

# Orthopedic Services Quality Report



MAURY REGIONAL  
MEDICAL CENTER

# ORTHOPEDIC SERVICES QUALITY REPORT

Maury Regional Medical Center (MRMC) offers a wide array of orthopedic services, from minimally invasive outpatient procedures to total joint replacement. The convenient location teamed with state-of-the-art services and experienced surgeons make MRMC an excellent choice for your orthopedic needs.

## SERVICES

### Joint Replacement

The surgeons on our medical staff perform progressive joint replacement procedures for the knee, hip and shoulder. They were among the first in the state to perform the reverse shoulder implant and the gender-specific knee replacement for women.

More recently, they were among the first in Middle Tennessee to utilize the anterior approach to hip replacement. During total hip replacement, the ball and socket of the hip joint are surgically replaced with implants, which may be made from a variety of materials including metal, ceramic, and/or polyethylene, a medical-grade plastic. Traditionally, the surgeon makes an incision along the buttock or side of the leg to access the hip joint. The anterior approach to total hip replacement is an alternative to traditional hip replacement surgery that provides the potential for less pain, faster recovery and improved mobility. Using this approach, the surgeon makes a smaller incision on the front of the leg.

MRMC also utilizes image-guided technology that uses a patient's MRI and X-ray images to design and build surgical instruments customized for his or her unique knee anatomy.

### Partial Knee Replacement

Partial knee replacement of a portion of the knee is often an option for younger patients and those with damage limited to one side of the knee.

### Minimally Invasive Repairs

Surgeons on the medical staff have extensive experience repairing damaged joints, including cartilage, rotator cuff, and soft tissue procedures such as ligament and tendon repair. Most procedures can be completed using minimally invasive techniques such as arthroscopy, which expedites recovery time for the patient.

### Cervical and Lumbar Disc Surgery & Fusions

Procedures for the spine include removal of bone spurs as well as disc repairs.

### Outpatient Therapy Services

Physical therapy is a key component to success for many patients. Maury Regional Medical Center has a staff of licensed and experienced physical therapists that utilize state-of-the-art equipment to assist patients with the rehabilitation process. The Physical Therapy Center is located at 858 W. James Campbell Boulevard. In addition, we offer satellite therapy services at local orthopedic practices in Columbia.

The Maury Regional Sports Physical Therapy facility offers Cybex stacked weight equipment, a work simulator machine, and a plyometrics area with a special surface designed for sports rehabilitation. One of the key features in this facility is the HydroWorx® 600, which offers a variable speed treadmill and camera system. This pool provides low-impact therapy using water resistance while evaluating joint movement. For additional resistance, the pool has a jet system that is essential for competitive sports performance training, swimming or deep tissue massage.

Physical therapy is provided with a physician's order and may be scheduled by calling 931.380.4014.

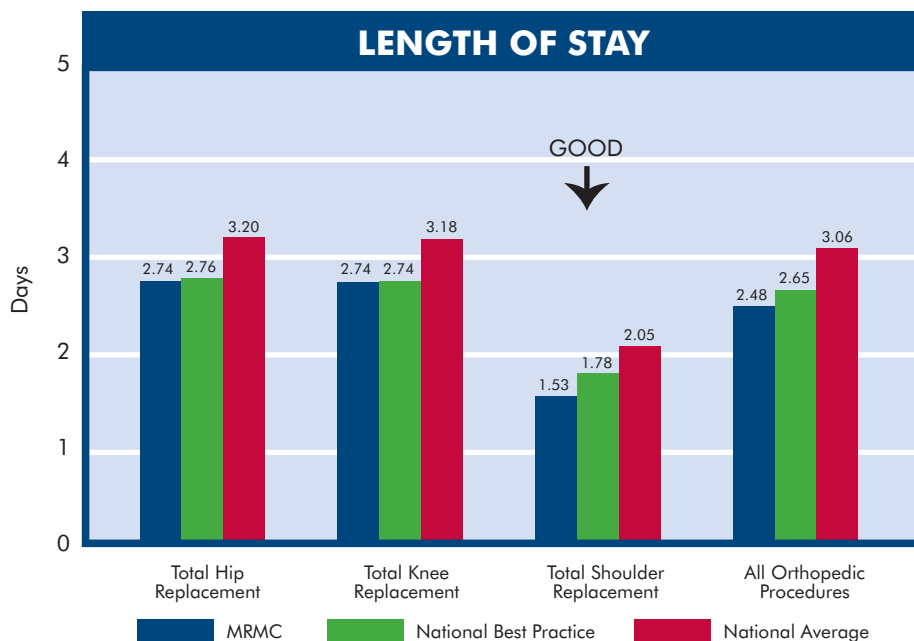
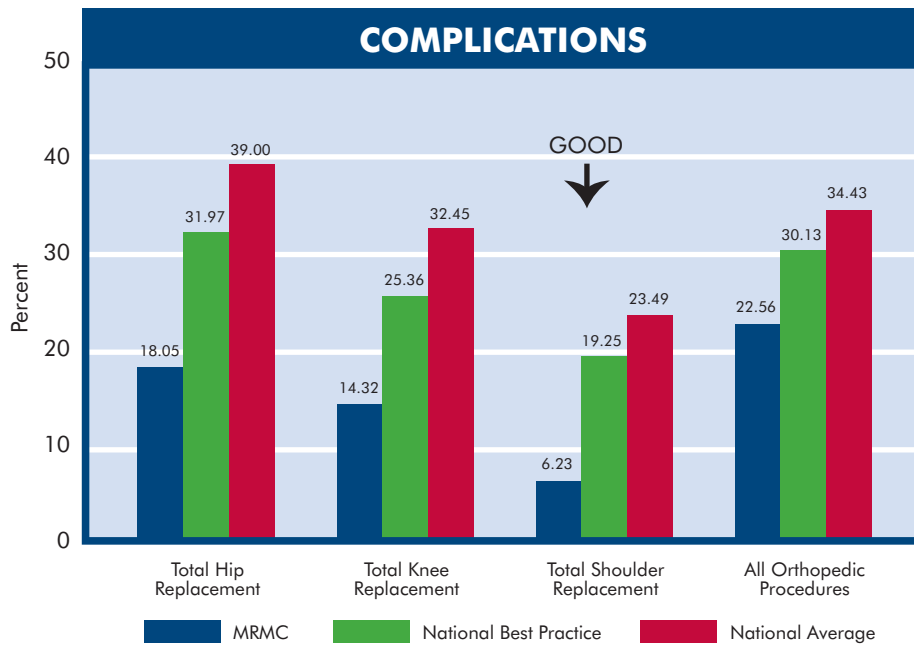


*Joint Commission  
Certified for  
Hip and Knee Replacement*

# CLINICAL EXCELLENCE: ACHIEVING RESULTS

The physicians and staff at Maury Regional Medical Center take pride in delivering outstanding care for orthopedic patients. Their commitment has resulted in the medical center attaining Joint Commission certification for knee and hip replacement as well as Blue

Distinction® Center designation by BlueCross BlueShield of Tennessee for knee and hip replacement. The designations are awarded to medical facilities exhibiting a commitment to quality care, resulting in better overall outcomes for patients who undergo knee and hip replacement procedures.



The medical center also utilizes Premier, an organization that collects and analyzes clinical and financial data from hospitals across the nation to help organizations capitalize on practices that result in better outcomes for patients. At left are charts indicating how patients at MRMC compare to those at "best practice" facilities (top 15% in the nation) as well as all organizations in the national database. In addition to having fewer complications and spending less time in the hospital, our patients rank MRMC in the 94th percentile for orthopedic inpatients who rate teamwork among the physicians and nurses as excellent and the 90th percentile among patients who rate their overall quality of care as excellent.

# THE ORTHOPEDIC TEAM

## Orthopedic Surgery

Jeffrey T. Adams, M.D.  
Randall L. Davidson, Jr., M.D.  
Alton Lee Hunter, Jr., M.D.  
Scott W. McCall, M.D.  
Jonathan R. Pettit, M.D.  
Joseph Fredrick Wade, M.D.  
H. James Wiesman, Jr., M.D.  
C. Douglas Wilburn, M.D.



**MAURY REGIONAL  
MEDICAL CENTER**  
**ORTHOPEDIC SERVICES**

1224 Trotwood Avenue  
Columbia, Tennessee 38401  
931.490.7105  
[mauryregional.com/orthopedics.htm](http://mauryregional.com/orthopedics.htm)

## ORTHOPEDIC PRACTICE LOCATIONS

Columbia Orthopedic Clinic  
1300 Trotwood Avenue  
Columbia, TN 38401  
931.388.3104

Mid-Tennessee Bone and Joint Clinic  
1050 N. James Campbell Boulevard, Suite 200  
Columbia, TN 38401  
931.381.2663  
mtbj.net

Hohenwald Clinic  
617 W. Main Street  
Hohenwald, TN 38462

Lewisburg  
1080 N. Ellington Parkway  
Lewisburg, TN 37091

Pulaski  
215 Cedar Lane  
Pulaski, TN 38478

## OUTPATIENT PHYSICAL THERAPY LOCATIONS

Maury Regional Physical Therapy Center  
858 W. James Campbell Boulevard  
Columbia, TN 38401  
931.380.4014

Columbia Orthopedic Clinic  
1300 Trotwood Avenue  
Columbia, TN 38401  
931.380.4014

Maury Regional Sports Physical Therapy  
Medical Plaza at Creekside  
1050 N. James Campbell Boulevard, Suite 110  
Columbia, TN 38401  
931.388.3850

Lewis Health Center  
110 Kittrell Street  
Hohenwald, TN 38462  
931.796.6216