in surgical quality.

Maury Regional Health offers comprehensive cancer care at the Maury Regional Cancer Center at the Columbia Mall. A dedicated team of physicians and clinical professionals utilize the most state-of-the-art equipment available to meet the needs of each individual patient.

For more information about the cancer services offered at Maury Regional Health, visit MauryRegional.com/Cancer.



MRMC hosts successful blood drive

Maury Regional Medical Center hosted a blood drive Jan. 31 with 46 donations made by 41 individuals, equal to saving 138 lives.

The donations included 36 whole blood and five double red cells, which count as two donations each.

The next blood drive at MRMC will be on Wednesday, March 27, in the Auxiliary Conference Room. Information about upcoming blood drives at Maury Regional Health facilities will be shared via employee email.

Blood donations are also accepted year-round at the Columbia Blood Assurance Donor Center located at 1412 Trotwood Ave., Suite 69. Sign up to donate at the donor center or at the blood drive of your choice at BloodAssurance.org.

Maury Regional celebrates graduates

Maury Regional Medical Center (MRMC) held a celebration in February for recent graduates of Post University.

Congratulations to the following graduates:

- Sarah Bedford — BSN
- Kimblery Coulter — BSN
- Allison Gulley — MSN: Management and Organizational Leadership
- Alex Pope — BSN
- Barbrara Purcell — MSN: Management and Organizational Leadership

MRMC partners with Post University's American Sentinel College of Nursing & Health Sciences to offer employees continued education opportunities. Learn more by contacting the Human Resources Department.



From left: Deborah Lumpkins, DNP, RN, NEA-BC, chief nursing officer and chief operating officer; Carey Albright, MBA, MSN, RN, CENP, administrative director; Barbara Purcell, MSN, RN, CNML, 3W nurse manager; Allison Gulley, MSN, RN, CNML, ICU Stepdown nurse manager; and Cathy Malone, MMHC, BSN, RN, assistant chief nursing officer.